



Spire

London East

**2018**

Consultant Directory

Expert healthcare for your patients

[www.spirelondoneast.com](http://www.spirelondoneast.com)

*Looking after you.*

At Spire London East we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained team aim to consistently achieve excellent results. For us it's more than just treating patients, it's about looking after people.

To see a consultant at Spire London East:

Call 020 8551 1100  
Fax 020 8709 7877  
Email [info@spirelondoneast.com](mailto:info@spirelondoneast.com)  
Online [www.spirehealthcare.com/gpconnect](http://www.spirehealthcare.com/gpconnect)

### Insured patients

Policy number and pre-authorisation code are required at the time of booking an appointment.

We now see Children and Young people for Outpatient consultations 0-18 years of age, supported by our Paediatric Specialist Nurses. We also do interventional procedures by our Specialist Consultants from 3-18 years of age.

Full profiles for each consultant can be found at [www.spirelondoneast.com](http://www.spirelondoneast.com)

\* Please see a copy of Spire's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

## Spire Londond East – GP how to refer guide

### Self-funding patients

Patient will receive a referral letter from their GP.

Patients to contact the Private Patient Executives enquiry line on **020 8709 7817** for an appointment with their chosen consultant.

Patient takes referral letter with them to their appointment.

If diagnostic investigations or treatments are required, an all-inclusive fixed price is provided to the patient and they come in to hospital for their treatment.

We will keep you informed of your patients progress.

### Patients with private medical insurance

Patient needs a referral letter from their GP. This can be done via [spirehealthcare.com/gpconnect](http://spirehealthcare.com/gpconnect) or faxed to **020 8709 7805**, or the patient can take it to their first appointment.

Patient to contact their medical insurance provider to check the treatment is covered and get an authorisation code.

Patient to contact hospital out-patient bookings team on **020 8709 7878** for an appointment.

### NHS patients

Two referral options available.

Use e-referral online system to book appointments

[www.spirehealthcare.com/gpconnect](http://www.spirehealthcare.com/gpconnect) • GP Engagement Manager 020 8709 7876 • [info@spirelondoneast.com](mailto:info@spirelondoneast.com)

  
**Spire**  
London East

Don't know which consultant to refer to? Visit [www.spirelondoneast.com](http://www.spirelondoneast.com), where all our consultants are listed.



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# Main contacts

## Hospital Director

Adrian Brady  
Tel: 0208 709 7808 (ext. 2308)  
Fax: 020 8709 7877  
Email: adrian.brady@spirehealthcare.com

## Matron/ Head of Clinical Services

Patricia Turner  
Tel: 07568 429 176  
Fax: 020 8709 7877  
Email: patricia.turner@spirehealthcare.com

## PA to Hospital Director & Matron/Head of Clinical Services

Sarah Fryer  
Tel: 0208 709 7894  
Fax: 020 8709 7877  
Email: sarah.fryer@spirehealthcare.com

## Business Development Manager

Natasha Browne  
Tel: 020 8551 1100 ext 2430  
Fax: 020 8709 7877  
Email: natasha.browne@spirehealthcare.com

## Finance & Commercial Manager

Enrique De Los Santos  
Tel: 020 8709 8745  
Fax: 020 8709 7877  
Email: enrique.delossantos@spirehealthcare.com

## Operations Manager

Peter Harrington-Brain  
Tel: 0208 709 7842  
Fax: 020 8709 7877  
Email: Peter.harrington-brain@Spirehealthcare.com

## Governance & Risk Manager

Julie Gray  
Tel: 020 8551 1100  
Fax: 020 8709 7877  
Email: julie.gray@spirehealthcare.com

## Radiology Managers

Shamie Kumar  
Angela Birbeck  
Tel: 0208 709 7856  
Fax: 020 8709 7877  
Email: shamie.kumar@spirehealthcare.com  
Email: Angela.Birbeck@spirehealthcare.com

## Physiotherapy Manager

Raj Selvarajah  
Tel: 020 8551 1100  
Fax: 020 8709 7877  
Email: Raj.selvarajah@spirehealthcare.com

## Theatre Manager

Maureen McNabb  
Tel: 020 8709 7865  
Fax: 020 8709 7877  
Email: maureen.mcnabb@spirehealthcare.com

## Outpatients Manager

Joy Francisco  
Tel: 020 8551 1100 ext. 2365  
Fax: 020 8709 7877  
Email: joy.francisco@spirehealthcare.com

## Wards Manager

Roseann Barker  
Tel: 020 8551 1100 ext. 2103  
Fax: 020 8709 7877  
Email: roseann.barker@spirehealthcare.com

## GP Engagement Manager

Armin Sabotic  
Tel: 07568 429 746  
Fax: 020 8709 7877  
Email: armin.sabotic@spirehealthcare.com

## GP Line (for direct appointments)

Tel: 020 8550 2156

## Emergency admissions

Senior nurse  
Tel: 020 8551 1100  
Fax: 020 8709 7877

## In-patient Bookings Team Leader

Sue Burke  
Tel: 020 8709 7898  
Fax: 020 8709 7854  
Email: sue.burke@spirehealthcare.com

## Out-patient appointments

Tel: 020 8709 7878  
Fax: 020 8709 7877  
Email: outpatrd@spirehealthcare.com

## Pharmacy

Tel: 020 8709 7883

## Physiotherapy appointments

Tel: 020 8709 7835  
Fax: 020 8709 7803  
Email: rdphysio@spirehealthcare.com

## Radiology appointments

Tel: 020 8709 7856  
Fax: 020 8709 7875  
Email: roradmin@spirehealthcare.com

## Self-pay private treatment enquiries

Tel: 020 8709 7817  
Fax: 020 8709 7877  
Email: info@spireroding.com

## Switchboard

Tel: 020 8551 1100  
Fax: 020 8709 7877

## Wards – 1st floor

Tel: 020 8709 7862





**Spire** Children and Young  
People's Service



## Children and Young People's Service

We provide specialist advice, diagnosis and treatment for children and young people.

From the first out patient appointment through to discharge, our experienced paediatrics team is committed to making our young patients and their families feel reassured and comfortable.



02081 857 692



[info@spirelondoneast.com](mailto:info@spirelondoneast.com)



[www.spirelondoneast.com](http://www.spirelondoneast.com)

*Looking after you.*

## C

### Cardiology

#### Dr Andrew Deaner

General cardiology, angioplasty and stents, echocardiography, pregnant women with heart disease

NHS Trust base: King George Hospital/The London Chest Hospital

**Clinic times: Tue pm and Thurs pm**

**Appointments: 020 8709 7878**

#### Dr Fahad Farooqi

Chest pain, palpitations, hypertension, heart failure, general cardiology

NHS Trust base: King George Hospital/ St Barts Hospital, London

**Clinic times: Sat am**

**Appointments: 020 8709 7878**

#### Dr Sandy Gupta

General cardiology

NHS Trust base: Whipps Cross University Hospital/St Barts Hospital

**Clinic times: Fri pm**

**Appointments: 020 8709 7878**

#### Dr Honer Kadr

Chest Pain - Hypertension, Heart Failure and Palpitations

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

#### Prof Charles Knight

Interventional cardiology, chest pain assessment, acute coronary syndromes, general cardiology

NHS Trust base: King George Hospital/ Barts and the London NHS Trust

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

#### Dr Jeremy Sayer

General cardiology, coronary artery disease and interventional cardiology, palpitations, syncope, cardiac pacing

NHS Trust base: The Essex Cardiothoracic Centre, Basildon/Princess Alexandra Hospital, Harlow

**Clinic times: Fri pm**

**Appointments: 020 8709 7878**

#### Dr Neha Sekhri

General Cardiology, heart failure, cardiomyopathies, myocarditis

NHS Trust base: Barts Heart Centre/Newham University hospital

**Clinic times: Mon pm**

**Appointments: 0208 709 7878**

#### Dr Anil K Taneja

General cardiology, Hypertension, Dyslipidaemia, Heart Failure, Syncope, cardiac arrhythmias, Coronary artery disease, Valvular Heart disease, Cardiomyopathy, Echocardiography, Nuclear Cardiology, Cardiac CT

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Fri**

**Appointments: 020 8709 7878**

### Clinical neurophysiology

#### Dr Nizar Muhammed

EMG, EEG, epilepsy and Evokedpotentials

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

## D

### Dermatology

#### Dr Arucha L. Ekeowa-Anderson

Genital dermatology – women and men, skin cancer, acne, eczema & psoriasis

NHS Trust base: Barts Health NHS Trust

**Clinic times: Sat**

**Appointments: 020 8709 7878**

#### Dr Anthony Bewley

Inflammatory skin disease, Skin cancer, Psychodermatology, Skin infection

NHS Trust base: Royal London & Whipps Cross University Hospital

**Clinic times: Tues pm**

**Appointments: 020 8709 7878**

#### Dr Simon Davison

Inflammatory skin disease, eczema, psoriasis, skin cancer

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon am/Fri pm**

**Appointments: 020 8709 7878**

#### Dr Fawad Hussain

Skin cancer, mole checks, acne, psoriasis

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thurs pm**

**Appointments: 020 8709 7878**

#### Dr Amjad Khan

Paediatric skin conditions, Eczema, Acne, Nail and Hair issues, Psoriasis and birthmarks

