



Spire

London East Hospital

2020 Consultant Directory

Expert healthcare for your patients

Looking after you.

Contacts	2
About Spire London East Hospital	3
How to refer your patients	4
Self-funding patients	5
GP online referral guide	6
GP education	7
GP support	7
Clinics and services	8
Endoscopy	8
Imaging	8
Physiotherapy	9
Other clinics and services	9
Directory listings	10
Index	32

Contacts

Hospital contacts

Main hospital

Phone: 020 8551 1100

Fax: 020 8709 7877

Outpatient appointments

Phone: 020 8709 7878

Fax: 020 8709 7877

Self-pay patient enquiries and bookings

Phone: 020 8709 7817

Fax: 020 8709 7877

Radiology appointments

Phone: 020 8709 7856

Fax: 020 8709 7875

Pharmacy

Phone: 020 8709 7883

Physiotherapy appointments

Phone: 020 8709 7779

Fax: 020 8709 7803

Key contacts

Hospital Director

Adrian Brady

Email: adrian.brady@spirehealthcare.com

Matron/Director of Clinical Services

Patricia Turner

Email: patricia.turner@spirehealthcare.com

Business Development Manager

Natasha Browne

Email: natasha.browne@spirehealthcare.com

PA to Hospital Director

Sarah Fryer

Phone: 020 8709 7894

Email: sarah.fryer@spirehealthcare.com

GP Engagement Manager

Edward Fenner: 07568 429 746

Email: edward.fenner@spirehealthcare.com



The team here at Spire London East are simply fantastic.
A great place to work with exceptional facilities.

Dr Naveen Bhaduria, Consultant Rheumatologist at Spire London East Hospital

About Spire London East Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results. For us it's more than just treating patients, it's about looking after people.

It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

Our consultants

Every consultant working at Spire London East Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria.

We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner.

All the facilities you'd expect and more

- Our 24 private rooms are set in pleasant surroundings and all have en-suite facilities, TV and WiFi.

In addition to our private rooms, we offer:

- Day case unit with 16 bays
- Extended Recovery Unit
- Four operating theatres, including three laminar flow theatres for orthopaedic surgery
- On-site pharmacy which is open Monday to Friday 9am to 5pm and Saturdays 9am to 1pm
- Endoscopy Unit with JAG Accreditation
- 152 car parking spaces, which are complimentary to all patients and visitors
- Children & Young People's Unit
- On-site physiotherapy centre
- State-of-the-art imaging facilities including X-ray, MRI, Ultrasound, CT and Mammography service

How to refer your patients

At Spire London East we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained staff aim to consistently deliver excellent patient care. We work to ensure every patient is treated as if they were our own vulnerable relative.

Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **020 8709 718**.

- 1 Use Spire Connect to upload the referral letter. Call **07568 429 746** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **020 8709 7878** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

NHS patients

Spire London East Hospital provides a range of elective surgical services to NHS patients – full details of the services offered can be found on the NHS e-Referral system (<https://www.ebs.ncrs.nhs.uk>). Our aim is to make the referral process as quick and easy as possible.

Please use the NHS e-Referral system to refer your patients to us. We are no longer able to accept referral letters from primary care by any other means (eg fax or email).

Referral letters

Referral letters for private patients can be:

- Faxed to **020 8709 7877**
- Submitted online at <https://spireconnect.spirehealthcare.com>
- Emailed with encryption to outpatsle@spirehealthcare.com

Self-funding patients

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **020 8709 7817**

Email: info@spirelondoneast.com

Our fixed price packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Knee, hip, or shoulder surgery
- Varicose vein treatment
- Hernia repair
- Back pain treatment
- Weight loss surgery
- CT, MRI and ultrasound scans
- Cosmetic surgery
- Cataract surgery
- Endoscopy procedures

*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.



GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

NHS referrals

You may refer patients to Spire London East Hospital using the NHS e-Referral system. You can find full details of the services offered and make your referral via the NHS e-Referral system (<https://www.ebs.ncrs.nhs.uk>).

Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

For more information on Spire Connect, contact Edward Fenner on **07568 429 746** or at edward.fenner@spirehealthcare.com

GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you. They are held on-site at Spire London East Hospital or at a venue local to you.

GP education within your own surgery

In addition we can bring consultants to your surgery for one of your practice or cluster education sessions. Termed 'lunch and learns' you can choose the topic and date and we'll provide lunch. We also have access to a projector and issue CPD Certificates for GPs attending. GP Registrars, practice nurses and any medical students are welcome too. Call our GP Engagement Manager to discuss.

Popular lunch and learn topics have included:

- Common hand problems
- Recent advances in management of kidney stones
- Neck and throat – bumps and lumps
- Managing ear infection
- Most things dermatological
- Key Sports Injuries not to miss
- 3 – 4 common cases of eczema and treatment options
- Common bowel problems and how to manage them
- Hip superpath
- Urology in Primary Care
- Paediatric ENT
- Womens Health

How to find out about our events

Search '**Spire London East GP Education**'
Call our GP Engagement Manager on **07568 429 746**
Email us at edward.fenner@spirehealthcare.com

GP support

Spire London East's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

GP Engagement Manager

Our GP Engagement Manager, Edward Fenner, is responsible for liaising with GP practices and other primary care professionals. Edward's role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire London East Hospital.

He can be contacted on:

Phone: **07568 429 746**

Email: edward.fenner@spirehealthcare.com

Self-Pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment.
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment.
- Treatment of complications*

Patients can contact the team on:

Phone: **020 8709 7817**

Email: info@spirelondoneast.com

*Spire Healthcare patient terms and conditions apply.

Clinics and services

Endoscopy

Our JAG Accredited Endoscopy Unit at Spire London East Hospital is home to dedicated endoscopy facilities and procedures for patients. The Unit underwent a full refurbishment along with a significant investment in new endoscopy and decontamination equipment back in May 2017 costing over £1million.

Endoscopy services include:

- Balloon Enteroscopy
- Bravo (PH monitoring)
- Capsule Endoscopy
- Colonoscopy
- Endoscopic mucosal resection (EMR)
- Endoscopic Retrograde Cholangio-Pancreatography (ERCP)
- Flexible sigmoidoscopy
- Gastrosocopy
- Haemorrhoid banding/injecting
- Oesophageal stent/dilatation
- Polypectomy

Appointments: **020 8709 7817**

Imaging

Spire London East Hospital can provide rapid access to some of the latest diagnostic imaging for all privately insured and self-funding patients. A wide range of diagnostic services are available including X-ray, ultrasound, fluoroscopy, CT and MRI Scanning. At the beginning of 2016 Spire London East Hospital invested in a brand new state of the art Digital Mammography Machine complete with latest technology for 3D breast imaging also known as Tomosynthesis.

The Imaging department provide a rapid access service for many specialities and often appointments within 48 hours are available.

Opening times

MRI

- Monday to Friday **8am – 9pm**
- Saturday **8am – 4pm**
- Sunday **8am – 1pm (private patients only)**

X-ray and Ultrasound

- Monday to Friday **8am – 9pm**
- Saturday **9am – 4pm**

CT

- Monday to Friday **9am – 5pm**

The imaging procedures are performed by HCPC registered Senior Radiographers or Consultant Radiologists and all staff are encouraged to participate in a continuing education programme to ensure that the department remains at the forefront of imaging development.

The majority of our imaging is reported by a Consultant Radiologist within 48 hours, but often on the same day, and all examinations are available to be viewed by your Consultant immediately via the hospital PACS Imaging Network.

Appointments: **020 8709 7856 / 020 8709 7840**

Physiotherapy

The experienced team of chartered physiotherapists at Spire London East Hospital offer a wide range of treatments to clients who are attending the hospital as outpatients and also for those who are attending as inpatients.

Conditions commonly treated include:

- Back and neck pain
- Headaches
- Persistent or chronic pain
- Rehabilitation after surgery
- Repetitive strain injuries
- Rheumatology conditions
- Sports injuries

Opening times

- Monday **7.30am – 8pm**
- Tuesday to Thursday **7.30am – 9pm**
- Friday **7.30am – 7.30pm**
- Saturday **8am – 1pm**

Physiotherapy services include:

- Acupuncture
- Anti-gravity treadmill
- Clinical Pilates
- Facial palsy
- Gait analysis using the latest pressure analysis treadmill
- Hand therapy
- Home visits for those with neurological conditions
- Men’s health pelvic floor dysfunction
- Oncology physiotherapy treatment
- Post surgery strengthening sessions
- Vestibular rehabilitation
- Women’s’ health (includes treatment for post surgery, gynaecology and ante-natal dysfunctions)

Appointments: **020 8709 7779**

Other clinics and services

We also offer an extensive range of other services and clinics, including:

- Cardiology services
- Cosmetic and plastic surgery
- Hand Therapy
- Heel pain and plantar fasciitis
- Hip and knee services
- Joint Injections
- Men’s health
- Private GP service
- Weight loss services
- Women’s health

Phone: **020 8709 7817**

Directory listings

C

Cardiology

Mr Andrew Deaner

General cardiology, angioplasty and stents, echocardiography, pregnant women with heart disease.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust/ Barts Health NHS Trust

Clinic times: Mon am, Thu am

Phone: 020 8709 7878

Dr Fahad Farooqi

General cardiology (chest pain, hypertension, heart failure, palpitations), pacemaker devices.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust, Barts Health NHS Trust

Clinic times: Sat am

Phone: 020 8709 7878

Dr Sandy Gupta

General cardiology.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri pm, eve

Phone: 020 8709 7878

Dr Honer Kadr

Chest Pain, hypertension, heart failure and palpitations.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu pm

Phone: 020 8709 7878

Prof Charles Knight

Acute coronary syndromes, chest pain assessment, general cardiology, interventional cardiology.

NHS trust base: Barts Health NHS Trust

Clinic times: Thu pm

Phone: 020 8709 7878

Dr Riyaz S Patel

Cardiovascular risk management, general cardiology, premature heart disease, lipidology/cholesterol.

NHS trust base: Barts Health NHS Trust, UCLH Foundation Trust

Clinic times: Fri pm

Phone: 020 8709 7878

Dr Neha Sekhri

General Cardiology, heart failure, cardiomyopathies, myocarditis.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm

Phone: 020 8709 7878

Dr S M Afzal Sohaib

Cardiac electrophysiology and devices (arrhythmia).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust, Barts Health NHS Trust

Clinic times: Fri pm, eve

Phone: 020 8709 7878

Dr Anil K Taneja

Breathlessness, chest pain, cardiac CT, echocardiography, cardiac arrhythmias, dislipidaemia, hypertension, heart failure, nuclear cardiology, syncope, palpitations.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri am

Phone: 020 8709 7878

Children and Young People’s Service – Dermatology

Dr Anthony Bewley

Acne, moles, skin cancer, psoriasis, psychodermatology.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Dr Simon Davison

Mole checks, inflammatory skin disease (eg acne, eczema, psoriasis), skin cancer.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon am, Fri eve

Phone: 020 8709 7878

Dr Namita Jasani

Acne, warts, eczema, psoriasis, paediatric dermatology.

