

# Neurodevelopmental Paediatric Physiotherapy Services

A specialist service available for 0-17 year olds with neurological, developmental or orthopaedic conditions who require physiotherapy treatment advice or support to maximise their physical potential.

Specialist assessment, treatment and support is available for children requiring physiotherapy intervention to maximise function and independence. Children who experience difficulty with postural control, stability, co-ordination, hypermobility or fitness can access one to one paediatric physiotherapy sessions or join specialist group sessions to focus on individual goals and improve function.

Assessment, treatment and advice for babies and young children with congenital disorders, developmental delay or neurological conditions which effect development of movement is available within the clinic setting.

If you have concerns that your baby is not following the normal pattern of movement development: for example delay in head control, sitting balance or crawling, our Paediatric Physiotherapist can offer expert support and advice.

Our impressive gym facility is ideal for older children (7 years +) who require physiotherapy based exercise programmes specifically targeted to meet their individual needs.

## Common conditions seen include:

Cerebral Palsy • Developmental co-ordination disorders • Hypermobility Syndrome • Benign Hypotonia • Hypermobility • Selective Dorsal Rhizotomy (SDR) Rehabilitation • Neuromuscular diseases • Acquired brain injury

**To book an appointment contact our reception team on:**

 **023 8076 4348**

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 **[www.spireperform.com/southampton](http://www.spireperform.com/southampton)**

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