



| Item | Amazon | OUR PRICE |
|---------------------------------------|---------|-----------|
| SOFT OVER BALL BLUE | £7.20 | £2.50 |
| FITCORD 120CM RED LIGHT | £6.98 | £4 |
| FITCORD 120CM GREEN MEDIUM | £6.98 | £4 |
| FITCORD 120 CM BLUE STRONG | £6.98 | £4 |
| FITCORD 120 CM BLACK X HEAVY | £6.98 | £4 |
| NEOPRENE DUMBBELL PAIR 1.5KG | £11.99 | £5 |
| WRIST & ANKLE WEIGHTS 2 X 0.5KG | £10.69 | £5 |
| WRIST & ANKLE WEIGHTS 2 X 1.0KG | £12.79 | £5 |
| H2Pro Hydrate 500 | - | £5 |
| H2Pro Hydrate 1000 | - | £5 |
| H2Pro Hydrate 1500 | - | £5 |
| NEOPRENE DUMBBELL PAIR 2.0KG | £14.99 | £7 |
| BALANCE PAD | £12.99 | £8 |
| NEOPRENE DUMBBELL PAIR 3.0KG | £17.49 | £10 |
| NEOPRENE DUMBBELL PAIR 4.0KG | £23.49 | £10 |
| NEOPRENE DUMBBELL PAIR 5.0KG | £24.49 | £10 |
| STUDIO MAT | £15 | £10 |
| PHYSIQUE MASSAGE ROLLER | £19.99 | £13 |
| TIGER TAPE 5cm x 32m | - | £15 |
| LARGE FOAM ROLLER | £29.99 | £15 |
| PRO FOAM ROLLER 15 X 90 CM | - | £20 |
| GARMAN WATCH—VIVOSMART HR PUR | £74.97 | £70 |
| GARMAN WATCH—VIVOSMART HR + GPS BLACK | £129.97 | £90 |
| GARMAN WATCH—VIVOSMART HR + GPS BLUE | £129.97 | £90 |

www.spireperform.com/southampton. Telephone: 023 8076 4348

Perform Southampton Auckland Road, Millbrook, Southampton, SO15 0SD



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