



Spire

Harpenden Hospital

# 2024 Consultant directory

Expert healthcare for your patients

*Looking after you.*

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# Contacts

## Hospital contacts

### Main hospital

Phone: 01582 763 191

### GP Hotline

Phone: 01582 714 306

### Outpatient department

Phone: 0800 585 112

### Self-pay patient enquiries and bookings

Phone: 01582 714 420

### Diagnostic imaging

Phone: 01582 714 540

### Pathology enquiries

Phone: 01582 714 466

### Pharmacy

Phone: 01582 714 437

### Physiotherapy

Phone: 01582 714 447

### Wards

Ambrose ward: 01582 714 427

Westfield ward: 01582 714 428

## Key contacts

### Hospital director


Julia Salmon: 01582 714 405

### Director of Clinical Services

Sally Hull: 01582 714 405

### GP Relationship Manager

Nick Perkins: 01582 714 306 / 07718 476 146



Walking into Spire Harpenden inspires confidence in both patients and staff.

**Mr Harish Parmar**, MAC Chairman and Consultant Orthopaedic Surgeon at Spire Harpenden Hospital

## About Spire Harpenden Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

### It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

### Our consultants

Every consultant working at Spire Harpenden Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

### Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

### All the facilities you'd expect and more

- Our 64 private rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system

In addition to our private rooms, we offer:

- Higher observational care unit
- 25 consulting rooms
- Five operating theatres including four laminar flow
- An endoscopy suite
- Two outpatient procedure rooms
- Multiple outpatient testing and treatment rooms
- Hydrotherapy pool
- On-site TSSU – decontamination and sterilisation department
- Paediatric outpatient services for children from birth to 18 years
- Parent and child rooms
- Breast care nurses
- Pharmacy
- Quality assurance
- CPA accredited pathology service
- CQC registered
- Screening of patients and colleagues for COVID-19 symptoms and extensive protection protocols, including our Patient Pathways system

### Emergency admissions

The hospital **does not** have an accident and emergency facility.

# How to refer your patients

At Spire Harpenden we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

## Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package\* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **01582 714 420**.

- 1 Use Spire Connect to upload the referral letter. Call **01582 714 306** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

## Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **0800 585 112** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

## NHS referrals

Spire Harpenden Hospital provides a range of elective surgical services to NHS patients – full details of the services offered can be found on the NHS eReferral system (<https://www.ebs.ncrs.nhs.uk/>). Our aim is to make the referral process as quick and easy as possible.

## Referral letters

Referral letters can be:

- Submitted online at <https://spireconnect.spirehealthcare.com/>
- Emailed with encryption to [spireharpendenoutpatientbookings@spirehealthcare.com](mailto:spireharpendenoutpatientbookings@spirehealthcare.com)

# Self-funding

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **01582 704 420**

Email: **info@spireharpenden.com**

Our fixed price packages\* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Dermatology
- Endoscopy procedures
- Gynaecology
- Hernia repair
- Knee, hip, or shoulder surgery
- Neurological assessments
- Varicose vein treatment

\*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

## Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

**The hospital does not have an accident and emergency facility.**



## GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

### GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

### Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

### NHS referrals

You may refer patients to Spire Harpenden Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service (<https://www.ebs.ncrs.nhs.uk/>).

### Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

### Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

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For more information on Spire Connect, contact Nick Perkins on **01582 714 306** or at [nick.perkins@spirehealthcare.com](mailto:nick.perkins@spirehealthcare.com)

# GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events](#)

Search '**Spire Harpenden GP Education**'

Call Business Development Team on **01582 714 306**

Email us at **harpendenhospgevents@spirehealthcare.com**

Events held at:

- **Spire Harpenden Hospital**, Ambrose Lane, Harpenden AL5 4BP

# GP support

Spire Harpenden's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

## GP Relationship Manager

Our GP Relationship Manager is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire Harpenden Hospital.

The team can be contacted on:

Phone: **01582 714 306 / 07718 476 146**

Email: **nick.perkins@spirehealthcare.com**

## Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

### One-off private treatment at a fixed price\*

- Available for in-patient and day-case procedures, subject to patient pre-assessment.
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment.
- Treatment of complications\*

Patients can contact the team on:

Phone: **01582 714 420**

Email: **info@spireharpenden.com**

\*Spire Healthcare patient terms and conditions apply.

# Clinics and services

## Breast Clinic

### Opening times

Tuesday **afternoon 2pm – 5pm, evening 5pm – 7pm**

Wednesday **afternoon 1pm – 6pm**

Thursday **morning 9am – 11am, 1.30pm – 3.30pm**

Friday **9am – 12.30pm, 1.30pm – 4.30pm**

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Appointments: **01582 714 420**

Breast Care Nurse Specialist: **01582 714 407**  
**/ 07525 812 361**

## Cardiology

### Non-invasive cardiology services include:

- 12 lead ECG
- Ambulatory ECG monitoring (24hrs, 48hrs, 72hrs, five days, one week)
- Ambulatory blood pressure monitoring (24hrs)
- Exercise tolerance testing
- Implantable devices checks (internal loop recorders, pacemakers, defibrillators and biventricular devices) both in clinic and remotely
- Transthoracic echocardiogram, contrast echo, bubble echo, CRT optimisation

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Appointments: **0800 585 112**

## Endoscopy

### Endoscopy services include:

- Colonoscopy
- Flexible cystoscopy
- Flexible sigmoidoscopy
- Gastroscopy

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Appointments: **01582 714 420**

## Imaging

Appointments usually within 24 hours of a referral, depending on the service.

Reports usually within 2 – 3 days.

### CT imaging services include:

- Biopsies, injections
- Cardiac
- Colonography
- General and Musculoskeletal
- Neurological imaging
- Vascular

### Fluoroscopy services include:

- Arthrogram
- Barium swallow
- Barium follow through
- Cystograms
- Dacryocystogram
- Drainages
- Gastrografin Enema Proctograms
- Linograms
- Port Insertions/Removals
- Sialograms

### MRI imaging services include:

- All MRI gynaecology imaging
- All MRI (including biliary and small bowel)
- All urology imaging including angiography
- Aorta imaging
- Breast MRI
- Dynamic proctograms
- MPMRI (Multiparametric Prostate Imaging)
- MRI arthrograms
- Neurological imaging

### Ultrasound imaging services include:

- General and Musculoskeletal
- Gynaecology scans
- Interventional including injections/aspirations and biopsies
- Vascular ultrasound (arterial and venous doppler)

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Appointments: **01582 714 540**



## Pathology

### Opening times

Monday to Friday **9am – 5pm**

Routine blood samples undertaken from **8am – 5pm**

### Pathology services include:

- Biochemistry
- Blood transfusion
- Endocrinology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Tumour assays

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Phone: **01582 714 466**

## Physiotherapy

### Opening times

Monday to Thursday **8am – 8pm**

Friday **8am – 5pm**

Saturday **8am – 12pm**

### Pathology services include:

- Acupuncture (including oncology related symptoms)
- Back and neck problems
- Electrotherapy / manual therapy
- Facial palsy rehabilitation
- Hand physiotherapy and custom splints
- Headaches
- Men's health
- Muscle imbalance / core stability
- Musculoskeletal dysfunction
- Pelvic floor dysfunction
- Personalised exercise programmes
- Post-operative care and rehabilitation
- Shockwave therapy
- Sports injuries
- Temporomandibular joint assessment and treatment
- Vertigo and vestibular problems
- Women's health

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Phone: **01582 714 447**

# Directory listings

## A

### Allergy

#### Prof Richard Powell

Anaphalaxis rhinitis, chronic fatigue/fibromyalgia syndrome, drug reactions/allergy, food reactions including food allergy/intolerances, insect sting allergy, urticaria and angioedema (hives and swelling.)

**NHS trust base:** Private

**Clinic times:** Tue, Wed

**Phone:** 0800 585 112

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### Audiology

#### Dr Elizabeth Adesugba

Balance/vestibular assessments, hearing assessments, hearing and fittings, tinnitus management, vestibular rehabilitation, wax management.

**NHS trust base:** Private

**Clinic times:** Mon eve

**Phone:** 0800 585 112

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#### Mrs Fiona Bateson

Audiological assessments and hearing tests for adults and children with suspected hearing loss. Provides advice and support for the hearing impaired and their families, digital hearing aids, hyperacusis retraining, management, tinnitus retraining therapy.

**NHS trust base:** Private

**Clinic times:** Mon am monthly

**Phone:** 0800 585 112

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#### Mrs Alison Hunt

Audiological diagnostic assessments carried out on both adults and children.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue pm and eve

**Phone:** 0800 585 112

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## B

### Breast specialists

#### Mr Arunmoy Chakravorty

Consultant oncological and reconstructive breast surgeon, breast lump investigation, breast lump removal, breast reconstruction following mastectomy, male breast reduction surgery (gynaecomastia).

