



Spire

St Anthony's Hospital

October 2019



**CareQuality
Commission**

Inspected
and rated

Good

NHS e-Referral at Spire St Anthony's Hospital

Spire St Anthony's Hospital has been approved by the Department of Health to provide treatment to NHS patients. We aim to help reduce NHS waiting lists and provide first class care for all our patients. Patients will benefit from our state of the art facilities, low infection rates and an excellent standard of care from our clinical team.

Looking after you.

Services available through NHS e-Referral at Spire St Anthony's Hospital

Clinic Type	Conditions treated	Procedures performed	Clinicians
Colorectal			
Endoscopy clinic	Endoscopic diagnosis and treatment of colorectal symptoms. Lesions of large bowel, diagnosis of rectal bleeding.	Flexible sigmoidoscopy. Diagnostic endoscopic, examination of colon +/- biopsy lesion of colon. Other therapeutic endoscopic operations on colon, intubation of colon. Operation of rectum through anus. Excision of mucosal prolapse. Examination of rectum under general anaesthetic.	Mr Arun Shanmuganandan
Rectal clinic	Anal fissure, anal fistula, haemorrhoids, painful haemorrhoids, perineal abscess, perineal warts.	Excision of anal fissure, haemorrhoidectomy, injection of haemorrhoids, lateral sphincterotomy, laying open of low anal fistula, ligation of haemorrhoids, banding of haemorrhoids, excision of anal warts.	Mr Arun Shanmuganandan
ENT			
Nose clinic	Deviated septum / cartilage. Mal-alignment of nasal septum, nasal polyp, nasal blockage. Headaches due to nasal congestion. Recurrent sinus infection. Sinusitis. Restricted nasal air entry.	Drainage of maxillary antrum. Functional endoscopic sinus surgery (FESS), sinus surgery. Intranasal antrostomy / ethmoidectomy, nasal polypectomy, septoplasty, sub-mucous diathermy. Sub-mucal resention. Turbinectomy. Please note: Not a suitable clinic for second opinions.	Mr Ravi Hehar Mr Peter Williamson

Clinic Type	Conditions treated	Procedures performed	Clinicians
General Surgery			
Gallstones clinic – GI & liver medicine & surgery	Gallstones. Biliary tract blockage (stone). Cholecystitis.	Cholecystectomy and Laparoscopic Cholecystectomy.	Mr Dhiren Nehra Mr Parv Sains Mr Georgios Vasilikostas Mr Andrew Wan Mr Peter Willson
Hernia clinic – surgery	Abdominal hernia, Femoral hernia, Inguinal hernia, Umbilical hernia, Ventral hernia.	Repair of Abdominal hernia. Repair of Femoral hernia (unilateral and bilateral). Repair of Inguinal hernia (unilateral and bilateral). Repair of Ventral hernia. Repair of Umbilical hernia. Open and laparoscopic hernia repair. Excluded procedure: Incisional hernia.	Mr Ash Gupta Mr Dhiren Nehra Mr Mohammed Raja Mr Parv Sains Mr Georgios Vasilikostas Mr Andrew Wan Mr Peter Willson



Clinic Type	Conditions treated	Procedures performed	Clinicians
Orthopaedics			
Forefoot only clinic	Forefoot pain. Forefoot joint problems. Morton's metatarsalgia. Hallux Valgus. Hammer toes. Forefoot arthritis including MTPJ.	Correction of bunion / hallux valgus. Transection of peripheral nerve for neuroma. Soft tissue correction of hallux valgus. Fusion of joints of midfoot and forefoot. Excision of ganglion of foot. Excision of heads of multiple lesser metatarsals. Division of bone of foot. Amputation of toes. Multiple metatarsal osteotomies. Primary resurfacing arthroplasty of joint. Excluded procedures: Congenital abnormalities of feet. Correction of congenital deformity of foot. Conversion to prosthetic replacement. Metatarsal phalangeal joint (MTPJ) replacement.	Mr Paul Hamilton
Hip clinic	Severe pain from arthritis of the hip. Severe pain and disability.	Total prosthetic replacement of the hip. Other reconstruction of joint. Excluded procedure: Revision to prosthetic replacements.	Mr Simon Bridle Mr Sanjay Chougule Mr Feroz Dinah Mr Joseph Windley
Knee clinic	Severe knee pain and disability. Progressive knee deformity / instability. Osteoarthritis of the knee joint. Rheumatoid arthritis of the knee.	Diagnostic / therapeutic arthroscopy of knee joint. Endoscopic excision / resection / repair of semilunar cartilage. Other reconstruction of joint. Removal of internal fixation from bone. Removal of skeletal traction from bone. Total prosthetic replacement of the knee joint. Excluded procedure: ACL is not included. Please refer patients to Knee (ACL) Clinic. Revision to prosthetic replacements.	Mr Simon Bridle Mr Sanjay Chougule Mr Feroz Dinah Mr Hugo Guthrie Mr Joseph Windley

