



**Spire**  
Nottingham Hospital

**Patient Newsletter**  
April 2019



Care Quality  
Commission

Inspected  
and rated

Outstanding ★

### Patient feedback:

**98% of patients are likely to recommend Spire Nottingham Hospital**

Based on our patient survey from February 2019

**98%**

### Cochlear Ear Implants

We are delighted to inform you Cochlear Ear Implants are available at Spire Nottingham with Professor [Douglas Hartley](#), Consultant ENT Surgeon.



One of Professor Hartley's patients Peter Allen tells his story.

[Read here...](#)

### April is Bowel Cancer Awareness month

Spotting the symptoms can save your life!

That is the message from medical experts supporting Bowel Cancer Awareness Month, which runs throughout April. Consultant Colorectal Surgeon Mr Austin Acheson is calling on people to recognise the symptoms, [read full article here:](#)



### International IBS Awareness Month

Time to break the silence about IBS embarrassment!

Unfortunately, according to Consultant Gastroenterologist Dr Timothy Bowling more than 20 years later, people are still keeping the problem to themselves as they are embarrassed to discuss symptoms such as constipation, or excessive wind – even with their GP!, [read full article here:](#)



### New Consultants

#### Mr M Sarmad Tamimy

Consultant Plastic & Reconstructive Surgeon

He is a fully trained Plastic, Reconstructive and Cosmetic Surgeon with extensive experience in reconstructive and aesthetic surgery of more than 10 years.

Being trained initially as general surgeon and then honing down his skills for full further training in plastic surgery, he has more than two decades of experience in looking after and helping patients with surgical needs.

[Click here to view full profile](#)



### Patient Events

#### One Stop Hip & Knee Diagnosis Day

Mr Tony Westbrook, Consultant Orthopaedic Surgeon  
Saturday 4 May – 9.00am – 12.00pm

[FIND OUT MORE](#)

#### Breast Surgery Free Mini Consultations

Miss Monika Kaushik, Consultant Breast Surgeon  
Wednesday 8 May – 6.30pm – 8.30pm

[FIND OUT MORE](#)

#### Cosmetic Surgery Free Mini Consultations

Mr Matt Smith, Consultant Plastic Surgeon  
Thursday 9 May – 6.30pm – 8.30pm

[FIND OUT MORE](#)

#### Gynaecology Free Mini Consultations

Mr Katan Gajjar, Consultant Gynaecologist  
Monday 13 May – 2.00pm – 3.00pm

[FIND OUT MORE](#)

#### Varicose Vein Free Mini Consultations

Mr Akin Oluwole, Consultant Vascular Surgeon  
Thursday 16 May – 6.30pm – 8.30pm

[FIND OUT MORE](#)

#### General Surgery Free Mini Consultations

Mr James Catton, Consultant General Surgeon  
Tuesday 21 May – 6.30pm – 8.30pm

[FIND OUT MORE](#)

#### Paediatric Ear, Nose or Throat Mini Consultations

Mr Anand Kasbekar, Consultant ENT Surgeon  
Wednesday 22 May – 4.00pm – 6.00pm

[FIND OUT MORE](#)

#### Cosmetic Surgery Free Mini Consultations

Mr Jonathan Syme-Grant, Consultant Plastic Surgeon  
Wednesday 22 May – 6.30pm – 8.30pm

[FIND OUT MORE](#)

#### Varicose Vein Free Mini Consultations

Mr Bruce Braithwaite, Consultant Vascular Surgeon  
Various dates

[FIND OUT MORE](#)