



Spire
Nottingham Hospital

Patient Newsletter
July 2019



Care Quality Commission

Inspected and rated

Outstanding ★

One stop cardiology clinic

A One-Stop Cardiology Clinic is now available for private patients experiencing heart-related symptoms. If you're worried, come and get some answers.

Book now



Sports massage:

Sports massage is not just for sportsmen or women! It can also be used as an adjunct to your normal physiotherapy treatment or simply to relieve muscle tension or treat repetitive strain injuries, which everyone experiences from time to time.

We offer sports massage sessions which can vary depending on your needs.

60 mins session – £40

45 mins session – £30

30 min session – £20

Find out more



Need to see a GP this week?

We offer quick and easy access to private GP services - when you need it.

Evening and Saturday appointments available, **book online today**



Dr Shilpa Deb

Consultant Gynaecologist

Clinic times: Monday 4pm – 6pm

View full profile



A private consultation with Dr Deb costs £200 if you don't have private health insurance.

Dr Robert McIntosh

Consultant Cardiologist

Clinic times: Thursday 5pm – 8pm

View full profile



A private consultation with Dr McIntosh costs £150 if you don't have private health insurance.

Fundraising

We took part in the first Spire-wide Charity Challenge and had a target of running, walking and cycling to reach 1,000km and raise money for THET and Healing Little Hearts.

We reached 1,142km raised £624.



We're recruiting

Would you like to join the team at Nottinghamshire's only Outstanding CQC rated hospital?

We have exciting opportunities and offer a competitive salary and excellent benefits package. **Apply now.**

Our latest patient events:

We have free mini consultation events across various specialties, **find out more**

Why book a mini consultation?

- A chance to meet your consultant and discuss your next steps
- See our hospital and the facilities
- Get one-to-one advice from one of our expert consultants on the treatment options available for you