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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#### Mr Peter Crane

Breast disease, breast lump removal, breast lump investigation, lymph node removal, mastectomy, sentinel lymph node biopsy.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue pm, Fri pm

**Phone:** 0800 585 112

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#### Miss Harleen Deol

Breast cancer and benign breast problems, breast disease, breast reconstructive surgery, breast augmentation, breast reduction, aesthetic breast surgery, family history breast cancer.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

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#### Mr Neil Johns

Breast cancer genetic test, breast implant removal, breast lump investigation, breast reconstruction, breast reduction, mammogram, mastectomy.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Ad hoc Fri am

**Phone:** 0800 585 112

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#### Mr Duraisamy Ravichandran

Consultant general surgeon with an interest in breast and endocrine. Breast lump investigation and removal, mastectomy, lymph node biopsy and removal, hernia surgery, lumps and bumps.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

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#### Mr Simon Thomson

Breast lump removal, breast reconstruction, mastectomy, oncoplastic breast conserving surgery, symptomatic breast conditions and rapid diagnosis breast clinic.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** One Mon eve per month

**Phone:** 0800 585 112

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## C

### Cardiology

#### Dr Mike Dubowitz

Angiography, arrhythmias, atrial fibrillation, chest pain, coronary and ischaemic heart disease, dyspnea (shortness of breath), echocardiography, heart failure, hypertension, preventative cardiology, syncope and valvular heart disease.

**NHS trust base:** East and North Hertfordshire NHS Trust / Harefield Hospital Guy's and St Thomas NHS Foundation Trust

**Clinic times:** Mon am, Wed am

**Phone:** 0800 585 112

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#### Dr Mark Earley

Catheter ablation of simple and complex arrhythmia, fatigue or breathlessness, heart rhythm disorders causing palpitations, implantable defibrillators, pacing and syncope.

**NHS trust base:** Barts Health NHS Trust

**Clinic times:** Tue pm

**Phone:** 0800 585 112

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### Dr Azad Ghuran

Arrhythmias (palpitations), coronary disease and intervention (angioplasty/stents), hypertension, heart failure, pacemakers, syncope, valve disease.

**NHS trust base:** East and North Hertfordshire NHS Trust / Harefield Hospital Guy's and St Thomas NHS Foundation Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Prof Diana Gorog

Angioplasty (stents), angiography, coronary disease, heart failure, hypertension, pacemakers, palpitations, syncope, valve disease.

**NHS trust base:** East and North Hertfordshire NHS Trust / Harefield Hospital Guy's and St Thomas NHS Foundation Trust / Imperial College London

**Phone:** 0800 585 112

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### Dr Nearchos Hadjiloizou

Angiography and PCI, arrhythmias, chest pain, coronary artery disease, echocardiography, hypertension, heart failure, preventive cardiology, valvular heart disease.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Imperial College Healthcare NHS Trust

**Clinic times:** Wed pm, Fri pm

**Phone:** 0800 585 112

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### Dr Piyush Jain

Arrhythmia, breathlessness, cardiac murmurs, chest pain, CT, ECHO, general cardiology, heart failure, imaging, palpitations, syncope, valvular heart disease.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Thu eve

**Phone:** 0800 585 112

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### Dr Masood Khan

Atrial fibrillation, angiography, arrhythmias, chest pain, coronary and ischaemic heart disease, dyspnea (shortness of breath), echocardiography, heart failure, hypertension, preventive cardiology, syncope, vascular and valvular heart disease.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Imperial College Healthcare NHS Trust

**Clinic times:** Mon pm

**Phone:** 0800 585 112

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### Dr Paul Kirk

Angina, atrial fibrillation, breathlessness, congenital heart disease, coronary artery disease, dizziness, hypertension, interventional cardiology, palpitations, stroke prevention, syncope.

**NHS trust base:** East and North Hertfordshire NHS Trust / Royal Brompton Hospital Guy's and St Thomas NHS Foundation Trust

**Clinic times:** Sat am

**Phone:** 0800 585 112

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### Dr Neville Kukreja

Cardiac catheterisation, cardiogram recording, cardioversion, coronary angioplasty, echocardiogram, electrocardiogram, exercise ECG, pacemaker implantation.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr Ganesan Kumar

Special clinical interests: (1) Assessment, diagnosis and management of chronic heart failure. (2) Cardiac imaging (a) cardiac CT (anatomical imaging for coronary artery disease) (b) myocardial perfusion imaging (functional imaging for ischaemic heart disease).

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve, Sat am

**Phone:** 0800 585 112

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### Dr Phillip Moore

Arrhythmias, biventricular pacing, coronary disease, ECG interpretation, implantable defibrillators, pacing, palpitations, syncope.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Imperial College Healthcare NHS Trust

**Clinic times:** Tue eve, Fri

**Phone:** 0800 585 112

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## Dermatology

### Dr Verity Blackwell

Acne, eczema, general dermatology, hyperhidrosis, moles, minor surgery, skin cancer, vulval disorders.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Wed, Fri am

**Phone:** 0800 585 112

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### Dr Victoria Brown

Acne, eczema, general dermatology, minor skin surgery, mole screening, psoriasis, skin cancer.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

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### Dr Sharon Crichlow

Acne, cosmetic dermatology, eczema, general dermatology including skin of colour, minor surgery, psoriasis, skin cancer.

**NHS trust base:** Private

**Clinic times:** Fri am

**Phone:** 0800 585 112

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### Dr Simon Dawe

Acne, contact and allergic dermatitis, hyperhidrosis, minor skin surgery, psoriasis, skin cancer.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue am, Wed am

**Phone:** 0800 585 112

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### Dr Clare Kiely

**NHS trust base:** Guy's and St Thomas' NHS Foundation

**Clinic times:** Fri am

**Phone:** 0800 582 112

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## Dietetics

### Miss Ruth Conroy

Cancer and palliative care, coeliac disease, gastroenterology disorders including IBS using the low FODMAP diet, nutritional support including patients with dysphagia, weight management.

**NHS trust base:** Private

**Clinic times:** Tue

**Phone:** 0800 585 112

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## E

## Elderly medicine

### Dr Raafat Farag

Dementia and cognitive impairment, elderly medicine, general medical admissions, transient ischaemic attacks, Parkinson's disease, stroke medicine.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust / West Hertfordshire Hospitals NHS Trust

**Clinic times:** Ad hoc

**Phone:** 0800 585 112

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### Dr Murugiah Seevaratnam

Anaemia, blackouts, dementia, funny turns, general medical admissions, hypertension, infections, memory impairment, Parkinson's disease, transient ischaemic attacks.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Dr Soumit Singhai

Blackouts, domiciliary visits and pre and post-operative assessment, dizzy episodes, falls, funny turns, memory problems and dementia, movement disorders, Parkinson's disease, pre and post-operative care of older patients having general/orthopaedic surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed am

**Phone:** 0800 585 112

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## Endocrinology

### Dr Ritwik Banerjee

Adolescent diabetes, disorders of growth and maturation (adolescence), electrolyte imbalance, gestational diabetes, hypertension, non-specific symptoms, pregnant diabetes, unexplained tiredness, weight disorders.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu eve

**Phone:** 0800 585 112

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### Dr Chantal Kong

Calcium abnormalities, diabetes and endocrinology, hypertension, insulin resistance, increased cardiovascular complications risk in diabetes, lipid disorders, non-specific symptoms, obesity, osteoporosis, PCOS, pituitary and metabolic disorders, thyroid disorders, unexplained tiredness.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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## ENT

### Mr Om Chawla

Allergy, audiogram, balance disorders, cauterisation (nose), diagnostic nasal endoscopy, microsuction.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

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### Mr Nick Clifton

Balance, blocked nose, facial pain, glue ear, hearing, nasal allergy, paediatric ENT, rhinoplasty, sinusitis, snoring, swallowing, tonsillitis, voice disorders.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue pm and eve

**Phone:** 0800 585 112

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### Mr Adam Frosh

Allergy testing, bat ears, dizziness, epley manoeuvre for BBPV dizziness, glue ear, headache, migraine, rhinoplasty, sinus disorders, voice disorders.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed pm, Thu am

**Phone:** 0800 585 112

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### Mr David Johnston

Ear wax removal, FESS, general ENT, laryngoscopy, paediatric, parotid and thyroid surgery, rhinology, rhinoplasty, sleep disorders tonsillectomy for adults, vertigo, voice disorders.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust / West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon pm, Thu, Fri pm