NHS Trust base: Queen's Hospital, Romford

**Clinic times: Wed am**

**Appointments: 020 8709 7878**

#### Dr David Paige

Paediatric dermatology, skin cancer, male genital dermatology, mole screening

NHS Trust base: Barts and the London NHS Trust

**Clinic times: Wed pm**

**Appointments: 020 8709 7878**

### Dr Ioulios Palamaras

General skin conditions (acne/eczema/psoriasis), advanced skin surgery, mole screening and skin cancer, hair loss

NHS Trust base: Royal Free NHS Foundation Trust

**Clinic times:** Alt Tue eve

**Appointments:** 0208 709 7878

### Dr Shefali Rajpopat

General dermatology, skin cancer and moles, acne, eczema

NHS Trust base: Barts Health NHS Trust

**Clinic times:** Sat am

**Appointments:** 020 8709 7878

### Dr Anshoo Sahota

Skin cancers, skin surgery, acne, rashes, excessive sweating

NHS Trust base: Whipps Cross University Hospital/Barts Health NHS Trust

**Clinic times:** Wed pm

**Appointments:** 020 8709 7878

### Dr Roberto Verdolini

Skin cancer, skin surgery, acne, vitiligo, hair and nail disorders, hair loss, urticaria, excessive sweating, genital dermatology

NHS Trust base: Princess Alexandra Hospital, Harlow

**Clinic times:** Friday am

**Appointments:** 020 8709 7878

### Dr Riadh A Wakeel

General dermatology, skin cancer treatment and surgery, paediatric dermatology

NHS Trust base: The Whittington Hospital NHS Trust

**Clinic times:** Mon pm/Wed am

**Appointments:** 020 8709 7878

## Dieticians

### Mrs Gail Pinnock

Specialist bariatric surgery, Weight Management Dietician

NHS Trust base: Homerton University Hospital

**Clinic times:** Alt Fri am and pm

**Appointments:** 0208 709 7878

## E

## Endocrinology

### Dr Rina Davison

Diabetes, hypertension, hyperlipidaemia, thyroid problems, endocrinopathy, polycystic ovarian syndrome, hirsutism, female hair loss

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Mon pm

**Appointments:** 020 8709 7878

### Dr Belayet Hossain

General Endocrinology, Diabetes Mellitus, Thyroid disorders, Use of Testosterone in the aging male

NHS Trust base: Queens Hospital

**Clinic times:** By arrangement

**Appointments:** 0208 709 7878

### Dr Khash Nikookam

Diabetes, thyroid problems, lipids, diabetic foot problems

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Wed pm

**Appointments:** 020 8709 7878

## ENT

### Mr Yogesh Bajaj

Paediatric ENT, hearing loss, sinus surgery, laryngology

NHS Trust base: Barts NHS Trust & Royal London Hospitals

**Clinic times:** Thu am

**Appointments:** 020 8709 7878

### Mr Abir Bhattacharyya

General ENT, otology, endoscopic sinus surgery, voice disorders, paediatric ENT

NHS Trust base: Whipps Cross University Hospital/ Barts Health NHS Trust

**Clinic times:** Mon am/Tue pm/Wed am/Sat am

**Appointments:** 020 8709 7878

### Mr Paul Chatrath

Sinusitis, Balloon sinuplasty, Septorhinoplasty, Paediatric ENT disorders (adenotonsillectomy, grommets), Voice problems

NHS Trust base: Charing Cross Hospital (Imperial Healthcare NHS Trust)/BHRUT

**Clinic times:** Tue am/ Sat am

**Appointments:** 020 8709 7878

### Professor Chitta R Chowdhury

Surgical rhinology, endoscopic sinus and nasal surgery, paediatric ENT, deafness (adults and children), voice disorder.

NHS Trust base: Queens Hospital

**Clinic times:** Wed am and alt Sat am

**Appointments:** 020 8709 7878

## Mr Michael Dilkes

Tonsillectomy by laser, nose unblocking, snoring, allergy-rhinitis  
NHS Trust base: BARTS NHS Trust

**Clinic times: Fri pm**

**Appointments: 020 8709 7878**

## Mr Ahmed Eweiss

Sinus surgery, rhinoplasty, snoring surgery, benign neck lumps  
NHS Trust base: Barking, Havering and Redbridge University Hospitals

**Clinic times: Mon pm**

**Appointments: 020 8709 7878**

## Mr Anurag Jain

Head and Neck and Thyroid Surgery, Paediatrics ENT, Rhinology, Otolaryngology

NHS Trust base: Queen's Hospital Romford

**Clinic times: Mon am**

**Appointments: 020 8709 7878**

## Mr Samuel Jayaraj

Rhinology (modern nose and sinus surgery, allergy, snoring), paediatric ENT, otology (ear and balance disorders), balloon sinuplasty, rhinoplasty (cosmetic and breathing)

NHS Trust base: Whipps Cross University Hospital and Barts Health NHS trust

**Clinic times: Thu pm/Fri pm**

**Appointments: 020 8709 7878**

## Mr Sherif Khalil

Otolaryngology, paediatric otolaryngology neuro-otology

NHS Trust base: Royal National Throat, Nose and Ear Hospital

**Clinic times: Fridays**

**Appointments: 020 8709 7878**

## Mr Gaurav Kumar

Otolaryngology (Endoscopic Ear Surgery), Rhinology (Balloon Sinus surgery and Rhinoplasty), Paediatric ENT (adenotonsillectomy and Grommets), Voice disorders

NHS Trust base: Barking, Havering and Redbridge Hospital NHS Trust

**Clinic times: Mon pm/ Fri eve**

**Appointments: 020 8709 7878**

## Mr Anthony Owa

General ENT, Ear and balance problems, sinus disease and nasal complaints, paediatrics

NHS Trust base: Barking, Havering and Redbridge University NHS Trust

**Clinic times: Wed eve**

**Appointments: 020 8709 7878**

## Mr Michael Papesch

General and paediatric ENT, thyroid and salivary gland surgery, head and neck cancer surgery

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Mon pm/Tue pm**

**Appointments: 020 8709 7878**

## G

## Gastroenterology

### Dr Munir Ahmed

Dyspepsia, bowel dysfunction, liver disease, endoscopy

NHS Trust base: King George Hospital

**Clinic times: Tue am**

**Appointments: 020 8709 7878**

### Dr Waseem Ashraf

Colorectal cancer, screening and surveillance, IBD, dyspepsia management, hepatopancreatobiliary disorders/jaundice, diagnostic and therapeutic endoscopy/colonoscopy, ERCP, capsule endoscopy, balloon enteroscopy

NHS Trust base: King George Hospital

**Clinic times: Mon pm/ Wed pm/ Tue, Thu, Sat (new patients only)**

**Appointments: 020 8709 7878**

### Dr Edward Bettany

Gastrointestinal cancer screening and surveillance, Crohn's disease, liver disease, dyspepsia and IBS, hepatobiliary/pancreatic disorders/jaundice, therapeutic endoscopy, nutritional support

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust/Barts and the London NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7878**

### Dr Sami Hoque

Inflammatory bowel disease, Crohn's disease, ulcerative colitis, complex irritable bowel syndrome, liver disorders, fatty liver, dyspepsia

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Mon pm / Wed pm**

**Appointments: 020 8709 7878**

### Dr Paul Kooner

General Gastroenterology, Inflammatory bowel disease, GI Endoscopy, Liver Disease, Hepatology

NHS Trust base: Royal London Hospital, Queens Hospital

**Clinic times: Fri pm**

**Appointments: 020 8709 7878**

### Dr Vasu Kulhalli

Irritable bowel syndrome, Endoscopy, indigestion, inflammatory bowel disease and intestinal/bowel cancer

NHS Trust base: Newham University Hospital NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7878**

### Dr Alan Watson

Endoscopy, irritable bowel syndrome, indigestion, intestinal/bowel cancer and inflammatory bowel disease, Obalon, liver disorders

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Mon pm and by arrangement**

**Appointments: 020 8709 7878**



## General medicine

### Dr Naeem Ahmad

Adult/elderly medicine, memory problems, osteoporosis, obesity  
NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Fri pm

**Appointments:** 020 8709 7878

### Dr Rajesh Banka

Respiratory medicine, sleep disorders and studies, asthma, COPD, lung cancer

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Tue pm/ Thu pm

**Appointments:** 020 8709 7878

### Dr Edward Bettany

Gastrointestinal cancer screening and surveillance, dyspepsia and IBS, hepatobiliary/pancreatic disorders/jaundice, therapeutic endoscopy, nutritional support, obesity

NHS Trust base: King George Hospital

**Clinic times:** Mon pm

**Appointments:** 020 8709 7878

### Dr Rina Davison

Diabetes, hypertension, hyperlipidaemia, thyroid problems, endocrinopathy, polycystic ovarian syndrome, hirsutism, female hair loss

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Mon am

**Appointments:** 020 8709 7878

### Dr Ibrahim Fahal

Urinary abnormalities, hypertension, diabetic nephropathy and chronic kidney disease

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Monday pm

**Appointments:** 020 8709 7878

### Dr Ajith James

Renal anaemia, renal bone disease, general internal medicine

NHS Trust base: Barts and the London NHS Trust/The Royal London NHS Trust

**Clinic times:** By arrangement

**Appointments:** 020 8709 7878

### Dr Khash Nikookam

Diabetes, thyroid and hormone problems, lipids, obesity, diabetic foot problems

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust/King George Hospital

**Clinic times:** Wed pm

**Appointments:** 020 8709 7878

### Dr Syed A Saboor

Asthma, lung cancer, sarcoidosis, TB

NHS Trust base: Royal Free London NHS Foundation Trust. Retired

**Clinic times:** Sat am

**Appointments:** 020 8709 7878

### Dr Rod Storring

COPD, Asthma, chronic cough, Shortness of breath

NHS Trust base: King George Hospital

**Clinic times:** Mon pm/Thu pm

**Appointments:** 020 8709 7878

### Dr Rajendra Yadava

Neurovascular health, Acute Stroke, Botulinum Toxin Injections, Facilitated electrical Stimulation

NHS Trust base: The Royal London Hospital & Whipps Cross University Hospital

**Clinic times:** By arrangement

**Appointments:** 020 8709 7878

## General surgery

### Breast Surgery

#### Mr Peter Frecker

Breast cancer, breast care

NHS Trust base: Whipps Cross University Hospital/Barts Health NHS Trust

**Clinic times:** Fri pm

**Appointments:** 020 8709 7878

#### Ms Jasdeep Gahir

Breast Surgery, Breast Care, General Surgery

NHS Trust base: North Middlesex NHS Trust

**Clinic times:** Tue am

**Appointments:** 020 8709 7878

#### Ms Tasha Gandamihardja

Breast cancer, benign breast lumps, breast pain, breast reconstruction

NHS Trust base: North Middlesex University Hospital NHS Trust

**Clinic times:** Fri am

**Appointments:** 020 8709 7878

#### Mr Arikoge Ogedegbe

Breast, hernia, paediatric surgery, gall stones

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Wed eve

**Appointments:** 020 8709 7878

#### Mr Akin Ojo

Breast care, endocrine (thyroid and parathyroid surgery), general surgery, laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Mon pm/ alt Sat am

**Appointments:** 020 8709 7878

#### Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Thu pm/Fri pm

**Appointments:** 020 8709 7878

#### Mr Steven Snooks

Breast care, colorectal, hernia and laparoscopic gallbladder surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Wed eve

**Appointments:** 020 8709 7878

## Colorectal

### Mr Aman Bhargava

Upper/lower gastrointestinal surgery, endoscopy, advanced laparoscopic surgery, ventral and inguinal hernia repair, anti-reflux surgery, gallbladder disease

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Tue am/Fri pm**

**Appointments: 020 8709 7878**

### Ms Jasdeep Gahir

Breast Surgery, Breast Care, General Surgery

NHS Trust base: North Middlesex NHS Trust

**Clinic times: Tue am**

**Appointments: 020 8709 7878**

### Mr Pasquale Giordano

Laparoscopic surgery, haemorrhoids, hernia, endoscopy

NHS Trust base: Barts Health NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7878**

### Mr Matthew Hanson

Advanced laparoscopic, hernia surgery, gallbladder surgery, minor lump removal, colonic and rectal surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

### Mr Hitesh Patel

Hernia repair surgery, laparoscopic colorectal surgery, colonoscopy and endoscopy, gallbladder surgery, proctology

NHS Trust base: Barts Health NHS Trust

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

### Mr Mrinal Saharay

Hernia, Gall Bladder Surgery, Colonoscopy, Gastroscopy, Haemorrhoids, Bowel Disorders, Endocrine & Thyroid

NHS Trust base: Queens Hospital Romford

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

### Prof Sukri Shami

Varicose Veins, Hernia Repair, Haemorrhoids (Piles) and Gall bladder disease, treatment for thread veins including facial veins, rectal bleeding, anal and bowel disorders, excision of cysts and lipomas, lumps and bumps, keyhole surgery, skin lesions.

NHS Trust base: Private Only

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

### Mr Amit Sinha

Gallstones, hernia, haemorrhoids, anal fissure/fistula, pilonidal sinus

NHS Trust base: Newham University Hospital

**Clinic times: Tue and Thu am**

**Appointments: 020 8709 7878**

### Mr Steven Snooks

Breast care, colorectal, hernia and laparoscopic gallbladder surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Wed eve**

**Appointments: 020 8709 7878**

## Endocrine and Thyroid Surgery

### Mr Paul Flora

Vascular/endovascular surgery, minimal access and laparoscopic surgery, endocrine, hernia, thyroid, parathyroid, hyperhidrosis, general surgery

NHS Trust base: Barts and the London NHS Trust

**Clinic times: Mon pm/Sat am**

**Appointments: 020 8709 7878**

### Mr Akin Ojo

Breast care, endocrine (thyroid and parathyroid surgery), general surgery, laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon pm/ alt Sat am**

**Appointments: 020 8709 7878**

### Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm/Fri pm**

**Appointments: 020 8709 7878**

### Mr Mrinal Saharay

Hernia, Gall Bladder Surgery, Colonoscopy, Gastroscopy, Haemorrhoids, Bowel Disorders, Endocrine & Thyroid

NHS Trust base: Queens Hospital Romford

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

## Upper GI

### Mr Sanjay Agrawal

Laparoscopic surgery, hernia, groin and incisional repair, heartburn, gallbladder surgery or gallstones, anti-reflux surgery, GORD

NHS Trust base: Homerton University Hospital

**Clinic times: Mon am/Wed pm**

**Appointments: 020 8709 7878**

### Mr Aman Bhargava

Upper/lower gastrointestinal surgery, endoscopy, advanced laparoscopic surgery, ventral and inguinal hernia repair, anti-reflux surgery, gallbladder disease

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Tue am/Fri pm**

**Appointments: 020 8709 7878**

### Mr Abrie Botha

Swallowing Disorders, Obesity, Hernias, Reflux disease, Laparoscopic Surgery and Endoscopy

NHS Trust base: Guy's and St Thomas' Hospital

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

### Mr Stephen Brearley

Arterial disease, varicose veins (endovenous treatment), hyperhidrosis (excessive sweating), general paediatric surgery, hernia, gallbladder

NHS Trust base: North Middlesex NHS Trust

**Clinic times: Tue am**

**Appointments: 020 8709 7878**

### Ms Jasdeep Gahir

Breast Surgery, Breast Care, General Surgery

NHS Trust base: North Middlesex NHS Trust

**Clinic times: Tue am**

**Appointments: 020 8709 7878**

### Mr Sabu Jacob

Vascular surgery, laparoscopic surgery, VNUS™ closure of varicose veins, laparoscopic hernia/gallbladder surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust, Queen and King George Hospital

**Clinic times: Thu pm/Sat am**

**Appointments: 020 8709 7878**

### Mr Yashwant Koak

Bariatric and upper GI surgery

NHS Trust base: Homerton University Hospital

**Clinic times: Alt Fri am**

**Appointments: 020 8709 7878**

### Mr Kesava Mannur

Obesity/bariatric surgery, heartburn surgery, gallbladder, hernia surgery

NHS Trust base: Homerton University Hospital/ The Royal London NHS Trust

**Clinic times: Tue pm/Fri pm**

**Appointments: 020 8709 7878**

### Mr Arikoge Ogedegbe

Breast, hernia, paediatric surgery, gall stones

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Wed eve**

**Appointments: 020 8709 7878**

### Mr Akin Ojo

Breast care, endocrine (thyroid and parathyroid surgery), general surgery, laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon pm/ alt Sat am**

**Appointments: 020 8709 7878**

### Mr Antony Pittathankal

Breast cancer, breast plastic and reconstructive surgery, thyroid, general and laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm/Fri pm**

**Appointments: 020 8709 7878**

## Vascular

### Mr Stephen Brearley

Arterial disease, varicose veins (endovenous treatment), hyperhidrosis (excessive sweating), general paediatric surgery, hernia, gallbladder

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Wed eve**

**Appointments: 020 8709 7878**

### Mr James Crinnion

Vascular surgery, endocrine surgery, varicose veins, laparoscopic cholecystectomy, hernia repair

NHS Trust base: Whipps Cross University Hospital/ Bartshealth / The Royal London Hospital

**Clinic times: Wed pm**

**Appointments: 020 8709 7878**

### Mr Paul Flora

Vascular/endovascular surgery, minimal access and laparoscopic surgery, endocrine, hernia, thyroid, parathyroid, hyperhidrosis, general surgery

NHS Trust base: Barts and the London NHS Trust

**Clinic times: Mon pm/Sat am**

**Appointments: 020 8709 7878**

### Mr Sabu Jacob

Vascular surgery, laparoscopic surgery, VNUS™ closure of varicose veins, laparoscopic hernia/gallbladder surgery

NHS Trust base: Queen's and King George Hospitals

**Clinic times: Thu pm/Sat am**

**Appointments: 020 8709 7878**

### Prof Shukri Shami

Varicose Veins, Hernia Repair, Endoscopy

NHS Trust base: Private Only

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

## G

### Genito-urinary medicine

#### Dr Faryal Mahar

Recurrent genital thrush and bacterial vaginosis, vulval pain conditions, vulvodynia, vaginismus, genital dermatosis, lichen sclerosus and other genital skin conditions, contraception including Implanon and Mirena/IUD's insertion

NHS Trust base: St Alban's City Hospital NHS Trust

**Clinic times: Sat am and Mon pm**

**Appointments: 020 8709 7878**

### Gynaecology

#### Miss Sangeeta Agnihotri

General gynaecology, maternal medicine, abnormal bleeding, PCOS, minimal access surgery, fibroids, heavy periods

NHS Trust base: Newham University Hospital

**Clinic times: Thurs pm**

**Appointments: 020 8709 7878**

#### Mr Henry Annan

Fibroids, Colposcopy, Vulval Disease + Heavy menses

NHS Trust base: Private patients only/formerly Whipps Cross University Hospital

**Clinic times: Wed am**

**Appointments: 020 8709 7878**

#### Miss Farida Bano

General gynaecology, colposcopy, urogynaecology, hysteroscopy, laparoscopy

NHS Trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinic times: Tue/Fri am/Sat pm**

**Appointments: 020 8709 7878**

#### Miss Nandita Deo

Menstrual disorder, infertility, colposcopy, hysteroscopy, keyhole surgery, laparoscopic surgery, menopausal symptoms, prolapse, fibroids, ovarian cysts, endometriosis, and polycystic ovarian syndrome.