Clinic times: Fri am

Phone: 020 8709 7878

Dr Amjad Khan

Paediatric skin conditions, eczema, acne, nail and hair issues, psoriasis and birthmarks.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed am

Phone: 020 8709 7878

Dr David Paige

Paediatric dermatology, skin cancer, male genital dermatology, mole screening.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Dr Anshoo Sahota

Skin cancers, skin surgery, acne, rashes, excessive sweating, hair loss and nail conditions, paediatric dermatology.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Children and Young People’s Service – ENT

Mr Abir Bhattacharyya

General ENT, otology, endoscopic sinus surgery, voice disorders, paediatric ENT.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm, Wed am, Sat am

Phone: 020 8709 7878

Mr Paul Chatrath

Sinusitis, balloon sinuplasty, septorhinoplasty, paediatric ENT disorders (adenotonsillectomy, grommets), Voice problems, pinnaplasty/minimally invasive earfold, nasal valve surgery/ titanium implants.

NHS trust base: Imperial College Healthcare NHS Trust, Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Sat am

Phone: 020 8709 7878

Prof Chitta R Chowdhury

Children’s ear nose & throat diseases, surgical rhinology including endoscopic sinus surgery, allergy, deafness (adult & children), surgical treatment for deaf children, surgery for children with upper airway problems (adeno-tonsillectomy and grommets).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust (Hon)

Clinic times: Wed am, Sat pm

Phone: 020 8709 7878

Mr Michael Dilkes

Daycase laser tonsillectomy (low impact), surgical treatment of nose blockage and snoring, voice and swallowing problems, ear blockage.

NHS trust base: Private Only (except choose & book via Mr Salem)

Clinic times: Fri pm

Phone: 020 8709 7878

Mr Ahmed Eweiss

Sinus surgery, rhinoplasty, snoring surgery, benign neck lumps.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, eve

Phone: 020 8709 7878

Mr George Fayad

Laser surgery, Breathe-Implant (titanium implant for nasal valve collapse), otology, incision free pinnaplasty.

NHS trust base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr Anurag Jain

Head and neck lumps, thyriod, sinus and snoring surgery, paediatric ENT surgery, ear surgery, nasal surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon am, Tue eve, alt Wed eve, alt Sat pm

Phone: 020 8709 7878

Mr Samuel Jayaraj

Paediatric ENT (hearing, glue ear, tonsils, adenoids, grommets).

NHS trust base: Barts Health NHS Trust

Clinic times: Thu pm

Phone: 020 8709 7878

Mr Hesham Kaddour

Thyroid, parotid glands surgery, nose and sinuses diseases, voice and swallowing disorders, general adults and children ENT surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr Gaurav Kumar

Paediatric ENT (adenotonsillectomy, pinnaplasty and Grommets), otology (dizziness and ear surgery), rhinology (balloon sinus surgery and cosmetic rhinoplasty), neck lumps and voice disorders.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, Fri eve

Phone: 020 8709 7878

Mr Anthony Owa

General ENT, ear and balance problems, sinus disease and nasal complaints, paediatrics, endoscopic ear and nasal surgery, audiovestibular medicine (adults and children).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

Children and Young People’s Service – Gastrointestinal surgery

Mr Devesh Misra

Paediatric Surgery, paediatric urology, paediatric GI surgery, constipation, hernia, wetting, undescended testes, abd pain.

NHS trust base: Barts Health NHS Trust

Clinic times: Sat am

Phone: 020 8709 7878

Mr Chandrasen Kuma Sinha

Paediatric surgery.

NHS trust base: St George’s University Hospitals NHS Foundation Trust

Clinic times: TBC

Phone: 020 8709 7878

Children and Young People’s Service – Gynaecology

Miss Premila Kollipara
Minimal access surgery, colposcopy, adolescent gynaecology, urogynaecology.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Mon eve, Tue pm, Thu am, Thu eve, Sat am
Phone: 020 8709 7878

Children and Young People’s Service – Maxillofacial and oral surgery

Mrs Prableen Anand
Dental anxiety, treatment under general anaesthesia for decay or surgery, dental trauma, dental abnormalities/defects.
NHS trust base: University College London Hospitals NHS Foundation Trust
Clinic times: By arrangement
Phone: 020 8709 7878

Mr Leo Cheng
Oral surgery and medicine, benign and malignant conditions of mouth, face, head and neck (including thyroid and skin), salivary gland surgery, temporomandibular joint conditions.
NHS trust base: Barts Health NHS Trust
Clinic times: Thu am, Fri pm
Phone: 020 8709 7878

Mr Anish Shah
Wisdom teeth, oral ulcers, burning mouth, oral surgery/ medicine.
NHS trust base: Private only
Clinic times: Mon pm, Thu am
Phone: 020 8709 7878

Mr Janavikulam Thiruchelvam
Facial and head and neck reconstruction, oral surgery and medicine, benign and malignant conditions of mouth, face, head and neck (including skin), salivary gland surgery, temporomandibular joint and facial pain, implants, bone graft, ear lobe repair, lumps and bumps.
NHS trust base: Mid Essex Hospital Trust
Clinic times: Tue eve, Sat am
Phone: 020 8709 7878

Children and Young People’s Service – Ophthalmology

Mr Niaz Islam
Small incision phaco cataract surgery (including multifocal and toric premium lens implants), medical retina (anti-VEGF injections for macular degeneration, diabetic retinopathy, retinal vein occlusion), YAG and argon retinal laser.
NHS trust base: Moorfields Eye Hospital NHS Foundation Trust
Clinic times: Thu pm, eve
Phone: 020 8709 7878

Mrs Maria Tsimpida
Paediatric ophthalmology.
NHS trust base: Barts Health NHS Trust
Clinic times: Sat am
Phone: 020 8709 7878

Children and Young People’s Service – Orthopaedics

Mr Ashok Acharya
Adult foot and ankle surgery, paediatric orthopaedics, general orthopaedics and trauma.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Thu pm
Phone: 020 8709 7878

Mr Hasan Ahmed
Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma.
NHS trust base: Barts Health NHS Trust
Clinic times: Alt Wed eve,Thu eve,Sat am
Phone: 020 8709 7878

Mr Sunil Kumar
All aspects of knee surgery including custom knee replacements + cartilage grafting, regenerative stem cell therapy, sports injuries.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Tue pm, Alt Fri pm
Phone: 020 8709 7878

Mr Ben Okafor
Spine surgery, foot surgery, spine conditions (degeneration, disc disease, stenosis, tumours, infections), trauma.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon pm, alt Wed am, Thu pm
Phone: 020 8709 7878

Mr Kesavan Sri-Ram
Foot surgery, hip and knee surgery, sports injuries.
NHS trust base: Barts Health NHS Trust
Clinic times: Fri am, Alt Mon pm
Phone: 020 8709 7878

Mr Krishna Vemulapalli
Foot and ankle (including complex problems), lower limb reconstruction, paediatric orthopaedics, trauma.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Children and Young People’s Service – Paediatric (clinicians)

Dr Monika Bajaj
Autism, ADHD, developmental delay, bed wetting, general paediatric problems and soiling, obesity.
NHS trust base: Private Only
Clinic times: Tue pm, Wed am, Fri am
Phone: 020 8709 7878

Dr Neeraj Jain
Paediatric cardiology, neonatology.
NHS trust base: North Middlesex University Hospital NHS Trust
Clinic times: Tue am, Fri pm
Phone: 020 8709 7878

Dr Debi Ray
General paediatrics, any child health concerns, developmental, behavioural and communication disorders, allergies and skin problems, digestion problems.
NHS trust base: Private only
Clinic times: Mon am,Tue pm, Thu pm, Fri eve, Sat am
Phone: 020 8709 7878

Dr Rajiv Sood
All medical child health problems (infant, children, adolescents), allergy (skin, food, inhalant), asthma, eczema, gastroenterology, allergy skin prick and blood tests.
NHS trust base: Homerton University Hospital NHS Foundation Trust
Clinic times: Thu am, Sat am
Phone: 020 8709 7878

Dr Julia Thomson
General paediatrics from birth to adolescence, paediatric cardiology (murmurs and palpitations), emergency paediatrics.
NHS trust base: Homerton University Hospital NHS Foundation Trust
Clinic times: Sat
Phone: 020 8709 7878

Children and Young People’s Service – Plastic surgery

Mr Raj Ragoowansi
Protruding ears, moles, soft tunnel trauma, hand injuries.
NHS trust base: Barts Health NHS Trust
Phone: 020 8709 7878

Mr Manu Sood
Children’s hand surgery, cosmetic breast surgery, body contouring, liposuction, moles, cysts, swellings.
NHS trust base: Mid Essex Hospital Services NHS Trust
Clinic times: Alt Mon pm, Thu pm
Phone: 020 8709 7878

Children and Young People’s Service – Radiology

Dr Mohammed El’Sayad
General Radiology, ultrasound, MRI and CT.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Thu pm
Phone: 020 8709 7878

Children and Young People’s Service – Urology

Prof Jayanta M Barua
Urological cancer diagnosis and treatment, general urology including urinary infections, children’s urology, renal colic and ureteric stone treatment, bladder problems, men’s health including prostate enlargement, erectile problems and sterilisation.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Sat am
Phone: 020 8709 7878

Mr Sandeep Gujral
Uro-oncology, laparoscopic urology, endourology, laser procedures, benign prostatic hyperplasia (BPH).
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Tue pm
Phone: 020 8709 7878

Mr Devesh Misra
Paediatric Surgery, paediatric urology, paediatric GI surgery, constipation, hernia, wetting, undescended testes, abd pain.
NHS trust base: Barts Health NHS Trust
Clinic times: Sat am
Phone: 020 8709 7878

Clinical neurophysiology

Dr Nizar Muhammed
EMG, EEG, evoked potentials, nerve conduction studies, visual, auditory and somato-sensory evoked potentials, epilepsy and related disorders.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Thu pm
Phone: 020 8709 7878

D

Dermatology

Dr Anthony Bewley

Acne, moles, skin cancer, psoriasis, psychodermatology.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Dr Simon Davison

Mole checks, inflammatory skin disease (eg acne, eczema, psoriasis), skin cancer.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon am, Fri eve

Phone: 020 8709 7878

Dr Arucha L. Ekeowa-Anderson

Genital dermatology – women and men, skin cancer, acne, eczema, psoriasis.

