



Spire

Nottingham Hospital

Patient newsletter
August 2019



Care Quality
Commission

Inspected
and rated

Outstanding ★

Patient feedback

"My whole experience at Spire from my first contact to being discharged was stress free. I never felt anxious or concerned about my treatment and the whole team were professional, caring and totally focused on my well-being in every sense."

97% of patients are likely to recommend Spire Nottingham Hospital to friends and family

In-patient, satisfaction survey
June 2019.

Fed up of wearing glasses?

We are now offering patients a limited number of free 20 minute full consultations, weekly for Cataracts surgery and Refractive lens replacement with Mr Subramaniam, Consultant Ophthalmologist. [Find out more.](#)



New consultants

Dr Ashish Sharma
Consultant
Dermatologist



Dr Sharma treats patients with general dermatological complaints, including connective tissue disorders and inflammatory dermatoses.

[Find out more:](#)

Dr Mark Gillett
Sports and Exercise
Medicine Specialist



Dr Gillett sees professional footballers, athletes and patients needing help for any sports-related problems or general movement related pain.

[Find out more:](#)

Professor Mark Batt is riding the 1955 Mille Miglia route on a bike made from Bamboo

During September our Sport and Exercise Consultant, Professor Mark Batt will be riding 1000 miles on Bicycle made of bamboo with a team of 6 other cyclists they will aim to ride 50 – 70 miles each day.

This challenge is to raise money for the Lymphoedema Support Network.

The LSN is a national charity that provides information and support to people with lymphoedema.

[Read full article.](#)



Patient events:

One-stop hip and knee diagnosis evening. Come along and have a full consultation with Mr Khosrow Sehat, Consultant Orthopaedic Surgeon, including X-ray and a diagnosis in just one visit.

Wednesday 11 September,
5.30pm – 7pm

[Find out more:](#)

[Visit our website for more upcoming events.](#)