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Wed am/Fri pm**

**Appointments: 020 8709 7878**

#### Mrs Sarah Hussain

Urogynaecology, minimal invasive gynaecological surgery, vaginal pelvic reconstructive surgery, incontinence, menstrual disorders

NHS Trust base: Private Only

**Clinic times: Wed pm/Sat am**

**Appointments: 020 8709 7878**

#### Mr Arjun Jeyarajah

General gynaecology, colposcopy, gynaecological oncology, laparoscopic surgery

NHS Trust base: St Barts Hospital

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

#### Miss Premila Kollipara

Minimal access surgery, colposcopy, Adolescent gynaecology, Urogynaecology

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust, Queen and Kind George Hospital

**Clinic times: Mon, Tue, Thur, Fri and Sat am/pm**

**Appointments: 020 8709 7878**

#### Dr Faryal Mahar

Genital pain syndromes, Complex female discharges and Contraception

NHS Trust base: St Albans City Hospital. CLCH NHS Trust

**Clinic times: By arrangement**

**Appointments: 020 8709 7878**

#### Mr Mohammad Masood

General gynaecology, Laparoscopic Hysterectomy, menstrual disorders, PCOS, Endometriosis and Ovarian Cysts

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thurs am alt weeks**

**Appointments: 020 8709 7878**

#### Miss Roopa Nair

Urogynaecology (urinary incontinence and prolapse), menstrual disorders, fibroids, pelvic pain

NHS Trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinic times: Fri eve**

**Appointments: 020 8709 7878**

#### Mr Ako Nnochiri

Large fibroids, urogynaecology, laparoscopic hysterectomy, menstrual disorders, endometriosis and ovarian cysts

NHS Trust base: Barking, Havering and Redbridge University Hospitals NHS Trust

**Clinic times: Mon eve/Thu eve**

**Appointments: 020 8709 7878**

#### Mr Jimi Funlayo Odejinmi

Advanced minimal access surgery, urogynaecology, advanced endometriosis, fibroids

NHS Trust base: Barts Health NHS Trust/ Whipps Cross University Hospital

**Clinic times: Mon am**

**Appointments: 020 8709 7878**

#### Mr Isaac Opemuyi

Early pregnancy problems, menstrual problems, acute gynaecology, minimal access surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Thu pm/Sat pm**

**Appointments: 020 8709 7878**



### Dr Aruna Ramineni

Obstetrics and general Gynaecology, sub fertility, benign gynaecology  
NHS Trust base: Queens Hospital

**Clinic times: Thu pm**

**Appointments: 020 8709 7878**

### Mr Khalil Razvi

Colposcopy, Cancer & Screening, Period abnormalities, Endometriosis, Kyehole surgery including hysterectomy, Prolapse, Fibroids, Vulva/ Vaginal disorders

NHS Trust base: Southend University Hospital

**Clinic times: Wed eve**

**Appointments: 020 8709 7878**

## H

### Haematology

#### Dr Paraj Jasani

Lymphoma, leukaemia, Thrombosis and Abnormal blood counts

NHS Trust base: Basildon and Thurrock University Hospital

**Clinic times: Sat am**

**Appointments: 020 8709 7878**

## M

### Maxillofacial and oral surgery

#### Mrs Prableen Anand

Dental anxiety, treatment under general anaesthesia for decay or surgery, dental trauma, dental abnormalities/defects

NHS Trust base: Eastman Dental Hospital, UCLH NHS Trust

**Clinic times: Mon am**

**Appointments: 020 8709 7878**

#### Mr Leo Cheng

Oral Surgery and Medicine, Benign and Malignant conditions of mouth, face, head and neck (including thyroid and skin), Salivary gland surgery, Temporomandibular joint conditions

NHS Trust base: St Bartholomew's, The Royal London and Homerton University Hospitals, London

**Clinic times: Thu am/ Fri pm**

**Appointments: 020 8709 7878**

#### Mr Anish Shah

Wisdom teeth, oral ulceration, red/white patches, oral surgery

NHS Trust base: Formerly South Essex University NHS Foundation Trust

**Clinic times: Thurs eve**

**Appointments: 020 8709 7878**

#### Mr Janavikulam Thiruchelvam

Dental implants, oral surgery, skin cancer surgery, Salivary gland surgery

NHS Trust base: Royal Free NHS Trust

**Clinic times: Tue pm/ Wed pm/ Sat am**

**Appointments: 020 8709 7878**

### Microbiology and Virology

#### Dr Albert J Mifsud

Clinical infection, infection control

NHS Trust base: Whipps Cross Hospital, Barts Health

**Clinic times: by arrangement**

**Appointments: 020 8709 7878**

## N

### Nephrology

#### Dr Ibrahim Fahal

Chronic kidney disease, diabetic nephropathy and hypertension

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Fri pm**

**Appointments: 020 8709 7878**

#### Dr Ajith James

Renal medicine, general internal medicine

NHS Trust base: Barts and the London NHS Trust/The Royal London NHS Trust

**Clinic times: by arrangement**

**Appointments: 020 8709 7878**

### Neurology

#### Dr John Jestico

Headache, Stroke, Parkinson's disease and Loss of consciousness

NHS Trust base: King George Hospital/The Royal London NHS Trust

**Clinic times: Tue am/Fri am**

**Appointments: 020 8709 7878**

#### Dr John McAuley

Parkinson's disease, tremor, headache and dizziness

NHS Trust base: King George Hospital/The Royal London NHS Trust

**Clinic times: Wed pm**

**Appointments: 020 8709 7878**

## Neurosurgery

### Mr Jonathan Benjamin

Spinal surgery, intracranial surgery, pituitary disorders, trigeminal neuralgia, Treatment of Spinal Disorders including back and neck pain.

NHS Trust base: Queen's Hospital

**Clinic times:** Thu am

**Appointments:** 020 8709 7878

### Mr Habib Ellamushi

Back Pain, Neck Pain, Disc Problems, Key hole spinal surgery, Spinal Injections

NHS Trust base: Barts and the London NHS Trust

**Clinic times:** Fri am/Sat am

**Appointments:** 020 8709 7878

## Ophthalmology

### Mr Stephen Bryan

Small incision cataract surgery, glaucoma

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Tue pm/Wed am/Fri am

**Appointments:** 020 8709 7878

### Mr Niaz Islam

Cataract Surgery (+ Multifocal Lens ), Retina, Diabetes, Macular Degeneration

NHS Trust base: Moorfields Eye Hospital

**Clinic times:** Thu pm

**Appointments:** 020 8709 7878

### Mr Dipak Parmar

Cornea, uveitis, cataract and refractive surgery

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Tue am/Wed pm

**Appointments:** 020 8709 7878

### Miss Sudeshna Patra

Cataracts, Macular Degeneration, Diabetic Eye Disease, Lid lumps

NHS Trust base: Whipps Cross Hospital/ BARTS Health NHS Trust

**Clinic times:** Wed eve

**Appointments:** 020 8709 7878

### Ms Tahmina Pearsall

Glaucoma, Cataracts, Pterygium, Emergency & General Ophthalmology

NHS Trust base: Whipps Cross University Hospital

**Clinic times:**

**Appointments:** 020 8709 7878

### Mr Ian Subak-Sharpe

Cataract Surgery including Multifocal and Toric intraocular lenses, Eyelid and Oculoplastic surgery, Watery eye and Dry eye problems, Aesthetic surgery of upper and lower eyelid

NHS Trust base: Bartshealth NHS Trust

**Clinic times:** Mon pm

**Appointments:** 020 8709 7878

### Mr Hadi Zambarakji

Small incision phaco cataract surgery including premium lens implants (multifocal and toric IOLs), surgical retina (retinal detachment, macular hole, epiretinal membrane), medical retina (macular degeneration, diabetic retinopathy).