NHS trust base: Barts Health NHS Trust

Clinic times: Sat am

Phone: 020 8709 7878

Dr Namita Jasani

Acne, warts, eczema, psoriasis, paediatric dermatology.

Clinic times: Fri am

Phone: 020 8709 7878

Dr Amjad Khan

Paediatric skin conditions, eczema, acne, nail and hair issues, psoriasis and birthmarks.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed am

Phone: 020 8709 7878

Dr David Paige

Paediatric dermatology, skin cancer, male genital dermatology, mole screening.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Dr Ioulios Palamaras

General skin conditions (acne/eczema/psoriasis), advanced skin surgery, mole screening and skin cancer, hair loss.

NHS trust base: Royal Free NHS Foundation Trust

Clinic times: Alt Tue eve

Phone: 020 8709 7878

Dr Shefali Rajpopat

General dermatology, skin cancer and moles, acne, eczema.

NHS trust base: Barts Health NHS Trust

Clinic times: Sat am

Phone: 020 8709 7878

Dr Anshoo Sahota

Skin cancers, skin surgery, acne, rashes, excessive sweating, hair loss and nail conditions, paediatric dermatology.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Dr Riadh A Wakeel

General dermatology, skin cancer treatment and surgery, paediatric dermatology.

NHS trust base: Whittington Health NHS Trust

Clinic times: Mon pm, Wed am

Phone: 020 8709 7878

Dieticians

Ms Elizabeth Kyriacos

Food allergy, Gastrointestinal conditions (including the low FODMAP diet to help manage symptoms of IBS). Weight management and bariatric surgery.

NHS trust base: Private only

Clinic times: Fri am, Sat pm

Phone: 020 8709 7878

Mrs Gail Pinnock

Specialist bariatric surgery, weight management dietician.

NHS trust base: Private only

Clinic times: Alt Fri am, pm

Phone: 020 8709 7878

E

Endocrinology

Dr Rina Davison

Diabetes, hypertension, hyperlipidaemia, thyroid problems, endocrinopathy, polycystic ovarian syndrome, hirsutism, female hair loss.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm

Phone: 020 8709 7878

Dr Khash Nikookam

Diabetes, thyroid problems, lipids, diabetic foot problems.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

ENT

Mr Abir Bhattacharyya

General ENT, otology, endoscopic sinus surgery, voice disorders, paediatric ENT.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm, Wed am, Sat am

Phone: 020 8709 7878

Mr Paul Chatrath

Sinusitis, balloon sinuplasty, septorhinoplasty, paediatric ENT disorders (adenotonsillectomy, grommets), Voice problems, pinnaplasty/minimally invasive earfold; nasal valve surgery/ titanium implants.

NHS trust base: Imperial College Healthcare NHS Trust, Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Sat am

Phone: 020 8709 7878

Prof Chitta R Chowdhury

Children’s ear nose & throat diseases, surgical rhinology including endoscopic sinus surgery, allergy, deafness (adult & children), surgical treatment for deaf children, surgery for children with upper airway problems (adeno-tonsillectomy and grommets).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust (Hon)

Clinic times: Wed am, Sat pm

Phone: 020 8709 7878

Mr Michael Dilkes

Daycase laser tonsillectomy (low impact), surgical treatment of nose blockage and snoring, voice and swallowing problems, ear blockage.

NHS trust base: Private Only (except choose & book via Mr Salem)

Clinic times: Fri pm

Phone: 020 8709 7878

Mr Ahmed Eweiss

Sinus surgery, rhinoplasty, snoring surgery, benign neck lumps.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, eve

Phone: 020 8709 7878

Mr Anurag Jain

Head and neck lumps, thyroid, sinus and snoring surgery, paediatric ENT surgery, ear surgery, nasal surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon am, Tue eve, alt Wed eve, alt Sat pm

Phone: 020 8709 7878

Mr Samuel Jayaraj

Paediatric ENT (hearing, glue ear, tonsils, adenoids, grommets), rhinology (modern nose and sinus surgery, blocked nose, sinusitis, nasal polyps, balloon sinuplasty, allergy, headaches, snoring), general ear and balance disorders (dizziness/Vertigo), rhinoplasty (cosmetic and breathing), coblation tonsillectomy, sore throats.

NHS trust base: Barts Health NHS Trust

Clinic times: Thu pm

Phone: 020 8709 7878

Mr George Fayad

Laser surgery, Breathe-Implant (titanium implant for nasal valve collapse), otology, incision free pinnaplasty.

NHS trust base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr Hesham Kaddour

Thyroid, parotid glands surgery, nose and sinuses diseases, voice and swallowing disorders, general adults and children ENT surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr Gaurav Kumar

Paediatric ENT (adenotonsillectomy, pinnaplasty and Grommets), otology (dizziness and ear surgery), rhinology (balloon sinus surgery and cosmetic rhinoplasty), neck lumps and voice disorders.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, Fri eve

Phone: 020 8709 7878

Mr Anthony Owa

General ENT, ear and balance problems, sinus disease and nasal complaints, paediatrics, endoscopic ear and nasal surgery, audiovestibular medicine (adults and children).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

G

Gastroenterology

Dr Waseem Ashraf

Gastrointestinal cancer diagnosis and follow up, IBD (ulcerative colitis and crohn’s disease), IBS, indigestion, heartburn and reflux problems, liver and gallbladder and pancreatic disease and disorders, all form of endoscopy including colonoscopy and gastroscopy, advanced endoscopy including ERCP, capsule endoscopy and balloon enteroscopy.

NHS trust base: Private only
Clinic times: Mon & Thu pm (new and follow up patients), Tue & Sat (new patients only)
Phone: 020 8709 7878

Dr Edward Bettany

Gastrointestinal cancer screening and surveillance, crohn’s disease, liver disease, dyspepsia and IBS, hepatobiliary/pancreatic disorders/jaundice, therapeutic endoscopy, nutritional support.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust/ Barts Health NHS Trust
Clinic times: Mon pm
Phone: 020 8709 7878

Dr Sami Hoque

Inflammatory bowel disease, crohn’s disease, ulcerative colitis, complex irritable bowel syndrome, liver disorders, fatty liver, dyspepsia.
NHS trust base: Barts Health NHS Trust
Clinic times: Fri eve
Phone: 020 8709 7878

Dr Paul Kooner

General gastroenterology, inflammatory bowel disease, GI endoscopy, liver disease, heptology.
NHS trust base: Barts Health NHS Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Dr Sudeep Tanwar

Abdominal pain, change of bowel habit, advanced endoscopy including ERCP, liver disease.
NHS trust base: Barts Health NHS Trust
Clinic times: Tue pm
Phone: 020 8709 7878

Dr Alan Watson

Endoscopy (gastroscopy and colonoscopy), irritable bowel syndrome (IBS), reflux and indigestion, intestinal/bowel cancer screening and treatment, inflammatory bowel disease (IBD), liver disease and abnormal liver tests, Bravo wireless oesophageal acidity monitoring.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon pm, Sat am
Phone: 020 8709 7878

General medicine

Dr Naeem Ahmad

Adult/elderly medicine, memory problems, falls, stroke, TIA.
NHS trust base: Southend University Hospital NHS Foundation Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Dr Rajesh Banka

Respiratory medicine, sleep disorders and studies, asthma, COPD, lung cancer.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Tue eve, Thu pm
Phone: 020 8709 7878

Dr Edward Bettany

Gastrointestinal cancer screening and surveillance, crohn’s disease, liver disease, dyspepsia and IBS, hepatobiliary/pancreatic disorders/jaundice, therapeutic endoscopy, nutritional support.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust/ Barts Health NHS Trust
Clinic times: Mon pm
Phone: 020 8709 7878

Dr Rina Davison

Diabetes, hypertension, hyperlipidaemia, thyroid problems, endocrinopathy, polycystic ovarian syndrome, hirsutism, female hair loss.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon pm
Phone: 020 8709 7878

Dr Ibrahim Fahal

Urinary abnormalities, hypertension, diabetic nephropathy and chronic kidney disease.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Mon pm
Phone: 020 8709 7878

Dr Ajith James

Chronic kidney disease, glomerulonephritis, diabetic nephropathy, lupus nephritis, stone disease, dialysis and transplantation.
NHS trust base: Barts Health NHS Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Dr Khash Nikookam

Diabetes, thyroid and hormone problems, lipids, obesity, diabetic foot problems.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Wed pm
Phone: 020 8709 7878



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- Pain
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- Urology

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Dr Syed A Saboor

Asthma, lung cancer, sarcoidosis, TB.

NHS trust base: Royal Free London NHS Foundation Trust

Clinic times: Sat am

Phone: 020 8709 7878

Dr Nemanja Stojanovic

Thyroid and parathyroid diseases, pituitary disease, adrenal disease including adrenal incidentalomas, testosterone replacement, erectile dysfunction, obesity, type 2 diabetes, type 1 diabetes.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: TBC

Phone: 020 8709 7878

General practitioners

Dr Siraj Adam

Occupational health, paediatrics and heart disease.

NHS trust base: Private only

Clinic times: Mon am, Tue, Wed am, Thu, Fri am, Sat pm

Phone: 0208 709 7817

Dr Faye Dannhauser

General Practitioner.

Clinic times: Thu

Phone: 0208 709 7817

Dr Jyotika Kohli

General Practitioner, women’s health.

NHS trust base: Newham CCG

Clinic times: Mon pm

Phone: 0208 709 7817

Dr Sanjoy Kumar

General practitioner.

NHS trust base: Waltham Forest CCG

Clinic times: Mon pm, Wed pm

Phone: 0208 709 7817

Dr Roopa Jaiswal

General practice, lifestyle medicine physician.

NHS trust base: Waltham Forest CCG

Clinic times: Wed am

Phone: 0208 709 7817

Dr Dave Sawh

Family and general medicine.

Clinic times: Thu pm, Sat am

Phone: 0208 709 7817

General surgery – Breast surgery

Mr Peter Frecker

Breast cancer, breast care.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri eve

Phone: 020 8709 7878

Ms Jasdeep Gahir

Benign lumps, breast pain, nipple discharge, cancer lumps and surgery related to that including reconstructive surgery, gynaecomastia.

NHS trust base: North Middlesex University Hospital NHS Trust

Clinic times: Tue am, alt Fri am

Phone: 020 8709 7878

Mr Arikoge Ogedegbe

Breast care (lumps and breast cancer), abdominal wall hernia, laparoscopic cholecystectomy (key whole surgery for gall stones), paediatric general surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

Mr Akin Ojo

Breast care, one stop breast assessment, endocrine surgery (thyroid and parathyroid surgery), laparoscopic surgery, hernia surgery, skin lesions.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, alt Sat am

Phone: 020 8709 7878

Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu eve, Fri pm

Phone: 020 8709 7878

Mr Steven Snooks

Breast, groin hernias, skin lesion.

NHS trust base: Private only

Clinic times: Wed pm,eve

Phone: 020 8709 7878

General surgery – Colorectal

Mr Aman Bhargava

Laparoscopic colorectal, hernia, gallbladder, minimal invasive pilonidal surgery EPSIT.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Sat am

Phone: 020 8709 7878

Ms Jasdeep Gahir

Lumps and bumps, upper GI – cholecystectomy, lower GI – fistula, PR bleeding Hernias- open, laparoscopic repair, complex abdominal wall surgery.

NHS trust base: North Middlesex University Hospital NHS Trust

Clinic times: Tue am, alt Fri am

Phone: 020 8709 7878

Mr Matthew Hanson

Advanced laparoscopic, hernia surgery, gallbladder surgery, minor lump removal, colonic and rectal surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed eve, Thu eve

Phone: 020 8709 7878

Mr Hitesh Patel

Hernia repair surgery, laparoscopic colorectal surgery, colonoscopy and endoscopy, gallbladder surgery, proctology.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Mr Mrinal Saharay

Hernia, gall bladder surgery, colonoscopy, gastroscopy, haemorrhoids, bowel disorders, endocrine & thyroid.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Prof Shukri Shami

Varicose veins, hernia repair, haemorrhoids (piles) and gall bladder disease, treatment for thread veins including facial veins, rectal bleeding, anal and bowel disorders, excision of cysts and lipomas, lumps and bumps, keyhole surgery, skin lesions.

NHS trust base: Private only

Clinic times: Tue pm

Phone: 020 8709 7878

Mr Veeranna Shatkar

General surgery, colorectal, upper GI.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: TBC

Phone: 020 8709 7878

Mr Amit Sinha

Gallstones, hernia, haemorrhoids, anal fissure/fistula, pilonidal sinus.

NHS trust base: Private only

Clinic times: Tue eve, Thu pm, Fri pm

Phone: 020 8709 7878

Mr Steven Snooks

Breast, groin hernias, skin lesion.

NHS trust base: Private only

Clinic times: Wed pm,eve

Phone: 020 8709 7878

General surgery – Endocrine and thyroid surgery

Mr Akin Ojo

Breast care, one stop breast assessment, endocrine surgery (thyroid and parathyroid surgery), laparoscopic surgery, hernia surgery, skin lesions.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, alt Sat am

Phone: 020 8709 7878

Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu eve, Fri pm

Phone: 020 8709 7878

Mr Mrinal Saharay

Hernia, gall bladder surgery, colonoscopy, gastroscopy, haemorrhoids, bowel disorders, endocrine & thyroid

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

General surgery – Upper GI

Mr Sanjay Agrawal

Bariatric surgery, laparoscopic gastric band/bypass/sleeve gastrectomy surgery.

NHS trust base: Homerton University Hospital NHS Foundation Trust

Clinic times: Mon pm, Fri pm, Sat pm

Phone: 020 8709 7878

Mr Aman Bhargava

Laparoscopic colorectal, hernia, gallbladder, minimal invasive pilonidal surgery EPSIT.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Sat am

Phone: 020 8709 7878

Mr Abrie Botha

Swallowing disorders, obesity, hernias, reflux disease, laparoscopic surgery and endoscopy.

NHS trust base: Guy’s and St Thomas’ NHS Foundation Trust

Clinic times: Alt Thu am

Phone: 020 8709 7878

Mr Stephen Brearley

Varicose veins (including endovenous treatment), arterial disease, hernia (open and laparoscopic surgery), gall bladder surgery (laparoscopic cholecystectomy), lumps.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

Ms Jasdeep Gahir

Lumps and bumps, upper GI – cholecystectomy, lower GI – fistula, PR bleeding Hernias- open, laparoscopic repair, complex abdominal wall surgery.

NHS trust base: North Middlesex University Hospital NHS Trust

Clinic times: Tue am, alt Fri am

Phone: 020 8709 7878

Mr Sabu Jacob

General surgery, vascular surgery, radiofrequency ablation (VNUS) closure for varicose veins, injection sclerotherapy and vein wave treatment for thread veins and spider veins, aortic aneurysm, carotid, lower limb bypass surgery and angioplasty, laparoscopic hernia and gall bladder surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu pm, Sat am

Phone: 020 8709 7878

Mr Yashwant Koak

Bariatric and upper GI surgery.

NHS trust base: Homerton University Hospital NHS Foundation Trust

Clinic times: By arrangement

Phone: 020 8709 7878

Mr Kesava Mannur

Bariatric/obesity surgery including band, bypass, sleeve and duodenal switch, gallstones, hernia, reflux.

NHS trust base: Homerton University Hospital NHS Foundation Trust (Hon)

Clinic times: Tue pm, Fri am

Phone: 020 8709 7878

Mr Dip Mukherjee

Hiatus hernia, Gastro-oesophageal reflux disease, gallstones, oesophageal diseases, laparoscopic surgery, laparoscopic hernia, gastrointestinal cancer.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Mr Arikoge Ogedegbe

Breast care (lumps and breast cancer), abdominal wall hernia, laparoscopic cholecystectomy (key whole surgery for gall stones), paediatric general surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

Mr Akin Ojo

Breast care, one stop breast assessment, endocrine surgery (thyroid and parathyroid surgery), laparoscopic surgery, hernia surgery, skin lesions.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, alt Sat am

Phone: 020 8709 7878

Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu eve, Fri pm

Phone: 020 8709 7878

General surgery – Vascular

Mr Stephen Brearley

Varicose veins (including endovenous treatment), arterial disease, hernia (open and laparoscopic surgery), gall bladder surgery (laparoscopic cholecystectomy), lumps.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed eve

Phone: 020 8709 7878

Mr Sabu Jacob

General surgery, vascular surgery, radiofrequency ablation (VNUS) closure for varicose veins, injection sclerotherapy and vein wave treatment for thread veins and spider veins, aortic aneurysm, carotid, lower limb bypass surgery and angioplasty, laparoscopic hernia and gall bladder surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu pm, Sat am

Phone: 020 8709 7878

Prof Shukri Shami

Varicose veins, hernia repair, endoscopy.

NHS trust base: Private only

Clinic times: Tue pm

Phone: 020 8709 7878

Genito-urinary medicine

Dr Faryal Mahar

Recurrent genital thrush and bacterial vaginosis, vulval pain conditions, vulvodynia, vaginismus, genital skin conditions, lichen sclerosis and other dermatosis, contraception including Implanon and Mirena/IUD’s insertion.

NHS trust base: West Hertfordshire Hospitals NHS Trust

Clinic times: By arrangement

Phone: 020 8709 7878

Gynaecology

Mr Henry Annan

Fibroids, endometriosis, ovarian cysts, vulval disease, heavy menses.

NHS trust base: Private only

Clinic times: Wed am

Phone: 020 8709 7878

Miss Farida Bano

General gynaecology, colposcopy, urogynaecology, hysteroscopy, laparoscopy.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am,Wed pm, Fri am,Sat pm

Phone: 020 8709 7878

Miss Nandita Deo

Menstrual disorder, infertility, colposcopy, hysteroscopy, keyhole surgery, laparoscopic surgery, menopausal symptoms, prolapse, fibroids, ovarian cysts, endometriosis, and polycystic ovarian syndrome.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Wed am, Fri pm

Phone: 020 8709 7878

Mrs Sarah Hussain

Urogynaecology, minimal invasive gynaecological surgery, vaginal pelvic reconstructive surgery, incontinence, menstrual disorders.

NHS trust base: Private only

Clinic times: Thu pm, Sat am

Phone: 020 8709 7878

Miss Premila Kollipara

Minimal access surgery, colposcopy, adolescent gynaecology, urogynaecology.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon eve, Tue pm, Thu am, Thu eve, Sat am

Phone: 020 8709 7878

Mr Mohammad Masood

General gynaecology, laparoscopic hysterectomy, menstrual disorders, PCOS, endometriosis and ovarian cysts, hymenoplasty, labiaplasty, vaginoplasty.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu am alt

Phone: 020 8709 7878

Miss Roopa Nair

Urogynaecology (urinary incontinence and prolapse), menstrual disorders, fibroids, pelvic pain.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Alt Tue pm, Fri pm

Phone: 020 8709 7878

Mr Ako Nnochiri

Advanced laparoscopy (Key-Hole) surgery for: fibroids, hysterectomy, ovarian cysts, endometriosis, ectopic pregnancy, prolapse of womb and vagina; outpatient hysteroscopy for removal of polyps and fibroids, menstrual disorders, pelvic pain, urogynaecology (urinary incontinence and prolapse).

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon eve, Thu eve, Sat am

Phone: 020 8709 7878

Mr Jimi Funlayo Odejinmi

Advanced minimal access surgery, urogynaecology, advanced endometriosis, fibroids.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon am

Phone: 020 8709 7878

Mr Isaac Opemuyi

Early pregnancy problems, menstrual problems, acute gynaecology, minimal access surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon eve, Thu eve, Fri eve, Sat pm

Phone: 020 8709 7878

Miss Aruna Ramineni

Fertility, menopause, PCOS, menstrual disturbances, recurrent miscarriage.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Mon pm, Thu am
Phone: 020 8709 7878

Mr Khalil Razvi

Colposcopy, cancer & screening, period abnormalities, endometriosis, keyhole surgery including hysterectomy, prolapse, fibroids, vulva/vaginal disorders.