Clinic Type	Conditions treated	Procedures performed	Clinicians
Orthopaedics			
Knee (Anterior Cruciate Ligament) clinic	Repair / reconstruction adult anterior cruciate ligament.	Prosthetic replacement of ligament. Prosthetic reinforcement of ligament. Reconstruction of multiple ligaments. Other reconstruction of ligament. Open repair of multiple ligaments. Open repair of intra-articular ligaments. Excluded procedure: Revisions to previous repairs / reconstruction.	Mr Feroz Dinah Mr Hugo Guthrie
Shoulder clinic	Rotator cuff, Tendinopathy, Tendonitis, tendon rupture. Bursitis.	Arthroscopy of shoulder. Joint bursa excision. Rotator cuff repair. Decompression. Stabilisation. Sciatica.	Mr Mark Jeffery Mr Arvind Mohan
Spine – back pain clinic (not Scoliosis / Deformity)	Herniation of a disc. Narrowing of the spinal canal. Prolapsed disc. Slipped disc.	Decompression operations cervical / lumbar. Excision intervertebral disc – cervical / lumbar. Laminectomy. Micro discectomy of lumbar intervertebral disc.	Mr Mahesh Akula Mr Tim Jones Mr Pawan Minhas



Clinic Type	Conditions treated	Procedures performed	Clinicians
Pain Management			
Pain management clinic	Neuropathic pain. Back pain. Joint pain. Knee pain. Shoulder pain. Hip pain. Loin pain.	Therapeutic lumbar / sacral epidural injection, facet joint injection, injection of therapeutic substances, nerve root injection, steroid injection. Destructive substance into and around the peripheral nerve. Please note: Not a suitable clinic for second opinions. Not suitable for chronic pain management (service only relevant for injection therapy).	Dr Sunil Arora Dr James Blackburn Dr Bijan Nejad
Urology			
Prostate (TURP) clinic	Transurethral resection of the prostate	Endoscopic resection of prostate using electrotome, endoscopic resection of prostate using punch, endoscopic resection of prostate, endoscopic sphincterotomy of external sphincter male bladder, endoscopic resection outlet of male bladder. Please note: Patients to have MSU and PSA test results on their referral.	Mr Roger Walker



How to Refer

Please submit online via the NHS e-Referral service

<http://www.hscic.gov.uk/referrals/referrers>

Information required by referring GP:

In order to prevent cancellations and rejections we will need the following information at point of referral to manage co-morbidities:

- Hypertension – BP readings and whether or not it is stable.
- Diabetes – summary treatment and whether or not stable.
- Renal failure.
- Allergies.
- Alcohol and recreational drug use.
- Cancer history – treatment and Consultant Oncologist details.
- Any current investigations patient is undergoing for any other conditions.
- CVA/TIA's and summary cardiac history – stable or unstable.
- Patient's height, weight and BMI.

General Exclusions

- Patient BMI >40.
- Any patient under 18yrs of age.
- Any patient who requires treatment for suspected cancer.
- Revision surgery.
- Patient with unstable mental condition and is receiving psychiatric treatment.
- Unstable ASA Grade 3 or greater with some comorbidities.



How to find us



Spire St Anthony's Hospital

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Cheam
Sutton
Surrey
SM3 9DW



Spire

St Anthony's Hospital

Contact our NHS Team



020 8335 4542



spire.stanhs@nhs.net

Services correct as of October 2019

Looking after you.