NHS Trust base: Barts Health, Whipps Cross University Hospital

**Clinic times:** Fri am

**Appointments:** 020 8709 7878

## Orthopaedic surgery

### Hip

### Mr Sylvester Amamilo

Hip/knee replacements, knee arthroscopy (GA and LA), carpal tunnel syndrome, Dupuytren's contracture, foot surgery

NHS Trust base: Formally Whipps Cross University Hospital

**Clinic times:** Fri am

**Appointments:** 020 8709 7878

### Mr Homayoon Banan

Lower limb, hip and knee arthroplasty, revision surgery

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Alt Fri pm

**Appointments:** 020 8709 7878

### Mr Matthew Hearth

Primary and revision hip and knee replacement, hip arthroscopy, soft tissue knee surgery including knee arthroscopy and ligament reconstruction

NHS Trust base: Basildon and Thurrock University hospitals NHS Foundation Trust

**Clinic times:** Thu eve

**Appointments:** 020 8709 7878

### Mr Mandeep Lamba

Hip and knee replacement, knee arthroscopy, soft tissue reconstruction, trauma

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Tue pm/Wed pm

**Appointments:** 020 8709 7878

### Mr Brian Levack

Spine surgery, joint replacement, lower back pain, knee and hip surgery

NHS Trust base: Private only

**Clinic times:** Wed pm/ Thu am/ Sat am

**Appointments:** 020 8709 7878

### Mr Tom McAuliffe

Hip and Knee surgery (including revision), Sports injury, Shoulder Surgery

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Mon pm

**Appointments:** 020 8709 7878

### Mr Sean Masterson

Hip and knee replacement, hip and knee arthroscopy, all and unicondylar knee surgery

NHS Trust base: King George Hospital/ Queen's Hospital Romford

**Clinic times:** Thu am

**Appointments:** 020 8709 7878

### Mr Kesavan Sri-Ram

Foot Surgery, Hip and Knee Surgery, Sports Injuries

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Fri am / Alt Mon pm

**Appointments:** 020 8709 7878

### Mr Kandiah Ratnakumar

Knee surgery (arthroscopy, ligament reconstruction, replacement), hip replacement

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Fri pm/Sat am

**Appointments:** 020 8709 7878

## Knee

### Mr Ahmad Ali

Knee surgery, knee sports injury

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Tue am/Thu pm

**Appointments:** 020 8709 7878

### Mr Sylvester Amamilo

Hip/knee replacements, knee arthroscopy (GA and LA), carpal tunnel syndrome, Dupuytren's contracture, foot surgery

NHS Trust base: Formally Whipps Cross University Hospital

**Clinic times:** Fri am

**Appointments:** 020 8709 7878

### Mr Matthew Hearth

Primary and revision hip and knee replacement, hip arthroscopy, soft tissue knee surgery including knee arthroscopy and ligament reconstruction

NHS Trust base: Basildon and Thurrock University hospitals NHS Foundation Trust

**Clinic times:** Thu eve

**Appointments:** 020 8709 7878

### Mr Sunil Kumar

Sports injuries, All aspects of knee surgery including custom knee replacements + cartilage grafting

NHS Trust base: King George Hospital/ Queen's Hospital/BHR University Hospitals NHS trust

**Clinic times:** Tue pm/Alt Fri pm

**Appointments:** 020 8709 7878

### Mr Mandeep Lamba

Hip and knee replacement, knee arthroscopy, soft tissue reconstruction, trauma

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Tue pm/Wed pm

**Appointments:** 020 8709 7878

### Mr Tom McAuliffe

Hip and Knee surgery (including revision), Sports injury, Shoulder Surgery

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Mon pm

**Appointments:** 020 8709 7878

### Mr Sean Masterson

Hip and knee replacement, hip and knee arthroscopy, all and unicondylar knee surgery

NHS Trust base: King George Hospital/ Queen's Hospital Romford

**Clinic times:** Thu am

**Appointments:** 020 8709 7878

### Mr Kandiah Ratnakumar

Knee surgery (arthroscopy, ligament reconstruction, replacement), hip replacement

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times:** Fri pm/Sat am

**Appointments:** 020 8709 7878

### Mr K.A. Ziali Sivardeen

Shoulder and knee surgery (including sports injuries)

NHS Trust base: Private only

**Clinic times:** Wed eve/Sat am

**Appointments:** 020 8709 7878

### Mr Kesavan Sri-Ram

Foot Surgery, Hip and Knee Surgery, Sports Injuries

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Fri am / Alt Mon pm

**Appointments:** 020 8709 7878

## Foot and ankle

### Mr Ashok Acharya

Adult foot and ankle surgery, paediatric orthopaedics, general orthopaedics and trauma

NHS Trust base: Barking, Havering & Redbridge NHS Trust

**Clinic times:** Alt Wed eve/Alt Fri am

**Appointments:** 020 8709 7878

### Mr Ian Garnham

Foot and ankle, sports injuries, arthroscopy, trauma, paediatric orthopaedics

NHS Trust base: Whipps Cross University Hospital

**Clinic times:** Wed pm/ alt Thu am

**Appointments:** 020 8709 7878

## Mr Shahbux Lashari

Foot and ankle surgery, trauma  
NHS Trust base: Newham Hospitals NHS Trust  
**Clinic times: Thu am and pm**  
**Appointments: 020 8709 7878**

## Mr Trevor Prior

Foot surgery, sports injuries, gait analysis, orthosis  
NHS Trust base: Homerton University Hospital  
**Clinic times: Thu am**  
**Appointments: 0208 709 7878**

## Mr Kesavan Sri-Ram

Foot Surgery, Hip and Knee Surgery, Sports Injuries  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Fri am/ Alt Mon pm**  
**Appointments: 020 8709 7878**

## Mr Krishna Vemulapalli

Foot and ankle (including complex problems), lower limb reconstruction, paediatric orthopaedics, trauma  
NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Fri pm**  
**Appointments: 020 8709 7878**

## Shoulder

### Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Alt Wed eve/Thurs eve/Sat am**  
**Appointments: 020 8709 7878**

### Mr Wisam Al-Hakim

Shoulder & Elbow, Hand & Wrist, Key hole surgery  
NHS Trust base: Whipp's Cross Hospital  
**Clinic times:**  
**Appointments: 020 8709 7878**

### Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren's contracture  
NHS Trust base: Formally Whipps Cross University Hospital  
**Clinic times: Mon am/ Thu pm**  
**Appointments: 020 8709 7878**

### Mr Wallace Ogufere

Upper limb/shoulder surgery, arthroscopic shoulder surgery, total shoulder and elbow replacement  
NHS Trust base: University Hospital, Lewisham  
**Clinic times: Wed am**  
**Appointments: 020 8709 7878**

### Mr K.A. Ziali Sivardeen

Shoulder and knee surgery (including sports injuries)  
NHS Trust base: Private only  
**Clinic times: Wed eve/Sat am**  
**Appointments: 020 8709 7878**

## Elbow

### Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Alt Wed eve/Thurs eve/Sat am**  
**Appointments: 020 8709 7878**

### Mr Wisam Al-Hakim

Shoulder & Elbow, Hand & Wrist, Key hole surgery  
NHS Trust base: Whipp's Cross Hospital  
**Clinic times:**  
**Appointments: 020 8709 7878**

### Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren's contracture  
NHS Trust base: Formally Whipps Cross University Hospital  
**Clinic times: Mon am/ Thu pm**  
**Appointments: 020 8709 7878**

### Mr Wallace Ogufere

Upper limb/shoulder surgery, arthroscopic shoulder surgery, total shoulder and elbow replacement  
NHS Trust base: University Hospital, Lewisham  
**Clinic times: Wed am**  
**Appointments: 020 8709 7878**

## Hand and wrist

### Mr Hasan Ahmed

Arthroscopic shoulder surgery and shoulder replacement, elbow, wrist surgery and hand surgery, sports injuries and trauma  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Alt Wed eve/Thurs eve/Sat am**  
**Appointments: 020 8709 7878**

### Mr Wisam Al-Hakim

Shoulder & Elbow, Hand & Wrist, Key hole surgery  
NHS Trust base: Whipp's Cross Hospital  
**Clinic times:**  
**Appointments: 020 8709 7878**

### Mr Boyd Goldie

Shoulder, elbow, wrist and hand surgery, nerve surgery, trauma, Dupuytren's contracture  
NHS Trust base: Formally Whipps Cross University Hospital  
**Clinic times: Mon am/ Thu pm**  
**Appointments: 020 8709 7878**

### Mr Philip Mathew

Carpal Tunnel, Dupuytren's contracture, hand and wrist fractures, hand and wrist arthritis  
NHS Trust base: Queen's Hospital  
**Clinic times: Wed am**  
**Appointments: 020 8709 7878**



### Mr Wallace Ogufere

Carpal Tunnel, Hand Surgery  
NHS Trust base: University Hospital, Lewisham  
**Clinic times: Wed am**  
**Appointments: 020 8709 7878**

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## Spinal

### Mr Arif Khan

Spine and lower limb surgery  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Tue pm/Fri pm**  
**Appointments: 020 8709 7878**

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### Mr Brian Levack

Spine surgery, joint replacement, lower back pain, knee and hip surgery  
NHS Trust base: Private only  
**Clinic times: Wed pm/ Thu am/ Sat am**  
**Appointments: 020 8709 7878**

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### Mr Ben Okafor

Spine surgery, foot surgery, spine conditions (degeneration, disc disease, stenosis, tumours, infections), trauma  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Mon pm/alt Wed am/Thu pm**  
**Appointments: 020 8709 7849**

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## P

## Paediatric (Clinicians)

### Dr Monika Bajaj

Autism, ADHD, Developmental delay, Bed wetting, Genital Conditions, Obesity  
NHS Trust base: Private only  
**Clinic times: Tue pm / Wed am / Fri am**  
**Appointments: 020 8709 7878**