NHS trust base: Southend University Hospital NHS Foundation Trust
Clinic times: Wed eve
Phone: 020 8709 7878

Ms Deepali Sinha

Urinary incontinence, menorrhagia, pelvic pain & PCOS.
NHS trust base: Barts Health NHS Trust
Clinic times: Tue am
Phone: 020 8709 7878



Maxillofacial and oral surgery

Mrs Prableen Anand

Dental anxiety, treatment under general anaesthesia for decay or surgery, dental trauma, dental abnormalities/defects.
NHS trust base: University College London Hospitals NHS Foundation Trust
Clinic times: By arrangement
Phone: 020 8709 7878

Mr Leo Cheng

Oral surgery and medicine, benign and malignant conditions of mouth, face, head and neck (including thyroid and skin), salivary gland surgery, temporomandibular joint conditions.
NHS trust base: Barts Health NHS Trust
Clinic times: Thu am, Fri pm
Phone: 020 8709 7878

Mr Anish Shah

Wisdom teeth, oral ulcers, burning mouth, oral surgery/ medicine.
NHS trust base: Private only
Clinic times: Mon pm, Thu am
Phone: 020 8709 7878

Mr Janavikulam Thiruchelvam

Facial and head and neck reconstruction, oral surgery and medicine, benign and malignant conditions of mouth, face, head and neck (including skin), salivary gland surgery, temporomandibular joint and facial pain, implants, bone graft, ear lobe repair, lumps and bumps.
NHS trust base: Mid Essex Hospital Trust
Clinic times: Tue eve, Sat am
Phone: 020 8709 7878

Microbiology and virology

Dr Albert J Mifsud

Clinical infection, infection control.
NHS trust base: Barts Health NHS Trust
Clinic times: By arrangement
Phone: 020 8709 7878



Nephrology

Dr Ibrahim Fahal

Renal Medicine, chronic kidney disease, diabetic kidney disease, hypertension.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Mon pm
Phone: 020 8709 7878

Dr Ajith James

Chronic kidney disease, glomerulonephritis, diabetic nephropathy, lupus nephritis, stone disease, dialysis and transplantation.
NHS trust base: Barts Health NHS Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Neurology

Dr John Jestico

Headache, stroke, Parkinson’s disease and loss of consciousness.
NHS trust base: Southend University Hospital NHS Foundation Trust
Clinic times: Tue am, Fri am
Phone: 020 8709 7878

Dr John McAuley

Parkinson’s disease, tremor, headache and dizziness.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust, Barts Health NHS Trust
Clinic times: Wed pm
Phone: 020 8709 7878

Neurosurgery

Mr Habib Ellamushi

Brain and spine conditions, back pain, neck pain, disc degeneration and herniation, spine infection, spine injury laser disc treatment, key hole spine surgery, spinal injections.
NHS trust base: Barts Health NHS Trust
Clinic times: Tue am & pm, Sat am
Phone: 020 8709 7878



Ophthalmology

Mr Stephen Bryan

Small incision cataract surgery, glaucoma.
NHS trust base: Private only
Phone: 020 8709 7878

Mr Niaz Islam

Small incision phaco cataract surgery (including multifocal and toric premium lens implants), medical retina (anti-VEGF injections for macular degeneration, diabetic retinopathy, retinal vein occlusion), YAG and argon retinal laser.
NHS trust base: Moorfields Eye Hospital NHS Foundation Trust
Clinic times: Thu pm, eve
Phone: 020 8709 7878

Mr Gerassimos Lascaratos

Ophthalmology, glaucoma.
NHS trust base: King’s College Hospital NHS Foundation Trust
Clinic times: Fri pm
Phone: 020 8709 7878

Mr Dipak Parmar

Cornea, uveitis, cataract and refractive surgery.
NHS trust base: Private only
Clinic times: Tue am, Wed pm
Phone: 020 8709 7878

Miss Sudeshna Patra

Cataracts, macular degeneration, diabetic eye disease, lid lumps.
NHS trust base: Barts Health NHS Trust
Clinic times: Wed eve
Phone: 020 8709 7878

Ms Tahmina Pearsall

Glaucoma, cataracts, pterygium, emergency and general ophthalmology.
NHS trust base: Barts Health NHS Trust
Clinic times: Tue eve, Sat am, pm
Phone: 020 8709 7878

Mr Ian Subak-Sharpe

Cataract surgery including multifocal and toric intraocular lenses, eyelid and oculoplastic surgery, watery eye and dry eye problems, aesthetic surgery of upper and lower eyelid.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon pm, eve
Phone: 020 8709 7878

Mrs Maria Tsimpida

Paediatric ophthalmology.
NHS trust base: Barts Health NHS Trust
Clinic times: Sat am
Phone: 020 8709 7878

Mr Hadi Zambarakji

Small incision phaco cataract surgery including premium lens implants (multifocal and toric IOLs), surgical retina (retinal detachment, macular hole, epiretinal membrane), medical retina (macular degeneration, diabetic retinopathy).
NHS trust base: Barts Health NHS Trust
Clinic times: Fri
Phone: 020 8709 7878

Orthopaedic surgery – Elbow

Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma.
NHS trust base: Barts Health NHS Trust
Clinic times: Alt Wed eve, Thu eve, Sat am
Phone: 020 8709 7878

Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren’s contracture.
NHS trust base: Private only
Clinic times: Thu pm
Phone: 020 8709 7878

Mr Wallace Ogufero

Upper limb/shoulder surgery, arthroscopic shoulder surgery, total shoulder and elbow replacement.
NHS trust base: Lewisham and Greenwich NHS Trust
Clinic times: Mon pm, Wed am
Phone: 020 8709 7878

Mr Mahesh Pimple

Tendinitis, rotator cuff disease, instability, arthritis, fractures.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon, Tue am, Wed pm, Sat am
Phone: 020 8709 7878

Orthopaedic surgery – Foot & ankle

Mr Ashok Acharya

Adult foot and ankle surgery, paediatric orthopaedics, general orthopaedics and trauma.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Alt Thu pm
Phone: 020 8709 7878

Mr Sylvester Amamilo

Hip/knee replacements, knee arthroscopy (GA and LA), carpal tunnel syndrome, Dupuytren’s contracture, foot surgery.
NHS trust base: Private, NHS choose and book GP patients
Clinic times: Fri am
Phone: 020 8709 7878

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Looking after you.

Mr Ian Garnham

Foot and ankle, sports injuries, arthroscopy, trauma, paediatric orthopaedics.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Mr Shahbux Lashari

Foot and ankle surgery, trauma.

NHS trust base: Private only

Clinic times: Tues pm, Thu am

Phone: 020 8709 7878

Mr Ben Okafor

Spine surgery, foot surgery, spine conditions (degeneration, disc disease, stenosis, tumours, infections), trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm, alt Wed am, Thu pm

Phone: 020 8709 7878

Mr Kesavan Sri-Ram

Foot surgery, hip and knee surgery, sports injuries.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri am, Alt Mon pm

Phone: 020 8709 7878

Mr Krishna Vemulapalli

Foot and ankle (including complex problems), lower limb reconstruction, paediatric orthopaedics, trauma.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri pm

Phone: 020 8709 7878

Orthopaedic surgery – Hand & wrist

Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Wed eve, Thu eve, Sat am

Phone: 020 8709 7878

Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren's contracture.

NHS trust base: Private only

Clinic times: Thu pm

Phone: 020 8709 7878

Mr Philip Mathew

Carpal tunnel, dupuytren's contracture, hand and wrist fractures, hand and wrist arthritis.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue eve

Phone: 020 8709 7878

Mr Wallace Ogufero

Carpal tunnel, hand surgery.

NHS trust base: Lewisham and Greenwich NHS Trust

Clinic times: Mon pm, Wed am

Phone: 020 8709 7878

Mr Mahesh Pimple

Carpal tunnel, dupuytren's contracture, scaphoid, ligament injuries, arthritis, fractures.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon, Tue am, Wed pm, Sat am

Phone: 020 8709 7878

Orthopaedic surgery – Hip

Mr Mandeep Lamba

Hip and knee replacement, knee arthroscopy, soft tissue reconstruction, trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm, Tue eve, Wed pm

Phone: 020 8709 7878

Mr Brian Levack

Spine surgery, joint replacement, lower back pain, knee and hip surgery.

NHS trust base: Private only

Clinic times: Wed pm, Thu am, Sat am

Phone: 020 8709 7878

Mr Sean Masterson

Hip and knee replacement, with revision surgery and unicompartmental knees surgery. Sports injuries, including knee arthroscopy, Ligament and cartilage repairs. Specialist in minimal-approach hip replacement and earlier rehabilitation with Superpath hip technique.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu am

Phone: 020 8709 7878

Mr Kandiah Ratnakumar

Knee surgery (arthroscopy, ligament reconstruction, replacement), hip replacement.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am, Sat am

Phone: 020 8709 7878

Mr Shivakumar Shankar

Hip arthroscopy, knee arthroscopy, hip replacement.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr Kesavan Sri-Ram

Foot surgery, hip and knee surgery, sports injuries.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri am, Alt Mon pm

Phone: 020 8709 7878

Mr Konstantinos Tsitskaris

Hip and knee surgery, hip and knee arthroscopy.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Wed pm & eve, Alt Fri am, Sat pm

Phone: 020 8709 7878

Orthopaedic surgery – Knee

Mr Ahmad Ali

Knee surgery, knee sports injury.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Thu eve

Phone: 020 8709 7878

Mr Sunil Kumar

All aspects of knee surgery including custom knee replacements + cartilage grafting, regenerative stem cell therapy, sports injuries.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue pm, Alt Fri pm

Phone: 020 8709 7878

Mr Mandeep Lamba

Hip and knee replacement, knee arthroscopy, soft tissue reconstruction, trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm, Tue eve, Wed pm

Phone: 020 8709 7878

Mr Sean Masterson

Hip and knee replacement, with revision surgery and unicondylar knees surgery. Sports injuries, including knee arthroscopy, Ligament and cartilage repairs. Specialist in minimal-approach hip replacement and earlier rehabilitation with Superpath hip technique.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu am

Phone: 020 8709 7878

Mr Kandiah Ratnakumar

Knee surgery (arthroscopy, ligament reconstruction, replacement), hip replacement.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am, Sat am

Phone: 020 8709 7878

Mr Shivakumar Shankar

Hip arthroscopy, knee arthroscopy, hip replacement.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Fri am

Phone: 020 8709 7878

Mr K.A. Ziali Sivardeen

Shoulder, elbow and knee surgery (including sports injuries).

NHS trust base: Private only

Clinic times: Wed pm/ eve, Sat am

Phone: 020 8709 7878

Mr Kesavan Sri-Ram

Foot surgery, hip and knee surgery, sports injuries.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri am, Alt Mon pm

Phone: 020 8709 7878

Mr Konstantinos Tsitskaris

Hip and knee surgery, hip and knee arthroscopy.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Wed pm & eve, Alt Fri am, Sat pm

Phone: 020 8709 7878

Orthopaedic surgery – Shoulder

Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Wed eve, Thu eve, Sat am

Phone: 020 8709 7878

Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren’s contracture.

NHS trust base: Private only

Clinic times: Thu pm

Phone: 020 8709 7878

Mr Wallace Ogufero

Upper limb/shoulder surgery, arthroscopic shoulder surgery, total shoulder and elbow replacement.

NHS trust base: Lewisham and Greenwich NHS Trust

Clinic times: Mon pm, Wed am

Phone: 020 8709 7878

Mr Mahesh Pimple

Tendinitis, rotator cuff disease, instability, arthritis, fractures

NHS trust base: Barts Health NHS Trust.

Clinic times: Mon, Tue am, Wed pm, Sat am

Phone: 020 8709 7878

Mr K.A. Ziali Sivardeen

Shoulder, elbow and knee surgery (including sports injuries).