**Phone:** 0800 585 112

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### Miss Marie Lyons

Allergy testing, head and neck surgery, laryngology, neurotology, otology, parathyroid disease, paediatric otolaryngology, rhinology, sinus surgery, thyroid disease, voice disorders.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed am (alt)

**Phone:** 0800 585 112

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### Mrs Jaan Panesar

Children's ENT, head and neck cancer, paediatric otolaryngology, parotid and neck lumps, rhinoplasty, sinus surgery, snoring surgery, voice.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu pm

**Phone:** 0800 585 112

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Spire

Harpenden Hospital

### Mr James Quinn

Ear wax removal, FESS, hearing balance, paediatric otolaryngology, rhinoplasty, tonsillectomy for adults, otology.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed

**Phone:** 0800 585 112

### Mr Eyal Schechter

Balloon sinuplasty treatment for chronic sinusitis, ear pinning (pinnoplasty), grommets insertion (glue ear treatment), laryngoscopy investigation, septoplasty surgery, sinus operation (functional endoscopic sinus surgery of FESS), tonsillectomy and adeno-tonsillectomy for children, tonsillectomy for adults.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

### Mr Pranay Singh

Allergy, balance disorders, otology, paediatric otolaryngology, rhinology, sinus surgery, sleep disorders/snoring, voice disorders.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed am, Sat am (alt)

**Phone:** 0800 585 112

### Mr Tarun Sood

Balloon sinuplasty treatment for chronic sinusitis, ear pinning (pinnoplasty), grommet insertion, laryngoscopy investigation, neck lumps, nose shaping (rhinoplasty), sentinel lymph node biopsy and lymph node removal, septoplasty surgery, sinus operation (functional endoscopic sinus surgery or FESS).

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

### Mr Chee Toh

General adult and paediatric ENT, nasal allergy, rhinoplasty and otoplasty, salivary gland and thyroid surgery, snoring surgery.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon am, Wed eve, Fri am

**Phone:** 0800 585 112

G

## Gastroenterology

### Dr Rishi Chandel

Bowel disorder test, cancer tests, colonoscopy, flexible sigmoidoscopy, gastroscopy, Iron vitamin and mineral level tests, endoscopy, gastrointestinal cancer, gastrointestinal pathology, inflammatory bowel disease.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Sat am

**Phone:** 0800 585 112

# Are your patients with medical insurance using it?

Approximately 10% of UK population have a private medical insurance policy – but not everyone uses it\*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI. Why not ask them too?

\*Healthcare Cover UK Market Report (Fifteenth Edition), Laing Buisson



*Looking after you.*

### Dr Mark Fullard

Barrett's oesophagus, colonoscopy, dyspepsia, endoscopy, endoscopic management and prevention of upper GI cancer, gastro-oesophageal reflux disease, irritable bowel syndrome, inflammatory bowel disease, liver disease.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue pm, Thu am, Fri am, Sat am

**Phone:** 0800 585 112

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### Dr Simon Mark Greenfield

Colonoscopy, colitis, dyspepsia/reflux, gastrointestinal conditions including gullet, gastroscopy and all forms of therapeutic endoscopy, inflammatory bowel disease, liver/biliary conditions stomach and bowel disease.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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### Dr Matthew Johnson

Coeliac disease, diagnostic and advanced therapeutic procedures, food intolerances, gastrointestinal conditions including reflux, indigestion, inflammatory bowel disease, impedance and oesophageal HRM, malabsorption issues, lower GI colonoscopy, liver disease, pH, upper GI endoscopy, video capsule endoscopy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Dr Nasser Khan

Bowel cancer screening, diagnostic and advanced therapeutic video capsule endoscopy, inflammatory bowel disease, irritable bowel syndrome, motility, neurogastroenterology, unexplained abdominal symptoms.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

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### Dr Alistair King

Bowel cancer screening, gastrointestinal cancer, hepatology, inflammatory bowel disease, irritable bowel syndrome, therapeutic endoscopy including colonoscopy and ERCP, viral hepatitis.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue eve, Fri pm

**Phone:** 0800 585 112

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### Dr Rob Mead

Bowel cancer screening, colonoscopy, dyspepsia and indigestion, endoscopy, gastrointestinal cancer and pathology, irritable bowel syndrome, inflammatory bowel disease, liver disease.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Thu am, Thu pm and eve (alt)

**Phone:** 0800 585 112

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### Dr Danielle Morris

Barrett's oesophagus, diagnostic and therapeutic gastroscopy and colonoscopy, dyspepsia and reflux, general gastroenterology and hepatology, irritable and inflammatory bowel disease.

**NHS trust base:** East and North Hertfordshire NHS Trust / University College Hospitals London NHS Foundation Trust

**Clinic times:** Thu pm (alt)

**Phone:** 0800 585 112

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### Dr Mohamed Shariff

Endoscopy, dyspepsia, irritable bowel syndrome, liver disease and pancreatic disease, colonoscopy, bowel disorder test, gastroscopy, flexible sigmoidoscopy.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr Elliot Tash

Colonoscopy (including bowel cancer screening), diagnostic and advanced therapeutic gastroscopy, ERCP, gastrointestinal conditions including indigestion and reflux, irritable and inflammatory bowel disease, liver/biliary condition, unexplained gastrointestinal symptoms/pain.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve, Wed eve

**Phone:** 0800 585 112

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## General practice

### Dr Jeremy Cohen

General medicine, musculoskeletal and sports medicine, paediatrics, stress management, second opinions.

**NHS trust base:** Locum / Spire GP

**Clinic times:** Tue pm, Fri pm

**Phone:** 01582 714 420

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### Dr Sapna Dave

General practice.

**NHS trust base:** Locum / Spire GP

**Clinic times:** TBC

**Phone:** 01582 714 420

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### Dr Suhail Hussain

General practice.

**NHS trust base:** Spire GP

**Clinic times:** Wed pm, Thu pm

**Phone:** 01582 714 420

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### Dr Wendy Molefi-Youri

Private GP, lifestyle medicine, mental health, menopause care, cervical screening, wellness coaching, mindfulness coaching.

**NHS trust base:** Locum / Spire GP

**Clinic times:** Mon am, Tue am

**Phone:** 01582 714 420

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## General surgery

### Mr Omer Al-Taan

Anti-reflux, gastroenterology, gallbladder, gallstone removal (cholecystectomy), gastroscopy, hernia surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Mr Alla Amin

Constipation, cholecystectomy, coloproctology, colorectal surgery, haemorrhoid surgery (RAFAELO), laparoscopic hernia repair, lower GI endoscopy, paediatrics.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon pm

**Phone:** 0800 585 112

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### Mr Gary Atkin

Cholecystectomy, coloproctology, colorectal surgery, colonoscopy, gastrointestinal surgery, gastroscopy, hernia repair surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Mr Tahir Bhatti

Hernia surgery, laparoscopic gallbladder, modern treatment of varicose veins, thread veins, thyroid surgery, vascular surgery.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue pm

**Phone:** 0800 585 112

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### Mr Partha Das

Colonoscopy, endoscopy, flexible sigmoidoscopy, hernias.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve

**Phone:** 0800 585 112

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### Mr Mike Guest

Arterial and venous disorders, hernia repair, radiofrequency and laser for varicose veins vascular screening, treatment of primary and recurrent varicose veins with surgical and non-surgical techniques (foam sclerotherapy), thread veins.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon am (alt)

**Phone:** 0800 585 112

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### Mr Shashank Gurjar

Anal fissure/fistula, coloproctology, colorectal surgery, endoscopy, hernia repair, inflammatory bowel disease, pelvic floor surgery, wart surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve, Thu eve

**Phone:** 0800 585 112

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### Mr Periyathambi Jambulingam

Anti-reflux surgery, cholecystectomy, hiatus hernia, laparoscopic hernia repair, therapeutic GI endoscopy, upper GI cancer.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve, Sat am (alt)

**Phone:** 0800 585 112

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### Ms Santhini Jeyarajah

Appendectomy, bowel resection (laparoscopic and open), colonoscopy, fistula and fissure treatments and surgery, hernia surgery (laparoscopic and open), haemorrhoid surgery, laparoscopic cholecystectomy, proctology, simple skin lesion removal.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue am, Thu pm

**Phone:** 0800 585 112

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### Mr Geraint Lloyd

Colorectal cancer, colonoscopy, general and colorectal surgery, laparoscopic cholecystectomy, open and laparoscopic hernia repair, proctology.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed eve, Fri am (alt)

**Phone:** 0800 585 112

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### Mr Aruna Munasinghe

Gallbladder/gallstone removal (cholecystectomy), gastroscopy, hernia surgery, ingrown toenail surgery, laparoscopy investigation and treatment, mole, cyst, wart and skin tag removal.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve

**Phone:** 0800 585 112

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### Mr John Richard Novell

Anal warts, chloescystectomy, coloproctology, fistula, fissure surgery, hernia surgery, haemorrhoid removal treatment, GI surgery and endoscopy, minimally invasive surgery.

**NHS trust base:** Royal Free London NHS Foundation Trust

**Clinic times:** Mon pm

**Phone:** 0800 585 112

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### Miss Marion Obichere

Coloproctology, gastrointestinal, GI endoscopy, hernia repair, inflammatory bowel disease, laparoscopic surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu pm

**Phone:** 0800 585 112

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### Mr Farhan Rashid

Gallbladder/gallstone removal (cholecystectomy), gastroscopy, hernia surgery, upper GI cancers – laparoscopic assisted Ivor Lewis oesophagectomy, laparoscopic/open gastrectomy, anti-reflux surgery, laparoscopic hiatus hernia repair.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Mr Nicholas Reay-Jones

Coloproctology, gastrointestinal, gallbladder surgery, GI endoscopy, hernia repair, inflammatory bowel disease, laparoscopic surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Fri am (alt)

**Phone:** 0800 585 112

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### Mr Jayesh Sagar

Colorectal cancer surgery, general laparoscopic surgery (including hernia), inflammatory bowel disease, transanal microsurgery, laparoscopic colorectal surgery, (including single port surgery).

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu eve

**Phone:** 0800 585 112

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### Mr Sadasivam Selvakumar

Endovascular surgery, hernia repair surgery, laparoscopic surgery, vascular medicine and surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Mr Douglas Whitelaw

ERCP, general surgery, laparoscopic biliary surgery, laparoscopic hernia surgery, pancreatic surgery, upper GI endoscopy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

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### Mr Firas Younis

Anal warts, coloproctology, fissure, fistula surgery, gastrointestinal, GI endoscopy, haemorrhoid removal treatment, inflammatory bowel disease, laparoscopic surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Sat am

**Phone:** 0800 585 112

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## Gynaecology

### Mrs Shahnaz Akbar

Assisted conception/same sex couples, adolescent/paediatric gynaecology, complex laparoscopic/hysteroscopic surgeries, early pregnancy, egg donation, endometriosis, fibroids, general gynaecology, hysterectomy, IVF, ICSI, IUI, male and female infertility, menopause, menstrual problems, myomectomy, PCOS, premature menopause, pelvic scans, recurrent miscarriages, rapid access clinic, ultrasound scanning.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve, Tue, Thu eve

**Phone:** 0800 585 112

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### Mr Rami Atalla

Assisted conception, complex laparoscopic surgery, endometriosis, pelvic pains, prolapse, recurrent miscarriages, subfertility, TVT tape surgery, urinary incontinence, vaginal and pelvic floor surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Mr Alasdair Drake

Cancer, endometriosis, endometrial ablation, hysteroscopic and vaginal surgery, LAVH and minimal access laparoscopic, major benign and oncology surgery, menorrhagia, prolapse, PMB and colposcopy, rapid access clinics for pelvic mass .

**NHS trust base:** East and North Hertfordshire NHS Trust / West Hertfordshire Hospitals NHS Trust

**Clinic times:** Fri pm

**Phone:** 0800 585 112

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### Mr Constantin Durnea

Special interest in urogynaecology, bladder investigations, endometrial ablation surgery, female sterilisation, hormone test, hysterectomy surgery, labial reduction surgery, ovarian cyst removal, stress urinary incontinence, vaginal repair.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Ms Seema Dutta

Special interest in urogynaecology and early pregnancy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

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### Mr Andrew Hextall

Cystitis/recurrent urinary tract infections, endometriosis, general gynaecology, heavy/irregular periods, laparoscopic and hysteroscopic surgery, menopause, overactive bladder, PTNS, pelvic pain, prolapse, urogynaecology, urinary incontinence, vaginal surgery.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue pm, Thu am, Fri pm

**Phone:** 0800 585 112

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### Mr Jude Jose

Assisted conception, HyCoSy, male infertility, ovulation induction with follicular tracking, PCOS, reproductive surgery, subfertility.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon

**Phone:** 0800 585 112

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### Mr CP Lim

Endometrial ablation surgery, hysterectomy, hysteroscopy procedure, hysteroscopic resection of fibroid and endometrium, laparoscopic excision of endometriosis, laparoscopic salpingo-oophorectomy, laparoscopic adhesiolysis, minor perineal procedures, ovarian cyst removal.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon pm (alt)

**Phone:** 0800 585 112

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### Ms Pushpakala Maharajan

Colposcopy, endometriosis, hysteroscopy, fibroids, laparoscopic surgery, menopause, menorrhagia, menstrual disorders, miscarriage, post menopausal problems.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve, Fri am

**Phone:** 0800 585 112

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### Mr Michael Menezes

Urodynamics, hysterectomy surgery, hysteroscopy procedure, endometrial ablation surgery, ovarian cyst removal, stress urinary incontinence (SUI), stress urinary incontinence (SUI) for women.

**Clinic times:** Mon eve

**Phone:** 0800 585 112

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### Ms Neela Mukhopadhaya

Aesthetic gynaecology, early pregnancy and emergency gynaecology, fertility and reproductive medicine, fibroids, general gynaecology, menopause, PCOS, recurrent miscarriages, subfertility, well-woman clinic.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed pm, Fri pm, Sat am

**Phone:** 0800 585 112

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### Mr Ade Sanusi

Colposcopy, general gynaecology, menstrual disorders, pelvic pain including endometriosis, prolapse with urogynaecology.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

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### Miss Nanda Shetty

Endometriosis and ectopic pregnancy, endometrial ablation, fibroids, hysteroscopy, insertion of coils, menstruation, menopause, pelvic and abdominal pain, polycystic ovaries.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue am, Wed am

**Phone:** 0800 585 112

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## H

## Haematology

### Dr Momin Ahmed

Anaemia and low blood counts, Lymphoma and Lymphoproliferative disorders, myelodysplastic syndromes and leukaemia, high blood counts – polycythemia/MPN, iron overload, multiple myeloma.

**NHS trust base:** Royal Free London NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr Judith Hanslip

Chronic myeloproliferative disorders including essential thrombocythaemia, coagulation disorders including thrombophilia screening, haemochromatosis, haematological oncology including lymphomas and chronic lymphocytic leukaemia, low blood counts including anaemia, plasma cell disorders including MGUS and myeloma, polycythemia and thrombocytosis, thrombocytopenia and leucopenia.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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## Hepatology

### Dr Paul Kooner

Autoimmune hepatitis diagnosis, assessment and management of fatty liver disease, interpretation of abnormal liver scans, interpretation of abnormal liver bloods tests, Liver Fibroscan assessment, alcohol related liver disease, viral hepatitis.

**NHS trust base:** Barts Health NHS Trust

**Clinic times:** Friday am

**Phone:** 0800 585 112

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## L

## Lifestyle medicine

### Dr Annita Muttiah

Lifestyle Medicine Physician

Hypertension, sleep disorders, diabetes, obesity, nutrition, diabetic medicine, hypertension, general practice, general medicine.

**NHS trust base:** Bupa Harpenden, NHS 111

**Clinic times:** TBC

**Phone:** 0800 585 112

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## N

## Nephrology

### Dr Christopher Lawrence

Acute kidney injury, chronic kidney disease, diabetic nephropathy, FSGS, glomerulonephritis, haematuria, Ig A nephropathy, immunosuppression, kidney disease, kidney biopsy, lupus, membranous, minimal change disease, nephrotic syndrome, proteinuria, renovascular disease, renal stones, transplantation, UTI.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon

**Phone:** 0800 585 112

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## Neurology

### Dr Robert Brenner

Blackouts, dizziness, epilepsy, general neurology, headache, MS, Parkinson's disease, stroke.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Royal Free Hospital NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Dominic Mort

Blackouts, dizziness, epilepsy, forgetfulness, general neurology, headache, neuro-ophthalmology, multiple sclerosis, peripheral nerve disease, strokes, tingling.

**NHS trust base:** Private

**Clinic times:** Tue pm

**Phone:** 0800 585 112

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### Prof Dipankar Nandi

Back and neck pain, brain tumours, carpal tunnel, stereotactic neurosurgery for Parkinson's disease and tremor, spinal degenerative disease, ulnar nerve compression.