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### Dr Vimala Gopinathan (Paed)

Asthma, respiratory, neonates  
NHS Trust base: Newham General Hospital  
**Clinic times: Thu pm**  
**Appointments: 020 8709 7878**

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### Dr Neeraj Jain

Paediatric Cardiology, Neonatology  
NHS Trust base: North Middlesex University Hospital  
**Clinic times: Tue am**  
**Appointments: 020 8709 7878**

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### Dr Amjad Khan (Derm)

Paediatric skin conditions, Eczema, Acne, Nail and Hair issues, Psoriasis and birthmarks  
NHS Trust base: Queen's Hospital, Romford  
**Clinic times: Wed am**  
**Appointments: 020 8709 7878**

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### Dr Christopher Kelsey (Rheum)

Juvenile arthritis, soft tissue disorders, connective tissue diseases, neck and back pain, hypermobility, osteoporosis  
NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Thu pm**  
**Appointments: 020 8709 7878**

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### Dr David Paige (Derm)

Paediatric dermatology, skin cancer, male genital dermatology  
NHS Trust base: Barts and the London NHS Trust  
**Clinic times: Thu pm**  
**Appointments: 020 8709 7878**

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### Dr Debi Ray

General paediatrics, any child health concerns, developmental, behavioural and communication disorders, allergies and skin problems, digestion problems  
NHS Trust base: London Borough of Waltham Forest  
**Clinic times: Mon am/Tue pm/Wed pm/Fri pm/Sat am**  
**Appointments: 020 8709 7878**

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### Dr Rajiv Sood

Food, inhalant & skin allergy (children & young adults), all medical problems (infant, children & adolescents)  
NHS Trust base: Homerton University Hospital NHS Trust  
**Clinic times: Thurs am/ Sat pm**  
**Appointments: 0208 709 7878**

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### Dr Julia Thomson

General paediatrics from birth to adolescence, emergency paediatrics  
NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Wed am**  
**Appointments: 0208 709 7878**

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### Dr Riadh A Wakeel (Derm)

General dermatology, skin cancer treatment and surgery, paediatric dermatology  
NHS Trust base: The Whittington Hospital NHS Trust  
**Clinic times: Mon pm/Wed am**  
**Appointments: 0208 709 7878**

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## Paediatric surgery

### Mrs Prableen Anand (Oral)

Dental anxiety, treatment under general anaesthesia for decay or surgery, dental trauma, dental abnormalities/defects

NHS Trust base: Eastman Dental Hospital, UCLH NHS Trust

**Clinic times: Mon am**

**Appointments: 0208 709 7878**

### Mr Yogesh Bajaj (ENT)

Paediatric ENT, ear surgery, sinus surgery

NHS Trust base: St Barts Hospital & Royal London NHS Trust

**Clinic times: Thu pm alt weeks**

**Appointments: 0208 709 7878**

### Mr Abir K Bhattacharyya (ENT)

Otology, endoscopic sinus surgery, vertigo clinic, voice disorders, paediatric ENT

NHS Trust base: Whipps Cross University Hospital/King George Hospital

**Clinic times: Mon am/ Tue pm/Wed am/Sat am**

**Appointments: 0208 709 7878**

### Mr Paul Chatrath (ENT)

Rhinology (sinus surgery, rhinoplasty, allergy), paediatric ENT, ear disorders, voice disorders

NHS Trust base: Charing Cross Hospital (Imperial Healthcare NHS Trust)/BHRUT

**Clinic times: Tue am**

**Appointments: 0208 709 7878**

### Mr Chitta R Chowdhury (ENT)

Surgical rhinology, endoscopic sinus and nasal surgery, paediatric ENT, deafness (adults and children), voice disorder

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Wed am and alt Sat am**

**Appointments: 0208 709 7878**

### Mr Michael Dilkes (ENT)

Tonsillectomy by laser, nose unblocking, snoring, allergy-rhinitis

NHS Trust base: BARTS NHS Trust

**Clinic times: Fri pm**

**Appointments: 0208 709 7878**

### Prof James Green (Uro)

Paediatric urology

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Tue pm**

**Appointments: 0208 709 7878**

### Mr Samuel Jayaraj (ENT)

Rhinology (modern nose and sinus surgery, allergy), paediatric ENT, otology (ear and balance disorders), balloon sinuplasty, rhinoplasty

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Thu pm/Fri pm**

**Appointments: 0208 709 7878**

### Mr Gaurav Kumar

Otology (Endoscopic Ear Surgery), Rhinology (Balloon Sinus surgery and Rhinoplasty), Paediatric ENT (adenotonsillectomy and Grommets), Voice disorders

NHS Trust base: Barking, Havering and Redbridge Hospital NHS Trust

**Clinic times: Mon pm / Fri eve**

**Appointments: 0208 709 7878**

### Mr Sunil Kumar (Orth)

Knee surgery including arthroscopy and bespoke total knee replacements, minimally invasive and partial knee replacements, cruciate ligament reconstruction, cartilage transplantation, sports knee injuries.

NHS Trust base: King George Hospital/ Queen's Hospital/BHR University Hospitals NHS trust

**Clinic times: Tue pm/Alt Fri pm**

**Appointments: 0208 709 7878**

### Mr Devesh Misra (Surg & Uro)

Hypospadias, hernias, urinary wetting, constipation, abdominal pain, paediatric urology

NHS Trust base: The Royal London NHS Trust

**Clinic times: Tue pm**

**Appointments: 020 8709 7878**

### Mr Anthony Owa (ENT)

Paediatric ENT, middle ear and sinus surgery, balance problems, salivary gland problems

NHS Trust base: Queen's Hospital

**Clinic times: Wed pm**

**Appointments: 0208 709 7878**

### Mr Michael Papesch (ENT)

General and paediatric ENT, thyroid and salivary gland surgery

NHS Trust base: Whipps Cross University Hospital/Newham General Hospital

**Clinic times: Mon pm/Tue pm**

**Appointments: 0208 709 7878**

### Mr Azhar Shaida (ENT)

Ear surgery, paediatric ENT, nasal/sinus surgery

NHS Trust base: Royal National Throat, Nose and Ear Hospital

**Clinic times: Tue am**

**Appointments: 0208 709 7878**

### Mr Krishna Vemulapalli (Orth)

Foot and ankle (including complex problems), lower limb reconstruction, paediatric orthopaedics, trauma

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Fri pm**

**Appointments: 0208 709 7878**

## Pain management/pain relief

### Dr Muhammad Ather

Interventional pain management, neuroanaesthesia, drug delivery devices, implantable neuromodulation

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: by arrangement**

**Appointments: 0208 709 7878**

### Dr Norman Kufakworo

Spinal Pain, Back and Neck Pain, Nerve Pain and Abdominal Pain

NHS Trust base: Whipps Cross University Hospital/Barts Health NHS Trust

**Clinic times: Wed am**

**Appointments: 0208 709 7878**

### Dr Vivek Mehta

Back and neck pain, sciatica, fibromyalgia, whiplash injuries

NHS Trust base: St Bartholomew's Hospital, London

**Clinic times: Mon am/Alt Fri pm**

**Appointments: 0208 709 7878**

## Plastic/cosmetic surgery

### Mr Fortune Iwuagwu

Cosmetic surgery, scars, hand surgery, skin cancer, body contouring, breast surgery

NHS Trust base: Broomfield Hospital/Whipps Cross University Hospital

**Clinic times: Sat pm**

**Appointments: 0208 709 7878**

### Miss Caroline Payne

Cosmetic Breast surgery, Body Contouring surgery, Liposuction, Removal of skin lesions

NHS Trust base: The Royal London Hospital and Bart's Health

**Clinic times: Fri pm**

**Appointments: 0208 709 7878**

### Mr Raj Ragoowansi

Cosmetic surgery, post weight loss body reshaping including Breast uplift, abdominal wall contouring, arm and thigh reduction

NHS Trust base: Barts and the London NHS Trust

**Clinic times: Mon pm**

**Appointments: 0208 709 7878**

### Mr Manu Sood

Cosmetic breast surgery (enlargement, reduction, uplift, rebalancing procedures), cosmetic facial surgery (facelift, blepharoplasty, rhinoplasty, Botox and fillers), body contouring surgery following weight loss and bariatric surgery, hand surgery (Dupuytren's, carpal/cubital tunnel, ganglions, trigger finger), skin lesions and skin cancers, reconstructive surgery

NHS Trust base: Broomfield Hospital

**Clinic times: Alt Mon pm/ Thu pm**

**Appointments: 0208 709 7878**

## Psychiatry

### Dr Thomas Dannhauser

Dementia prevention, Depression and anxiety, Attention problems in children and adults

NHS Trust base: Private Only

**Clinic times: Sat am**

**Appointments: 0208 709 7878**

### Dr Andrew M Margo

Mood disorders, anxiety disorders, relationship and sexual problems and obsessional compulsive disorders, early onset psychotic illness

