



Spire

St Anthony's Hospital



NHS e-Referral

at Spire St Anthony's Hospital



Inspected
and rated

Good

June 2024

Looking after you.

How to refer

Please submit online via the NHS e-Referral service
<http://www.hscic.gov.uk/referrals/referrers>

Information required by referring GP:

In order to prevent cancellations and rejections we will need the following information at point of referral to manage co-morbidities:

- Hypertension – BP readings and whether or not it is stable
- Diabetes – summary treatment and whether or not stable
- Renal failure
- Allergies
- Alcohol and recreational drug use
- Cancer history – treatment and Consultant Oncologist details
- Any current investigations patient is undergoing for any other conditions
- CVA/TIA's and summary cardiac history – stable or unstable
- Patient's height, weight and BMI

General exclusions

- Patient BMI >40
- Any patient under 18 years of age
- Any patient who requires treatment for suspected cancer
- Revision surgery
- Patient with unstable mental condition and is receiving psychiatric treatment
- Unstable ASA Grade 3 or greater with some comorbidities

Contact us

Our NHS team can be contacted on:

Phone: **020 8335 4542**

Email: **spire.stanhs@nhs.net**

Spire St Anthony's Hospital has been approved by the Department of Health to provide treatment to NHS patients. We aim to help reduce NHS waiting lists and provide first class care for all our patients. Patients will benefit from our state of the art facilities, low infection rates and an excellent standard of care from our clinical team.



Services available through NHS e-Referral at Spire St Anthony's Hospital

Clinic type	Conditions treated	Procedures performed	Clinicians
Colorectal			
Endoscopy clinic	<ul style="list-style-type: none"> – Diagnosis of rectal bleeding – Endoscopic diagnosis and treatment of colorectal symptoms – Lesions of large bowel 	<ul style="list-style-type: none"> – Diagnostic endoscopic examination of colon +/- biopsy lesion of colon – Excision of mucosal prolapse – Examination of rectum under general anaesthetic – Flexible sigmoidoscopy – Intubation of colon – Operation of rectum through anus – Other therapeutic endoscopic operations on colon 	<ul style="list-style-type: none"> – Mr Mohammad Raja – Mr Parvinder Sains
Rectal clinic	<ul style="list-style-type: none"> – Anal fissure – Anal fistula – Haemorrhoids – Painful haemorrhoids – Perineal abscess – Perineal warts 	<ul style="list-style-type: none"> – Banding of haemorrhoids – Excision of anal fissure – Excision of anal warts – Haemorrhoidectomy – Injection of haemorrhoids – Lateral sphincterotomy – Laying open of low anal fistula – Ligation of haemorrhoids 	<ul style="list-style-type: none"> – Mr Mohammad Raja – Mr Parvinder Sains

Clinic type	Conditions treated	Procedures performed	Clinicians
ENT			
Nose clinic	<ul style="list-style-type: none"> – Deviated septum/ cartilage – Malalignment of nasal septum, nasal polyp, nasal blockage – Headaches due to nasal congestion – Recurrent sinus infection – Sinusitis – Restricted nasal air entry 	<ul style="list-style-type: none"> – Drainage of maxillary antrum – Functional endoscopic sinus surgery (FESS), sinus surgery – Intranasal antrostomy/ ethmoidectomy, nasal polypectomy, septoplasty, sub-mucous diathermy – Sub-mucal resention – Turbinectomy <p>Please note: not a suitable clinic for second opinions. Exclusions: patients with acute epistaxi</p>	<ul style="list-style-type: none"> – Miss Victoria Alexander – Mr Kiran Varadharajan

Clinic type	Conditions treated	Procedures performed	Clinicians
General surgery			
Gallstones clinic – GI, liver medicine and surgery	<ul style="list-style-type: none"> – Biliary tract blockage (stone) – Cholecystitis – Gallstones 	<ul style="list-style-type: none"> – Cholecystectomy – Laparoscopic cholecystectomy 	<ul style="list-style-type: none"> – Mr Trystan Lewis – Mr Georgios Vasilikostas – Mr Andrew Wan
Hernia clinic (surgery)	<ul style="list-style-type: none"> – Abdominal hernia – Femoral hernia – Inguinal hernia – Umbilical hernia – Ventral hernia 	<ul style="list-style-type: none"> – Open and laparoscopic hernia repair – Repair of abdominal hernia – Repair of femoral hernia (unilateral and bilateral) – Repair of inguinal hernia (unilateral and bilateral) – Repair of ventral hernia – Repair of umbilical hernia <p>Excluded procedure: incisional hernia and revision hernia surgery</p>	<ul style="list-style-type: none"> – Mr Trystan Lewis – Mr Dhiren Nehra – Mr Mohammad Raja – Mr Parv Sains – Mr Georgios Vasilikostas – Mr Andrew Wan

Clinic type	Conditions treated	Procedures performed	Clinicians
Gynaecology			
Menstrual Clinic	<ul style="list-style-type: none"> – Abdominal discomfort – Break through bleeding – Cervical polyp – Chronic pelvic pain – Dysmenorrhea – Endometriosis – Fibroids – Intermenstrual bleeding – Irregular bleeding – Menorrhagia – Post menopausal bleeding – Related anaemia 	<ul style="list-style-type: none"> – Dilation and curettage – Endometrial ablation – Laparoscopy – Myomectomy – Polypectomy – Removal of fibroid – Vaginal hysterectomy <p>Excluded procedure: Colposcopy</p>	<ul style="list-style-type: none"> – Mr Sourav Das – Miss Sangeetha Devarajan – Mr Glefy Furtado – Mr Minas Psychoulis – Professor Bassel Wattar