**NHS trust base:** Imperial College Healthcare NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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### Dr Richard Orrell

Epilepsy, general neurology, headache, motor neurone disease, nerve and muscle disorders, multiple sclerosis, Parkinson's disease, stroke.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon pm

**Phone:** 0800 585 112

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### Dr Paul Watts

Balance disorders/vertigo, general neurology, headache, Parkinson's disease.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust / Royal Free London NHS Foundation Trust

**Clinic times:** Wed, Thu eve

**Phone:** 0800 585 112

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## Neurophysiology

### Dr Simon Freilich

Diagnostic neurophysiology from simple entrapment neuropathy (carpal tunnel and cubital tunnel tests) and peripheral neuropathy to radiculopathy assessment. Other modalities for specialist referrals are possible by arrangement.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu eve

**Phone:** 0800 585 112

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### Dr Gorande Kanabar

Carpal tunnel syndrome, cubital tunnel syndrome, motor neurone disease, nerve injuries, radiculopathy.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

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## O

## Oncology

### Dr Muhammed Baki

Chemotherapy, radiotherapy, breast cancer, upper gastrointestinal cancer, hepatobiliary cancers.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr Neel Bhuva

Chemotherapy, radiotherapy, stereotactic body radiotherapy, targeted biological therapy.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust / East and North Hertfordshire NHS Trust

**Clinic times:** Mon eve (alt)

**Phone:** 0800 585 112

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### Dr Mark Harrison

Bowel cancer, chemotherapy, treatment of upper and lower gastro-intestinal cancers.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust

**Clinic times:** By appointment only

**Phone:** 0800 585 112

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### Dr Robert Hughes

Gastrointestinal and colorectal cancers using radiotherapy, cyberknife and chemotherapy and urological, in particular prostate and bladder cancers.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust / East and North Hertfordshire NHS Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Professor David Miles

Consultant Oncologist specialising in breast cancer treatment.

**NHS trust base:** West Hertfordshire Hospitals Trust / The Hillingdon Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Andreas Polychronis

Biliary cancers, cancer of unknown primary, cancer of the oesophagus/stomach, colorectal (bowel) cancer, lung cancer, mesothelioma, pancreatic cancer.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust

**Clinic times:** By appointment only

**Phone:** 0800 585 112

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### Dr Nihal Shah

Breast cancer, chemotherapy, cancer of unknown, head and neck oncology, lung cancer, stereotactic radiotherapy.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust

**Clinic times:** Tue pm

**Phone:** 0800 585 112

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### Dr Ignacio Vazquez

Medical oncologist with interest in breast and gynaecological malignancies.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue

**Phone:** 0800 585 112

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### Dr Anup Vinayan

Breast cancer, neuro oncology, malignancy and oncology scans.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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## Ophthalmology

### Mr Jason Chan

Glaucoma treatment, Cataract surgery. Special clinical interest: Small incision day case cataract surgery, glaucoma diagnostics and management, glaucoma laser therapy and glaucoma surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue pm

**Phone:** 0800 585 112

### Miss Lydia Chang

Blepharitis, blurred vision, cataract, conjunctivitis, dry eyes, general ophthalmology, glaucoma, painful eyes.

**NHS trust base:** North West Anglia NHS Foundation Trust

**Clinic times:** Monday pm

**Phone:** 0800 585 112

### Mr J Dominic Heath

Cataract, neuro-ophthalmology, paediatric, squint.

**NHS trust base:** Brighton and Sussex University Hospitals NHS Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

### Mr Sam Mahmood

Age-related macular degeneration, cataract removal surgery, eyelid cyst removal, laser eye treatment (Yag laser capsulotomy), premium cataract and refractive lens exchange surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue eve, Thu pm (alt)

**Phone:** 0800 585 112

### Mr Kayhosrov Manuchehri

Age-related macular degeneration, cataract surgery, epiretinal membrane and retinal vein occlusion surgery, macular hole surgery, retina reattachment surgery, vitreo-retinal surgery.

**NHS trust base:** Buckinghamshire Healthcare NHS Trust

**Clinic times:** Tue am, Thu

**Phone:** 0800 585 112

### Mr George Saleh

Blepharitis, cataract surgery, chalazion, cosmetic eye surgery, eyelid, brow and oculofacial rejuvenation, eyelid tumours, eyelid cysts, refractive procedures, general ophthalmology, lacrimal surgery, lasers, lid malpositions, paediatric eyes, watery eyes.

**NHS trust base:** Moorfields Eye Hospital NHS Foundation Trust / Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed, Fri (alt)

**Phone:** 0800 585 112

### Ms Ranjit Sandhu

Cataract surgery including refractive correction, diabetic retinopathy, general eye complaints, glaucoma, macular degeneration, retinal disease, uveitis.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Sat am (alt)

**Phone:** 0800 585 112

### Ms Susan Sarangapani

Cosmetic eye surgery, eyelid malpositions, eyelid tumours, non-surgical facial rejuvenation (botox, fillers, chemical peels), orbital surgery, oculoplastic surgery, watery eyes.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu pm

**Phone:** 0800 585 112

### Mr Venki Sundaram

Cataract surgery, diabetic eye disease, general ophthalmology, glaucoma treatment, macular degeneration, retinal disease.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon pm, Wed am

**Phone:** 0800 585 112

## Oral and maxillofacial

### Mr Chi-Hwa Chan

Head and neck, jaw cyst removal, oral surgery, reconstruction, salivary gland disease, wisdom teeth.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

### Mr Alan Parbhoo

Arthromyalgia, arthrocentesis (joint washout), arthroscopy (joint camera surgery), blepharoplasty (eyelid surgery), dental implants, extraction or surgical removal of teeth, facial implants, facial pain, genioplasty (chin surgery), lichen planus, otoplasty (ear reshaping), oral ulceration, removal of jaw cysts, removal of oral lumps/lesions, TMJ arthroplasty, white patches.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu pm (alt)

**Phone:** 0800 585 112

## Orthopaedic surgery, lower limb

### Mr Rupe Deol

Ankle surgery, extracorporeal shock wave therapy, foot surgery, ingrown toenail surgery, morton's neuroma treatment, sports injury.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Fri am

**Phone:** 0800 585 112

### Mr Subhajt Ghosh

Arthritis, cartilage problems, hip replacement surgery, hip pain, hip and knee pain in young adults, knee replacement, knee arthroscopy surgery, knee ligament reconstruction, knee pain, knee arthritis, patella (knee cap problems), meniscus repair, revision, sports injuries.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon eve, Fri pm (alt)

**Phone:** 0800 585 112



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### Mr David Gordon

Achilles tendon problems and plantar fasciitis including shockwave therapy, foot and ankle surgery specialising in minimally invasive surgery in particular bunions and toe deformity corrections, arthroscopy surgery for sports injuries and arthritis, ligament reconstruction, ankle and toe joint replacements, Morton's neuroma, lower limb trauma.

**NHS trust base:** Private

**Clinic times:** Tue pm and eve

**Phone:** 0800 585 112

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### Mr Edmund leong

Ankle arthroscopy, ankle surgery, arthroscopy, foot surgery, osteoarthritis, soft tissue injuries, sports injury.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon am, Tue pm, Thu pm

**Phone:** 0800 585 112

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### Mr Karan Johal

Foot surgery, hammer toes, neuroma removal, foot arthritis, ankle surgery, ankle ligament, achilles tendon, ankle arthritis.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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### Mr Yega Kalairajah

Achilles tendinitis/tendiopathy and plantar fasciitis, ACL and other ligament surgery, chondral surgery, chronic and acute sports injuries, complex and revision hip and knee replacement surgery and osteotomies, hip, knee and ankle surgery, hip and knee arthroscopy, joint and soft tissue injections, joint pain, lower limb disorders, meniscal repairs, paediatric orthopaedics, primary, trauma, young adult hip and knee surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon eve, Wed am, Thu eve, Fri pm, Sat am

**Phone:** 0800 585 112

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### Mr Harish Parmar

Arthroscopy, joint replacement and revision, knee and hip trauma, young adult/adult hip disease.

