



Spire

Methley Park Hospital

# Methley Park Patient Update

## November 2019

Keeping patients up to date with news, events and trends shaping our hospital



## Dont carry on coughing - Get checked out Lung Cancer Awareness Month runs throughout November

When does a winter cough become a cancer warning? When it lasts for more than three weeks, according to Consultant Respiratory Physician Dr Muthu Thirumaran. Now, as part of Lung Cancer Awareness Month, Dr Thirumaran is calling on people with 'long-term' coughs or chest infections to visit their GP to ensure they aren't suffering from something much more serious. "I realise that there will be lots of coughs, colds and chest problems doing the rounds this winter but anything that is still hanging around after three weeks needs checking by a doctor," he said. "One of the main problems with diagnosing lung cancer is that there are very few signs or symptoms at the very early stage. That is why acting upon lingering coughs or chest problems can be so important.

While smoking is the main cause of lung cancer, around 1 in 8 people with lung cancer have never smoked so it is important to look out for other tell-tale signs which include:

- Repeated chest infections
- Hoarse voice and breathlessness
- A long-term cough
- Coughing up blood
- Feeling more tired than usual
- Loss of appetite and weight loss
- A persistent ache or pain in your chest

"Our best weapon in the fight against lung cancer is early detection so it is important that people know the signals to look out for and how to react if they spot any of them. A GP will be able to give you an expert opinion and, if they think it needs further investigation, will put you on the right healthcare pathway," said Dr Thirumaran.

To book an appointment with Dr Muthu Thirumaran, call our self-pay team today on 01977 664245.

## Spire Methley Park Hospital turns 35!

Spire Methley Park Hospital opened its doors in November 1984. This year we are celebrating 35 years of providing excellent standards of healthcare to our patients.



## Fundraising at the hospital

On the 18th October the staff at Spire Methley Park Hospital took part in breast cancer now's 'Wear it pink' day. Staff were invited to wear an item of pink and bacon sandwiches were sold to raise both money and awareness for breast cancer.



On the 15th November, Spire Methley park will take place in BBC's Children in Need.

## Did you know we offer a private GP service?

At Spire GP we provide rapid access to an expert opinion when you need it. There are a range of appointment times available now at **Spire Methley Park Hospital**.

### At Spire GP we offer

- advice and support for your healthcare needs
- appointment times to suit you
- easy access to Spire Healthcare's network of specialists
- modern, private healthcare settings
- private prescriptions and referrals for further investigation if needed
- more time to discuss your concerns with an experienced GP

To book an appointment with our Spire GP Dr Mark Wilshire, please call our self-pay team on 01977 664245 or search 'spire GP' to book online.



Spire GP