Clinic type	Conditions treated	Procedures performed	Clinicians
Orthopaedics			
Forefoot only clinic	<ul style="list-style-type: none"> – Forefoot arthritis – Forefoot joint problems – Forefoot pain – Hallux Valgus – Hammer toes – Morton's metatarsalgia 	<ul style="list-style-type: none"> – Amputation of toes – Correction of bunion/ hallux valgus – Division of bone of foot – Excision of ganglion of foot – Excision of heads of multiple lesser metatarsals – Fusion of joints of midfoot and forefoot – Multiple metatarsal osteotomies – Primary resurfacing arthroplasty of joint – Soft tissue correction of hallux valgus – Transection of peripheral nerve for neuroma <p>Excluded procedures: congenital abnormalities of feet, conversion to prosthetic replacement, correction of congenital deformity of foot, metatarsal phalangeal joint (MTPJ) replacement</p>	<ul style="list-style-type: none"> – Mr Paul Hamilton – Mrs Natasha Hossain – Mr Mohammed Al-Maiyah
Hip clinic	<ul style="list-style-type: none"> – Severe pain from arthritis of the hip – Severe pain and disability 	<ul style="list-style-type: none"> – Other reconstruction of joint total prosthetic replacement of the hip <p>Excluded procedure: revision to prosthetic replacements</p>	<ul style="list-style-type: none"> – Mr Sanjay Chougule – Mr Feroz Dinah
Knee clinic	<ul style="list-style-type: none"> – Osteoarthritis of the knee joint – Progressive knee deformity/instability – Rheumatoid arthritis of the knee – Severe knee pain and disability 	<ul style="list-style-type: none"> – Diagnostic/therapeutic arthroscopy of knee joint – Endoscopic excision/resection/ repair of semilunar cartilage – Other reconstruction of joint – Removal of internal fixation from bone – Removal of skeletal traction from bone – Total prosthetic replacement of the knee joint <p>Excluded procedures: ACL is not included. Please refer patients to Knee (ACL) Clinic. Revision to prosthetic replacements</p>	<ul style="list-style-type: none"> – Mr Sanjay Chougule – Mr Feroz Dinah

Clinic type	Conditions treated	Procedures performed	Clinicians
Orthopaedics			
Knee (anterior cruciate ligament) clinic	<ul style="list-style-type: none"> – Repair/reconstruction adult anterior cruciate ligament 	<ul style="list-style-type: none"> – Other reconstruction of ligament – Open repair of multiple ligaments – Open repair of intra-articular ligaments – Prosthetic replacement of ligament – Prosthetic reinforcement of ligament – Reconstruction of multiple ligaments <p>Excluded procedure: revisions to previous repairs/reconstruction</p>	<ul style="list-style-type: none"> – Mr Feroz Dinah
Shoulder clinic	<ul style="list-style-type: none"> – Bursitis – Rotator Cuff – Tendinopathy – Tendonitis – Tendon rupture 	<ul style="list-style-type: none"> – Arthroscopy of shoulder joint – Bursa excision – Decompression/stabilisation – Rotator Cuff Repair 	<ul style="list-style-type: none"> – Mr Tony Antonios – Mr Thiyaga Selvan
Spine – back pain clinic (not scoliosis/deformity)	<ul style="list-style-type: none"> – Herniation of a disc – Narrowing of the spinal canal – Prolapsed disc – Slipped disc 	<ul style="list-style-type: none"> – Decompression operations cervical/lumbar – Excision intervertebral disc – cervical/lumbar – Laminectomy – Micro discectomy of lumbar intervertebral disc <p>Excluded procedure: revisions to previous spinal surgery</p>	<ul style="list-style-type: none"> – Mr Pawan Minhas

Clinic type	Conditions treated	Procedures performed	Clinicians
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Pain management

Pain management (pain injections only)	<ul style="list-style-type: none"> – Back pain – Hip pain – Joint pain – Knee pain – Loin pain – Neuropathic pain – Shoulder pain 	<ul style="list-style-type: none"> – Destructive substance into and around the peripheral nerve – Facet joint injection – Injection of therapeutic substances – Nerve root injection – Steroid injection – Therapeutic lumbar/sacral epidural injection <p>Please note: not a suitable clinic for second opinions. Not suitable for chronic pain management (service only relevant for injection therapy)</p>	– Dr Roshan Thawale
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Urology

Prostate (TURP) clinic	<ul style="list-style-type: none"> – Transurethral resection of the prostate 	<ul style="list-style-type: none"> – Endoscopic resection of prostate – Endoscopic resection of prostate using electrotome – Endoscopic resection of prostate using punch – Endoscopic resection outlet of male bladder – Endoscopic sphincterotomy of external sphincter male bladder <p>Please note: patients to have MSU and PSA test results on their referral</p>	– Mr Roger Walker
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Vascular

Varicose vein clinic	<ul style="list-style-type: none"> – Miscellaneous operation – on arteries – Recurrent varicose veins – Varicose veins – Veins and the lymphatic system 	<ul style="list-style-type: none"> – Operations on blood vessel – Operations on vein – Stripping and ligation of long/ short saphenous veins – Trendelenberg procedure <p>Please note: PLCP rules apply, please refer to your local CCG policy prior to referral</p>	– Mr Mohamed Abdelhamid
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Your local private hospital

Spire St Anthony's Hospital

801 London Road
Cheam
Sutton
Surrey
SM3 9DW

Services correct as of June 2024

Contact our NHS Team

Call 020 8335 4542

Email: spire.stanhs@nhs.net

Looking after you.