



# Lateral flow test pathway patient instructions

Thank you for taking the time to read this leaflet, which includes some instructions that you will be required to follow prior to your admission or procedure.

Your Consultant or nurse has informed you that you will be required to undertake a lateral flow test (LFT) at home two days before your admission and on the day of your admission prior arriving at the hospital. On this pathway you will not be required to undergo any period of self isolation.

If in the 10 days leading up to your admission or procedure you develop any symptoms of COVID -19 or are a contact of a suspected/confirmed case of COVID -19 you must contact the hospital immediately on

## Ordering your lateral flow test

You are able to request free lateral flow testing kits directly from the GOV.UK website using the following web address <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

You will be asked a number of easy questions relating to the test, your circumstances and your lateral flow test kits should arrive within two working days. Full instructions for taking the test and recording the result on the website are included within the pack you are sent.

Lateral flow test kits can also be provided free of charge from pharmacies.

## Undertaking the lateral flow tests

We ask that you undertake a lateral flow test on the following days:

### Two days before your admission or procedure (taken before 10.30am)

If the result is negative you do not need to take any action.

If your result is positive, you must contact the hospital immediately who will rebook your procedure. You will need to obtain a PCR test via the NHS, and follow government guidelines.

\*Please record your lateral flow result on the website by following the instructions within the test pack you were sent.

### On the day of admission or procedure

If the result is negative, upload the result to the website as on \*day two and proceed as planned to the Spire Hospital. **You may also wish to take a photograph of the completed test, as you will be required on arrival at the hospital to provide evidence of your result (photo or the text or e-mail you will receive from the website following result upload).**

If your result is positive, you must contact the hospital immediately who will rebook your procedure. You will need to obtain a PCR test via the NHS, and follow government guidelines.

Please contact the hospital if you are unable to source a lateral flow test or require assistance with the test.

## Useful contact numbers

Hospital:

Pre Assessment Department: