



**Spire**

Edinburgh Hospitals

Murrayfield and Shawfair Park

## Physiotherapy services guide prices at Spire Edinburgh Hospitals

Physiotherapy appointment	
New appointment	£62
Follow-up (30 minutes)	£47
Sports injury clinic	
Consultation (consultant and physiotherapist – 30 minutes)	£95
Investigation results	£50
Steroid injections (single area)	£85
Individual sessions (price per session)	
Alter G initial 30 minutes supervised/60 minutes unsupervised	£35/£40
Alter G bronze package (300 minutes*)	£230
Alter G silver (480 minutes*)	£325
Alter G gold (720 minutes*)	£425
Isokinetics - initial assessment with report/follow-up sessions	£100
Personal trainer (60 minutes)	£37
Podiatrist - initial assessment	£80
Shockwave therapy (for three sessions including assessment)	£200

Intensive spine treatment	
Active spine care	
60 minutes 1:1	£84
In class (per session)	£70
Other services	
Clinical pilates (eight sessions)	£115
UV (per 15 min sessions)	£29
Specialist treatment/assessment (60 minutes) (ie vestibular, neuro, respiratory, headaches, spinal, TMJ)	£84

For physiotherapy appointments at Murrayfield contact 0131 316 2537.

For physiotherapy appointments at Shawfair contact 0131 654 5650.

\*AlterG sessions must be taken in blocks of 30 or 60 minute blocks

### Cancellation Policy

- You may be charged for your appointment if you fail to cancel less than 24 hours before appointment is due.
- Active Spine Care Programme requires significant personal commitment to be fully effective. Due to the intensive nature of the programme it is extremely important that all appointments are kept during your programme. We will attempt to reschedule any appointments missed due to illness however it must be noted that it may not be possible to maintain the appointment pattern and it may take place on a different day or at a different time. However, we cannot guarantee that we will be able to achieve this in all cases and appointments may be lost. Any appointment which is missed due to any other reason, ie work commitment, last minute holiday bookings etc will be charged to your account and that appointment will be lost.

### Additional Items

Additional items such as splints, supports and strapping are available with prices on request. Please note insurance companies do not cover the cost of these items.