NHS Trust base: Private only

**Clinic times: Wed pm**

**Appointments: 0208 709 7878**

### Dr Krishnendu Nandy

Depression, bipolar, anxiety and eating disorders, addiction problems, psychosis

NHS Trust base: Goodmayes Hospital

**Clinic times: Mon pm/Fri pm**

**Appointments: 0208 709 7878**

### Dr Sivasubramaniam Srikumar

Depression, anxiety, psychosomatic medicine, work-related stress

NHS Trust base: North East London Mental Health Trust

**Clinic times: Tue/Fri pm**

**Appointments: 0208 709 7878**

## R

### Radiology

#### Dr Taiwo Ali

Breast Radiology

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7856**

#### Dr Faisal Alyas

Musculoskeletal Interventional Radiology, Ultrasound guided Injections, Spine imaging and Musculoskeletal MRI

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Tue am**

**Appointments: 020 8709 7856**

#### Dr Jonathan Andrews

Muscular-skeletal radiology, including sports imaging, colorectal and general radiology

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Wed am/Fri pm**

**Appointments: 020 8709 7856**

#### Dr Sanjiv Chawda

Neuroradiology, ENT radiology, video fluoroscopy, spinal imaging

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7856**

#### Dr Alex Clayton-Jolly

Breast radiology, paediatrics

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Tue am/Fri pm**

**Appointments: 020 8709 7856**

#### Dr Joanne Eastman

Ultrasound - Gynaecological, abdomens, aortic aneurysm screening

NHS Trust base: The Royal Marsden

**Clinic times: Tue eve**

**Appointments: 020 8709 7856**

#### Dr Ahmed Elowaidy

Cross-sectional CT- MRI, Ultrasound & plainfilm

NHS Trust base: Barking, Havering and Redbridge Hospital NHS Trust

**Clinic times:**

**Appointments: 020 8709 7878**

#### Dr Mohammed El'Sayad

General Radiology, ultrasound, MRI and CT

NHS Trust base: King George Hospital

**Clinic times: Thurs pm**

**Appointments: 020 8709 7856**

#### Dr Jacques Gutmann

General Radiology, ultrasound, MRI and CT

NHS Trust base: Queens Hospital

**Clinic times: Mon pm**

**Appointments: 020 8709 7856**

#### Dr Zoltan Nagy

Cross-sectional imaging, CT scanning, MRI

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Mon pm**

**Appointments: 020 8709 7856**

#### Dr Jaya Namasivayam

General radiology, nuclear medicine

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Mon am/Tue pm**

**Appointments: 020 8709 7856**

#### Dr Curtis Offiah

ENT imaging, head/neck radiology, neuroradiology, paediatric radiology

NHS Trust base: Barts and the London NHS Trust

**Clinic times: Fri pm**

**Appointments: 020 8709 7856**

#### Dr Sandeep Pathak

Diagnostic and interventional radiology

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Wed pm/Fri am**

**Appointments: 020 8709 7856**

#### Dr Nick Reading

MRI, interventional radiology

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Wed pm/Thu pm**

**Appointments: 020 8709 7856**

#### Dr Imran Syed

Interventional, chest, oncology, colorectal, muscular-skeletal

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Tue pm/Thurs pm/ Alt Fri**

**Appointments: 020 8709 7856**

#### Dr Nayanakanthi K Wijayasundara

CT, breast radiology

NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust

**Clinic times: Wed pm**

**Appointments: 0208 709 7856**

### Respiratory medicine

#### Dr Rajesh Banka

Respiratory medicine, sleep disorders and studies, asthma, COPD

NHS Trust base: King George Hospital

**Clinic times: Thu pm**

**Appointments: 0208 709 7878**

#### Dr Rod Storrington

COPD, asthma, chronic cough

NHS Trust base: King George Hospital

**Clinic times: Mon pm/Thu pm**

**Appointments: 0208 709 7878**



### Dr Syed A Saboor

Asthma, lung cancer, sarcoidosis, TB  
 NHS Trust base: Royal Free London NHS Foundation Trust. Retired  
**Clinic times: Sat am**  
**Appointments: 0208 709 7878**

## Rheumatology

### Dr M Guy Dabrera

All types of arthritis and connective tissue disease, metabolic bone disease, muscle disease, osteoporosis, soft tissue rheumatism, temporal arteritis, polymyalgia rheumatica, back pain  
 NHS Trust base: Private Independent Consultancy only  
**Clinic times: Mon am/Tue am/Wed pm**  
**Appointments: 0208 709 7878**

### Dr Christopher Kelsey

General rheumatology, back pain, osteoporosis, hypermobility  
 NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust. Retired  
**Clinic times: Thu pm**  
**Appointments: 0208 709 7878**

### Dr Debasish Pyne

General rheumatology, arthritis, soft tissue Rheumatism, Sports Injury, acupuncture/injections and Lupus  
 NHS Trust base: Royal London Hospital, Barts Health NHS Trust  
**Clinic times: Mon pm/ Wed pm/ Sat am**  
**Appointments: 0208 709 7878**

### Dr Euthalia Roussou

Rheumatoid Arthritis, Lupus, inflammatory back pain, vasculitis such as polymyalgia Rheumatica and temporal arteritis. Soft tissue rheumatism, joint injections  
 NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Thu pm**  
**Appointments: 0208 709 7878**

## S

## Special Services

### Indira Gadhvi

Hearing tests, General Audiology  
 NHS Trust base: Private only  
**Clinic times: Wed am/ Thurs pm/ Sat am**  
**Appointments: 0208 709 7878**

### Louise Occomore

Speech and Language Therapist (Adults)  
 NHS Trust base: Barts and London NHS Trust  
**Clinic times: Fri pm**  
**Appointments: 0208 709 7878**

## U

## Urology

### Mr Andrew Ballaro

Laser surgery for kidney stones, keyhole kidney surgery, urological cancer diagnosis and treatment, prostate and bladder problems  
 NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Mon pm/Wed am**  
**Appointments: 0208 709 7878**

### Professor Jayanta Barua

Urological cancers, general urology, children's urology, bladder and prostate problems  
 NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Sat am**  
**Appointments: 0208 709 7878**

### Mr Shiv Bhanot

Prostate and kidney cancer, stress incontinence, kidney stones, laparoscopic prostate, Men's Health and Female Urology  
 NHS Trust base: Barking, Havering and Redbridge Hospitals NHS Trust  
**Clinic times: Mon pm/Tue pm/ Thu pm/Sat am**  
**Appointments: 0208 709 7878**

### Prof Frank Chinegwundoh MBE

Brachytherapy, prostate cancer, erectile dysfunction, urinary problems, sterilisation  
 NHS Trust base: Barts and the London NHS Trust  
**Clinic times: alt Fri am**  
**Appointments: 0208 709 7878**

### Mr Stuart Graham

Kidney stones & renal colic, Laser Prostatectomy (HoLEP), General Urology, Urinary Tract Infections in both men and women  
 NHS Trust base: Barts Health NHS Trust  
**Clinic times: Fri am**  
**Appointments: 0208 709 7878**

### Prof James Green

Urological cancers, screening, paediatric urology, men's health  
 NHS Trust base: Whipps Cross University Hospital  
**Clinic times: Mon pm**  
**Appointments: 0208 709 7878**

### Mr Sandeep Gujral

Uro-oncology, laparoscopic urology, endourology, laser procedures, benign prostatic hyperplasia (BPH)  
 NHS Trust base: King George Hospital  
**Clinic times: Tue pm**  
**Appointments: 0208 709 7878**

### Mr Anand Kelkar

Prostate cancer, Robotic Prostatectomy, Kidney tumors, kidney stones, Incontinence  
 NHS Trust base: King George and Queen's Hospital BHR NHS Trust, University College Hospital London  
**Clinic times: Tue eve**  
**Appointments: 0208 709 7878**

## Mr Shailesh Kulkarni

Incontinence surgery, Paediatric Urology, Stone surgery and Benign prostate disease

NHS Trust base: King George Hospital

**Clinic times: Wed pm/Fri pm**

**Appointments: 0208 709 7878**

## Miss Jhumur Pati

BPH, urinary infections, ureteric colic, haematuria, circumcision, Urinary tract cancers, prostate problems

NHS Trust base: Barts NHS Trust & Homerton University Hospital

**Clinic times: alt Mon pm**

**Appointments: 0208 709 7878**

## Mr John Peters

General urology, urological oncology, Greenlight Laser TURP, PSA and PCA3 screening and Urodynamics

NHS Trust base: Whipps Cross University Hospital

**Clinic times: Mon pm/Thu pm**

**Appointments: 0208 709 7878**

## Mr Paninchukannath Shridhar

Prostate, stones, erectile dysfunction, one stop diagnostic clinic

NHS Trust base: Private only

**Clinic times: Wed am/Fri pm and ad hoc for emergencies**

**Appointments: 0208 709 7878**

## W

## Weight loss surgery

### Mr Sanjay Agrawal

Bariatric surgery, laparoscopic gastric band/bypass/sleeve gastrectomy surgery

NHS Trust base: Homerton University Hospital

**Clinic times: Mon am/Wed pm**

**Appointments: 0208 709 7878**

### Mr Yashwant Koak

Bariatric and upper GI surgery

NHS Trust base: Homerton University Hospital

**Clinic times: Alt Fri am**

**Appointments: 0208 709 7878**

### Mr Kesava Mannur

Bariatric surgery, Gastric Sleeve and Band, gallbladder, hernia surgery

NHS Trust base: Homerton University Hospital/  
The Royal London NHS Trust

**Clinic times: Tue pm/Fri am**

**Appointments: 0208 709 7878**

## General Practitioners

### Dr Faye Dannhauser

General Practitioner

**Clinic times: Mon am and ad hoc**

**Appointments: 0208 709 7817**

### Dr Nadia Saeed

Women's health, Diabetes, Allergies

NHS Base: Redbridge CCG

**Clinic times: Tue 5-7 pm**

**Appointments: 0208 709 7817**

### Dr Dave Sawh

Family and general medicine

**Clinic times: Thu 5-8 pm/ Sat am**

**Appointments: 0208 709 7817**

### Dr P J Suresh

Diabetes, chronic disease management

NHS Base: NHS Redbridge BHRUT

**Clinic times: Fri 5-8 pm**

**Appointments: 0208 709 7817**



**Spire**

London East

## Physiotherapy services

Physiotherapy may be just what your patient needs to relieve those aches and pains.

