



Mr Sanjiv Jari is a Consultant Orthopaedic Surgeon, Clinical Lecturer at Manchester University, Sports Medicine Surgeon and the founder of the Manchester Sports Medicine Clinic. He is also the author of thekneedoc.co.uk, and an international speaker on knee conditions.

I HAVE TORN MY ANTERIOR CRUCIATE LIGAMENT WHEN I INJURED MY KNEE SKIING. CAN IT BE REPAIRED?

Unfortunately the majority of ACL tears do not heal. This can result in your knee giving way when you twist on it. The only way to truly stabilize the knee is to reconstruct the ligament. The surgical technique I use can allow people to return back to sport at a quicker rate than is traditionally achieved.

I HAVE AN ARTHRITIC KNEE AND MY GP TELLS ME I NEED A KNEE REPLACEMENT. WILL I NEED TO STOP PLAYING GOLF?

Arthritis of the knee is a very common condition. Knee replacement surgery will allow you to return to many of your everyday activities, including certain sports. I perform this operation using a minimally invasive route. One advantage of this is that many patients are able to leave hospital two or three days after surgery.

I TWISTED MY KNEE WHILE PLAYING FOOTBALL. SINCE THEN MY KNEE HAS BEEN SWELLING. ANY ADVICE?

You may have torn the meniscus cartilage in your knee, which acts as a shock absorber. It is a common injury in all age groups. Surgery is required to remove the torn meniscus, which is performed as a day case using a keyhole (arthroscopic) procedure. Two or three small cuts are made around your knee, allowing the insertion of a camera and instruments. It normally takes two to four weeks to rehabilitate the knee and get you back to your normal activities.

I HAVE A BUNION ON MY FOOT AND I HAVE DECIDED I WANT TO HAVE SOMETHING DONE ABOUT IT. CAN YOU OUTLINE MY OPTIONS?

Surgical treatment will be needed to straighten the toe. The operation involves realigning the bone at the base of the toe, and tightening up the soft tissues.

Mr Sanjiv Jari Consultant knee and orthopaedic sports medicine surgeon
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