**NHS trust base:** Private

**Clinic times:** Mon eve, Tue pm, Wed pm, Sat am

**Phone:** 0800 585 112

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### Mr Tarique Parwez

ACL reconstruction, arthroscopic chondral repair of the knee joint, knee reconstruction, meniscal repair, sports knee injuries, total hip replacement, total knee replacement, unicompartmental knee replacement.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon Eve, Thu am, Sat am

**Phone:** 0800 585 112

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### Mr Paul Whittingham-Jones

ACL reconstruction, hip replacement, knee arthroscopy, knee replacement, osteoarthritis, revision hip replacement, revision knee replacement, sports medicine, sports injury, young adult hip pain.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Wed am, Thu pm

**Phone:** 0800 585 112

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## Orthopaedic surgery, spinal

### Mr Ghulam Abbas

Management of adult degenerative spinal surgery, spinal trauma, spinal tumour surgery, spinal infection surgery, minimally invasive spinal surgery.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue am, Wed am

**Phone:** 0800 585 112

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### Mr Venkatesh Balaji

Specialising in trauma and orthopaedics.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue am

**Phone:** 0800 585 112

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### Mr Dimpu Bhagawati

Neck pain, back pain, spinal surgery, lumbar disc disease and degeneration, cervical disc disease and degeneration, scoliosis, spinal tumours, lumbar discectomy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Mr James Langdon

Anterior cervical fusions, back pain, kyphoplasty, micro-discectomy, minimally invasive spinal fusions, neck pain, sciatica, spinal surgery (lower back and neck), spinal decompression, spinal injections, stenosis.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Alt Mon pm, Tue, Wed am, Fri pm

**Phone:** 0800 585 112

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### Mr Sajjad Mushtaq

Back and neck pain with disk prolapse, balloon kyphoplasty, cervical surgery, decompression surgery, lumbar discectomy, spinal fracture fixation.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Thu am (alt), Fri am (alt), Sat am (alt)

**Phone:** 0800 585 112

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### Mr Nana Osei

Cervical, coccyx, decompressions, dynamic MRI, injections, lumbar, micro discectomy, motion preservation, minimally invasive fusion, thoracic spine disorders: pain, stenosis, prolapses, whiplash, vertebroplasty.

**NHS trust base:** Private

**Clinic times:** Mon am (alt), Wed am

**Phone:** 0800 585 112

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## Orthopaedic surgery, upper limb

### Miss Tressa Amir

Carpal tunnel syndrome surgery, Dupuytren's contracture, frozen shoulder treatment, ganglion removal surgery, joint manipulation treatment, joint injections, rotator cuff repair, tennis and golfer's elbow, shoulder arthroscopy, shoulder replacement surgery, shoulder stabilisation, ulnar nerve surgery, upper limb sports injuries and upper limb fractures.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon pm, Mon eve (alt), Wed eve, Thu eve

**Phone:** 0800 585 112

### Mr Tony Corner

Arthroscopic surgery and joint replacement, arthritis, carpal tunnel syndrome, Dupuytren's contracture, extracorporeal shock wave therapy, ganglion removal surgery, joint injections, shoulder, elbow and upper limb surgery, shoulder impingement, rotator cuff tears, dislocations, sports injuries, trauma.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon eve, Wed, Thu, Fri am

**Phone:** 0800 585 112

### Mr Joby George-Malal

Arthroscopic shoulder and elbow surgery, including reverse polarity shoulder replacements, shoulder impingement syndromes, acromio clavicular joint pathology, recurrent shoulder dislocations, rotator cuff disorders, frozen shoulder, sports injuries of shoulder and elbow, complex upper limb fractures, tendonitis and nerve entrapment syndromes of upper limb, Dupuytren's contracture, trigger finger and hand and wrist arthritis.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed pm and eve

**Phone:** 0800 585 112

### Mr Andrew Irwin

Arthroscopic surgery, carpal tunnel surgery, Dupuytren's contracture, golfer's/tennis elbow, joint replacement surgery, rotator cuff tears, shoulder, elbow and upper limb surgery, sports injuries.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Fri

**Phone:** 0800 585 112

### Mr Daoud Makki

Shoulder arthroscopy for tendon repair, biceps tenodesis, shoulder replacement, shoulder arthroscopic superior capsular reconstruction, shoulder arthroscopic stabilisation for instability, treatment of general elbow, wrist and hand conditions.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue pm, Wed eve

**Phone:** 0800 585 112

### Mr Jeremy Read

Common nerve compressions, Dupuytren's (including percutaneous needle fasciotomy), hand and wrist arthritic conditions, Kienböck's disease, trauma reconstruction, the athletes wrist.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon am (alt), Fri pm

**Phone:** 0800 585 112

## Orthoptics

### Ms Janine Gray

Convergence weakness, double vision (diplopia), DVLA assessments, paediatric and adult orthoptics including: squints, lazy eyes (amblyopia), occlusion therapy (patching), vision screening, visual fields for glaucoma patients.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

## P

## Paediatrics

### Dr Kavita Chawla

Nutrition, paediatric rheumatology, paediatric gastroenterology, precocious puberty, respiratory medicine.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

### Dr Anthony Cohn

Constipation, chronic fatigue syndrome, crying babies, enuresis, general paediatrics, soiling.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

### Dr Vijay Kandala

Epilepsy, general paediatric problems, neonatal medical, neurology, faints, neurodevelopment, renal.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue eve, Thu pm and eve, Sat am

**Phone:** 0800 585 112

### Dr Sophia Mouncey

Neurodevelopment, behavioural disorders eg autism, Asperger's syndrome, ADHD, epilepsy, sleep difficulties, feeding difficulties eg obesity and nutrition.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** By appointment only

**Phone:** 0800 585 112

## Pain management

### Dr Yasser Mehrez

Back pain, degenerative spine, headache, lumbar spine disorders, medico-legal, neck pain, pain management, pain relief, peripheral nerve disease, soft tissue injuries.

**NHS trust base:** Milton Keynes University Hospital NHS Foundation Trust

**Clinic times:** Mon eve (alt)

**Phone:** 0800 585 112

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### Dr Nofil Mulla

Pain management, sports injury. Musculoskeletal pain interventional pain, cancer pain, post-surgical pain, pelvic pain, fibromyalgia radiofrequency denervations, peripheral neuromodulation, ultrasound guided injections.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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## Palliative medicine

### Dr Humaira Jamal

Palliative care.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** By appointment only

**Phone:** 0800 585 112

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## Plastic surgery

### Mr Miles Dickson

Aesthetic breast surgery, abdominoplasty, breast reconstruction, inverted nipple surgery, pinnaplasty, rhinoplasty, skin cancers.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon am (alt), Wed am (alt)

**Phone:** 0800 585 112

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### Mr Shadi Ghali

Abdominoplasty, body contouring, cosmetic breast surgery, cosmetic facial and eyelid surgery, pinnaplasty, skin cancer.

**NHS trust base:** Royal Free London NHS Foundation Trust / West Hertfordshire Hospitals NHS Trust

**Clinic times:** Mon eve

**Phone:** 0800 585 112

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### Mr Nicholas James

Aesthetic breast surgery, body contouring, breast reconstruction, eyelid surgery, facial surgery, rhinoplasty, skin cancers.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Wed am

**Phone:** 0800 585 112

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### Mr Manaf Khatib

Cosmetic surgery, plastic surgery, re-constructive microsurgery (including breast reconstruction and head and neck reconstruction), skin cancer surgery, facial palsy surgery (static and dynamic facial reanimation).

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

---

### Mr Hyder Ridha

(Gynaecomastia), mammogram (mammography), mastectomy operation, sentinel lymph node biopsy and lymph node removal.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Mon pm (monthly)

**Phone:** 0800 585 112

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### Mr Nilesh Sojitra

Abdominoplasty, body contouring, cosmetic breast surgery, cosmetic facial and eyelid surgery, rhinoplasty, skin cancer.

**NHS trust base:** Royal Free London NHS Foundation Trust / Bedfordshire Hospitals NHS Foundation Trust / The Hillingdon Hospitals NHS Foundation Trust

**Clinic times:** Tue pm, Thu am

**Phone:** 0800 585 112

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## Podiatry

### Mr John Bramall

Foot disorders, foot surgery under general and local anaesthetic, hallux valgus, ingrown toenails, regional block.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve, Wed eve

**Phone:** 0800 585 112

---

### Mr Julian Livingstone

Foot and ankle disorders, gait analysis, ingrowing toenails, paediatric foot disorders, podiatric biomechanics.

**NHS trust base:** Royal Free London NHS Foundation Trust

**Clinic times:** Wed

**Phone:** 0800 585 112

---

### Ms Jyoti Patel

Biomechanics, gait analysis, ingrowing toenails, orthotics, surgical footwear, sports injuries, verruca excisions.

**NHS trust base:** Private

**Clinic times:** Mon am

**Phone:** 0800 585 112

---

## Psychology

### Ms Annie Beresford

Anxiety disorders, depression, eating disorders, insomnia, low self-esteem, stress, phobias, psychological effects of health problems, psychological aspects of IBS, weight management.