**We assess and treat a number of conditions including:**

- arthritis and rheumatism
- back pain
- continence problems
- dizziness and balance disorders
- joint and muscular pain
- muscle, ligament and tendon injuries and repairs
- pelvic floor conditions
- respiratory conditions
- sports injuries
- whiplash
- work related injuries



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Help them feel better, faster.

Is your patient waiting too long for treatment? Then we want to help them get their health back on track.

Consultations in 48 hours for:

- Arthroscopy
- Grommet insertion
- Hysterectomy
- Joint replacement
- Pain management
- Tonsillectomy
- Varicose vein treatments



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Mr Hasan Ahmed	Orthopaedic surgery
Dr Munir Ahmed	Gastroenterology
Mr Wisam Al-Hakim	Orthopaedic surgery
Mr Ahmad Ali	Orthopaedic surgery
Dr Taiwo Ali	Radiology
Dr Faisal Alyas	Radiology
Mr Sylvester Amamilo	Orthopaedic surgery
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Dr Jonathan Andrews	Radiology
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## B

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Mr Abrie Botha	General surgery
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Mr Stephen Bryan	Ophthalmology

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Mr Paul Chatrath	Ear, nose and throat
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Ms Tasha Gandamihardja	General Surgery
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Mr Brian Levack	Orthopaedics

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Mr Devesh Misra	Paediatric surgery
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Dr Krishnendu Nandy	Psychiatry
Dr Khash Nikookam	Endocrinology
Mr Ako Nnochiri	Gynaecology

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Mr Jimi Funlayo Odejinmi	Gynaecology
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Mr Arikoge Ogedegbe	General surgery
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Mr Ziali Sivardeen	Orthopaedic surgery
Mr Steven Snooks	General surgery
Mr Manu Sood	Plastic/cosmetic surgery
Dr Rajiv Sood	Paediatrics
Dr Sivasubramaniam Srikumar	Psychiatry
Mr Kesavan Sri-Ram	Orthopaedics
Dr Rod Storrng	General/respiratory medicine
Mr Ian Subak-Sharpe	Ophthalmology and cosmetic surgery
Dr Imran Syed	Radiology

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Mr Janavikulam Thiruchelvam	Maxillofacial and oral
Dr Julia Thomson	Paediatrics
Mr Sheo Tibrewal	Orthopaedics

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Dr Roberto Verdolini	Dermatology

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Dr Alan Watson	Gastroenterology
Dr Nayanakanthi K Wijayasundara	Radiology

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Dr Rajendra Yadava	General Medicine
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## Z

Mr Hadi Zambarakji	Ophthalmology
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*Insurance stuff*

## Are your patients with PMI using it?

Approximately 42,567 people in the Ilford area are eligible to be sent privately rather than to the NHS. Imagine the impact this could have on waiting lists.

**We encourage patients to tell their GP if they have PMI, but why not ask them too?**



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## Radiology

Appointments: 020 8709 7856 or  
020 8709 7840

Email: [roradmin@spirehealthcare.com](mailto:roradmin@spirehealthcare.com)

Monday-Friday: 8.00am-8.00pm

Saturday: 8.00am-4.00pm for MRI  
9.00am-4.00pm for X-ray and  
Ultrasound

Sunday: 8.00am - 1.00pm for MRI  
(private patients only)

Appointments usually within 24 hours of a  
referral. Reports usually within 48 hours.

CT scan is only done Monday to Friday  
9.00am - 5.00pm

Reports usually within 48 hours

Abdominal/pelvic imaging including  
prostate

Arthrography

Barium studies

Breast scanning

CT scanning

CT Colonoscopy

CT guided Biopsies

Cystography

3D Breast imaging and Stereotactic  
Biopsies (available Feb 2016)

Dacryocystography

Dental implant scanning

ENT

Facet block painkilling procedures

Fluoroscopy

Fluoroscopy guided lumbar puncture

General radiography

Hysterosalpingography

Intravenous urography

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Mammography

MR cholangiography

MRI

Musculo-skeletal ultrasound

Neurological imaging

Orthopantomography

Sialography

Sinography

Ultrasound (general)

Ultrasound guided biopsy

Ultrasound with Doppler facility for  
vascular work

Urethrography

Urinary flow rates

Ultrasound guided steroid injections

Vascular studies

Venography

## Physiotherapy

Appointments: 020 8709 7878

Email: [RDPhysio@spirehealthcare.com](mailto:RDPhysio@spirehealthcare.com)

Monday-Thursday: 7.30am-9.00pm

Friday: 7.30am-8.00pm

Saturday: 7.30am - 1.00pm

Arthritis

Anti Gravity Treadmill

Acupuncture

Back and neck problems

Biomechanical assessment

Electrotherapy

Facial palsy therapy

Fully equipped gym

Gait Analysis

Hand therapy

Manipulation

Manual lymphatic drainage

Muscle energy techniques

Muscle imbalance

Musculoskeletal function

Neurological problems

Personalised exercise programmes

Clinical Pilates

Postoperative rehabilitation

Pregnancy Massage

Spinal and peripheral mobilisations

Sports injury

Sports Massage

Vertigo and vestibular problems

Women's health

## Services

### Bone and Joint Centre

Tel: 020 8709 7878/ 020 8709 7835

Fax: 020 8709 7877

### Cardiology services

Tel: 0208 709 7878

Fax: 0208 709 7877

### Cosmetic and plastic surgery

Tel: 020 8709 7878

Fax: 020 8709 7877

### Eye Clinic

Tel: 020 8709 7878

Fax: 020 87097877

### Hand Therapy

Tel: 0208 709 7878

Fax: 0208 709 7877

### Head and Neck Clinic

Tel: 020 8709 7878

Fax: 020 8709 7877

### Heel pain and plantar fasciitis

Tel: 020 8709 7878

Fax: 020 8709 7877

### Hip and knee services

Tel: 020 8709 7878

Fax: 020 8709 7877

### Joint Injections

Tel: 020 8709 7878

Fax: 020 8709 7877

### Men's health

Tel: 020 8709 7878

Fax: 020 8709 7877

### One stop ear clinic

Tel: 020 8709 7878

Fax: 020 8709 7877

### Private GP service

Tel: 020 8709 7878

Fax: 020 8709 7877

### Rapid assessment breast clinic

Tel: 020 8709 7878

Fax: 020 8709 7877

### Sports Injuries

Tel: 020 8709 7878

Fax: 020 87097877

### Weight loss services

Tel: 020 8709 7878

Fax: 020 8709 7877

### Women's health

Tel: 020 8709 7878

Fax: 020 8709 7877



## When is it appropriate to tell your patients about private self-funded treatment?

There are occasions when it is perfectly acceptable to inform or recommend to your patients the option of one-off, self-funded treatment.

### When a patient wants to be seen and treated quickly.

#### Arranging fast private treatment

Your patient is guaranteed fast access to some of the latest facilities and diagnostic services – usually within a week of referral. If subsequent treatment is required this can usually be completed within a few weeks.

### When a patient is concerned about cleanliness and clinical outcomes.

#### Low infection risk

Spire Healthcare was the first private hospital provider to publish clinical performance and patient reported outcomes together on their website, including information on rates of MRSA bacteraemia and Clostridium Difficile infection.

#### MRSA bacteraemia rates

Cases of MRSA bacteraemia per 10,000 bed days

Spire London East (January 2016 – December 2016)	0.00
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NHS (January 2016 – December 2016)	0.09
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### When a patient does not meet the criteria for NHS treatment.

#### No referral criteria thresholds

Referral into the NHS isn't always possible. At Spire Healthcare we don't have referral thresholds – so your patient can quickly access consultant appointments and diagnostic facilities including MRI and CT scans.

Visit [www.spirehealthcare.com](http://www.spirehealthcare.com) for more information.

### When you and your patient want to choose the consultant they see.

#### Choose your patient's consultant

Demand the best for your patients and choose the consultant you want them to see. Your patient will see the same consultant at every appointment and they will be in full charge of their care with the support of our 24-hour resident doctor and experienced nursing team.

#### Fixed price treatment

After the initial consultation with your chosen consultant, we'll quote an inclusive, fixed price\* for all treatment. So there are no surprises once treatment is complete. We also offer two finance schemes, including access to an interest-free option (0% APR representative).

#### Comfortable surroundings

At Spire Roding Hospital patients have their own private room with en-suite shower. We offer a range of appetising meals, all prepared by our on-site chef, and delivered to their room. Visitors are welcome whenever your patient wishes.

\* Please see a copy of Spire's patient terms and conditions for full detail. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.



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