



Spire

Nottingham Hospital

**Patient Newsletter
February**



**Care Quality
Commission**

Inspected
and rated

Outstanding ★

Great feedback for Mr Quraishi, Consultant Spinal Surgeon

"I was referred to Mr Quraishi after 2 years of crippling, agonising sciatic nerve pain. The problem was quickly diagnosed and a treatment plan set out. Surgery was 100% successful and I'm now completely pain free. I couldn't have asked for a better outcome or better care. Thank you, I feel like I have my life back."

Patient feedback, January 2020



If you have a back problem book an appointment with Mr Quraishi today.

Book your free mini consultation with an expert today!

If you're considering cosmetic surgery or varicose vein treatment why not book to see an expert consultant. Book online now.



How healthy is your heart?

February is National Heart Month so we asked Dr Riyaz Somani, Consultant Cardiologist and Electrophysiologist to explain the top 10 tips for a healthy heart. Read more.



We are delighted to welcome The Circulation Clinic

The Circulation Clinic is an innovative group of renowned Consultant Vascular and Endovascular Surgeons dedicated to assessing, investigating, and treating peripheral arterial and venous disorders.



The team specialise in both open and minimally invasive (endovascular) treatments for the full range of vascular problems. Find out more.

Meet Mr Ketan Gajjar , Consultant Gynaecologist

Mr Gajjar specialises in all areas of gynaecology including:

- Treatment for heavy periods
- Fibroids
- Cervical smear and colposcopy
- Complex keyhole and open surgery
- Fibroids
- Ovarian cysts
- Vulval lesions



A consultation with Mr Gajjar costs £200 if you don't have private health insurance.

Book an appointment online today.