**NHS trust base:** Private

**Clinic times:** Sat

**Phone:** 0800 585 112

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## R

### Radiology

#### Dr Simon Allen

Breast, CT, general ultrasound, MRI

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Alok Arya

Autologous blood and platelet rich plasma therapy/injections, bone and soft-tissue tumour biopsies, bone and joint infections, CT and radiographs, facet joint injections, fluoroscopy, joint and bursal injections, MR/CT arthrograms, nerve root and facet-joint injections, orthopaedic MRI, rheumatology, sports injury imaging, ultrasound spine imaging.

**Phone:** 0800 585 112

#### Dr Ashish Bhagat

Chest and neuro imaging, musculo-skeletal, sports injuries, ultrasound.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

#### Dr Nirav Bhatt

Head and neck radiology.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Nina Breunung-Joshi

Specialising in breast radiology, mammography, ultrasound, breast MRI and interventional procedures such as biopsies and cyst aspirations.

**Phone:** 0800 585 112

#### Dr Sue Buckingham

Chest imaging, gynaecological imaging (including MRI and CT), head and neck imaging, head and neck ultrasound, thyroid.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

#### Dr Sebastian Chang

Musculo-skeletal including steroid injections, genitourinary, gastrointestinal, general radiology, cross-sectional including body MRI.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

#### Dr Anthony Divers

CT, general and paediatric radiology including hip and spinal ultrasound, MRI, screening, ultrasound.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

#### Dr Thayahlan Iyngkaran

Head and neck imaging (ultrasound, CT and MRI), thoracic and abdominal imaging including fluoroscopy and general MSK imaging.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Smita Kamat

All CT and ultrasound scanning of neck, testes and abdomen, colorectal imaging, head and neck imaging, neuroradiology.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Shahid Khan

Cross-sectional imaging including musculoskeletal, GI, genitourinary, CT portacath insertion.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

#### Dr Babak Langroudi

MRI (including MSK and body MR), ultrasound (including abdominal, thyroid and Doppler carotid), whole body CT (including CT colonography).

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

#### Dr Kai Low

Consultant in cardiothoracic imaging, nuclear medicine, urology.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Vivek Malhotra

General, gynaecological, MSK, ultrasound.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

#### Dr Thillainayagam Muthukumar

Musculoskeletal imaging, radiology.

**NHS trust base:** Royal National Orthopaedic Hospital NHS Trust

**Phone:** 0800 585 112

#### Dr Asha Nair

Breast radiology.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

#### Dr Sonia Narula

Biopsy and stereo-tactic procedures, breast, CT, fine needle aspiration, gynaecological and urological imaging/ultrasound, MRI, oncological imaging.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

#### Dr Keng Leong Ng

CT, MRI (image-guided injection), musculo-skeletal, oncology imaging, sports injuries, ultrasound.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

#### Dr Amit Patel

General ultrasound/CT/MRI with interest in urology, GI, haematology and oncology imaging. Interventional radiology: image guided biopsy/drainage, varicocele embolisation, portacath and PICC line insertion.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

### Dr Maneesh Patel

Neuro imaging for MRI.

**NHS trust base:** Imperial College London

**Phone:** 0800 585 112

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### Dr Preena Patel

General and MSK including injections, CT, MRI.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Shilpan Patel

Biopsys, cystogram, CT scan (whole body), Doppler DVT aorta, video swallows.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

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### Dr Francesca Peters

Breast radiology.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

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### Dr Somasundaram Ramkumar

CT, general and testicular ultrasound, MRI.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Kausar Raza

Breast, CT, MRI, general and ultrasound.

**NHS trust base:** The Hillingdon Hospitals NHS Foundation Trust / Royal Free London NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Oran Roche

Musculoskeletal imaging, musculoskeletal intervention including nerve root blocks, urology and gynaecology imaging.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr Kevin Rosenfeld

General MRI and CT, general ultrasound, MRI and CT for oncology, vascular and cardiac CT.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

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### Dr Rachana Shukla

CT, head/neck, MRI, MSK, thorax and abdominal imaging, USG and fluoroscopy for neuroimaging.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Phone:** 0800 585 112

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### Dr William Topping

Cardiac CT (calcium scoring and coronary angiogram), cancer CT imaging with a special interest in lung cancer, general CT imaging with a special interest in respiratory imaging, general MRI, interventional ultrasound including biopsy, X-ray, and ultrasound.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Phone:** 0800 585 112

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### Dr Thomas Wilhelm

Neurology MRI/CT.

**NHS trust base:** Royal Free London NHS Foundation Trust

**Phone:** 0800 585 112

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## Respiratory physician

### Dr Julius Cairn

Asthma, bronchiectasis, COPD, cough, lung cancer, respiratory medicine, respiratory infection, sleep apnoea.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

---

### Dr Timothy Chapman

Asthma, allergy, bronchiectasis, chest medicine, cough, interstitial lung disease, lung cancer, lung disease, pleural disease, respiratory infection, sleep disorder.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Dr David Evans

Asthma, allergy, bronchiectasis, chronic cough, COPD, general medicine, infection, lung cancer, pleural disease, respiratory infection, sleep disorders.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Guy's and St Thomas' NHS Foundation Trust

**Clinic times:** Thu pm

**Phone:** 0800 585 112

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### Dr Himender Makker

Allergy testing, chronic severe asthma, exercise induced asthma, lung cancer screening, chronic cough, recurrent respiratory infections, bronchiectasis, long COVID, breathlessness, fatigue and cognitive impairment, snoring, obstructive sleep apnoea, obesity hypoventilation syndrome, insomnia, narcolepsy.

**NHS trust base:** University College London Hospital NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr Peer Mohamed

Asthma, allergy, chest medicine, lung cancer, lung disease, respiratory medicine, respiratory pathology, sleep disorders, snoring, thyroid surgery.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Dr James Ramsay

Airways disease including asthma and COPD, cough, intestinal lung disease, lung cancer, pleural disease, sleep apnoea.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve, Sat am

**Phone:** 0800 585 112

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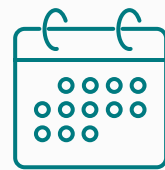
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## Rheumatology

### Dr Jeremy Axon

Acute and chronic spinal pain, fibromyalgia, inflammatory arthropathies, osteoporosis, soft tissue injuries, soft tissue injections, sports medicine.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Tue pm and eve

**Phone:** 0800 585 112

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### Dr Sundeep Bhalara

Connective tissue disease, inflammatory arthritis, musculoskeletal disorders.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust / Imperial College Healthcare NHS Trust / Kennedy Institute of Rheumatology

**Clinic times:** Tue am, Thu pm and eve

**Phone:** 0800 585 112

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### Dr Daniel Fishman

Adult inflammatory and degenerative arthritis, chronic pain and fibromyalgia, connective tissue diseases, paediatric rheumatology.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed pm

**Phone:** 0800 585 112

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### Dr Muhammad Nisar

Connective tissue diseases including complex disorders overlap with interstitial lung diseases, inflammatory arthritides including rheumatoid arthritis, psoriatic arthritis and spondyloarthritis, metabolic bone diseases including osteoporosis, soft tissue disorders including back pain.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

---

## S

## Speech and language

### Mrs Marian Browne

Cerebral palsy and dysphagia, autism and Asperger's Syndrome, paediatric speech and language delay and disorders.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Phone:** 0800 585 112

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### Ms Jenny Hunt

Advanced specialist in voice/ENT and head and neck oncology, chronic cough, globus and reflux related problems, voice and swallowing disorders.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Sat

**Phone:** 0800 585 112

---

## U

## Urogynaecology

### Mr Constantin Durnea

Special interest in urogynaecology, bladder investigations, endometrial ablation surgery, female sterilisation, hormone test, hysterectomy surgery, labial reduction surgery, ovarian cyst removal, stress urinary incontinence, vaginal repair.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Ms Seema Dutta

Special interest in urogynaecology and early pregnancy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Mon am

**Phone:** 0800 585 112

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## Urology

### Mr Jim Adshead

Laser treatment of stones, prostate disorders, UTIs, renal cancer, testicular problems, vasectomy and microscopic vasectomy reversal. MRI guided precision point transperineal prostate biopsy under local anaesthetic with or without sedation. Robotic neuroSAFE prostatectomy and robotic partial and total nephrectomy.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Alt Mon pm and eve, Thu am

**Phone:** 0800 585 112

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### Mr Asher Alam

Circumcision, female urology, laparoscopic surgery, oncology, prostate issues, vasectomy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve, Fri am, Sat am

**Phone:** 0800 585 112

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### Mr Henry Andrews

Endoscopic laser, laparoscopic urologic surgery, prostate cancer and bladder disorders, percutaneous surgery for complex kidney stones.

