



Spire

Nottingham Hospital



GP lunch and learn programme

Looking after you.

Spire Nottingham Hospital is pleased to offer a free lunch and learn programme for local GP practices. One of our established consultants will visit your practice to provide an educational talk on a specialty or treatment of your choice and attendance certificates will be provided at all of our sessions.

A member of the Spire Nottingham Hospital team will also be present to provide a free lunch and will be available to answer any questions you may have about the hospital's services and referral process.

If you would like to book a consultant talk to be held at your surgery or if there is a specific topic you would like to know more about, please email GP Liaison Manager Katy Rose at katy.rose@spirehealthcare.com or call **07712 670 706**.

Consultants and topics currently available are listed below.

Allergy	Topics
Dr Alexandra Croom	Food allergy and intolerance, anaphylaxis, management of allergic rhinitis

Breast care	Topics
Mr Kristjan Asgeirsson	General breast health
Mr Hazem Khout	General breast health
Mr Jaroslaw Krupa	General breast health, breast cancer, common breast problems
Miss Poppy Valassiadou	General breast health, breast cancer, common breast problems

Cardiology	Topics
Dr Kamal Chitkara	General cardiology
Dr Iftikhar Fazal	Angina, heart failure, AFSyncope/blackouts, arrhythmias, pacemakers/defibrillators, ECG teaching for GPs
Dr Shahnaz Jamil-Copley	Cardiac rhythm management, bradycardias and tachycardia, drugs, pacemakers, ablation, ECG teaching, inherited cardiac arrhythmias
Dr Robert McIntosh	General cardiology

Colorectal	Topics
Professor John Scholefield	National Bowel Cancer Screening Programme, common anal conditions, colorectal cancer update, clinical negligence

Dermatology	Topics
Dr Anand Patel	Skin cancer and any dermatology diseases
Dr Sandeep Varma	Skin cancer, acne

Endocrinology	Topics
Dr Hisham Maksoud	General endocrinology

ENT	Topics
Mr Neil Fergie	General ENT
Professor Douglas Hartley	General ENT
Mr Anand Kasbekar	General ENT, otology, dizziness, balance disorders
Mr Yujay Ramakrishnan	Rhinology
Professor Anshul Sama	General ENT

Gastroenterology	Topics
Dr Tim Bowling	General gastroenterology

General surgery	Topics
Mr Adam Brooks	General surgery including gallbladder, hernia, liver and pancreas
Mr Iain Cameron	Update on HPB disease, acute abdominal pain
Mr Dhanwant Gomez	General surgery

Gynaecology	Topics
Mr Jafaru Abu	General gynaecology
Mr Ketan Gajjar	Gynaecological problems

Neurology	Topics
Dr Nin Bajaj	Migraine, dementia, Parkinson's disease, neurology Q & A

Ophthalmology	Topics
Mr Pavi Agrawal	General ophthalmology
Mr Amar Alwitry	General ophthalmology
Professor Anthony King	General ophthalmology
Mr Veerabahu Maharajan	General ophthalmology
Mr Srinivasan Subramaniam	Cataract surgery, refractive surgery and laser eye surgery
Ms Katya Tambe	Eyelid lumps, bumps and the oculoplastic spectrum

Oral and maxillofacial	Topics
Mr Andrew Sidebottom	TMJ disorders

Orthopaedic foot and ankle	Topics
Mr Sunil Dhar	General orthopaedics
Mr Martin Raglan	All foot and ankle questions Foot and ankle: What? When? Who?

Orthopaedic hand and wrist	Topics
Mr Dan Armstrong	Hand surgery - more than carpal tunnel

Orthopaedic hip and knee	Topics
Mr Benjamin Bloch	Hip and knee problems - what to look for and what can be done?
Mr David Hahn	General orthopaedics
Mr Andrew Manktelow	Hips: How to assess, when to refer, red flags and differentials if its not arthritis
Mr Tony Westbrook	Hips or knees (or both)

Orthopaedic shoulder and elbow	Topics
Mr John Geoghegan	Shoulders
Mr Ben Gooding	Shoulders
Mr Paul Manning	Shoulders
Mr Malin Wijeratna	Shoulder problems in Primary Care - when to refer?

Orthopaedic spinal	Topics
Mr Mike Grevitt	Spinal surgery
Mr Nasir Quraishi	Spinal surgery
Mr Khalid Salem	Spinal surgery
Mr Masood Shafafy	Spinal surgery

Paediatric	Topics
Dr Dinkar Bakshi	Introduction to allergic disorders in children and demonstration of skin prick testing, management of cows' milk allergy in children
Dr Pradip Thakker	Fits, faints and funny turns in children

Pain management	Topics
Dr Vanessa Hodgkinson	Pain management, medication, interventions
Dr Bala Veemarajan	General pain management

Physiotherapy
<p>Assessment of the painful shoulder</p> <p>The sporting shoulder</p> <p>Assessment of lower limb pain – from painful dysfunction to pain free function</p> <p>The use of physiotherapy in chronic lower back pain</p> <p>Falls prevention training</p>

Podiatric surgery	Topics
Mr Gary Boon	Foot disorders - diagnostic pearls to help aid the GP consultation

Respiratory	Topics
Professor Michael Steiner	Respiratory and sleep OP services

Sport & exercise medicine	Topics
Professor Mark Batt	How we can help – MSK services & exercising for health

Urology	Topics
Mr Dhaval Bodiwala	BPH and lower urinary tract symptoms including overactive bladder
Mr Gurminder Mann	Female urology and red flag symptoms
Mr Stephen Miller	Erectile dysfunction and andrology
Mr Hari Ratan	Stones: What to do/when to refer
Mr Tom Walton	PSA and prostate cancer

Vascular	Topics
Mr Bruce Braithwaite	When it is ok not to refer to secondary care
Mr Akin Oluwole	Complex aneurysm repair in Nottingham and varicose veins treatment; Whats new?

For more information about our consultants or upcoming GP education events visit www.spirenottingham.com



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