NHS trust base: Private only

Clinic times: Wed pm/ eve, Sat am

Phone: 020 8709 7878

Orthopaedic surgery – Spinal

Mr Habib Ellamushi

Brain and spine conditions, back pain, neck pain, disc degeneration and herniation, spine infection, spine injury laser disc treatment, key hole spine surgery, spinal injections.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue am & pm, Sat am

Phone: 020 8709 7878

Mr Arif Khan

Spine and lower limb surgery.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm, Fri pm

Phone: 020 8709 7878

Mr Brian Levack

Spine surgery, joint replacement, lower back pain, knee and hip surgery.

NHS trust base: Private only

Clinic times: Wed pm, Thu am, Sat am

Phone: 020 8709 7878

Mr Ben Okafor

Spine surgery, foot surgery, spine conditions (degeneration, disc disease, stenosis, tumours, infections), trauma.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm, alt Wed am, Thu pm

Phone: 020 8709 7878

P

Pain management pain relief

Dr Muhammad Ather

Interventional pain management, neuroanaesthesia, drug delivery devices, implantable neuromodulation.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon eve, Wed eve, Fri pm

Phone: 020 8709 7878

Dr Norman Kufakwaro

Spinal pain, back and neck pain, nerve pain and abdominal pain.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue pm

Phone: 020 8709 7878

Dr Bradley Lewinsohn

Chronic pain management.

NHS trust base: Barts Health NHS Trust

Clinic times: Tue am

Phone: 020 8709 7878

Dr Vivek Mehta

Spinal pain, sciatica, complex regional pain syndrome, CRPS, fibromyalgia, headache, neuromodulation.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon am

Phone: 020 8709 7878

Dr Kavita Poply

Medial branch block, epidurals, pulse radiofrequency, radiofrequency, joint injections, laser disc ablation, spinal cord stimulator, multifidus stimulator, occipital nerve stimulator, sphenopalatine ganglion stimulator.

NHS trust base: Barts Health NHS Trust

Clinic times: Thu am, Wed pm

Phone: 020 8709 7878

Plastic cosmetic surgery

Mr Paul Chatrath

Nose reshaping (rhinoplasty), pinnaplasty.

NHS trust base: Imperial College Healthcare NHS Trust, Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue am, Sat am

Phone: 020 8709 7878

Mr Mark JB Gittos

Plastic, reconstructive, cosmetic, hand, burns and skin cancer surgery.

NHS trust base: Mid Essex Hospital Services NHS Trust

Clinic times:

Phone: 020 8709 7878

Mr Fortune Iwuagwu

Breast surgery, liposuction, abdominoplasty, cosmetic surgery, scars, hand surgery, skin cancer, body contouring.

NHS trust base: Mid Essex Hospital Services NHS Trust

Clinic times: Sat pm

Phone: 020 8709 7878

Mr Gaurav Kumar

Paediatric ENT (adenotonsillectomy, pinnaplasty and Grommets), otology (dizziness and ear surgery), rhinology (balloon sinus surgery and cosmetic rhinoplasty), neck lumps and voice disorders.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm, Fri eve

Phone: 020 8709 7878

Miss Caroline Payne

Cosmetic breast surgery, body contouring surgery, liposuction, removal of skin lesions.

NHS trust base: Barts Health NHS Trust

Clinic times: Alt Tue, Fri pm, Sat am

Phone: 020 8709 7878

Mr Raj Ragoowansi

Breast reshaping (augmentation, mastopexy, reduction), body contouring (abdominoplasty, liposuction, gynaecomastia), post weight loss rejuvenation (brachioplasty, thigh lift).

NHS trust base: Barts Health NHS Trust

Clinic times: Mon eve

Phone: 020 8709 7878

Mr Manu Sood

Children’s hand surgery, cosmetic breast surgery, body contouring, liposuction, moles, cysts, swellings.

NHS trust base: Mid Essex Hospital Services NHS Trust

Clinic times: Alt Mon pm, Thu pm

Phone: 020 8709 7878

Psychiatry

Dr Thomas Dannhauser

Dementia prevention, depression and anxiety, attention problems in children and adults.

NHS trust base: Private Only

Clinic times: Mon pm, Sat am

Phone: 020 8709 7878

Dr Andrew M Margo

Mood disorders, anxiety disorders, relationship and sexual problems and obsessional compulsive disorders, early onset psychotic illness.

NHS trust base: Private Only

Clinic times: Wed pm

Phone: 020 8709 7878

Dr Krishnendu Nandy

Depression, bipolar, anxiety and eating disorders, addiction problems, psychosis.

NHS trust base: North East London NHS Foundation Trust

Clinic times: Fri pm

Phone: 020 8709 7878

Dr Sivasubramaniam Srikumar

Depression, anxiety, psychosomatic medicine, work-related stress.

NHS trust base: North East London NHS Foundation Trust

Clinic times: Tue pm,Fri pm

Phone: 020 8709 7878

R

Radiology

Dr Faisal Alyas

Musculoskeletal interventional radiology, ultrasound guided injections, spine imaging and musculoskeletal MRI

NHS trust base: Royal National Orthopaedic Hospital NHS Trust

Clinic times: Tue am

Phone: 020 8709 7878

Dr Jonathon Andrews

Musculoskeletal radiology, including sports imaging, colorectal and general radiology.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed am, Fri pm

Phone: 020 8709 7878

Dr Krishna Prasad Bellam-Premnath

Interventional radiology, MSK, neuro head & neck and general cross-sectional.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times:

Phone: 020 8709 7878

Dr Sanjiv Chawda

Neuroradiology, ENT radiology, video fluoroscopy, spinal imaging.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon pm

Phone: 020 8709 7878

Dr Alex Clayton-Jolly

Breast radiology, paediatrics.

NHS trust base: Private only

Clinic times: Tue am, Thu pm

Phone: 020 8709 7878

Dr Ahmed Elowaidy

Abdominal and pelvic imaging (colorectal, gynaecological imaging, hepatobiliary, uro radiology), oncology imaging, neuroradiology and general cross-sectional.

NHS trust base: Guy’s and St Thomas’ NHS Foundation Trust

Clinic times: Mon eve, Wed pm

Phone: 020 8709 7878

Dr Mohammed El’Sayad

General radiology, ultrasound, MRI and CT.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Thu pm,Sat am

Phone: 020 8709 7878

Dr Noor Jahan

Breast radiology, CT, MRI.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Dr Harish Nagraj

Musculoskeletal and general radiology, ultrasound & CT guided injections, sports and rheumatology imaging and musculoskeletal MRI.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Mon am

Phone: 020 8709 7878

Dr Zoltan Nagy

Cross-sectional imaging, CT scanning, MRI.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Alt Mon pm, alt Wed am

Phone: 020 8709 7878

Dr Curtis Offiah

ENT imaging, head/neck radiology, neuroradiology, paediatric radiology.

NHS trust base: Barts Health NHS Trust

Clinic times: Fri pm

Phone: 020 8709 7878

Dr Sandeep Pathak

Musculoskeletal radiology, sports Imaging, image guided injections. PRP, uro radiology, interventional Radiology, GI Radiology, MRI, CT & ultrasound.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm & eve, Fri am

Phone: 020 8709 7878

Dr Nick Reading

MRI, interventional radiology.

NHS trust base: Barts Health NHS Trust

Clinic times: Wed pm, Thu pm

Phone: 020 8709 7878

Dr Imran Syed

Interventional, chest, oncology, colorectal, muscular-skeletal.

NHS trust base: Basildon and Thurrock University Hospitals NHS Foundation Trust

Clinic times: Tue pm, Thurs pm, Alt Fri

Phone: 020 8709 7878

Dr Nayanakanthi K Wijayasundara

CT, breast radiology.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Wed pm

Phone: 020 8709 7878

Respiratory medicine

Dr Rajesh Banka

Respiratory medicine, sleep disorders and studies, asthma, COPD.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tues pm, Thu pm

Phone: 020 8709 7878

Dr Syed A Saboor

Asthma, lung cancer, sarcoidosis, TB.

NHS trust base: Royal Free London NHS Foundation Trust

Clinic times: Sat am

Phone: 020 8709 7878

Rheumatology

Dr Naveen Bhadauria

Rheumatoid arthritis, osteoarthritis, lupus, gout, osteoporosis, back pain.

NHS trust base: North Middlesex University Hospital NHS Trust

Clinic times: Thu pm

Phone: 020 8709 7878

Dr M Guy Dabrera

All types of arthritis and connective tissue disease, metabolic bone disease, muscle disease, osteoporosis, soft tissue rheumatism, temporal arteritis, polymyalgia rheumatica, back pain.

NHS trust base: Private only

Clinic times: Mon am, Tue am, Wed pm

Phone: 020 8709 7878

Dr Christopher Kelsey

General rheumatology – arthritis, lupus, polymyalgia, back pain, osteoporosis, hypermobility.

NHS trust base: Private only

Clinic times: Thu pm

Phone: 020 8709 7878

Dr Debasish Pyne

General rheumatology, arthritis, soft tissue rheumatism, sports injury, acupuncture/injections and Lupus.

NHS trust base: Barts Health NHS Trust

Clinic times: Mon pm, Wed pm

Phone: 020 8709 7878

Dr Euthalia Roussou

All types of arthritis, Lupus and other connective Tissue diseases, back pain, osteoporosis, joint injections, arthritis & pregnancy.

NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

Clinic times: Tue pm, Thu pm

Phone: 020 8709 7878

S

Special services

Indira Gadhvi
Hearing tests, audiology (adult audiological assessment and children's audiological assessment from the age of 7 months).
NHS trust base: Private only
Clinic times: Wed am, Thu am, Sat am
Phone: 020 8709 7878

Priya Gir
Hand therapy.
NHS trust base: Private only
Clinic times: Mon am, Thu pm
Phone: 020 8709 7878

Gemma MacQueen
Audiology (adult audiological assessment and children's audiological assessment from the age of 7 months. Monitoring for glue ear cases using specialised methods such as visual reinforcement audiometry, play audiometry and tympanometry), balance disorders, vestibular rehabilitation including for BPPV, hearing loss.
NHS trust base: Barts Health NHS Trust
Clinic times: Tue eve, Thu am
Phone: 020 8709 7878

Deborah Michaels
Sppech and Language Therapist.
NHS trust base: Private only
Clinic times: By arrangement
Phone: 21 8709 7878

Louise Ocomore
Speech and Language Therapist (Adults)
NHS trust base: Barts Health NHS Trust
Clinic times: By arrangement
Phone: 020 8709 7878

U

Urology

Mr Andrew Ballaro
Laser surgery for kidney stones, keyhole kidney surgery, urological cancer diagnosis and treatment, prostate and bladder problems.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Alt Mon eve, Wed am, Thu eve
Phone: 020 8709 7878

Prof Jayanta M Barua
Urological cancer diagnosis and treatment, general urology including urinary infections, children's urology, renal colic and ureteric stone treatment, bladder problems, men's health including prostate enlargement, erectile problems and sterilisation.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Sat am
Phone: 020 8709 7878

Mr Shiv Bhanot
Prostate and kidney cancer, stress incontinence, kidney stones, laparoscopic prostate, men's health and female urology, HoLEP, laser for kidney stones, Urolift and laparoscopic colposuspension.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Mon pm, Tue pm, Thu pm, Sat am
Phone: 020 8709 7878

Prof Frank Chinegwundoh MBE
Brachytherapy, prostate cancer, erectile dysfunction, urinary problems, sterilisation.
NHS trust base: Barts Health NHS Trust
Clinic times: alt Fri am
Phone: 020 8709 7878

Mr Stuart Graham
Kidney stones & renal colic, laser prostatectomy (HoLEP), general urology, urinary tract infections in both men and women, recurrent UTIs, prostatitis, scrotal problems.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon eve
Phone: 020 8709 7878

Mr Sandeep Gujral
Uro-oncology, laparoscopic urology, endourology, laser procedures, benign prostatic hyperplasia (BPH).
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Tue pm
Phone: 020 8709 7878

Mr Anand Kelkar
Prostate cancer, robotic prostatectomy, PSA testing, male urinary symptoms, urinary infections, kidney stones.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust, University College London Hospitals NHS Foundation Trust
Clinic times: Tue pm
Phone: 020 8709 7878

Mr Shailesh Kulkarni
Incontinence surgery, paediatric urology, stone surgery and benign prostate disease.
NHS trust base: Barking, Havering and Redbridge University Hospitals NHS Trust
Clinic times: Wed pm
Phone: 020 8709 7878

Miss Jhumur Pati
BPH, urinary infections, ureteric colic, haematuria, circumcision, urinary tract cancers, prostate problems.
NHS trust base: Homerton University Hospital NHS Foundation Trust
Clinic times: Wed am, Fri pm
Phone: 020 8709 7878

Mr John Peters
General urology, urological oncology, Greenlight Laser TURP, PSA and PCA3 screening and urodynamics.
NHS trust base: Barts Health NHS Trust
Clinic times: Mon pm, Thu pm
Phone: 020 8709 7878

Mr Paninchukannath Shridhar
Prostate, stones, erectile dysfunction, one stop diagnostic clinic.
NHS trust base: Private only
Clinic times: Wed am, Fri pm
Phone: 020 8709 7878

W

Weight loss surgery

Mr Sanjay Agrawal
Bariatric surgery, laparoscopic gastric band/bypass/sleeve gastrectomy surgery.
NHS trust base: Homerton University Hospital NHS Foundation Trust
Clinic times: Mon pm, Fri pm, Sat pm
Phone: 020 8709 7878

Mr Yashwant Koak
Bariatric and upper GI surgery.
NHS trust base: Homerton University Hospital NHS Foundation Trust
Clinic times: By arrangement
Phone: 020 8709 7878

Index

A		
Mr Ashok Acharya	CYPS – Orthopaedics	12
Mr Ashok Acharya	Orthopaedic surgery – Foot and ankle	23
Dr Siraj Adam	General practitioners	18
Mr Sanjay Agrawal	General surgery – Upper GI	20
Mr Sanjay Agrawal	Weight loss surgery	31
Dr Naeem Ahmad	General medicine	16
Mr Hasan Ahmed	CYPS – Orthopaedics	12
Mr Hasan Ahmed	Orthopaedic surgery – Elbow	23
Mr Hasan Ahmed	Orthopaedic surgery – Hand and wrist	25
Mr Hasan Ahmed	Orthopaedic surgery – Shoulder	26
Mr Ahmad Ali	Orthopaedic surgery – Knee	26
Dr Faisal Alias	Radiology	28
Mr Sylvester Amamilo	Orthopaedic surgery – Foot and ankle	23
Mrs Prableen Anand	CYPS – Maxillofacial and oral surgery	12
Mrs Prableen Anand	Maxillofacial and oral surgery	22
Dr Jonathon Andrews	Radiology	28
Mr Henry Annan	Gynaecology	21
Dr Waseem Ashraf	Gastroenterology	16
Dr Muhammad Ather	Pain management pain relief	27
B		
Dr Monika Bajaj	CYPS – paediatric (clinicians)	13
Mr Andrew Ballaro	Urology	30
Dr Rajesh Banka	General medicine	16
Dr Rajesh Banka	Respiratory medicine	29
Miss Farida Bano	Gynaecology	21
Prof Jayanta M Barua	CYPS – Urology	13
Prof Jayanta M Barua	Urology	30
Dr Krishna Prasad Bellam-Premnath	Radiology	28
Dr Edward Bettany	Gastroenterology	16
Dr Edward Bettany	General medicine	16
Dr Anthony Bewley	CYPS – Dermatology	10
Dr Anthony Bewley	Dermatology	14
Dr Naveen Bhadauria	Rheumatology	29
Mr Shiv Bhanot	Urology	30
Mr Aman Bhargava	General surgery – Colorectal	19
Mr Aman Bhargava	General surgery – Upper GI	20
Mr Abir Bhattacharyya	CYPS – ENT	11
Mr Abir Bhattacharyya	ENT	15
Mr Abrie Botha	General surgery – Upper GI	20
Mr Stephen Brearley	General surgery – Upper GI	20
Mr Stephen Brearley	General surgery – Vascular	20
Mr Stephen Bryan	Ophthalmology	23
C		
Mr Paul Chatrath	CYPS – ENT	11
Mr Paul Chatrath	ENT	15
Mr Paul Chatrath	Plastic cosmetic surgery	27
Dr Sanjiv Chawda	Radiology	28
Mr Leo Cheng	CYPS – Maxillofacial and oral surgery	12
Mr Leo Cheng	Maxillofacial and oral surgery	22
Prof Frank Chinegwundoh MBE	Urology	30
Prof Chitta R Chowdhury	CYPS – ENT	11
Prof Chitta R Chowdhury	ENT	15
Dr Alex Clayton-Jolly	Radiology	28

D		
Dr M Guy Dabrera	Rheumatology	29
Dr Faye Dannhauser	General practitioners	18
Dr Thomas Dannhauser	Psychiatry	28
Dr Simon Davison	CYPS – Dermatology	10
Dr Simon Davison	Dermatology	14
Dr Rina Davison	Endocrinology	14
Dr Rina Davison	General medicine	16
Mr Andrew Deaner	Cardiology	10
Miss Nandita Deo	Gynaecology	21
Mr Michael Dilkes	CYPS – ENT	11
Mr Michael Dilkes	ENT	15

E		
Dr Arucha L. Ekeowa-Anderson	Dermatology	14
Mr Habib Ellamushi	Neurosurgery	22
Mr Habib Ellamushi	Orthopaedic surgery – Spinal	27
Dr Ahmed Elowaidy	Radiology	28
Dr Mohammed El’Sayad	CYPS – Radiology	13
Dr Mohammed El’Sayad	Radiology	28
Mr Ahmed Eweiss	CYPS – ENT	11
Mr Ahmed Eweiss	ENT	15

F		
Dr Ibrahim Fahal	General medicine	16
Dr Ibrahim Fahal	Nephrology	22
Dr Fahad Farooqi	Cardiology	10
Mr George Fayad	CYPS – ENT	11
Mr George Fayad	ENT	15
Mr Peter Frecker	General surgery – Breast surgery	18

G		
Indira Gadhvi	Special services	30
Ms Jasdeep Gahir	General surgery – Breast surgery	18
Ms Jasdeep Gahir	General surgery – Colorectal	19
Ms Jasdeep Gahir	General surgery – Upper GI	20
Mr Ian Garnham	Orthopaedic surgery – Foot and ankle	25
Priya Gir	Special services	30
Mr Mark JB Gittos	Plastic cosmetic surgery	27
Mr Boyd Goldie	Orthopaedic surgery – Elbow	23
Mr Boyd Goldie	Orthopaedic surgery – Hand and wrist	25
Mr Boyd Goldie	Orthopaedic surgery – Shoulder	26
Mr Stuart Graham	Urology	30
Mr Sandeep Gujral	CYPS – Urology	13
Mr Sandeep Gujral	Urology	30
Dr Sandy Gupta	Cardiology	10

H		
Mr Matthew Hanson	General surgery – Colorectal	19
Dr Sami Hoque	Gastroenterology	16
Mrs Sarah Hussain	Gynaecology	21

I		
Mr Niaz Islam	CYPS – Ophthalmology	12
Mr Niaz Islam	Ophthalmology	23
Mr Fortune Iwuagwu	Plastic cosmetic surgery	27

J

Mr Sabu Jacob	General surgery – Upper GI	20
Mr Sabu Jacob	General surgery – Vascular	21
Dr Noor Jahan	Radiology	29
Mr Anurag Jain	CYPS – ENT	11
Mr Anurag Jain	ENT	15
Dr Neeraj Jain	CYPS – Paediatric (clinicians)	13
Dr Roopa Jaiswal	General practitioners	18
Dr Ajith James	General medicine	16
Dr Ajith James	Nephrology	22
Dr Namita Jasani	CYPS – Dermatology	10
Dr Namita Jasani	Dermatology	14
Mr Samuel Jayaraj	CYPS – ENT	11
Mr Samuel Jayaraj	ENT	15
Dr John Jestico	Neurology	22

K

Mr Hesham Kaddour	CYPS – ENT	11
Mr Hesham Kaddour	ENT	15
Dr Honer Kadr	Cardiology	10
Mr Anand Kelkar	Urology	31
Dr Christopher Kelsey	Rheumatology	29
Dr Amjad Khan	CYPS – Dermatology	10
Dr Amjad Khan	Dermatology	14
Mr Arif Khan	Orthopaedic surgery – Spinal	27
Prof Charles Knight	Cardiology	10
Mr Yashwant Koak	General surgery – Upper GI	20
Mr Yashwant Koak	Weight loss surgery	31

Dr Jyotika Kohli	General practitioners	18
Miss Premila Kollipara	CYPS – Gynaecology	12
Miss Premila Kollipara	Gynaecology	21
Dr Paul Kooner	Gastroenterology	16
Dr Norman Kufakwaro	Pain management pain relief	27
Mr Shailesh Kulkarni	Urology	31
Mr Gaurav Kumar	CYPS – ENT	11
Mr Gaurav Kumar	ENT	15
Mr Gaurav Kumar	Plastic cosmetic surgery	27
Dr Sanjoy Kumar	General practitioners	18
Mr Sunil Kumar	CYPS – Orthopaedics	12
Mr Sunil Kumar	Orthopaedic surgery – Knee	26
Ms Elizabeth Kyriacos	Dieticians	14