**NHS trust base:** Milton Keynes University Hospital NHS Foundation Trust

**Clinic times:** Thu eve

**Phone:** 0800 585 112

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### Mr Barnaby Barass

Bladder investigations (cystoscopy), bladder lesion removal, cancer tests, circumcision, epididymal cysts removal, hormone test, hydrocele surgery, kidney stones treatment, kidney X-ray, prostate surgery, prostatectomy, urodynamics, vasectomy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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### Miss Charlotte Foley

Haematuria, female urology, male and female incontinence, painful bladder, prostate disease, recurrent urinary infections, stones, voiding disorders.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Fri am

**Phone:** 0800 585 112

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### Mr Farooq Khan

Diagnostic urology including scrotal lumps, erectile dysfunction, laser prostate surgery (HoLEP), prostate and bladder cancer, stone disease, urinary infections and prostatitis, voiding dysfunction.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Thu eve, Sat am

**Phone:** 0800 585 112

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### Mr Tim Lane

Benign prostatic hypertrophy, bladder and testicular cancer, erectile dysfunction, incontinence, infertility and vasectomy reversals, kidney stones and laser treatment, prostate, robotic surgery, urinary tract infections and cystitis.

**NHS trust base:** East and North Hertfordshire NHS Trust

**Clinic times:** Thu am

**Phone:** 0800 585 112

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### Mr Aza Mohammed

Circumcision, epididymal cysts removal, hydrocele surgery, kidney stones treatment, prostatectomy, UroLift, vasectomy.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Wed eve

**Phone:** 0800 585 112

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### Mr Jacques Roux

Male and female voiding dysfunction, prevention and treatment of kidney stones, prostate cancer, sexual dysfunction, urological cancer diagnostics and treatment, urological pathology.

**NHS trust base:** West Hertfordshire Hospitals NHS Trust

**Clinic times:** Fri pm

**Phone:** 0800 585 112

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### Mr Asad Saleemi

Erectile dysfunction, diagnostic urology, infections, laser prostate surgery for BPH, prostate and bladder cancer, overactive bladder symptoms, prostate disease, urinary stone disease and complex kidney stones using minimally invasive techniques, voiding dysfunction.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** Tue eve

**Phone:** 0800 585 112

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### Mr Sanjeev Taneja

Cancers of kidney, bladder and prostate, erectile dysfunction, laparoscopic surgery, laser stone treatment, prostatic disease, UTI.

**NHS trust base:** Bedfordshire Hospitals NHS Foundation Trust

**Clinic times:** TBC

**Phone:** 0800 585 112

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Professor David Miles	Oncology	19
Dr Peer Mohamed	Respiratory physician	27
Mr Aza Mohammed	Urology	30
Dr Wendy Molefi-Youri	General practice	14
Dr Sophia Mooncey	Paediatrics	23
Dr Phillip Moore	Cardiology	11
Dr Danielle Morris	Gastroenterology	14
Dr Dominic Mort	Neurology	18
Ms Neela Mukhopadhaya	Gynaecology	18
Dr Nofil Mulla	Pain management	24
Mr Aruna Munasinghe	General surgery	15
Mr Sajjad Mushtaq	Orthopaedic surgery, spinal	22
Dr Thillainayagam Muthukumar	Radiology	26
Dr Annita Muttiah	Lifestyle medicine	18

**N**

Dr Asha Nair	Radiology	26
Prof Dipankar Nandi	Neurology	19
Dr Sonia Narula	Radiology	27
Dr Keng Leong Ng	Radiology	26
Dr Muhammad Nisar	Rheumatology	29
Mr John Richard Novell	General surgery	15

**O**

Miss Marion Obichere	General surgery	15
Dr Richard Orrell	Neurology	19
Mr Nana Osei	Orthopaedic surgery, spinal	22

**P**

Mrs Jaan Panesar	ENT	12
Mr Alan Parbhoo	Oral and maxillofacial	20
Mr Harish Parmar	Orthopaedic surgery, lower limb	22
Mr Tarique Parwez	Orthopaedic surgery, lower limb	22
Ms Jyoti Patel	Podiatry	24
Dr Amit Patel	Radiology	26
Dr Maneesh Patel	Radiology	27
Dr Preena Patel	Radiology	27
Dr Shilpan Patel	Radiology	27
Dr Francesca Peters	Radiology	27
Dr Andreas Polychronis	Oncology	19
Prof Richard Powell	Allergy	10

**Q**

Mr James Quinn	ENT	13
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**R**

Dr Somasundaram Ramkumar	Radiology	27
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Dr James Ramsay	Respiratory physician	27
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Mr Farhan Rashid	General surgery	15
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Mr Duraisamy Ravichandran	Breast specialists	10
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Dr Kausar Raza	Radiology	27
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Mr Jeremy Read	Orthopaedic surgery, upper limb	23
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Mr Nicholas Reay-Jones	General surgery	15
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Mr Hyder Ridha	Plastic surgery	24
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Dr Oran Roche	Radiology	27
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Dr Kevin Rosenfeld	Radiology	27
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Mr Jacques Roux	Urology	30
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**S**

Mr Jayesh Sagar	General surgery	15
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Mr Asad Saleemi	Urology	30
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Mr George Saleh	Ophthalmology	20
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Ms Ranjit Sandhu	Ophthalmology	20
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Mr Ade Sanusi	Gynaecology	18
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Ms Susan Sarangapani	Ophthalmology	20
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Mr Eyal Schechter	ENT	13
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Dr Murugiah Seevaratnam	Elderly medicine	12
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Mr Sadasivam Selvakumar	General surgery	17
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Dr Nihal Shah	Oncology	19
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Dr Mohamed Shariff	Gastroenterology	14
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Miss Nanda Shetty	Gynaecology	18
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Dr Rachana Shukla	Radiology	27
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Mr Pranay Singh	ENT	13
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Dr Soumit Singhai	Elderly medicine	12
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Mr Nilesh Sojitra	Plastic surgery	24
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Mr Venki Sundaram	Ophthalmology	20
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**T**

Dr Elliot Tash	Gastroenterology	14
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Mr Simon Thomson	Breast specialists	10
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Mr Chee Toh	ENT	13
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Dr William Topping	Radiology	27
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**V**

Dr Ignacio Vazquez	Oncology	19
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Dr Anup Vinayan	Oncology	19
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**W**

Dr Paul Watts	Neurology	19
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Mr Douglas Whitelaw	General surgery	17
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Mr Paul Whittingham-Jones	Orthopaedic surgery, lower limb	22
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Dr Thomas Wilhelm	Radiology	27
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**Y**

Mr Firas Younis	General surgery	17
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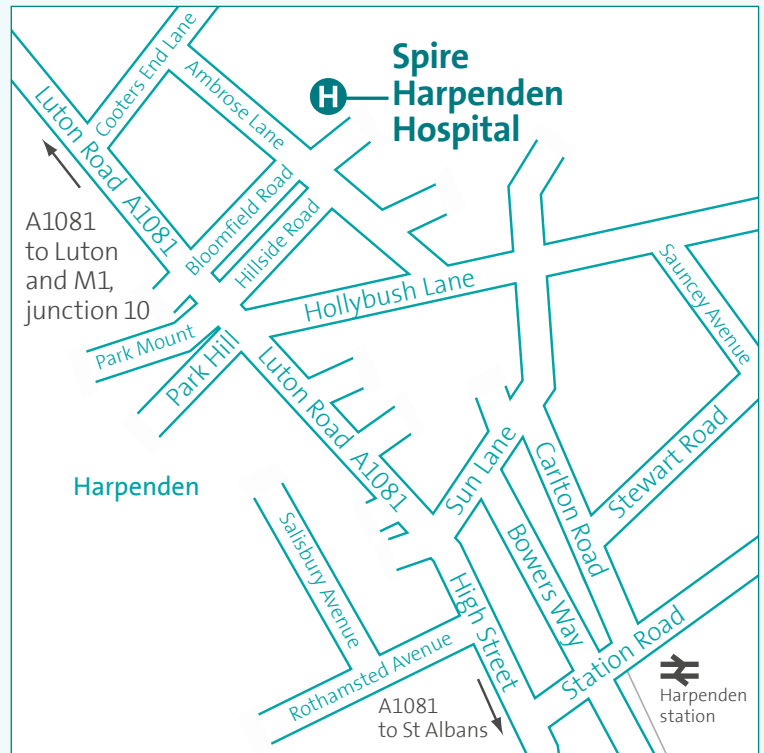
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