L

Mr Mandeep Lamba	Orthopaedic surgery – Hip	25
Mr Mandeep Lamba	Orthopaedic surgery – Knee	26
Mr Gerassimos Lascaratos	Ophthalmology	23
Mr Shahbux Lashari	Orthopaedic surgery – Foot and ankle	25
Mr Brian Levack	Orthopaedic surgery – Hip	25
Mr Brian Levack	Orthopaedic surgery – Spinal	27
Dr Bradley Lewinsohn	Pain management pain relief	27

M

Gemma MacQueen	Special services	30
Dr Faryal Mahar	Genito-urinary medicine	21
Mr Kesava Mannur	General surgery – Upper GI	20
Dr Andrew M Margo	Psychiatry	28
Mr Mohammad Masood	Gynaecology	21
Mr Sean Masterson	Orthopaedic surgery – Hip	25
Mr Sean Masterson	Orthopaedic surgery – Knee	26
Mr Philip Mathew	Orthopaedic surgery – Hand and wrist	23
Dr John McAuley	Neurology	22
Dr Vivek Mehta	Pain management pain relief	27
Deborah Michaels	Special services	30
Dr Albert J Mifsud	Microbiology and virology	22
Mr Devesh Misra	CYPS – Gastrointestinal surgery	11
Mr Devesh Misra	CYPS – Urology	13
Dr Nizar Muhammed	Clinical neurophysiology	13
Mr Dip Mukherjee	General surgery – Upper GI	20

N

Dr Harish Nagraj	Radiology	29
Dr Zoltan Nagy	Radiology	29
Miss Roopa Nair	Gynaecology	21
Dr Krishnendu Nandy	Psychiatry	28
Dr Khash Nikookam	Endocrinology	14
Dr Khash Nikookam	General medicine	16
Mr Ako Nnochiri	Gynaecology	21

O

Louise Occomore	Special services	30
Mr Jimi Funlayo Odejinmi	Gynaecology	21
Dr Curtis Offiah	Radiology	29
Mr Arikoge Ogedegbe	General surgery – Breast surgery	18
Mr Arikoge Ogedegbe	General surgery – Upper GI	20
Mr Wallace Ogufere	Orthopaedic surgery – Elbow	23
Mr Wallace Ogufere	Orthopaedic surgery – Hand and wrist	25
Mr Wallace Ogufere	Orthopaedic surgery – Shoulder	26
Mr Akin Ojo	General surgery – Breast surgery	18
Mr Akin Ojo	General surgery – Endocrine and thyroid surgery	19
Mr Akin Ojo	General surgery – Upper GI	20
Mr Ben Okafor	CYPS – Orthopaedics	12
Mr Ben Okafor	Orthopaedic surgery – Foot and ankle	25
Mr Ben Okafor	Orthopaedic surgery – Spinal	27
Mr Isaac Opemuyi	Gynaecology	21
Mr Anthony Owa	CYPS – ENT	11
Mr Anthony Owa	ENT	15

P

Dr David Paige	CYPS – Dermatology	10
Dr David Paige	Dermatology	14
Dr Ioulios Palamaras	Dermatology	14
Mr Dipak Parmar	Ophthalmology	23
Mr Hitesh Patel	General surgery – Colorectal	19
Dr Riyaz S Patel	Cardiology	10
Dr Sandeep Pathak	Radiology	29
Miss Jhumur Pati	Urology	31
Miss Sudeshna Patra	Ophthalmology	22
Miss Caroline Payne	Plastic cosmetic surgery	28
Ms Tahmina Pearsall	Ophthalmology	23
Mr John Peters	Urology	31
Mr Mahesh Pimple	Orthopaedic surgery – Elbow	23
Mr Mahesh Pimple	Orthopaedic surgery – Hand and wrist	25
Mr Mahesh Pimple	Orthopaedic surgery – Shoulder	26
Mrs Gail Pinnock	Dieticians	14
Mr Antony Pittathankal	General surgery – Breast surgery	18
Mr Antony Pittathankal	General surgery – Endocrine and thyroid Surgery	19
Mr Antony Pittathankal	General surgery – Upper GI	20
Dr Kavita Poply	Pain management pain relief	27
Dr Debasish Pyne	Rheumatology	29

R

Mr Raj Ragoowansi	CYPS – Plastic surgery	13
Mr Raj Ragoowansi	Plastic cosmetic surgery	28
Dr Shefali Rajpopat	Dermatology	14
Miss Aruna Ramineni	Gynaecology	22
Mr Kandiah Ratnakumar	Orthopaedic surgery – Hip	25
Mr Kandiah Ratnakumar	Orthopaedic surgery – Knee	26
Dr Debi Ray	CYPS – Paediatric (clinicians)	13
Mr Khalil Razvi	Gynaecology	22
Dr Nick Reading	Radiology	29
Dr Euthalia Roussou	Rheumatology	29

S

Dr Syed A Saboor	General medicine	18
Dr Syed A Saboor	Respiratory medicine	29
Mr Mrinal Saharay	General surgery – Colorectal	19
Mr Mrinal Saharay	General surgery – Endocrine and thyroid Surgery	19
Dr Anshoo Sahota	CYPS – Dermatology	10
Dr Anshoo Sahota	Dermatology	14
Dr Dave Sawh	General practitioners	18
Dr Neha Sekhri	Cardiology	10
Mr Anish Shah	CYPS – Maxillofacial and oral surgery	12
Mr Anish Shah	Maxillofacial and oral surgery	22
Prof Shukri Shami	General surgery – Colorectal	19
Prof Shukri Shami	General surgery – Vascular	21

Mr Shivakumar Shankar	Orthopaedic surgery – Hip	25
Mr Shivakumar Shankar	Orthopaedic surgery – Knee	26
Mr Veeranna Shatkar	General surgery – Colorectal	19
Mr Paninchukannath Shridhar	Urology	31
Mr Amit Sinha	General surgery – Colorectal	19
Mr Chandrasen Kuma Sinha	CYPS – Gastrointestinal surgery	11
Ms Deepali Sinha	Gynaecology	22
Mr K.A. Ziali Sivardeen	Orthopaedic surgery – Knee	26
Mr K.A. Ziali Sivardeen	Orthopaedic surgery – Shoulder	27
Mr Steven Snooks	General surgery – Breast surgery	18
Mr Steven Snooks	General surgery – Colorectal	19
Dr S M Afzal Sohaib	Cardiology	10
Mr Manu Sood	CYPS – Plastic surgery	13
Mr Manu Sood	Plastic cosmetic surgery	28
Dr Rajiv Sood	CYPS – Paediatric (clinicians)	13
Mr Kesavan Sri-Ram	CYPS – Orthopaedics	12
Mr Kesavan Sri-Ram	Orthopaedic surgery – Foot and ankle	23
Mr Kesavan Sri-Ram	Orthopaedic surgery – Hip	26
Mr Kesavan Sri-Ram	Orthopaedic surgery – Knee	26
Dr Sivasubramaniam Srikumar	Psychiatry	28
Dr Nemanja Stojanovic	General medicine	18
Mr Ian Subak-Sharpe	Ophthalmology	23
Dr Imran Syed	Radiology	29

T

Dr Anil K Taneja	Cardiology	10
Dr Sudeep Tanwar	Gastroenterology	16
Mr Janavikulam Thiruchelvam	CYPS – Maxillofacial and oral surgery	12
Mr Janavikulam Thiruchelvam	Maxillofacial and oral surgery	22
Dr Julia Thomson	CYPS – Paediatric (clinicians)	13
Mrs Maria Tsimpida	CYPS – Ophthalmology	12
Mrs Maria Tsimpida	Ophthalmology	23
Mr Konstantinos Tsitskaris	Orthopaedic surgery – Hip	26
Mr Konstantinos Tsitskaris	Orthopaedic surgery – Knee	26

V

Mr Krishna Vemulapalli	CYPS – Orthopaedics	12
Mr Krishna Vemulapalli	Orthopaedic surgery – Foot and ankle	25

W

Dr Riadh A Wakeel	Dermatology	14
Dr Alan Watson	Gastroenterology	16
Dr Nayanakanthi K Wijayasundara	Radiology	29

Z

Mr Hadi Zambarakji	Ophthalmology	23
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How to get here

By tube

Redbridge Underground stations is walking distance from the hospital.

By bus

The hopper bus service 366 from Redbridge station stops opposite the hospital.

Parking

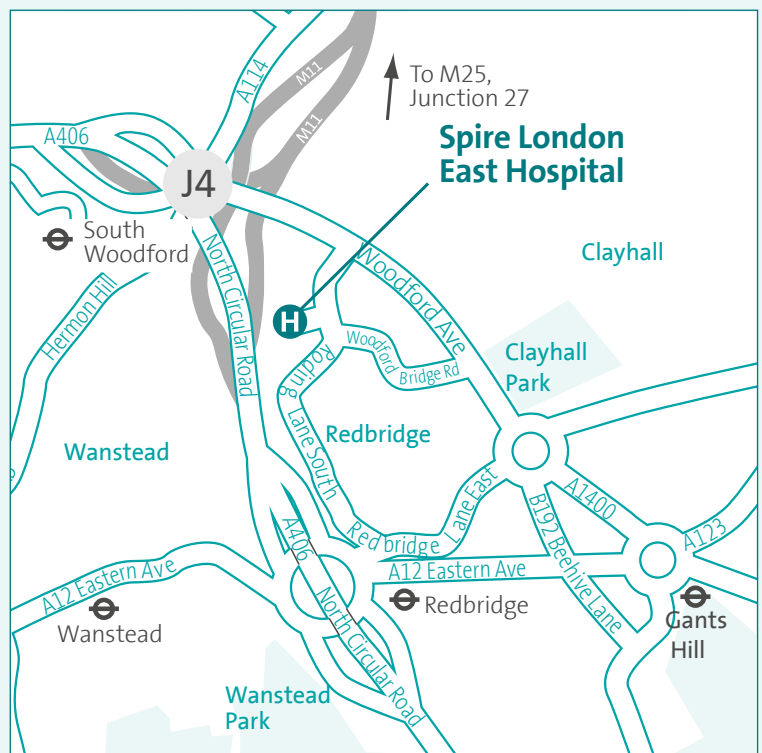
We have 152 car parking spaces, which are complimentary to all patients and visitors.

Just a couple of miles from the M11 and only 20 minutes on the Central line tube from the city of London. London City Airport is a short car journey of 20 minutes and Stansted airport is just a 30 minute drive.

Your local private hospital

Spire London East Hospital

Roding Lane South
Redbridge
IG4 5PZ



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