



Spire

Hartswood Hospital

**2018**

Consultant Directory

Expert healthcare for your patients

[www.spirehartswood.com](http://www.spirehartswood.com)

*Looking after you.*

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## Main contacts

### Primary Care Liaison Manager

Uscher Devkota  
Tel: 07850 004 600  
Email: uscher.devkota@spirehealthcare.com

### Hospital Director

Jo Dean  
Tel: 01277 266 742  
Email: jo.dean@spirehealthcare.com

### Head of Clinical Services

Antonia Papandrea  
Tel: 01277 266 743  
Email: antonia.papandrea@spirehealthcare.com

### Business Development Manager

Hollie Davies  
Tel: 01277 266 744  
Email: hollie.davies@spirehealthcare.com

### Clinical Nurse Manager

Lee Griffin  
Tel: 01277 265 755  
Email: lee.griffin@spirehealthcare.com

### Insured appointments

Tel: 01277 266 766 Mon-Fri 8am – 6pm  
Fax: 01277 214 213 Email: hwappts@spirehealthcare.com,  
spire.hartswood@nhs.net (secure email)

### Self-pay treatment enquiries

Tel: 01277 266 761  
Email: cservice-hw@spirehealthcare.com

### Radiology appointments except MRI and CT

Tel: 01277 266 775  
Fax: 01277 234 644  
Email: hwrayadmin@spirehealthcare.com

### MRI and CT scan appointments

Tel: 01277 266 775  
Fax: 01277 266 706  
Email: hwrayadmin@spirehealthcare.com

### Physiotherapy and hydrotherapy

Tel: 01277 266 780  
Fax: 01277 266 758  
Email: hwphysio@spirehealthcare.com

### NHS Patient Co-ordinator

Tel: 01277 266 728  
Email: spire.hartswood@nhs.net (secure email)

### Admission services

Tel: 01277 266 747  
Fax: 01277 230 015  
Email: hwadmit@spirehealthcare.com

### Pharmacy

Tel: 01277 266 702

### Pathology laboratory

Tel: 01277 266 740  
Fax: 01277 232 842  
Email: hwpath@spirehealthcare.com

### Switchboard

Tel: 01277 232 525

# Self-pay patient guide prices inclusive of consultant fees

For a guide price for any test or procedure, please contact our Self-pay team, on **01277 266 761** or email **cservice-hw@spirehealthcare.com**. Prices for insured patients vary according to the contractual price agreed with the patient's insurer. The prices detailed below are guide prices only and may be subject to change. Prices correct as of November 2017.

## Consultant out-patient appointments

### Consultation only

New patient consultation .....	£150-£300
Follow-up consultation .....	£100-£200

## Example diagnostic tests including consultant report

### Cardiac tests

24/48 hr ECG .....	from £299
24 hour blood pressure monitoring .....	from £299
Echocardiogram or exercise (stress ECG) .....	from £380
Coronary artery CT calcium scoring .....	from £520
CT coronary angiogram .....	from £775
Cardiac MRI (CMR) .....	from £850

### Pathology

Individual blood tests .....	from £60
Histology analysis of removed tissue .....	from £166

### Allergy tests

Skin prick testing .....	£167
RAST testing .....	£468

## Physiotherapy and hydrotherapy

Prices are per session and include treatment by relevant specialist physiotherapist e.g. neurophysiotherapist and women's health

Physiotherapy assessment and first treatment (one hour) .....	£98
Subsequent treatments (30 minutes) .....	£48
Individual hydrotherapy, per pool session .....	£66.50
Gait scan assessment and report .....	£98
Massage (sports, remedial or therapeutic) .....	£35 (6 for £150)
Hand therapy (30 minutes/one hour) .....	£51/£102
Group classes (shoulder, knee, hydro, core stability) .....	£24.50

## Examples in-patient, day case and out-patient surgical procedures

### Bariatric surgery

Sleeve gastrectomy with one year follow-up care .....	£8,161
Band fill only .....	£100

### Breast clinic and breast surgery

Wide local excision of lesion of breast .....	£3,421
Simple mastectomy (including axillary node biopsy) .....	£5,662

### Dermatology

Mole removal with histology, initial consultation and one follow-up .....	£1,100
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### ENT

FESS (functional endoscopic sinus surgery) .....	£3,472
Balloon sinuplasty .....	£4,462
Breathe-Implant to support nasal valve .....	£3,585
Sleep nasendoscopy to investigate snoring .....	£1,921
Snoring reduction (radiofrequency ablation of soft palate) .....	£3,239
Tonsillectomy - adult .....	£2,436

### Gastroenterology

Gastroscopy or colonoscopy or flexible sigmoidoscopy, including biopsy .....	£1,450-£2,050
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### General surgery

Cholecystectomy (laparoscopic) .....	£5,414
Haemorrhoidectomy .....	£2,655
Hernia repair - inguinal or umbilical (open surgery) .....	£2,676
Hernia repair - inguinal or umbilical (laparoscopic) .....	£2,735
Nail bed surgery, wedge excision or avulsion .....	£1,660
Thyroidectomy .....	£4,332
Varicose vein stripping - one leg .....	£2,277
Varicose vein removal by endovenous laser treatment or VNUS closure - one leg .....	£3,485

### Gynaecology

Hysteroscopy and biopsy, including D&C .....	£2,030
Laparoscopic tubal surgery/treatment for endometriosis .....	£3,488
Endometrial ablation using Novasure .....	£3,661
Total abdominal hysterectomy .....	£6,309
Vaginal/pelvic floor repair .....	£3,116
TVT or TOT procedure for stress incontinence .....	£3,770
Reversal of sterilisation .....	£3,982

### Hand and wrist

Ganglion excision .....	£2,138
Carpal or cubital tunnel release .....	£1,950

### Ophthalmology

Cataract surgery with standard lens implant, per eye .....	£2,293
Cataract surgery with multi-focal lens implant, per eye .....	£2,753
Correction of ptosis (droopy eyelid) .....	£2,766

### Orthopaedic surgery

Knee arthroscopy .....	£3,228
Cartilage repair .....	£3,353
Hip replacement .....	£11,811
Knee replacement .....	£12,086
Shoulder arthroscopy .....	£4,557
Hallux valgus (bunion removal) .....	£4,743

### Physiotherapy department

ESWT focussed shock wave lithotripsy for achilles, patella and shoulder tendonitis, plantar fasciitis, tennis and golfer's elbow, greater trochanteric pain syndrome .....	£100-£200 per treatment
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### Pain management

Facet joint injections, nerve blocks, radiofrequency lesioning etc. performed under X-ray control .....	from £1,602
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### Spinal surgery

Microdiscectomy - lumbar or cervical .....	£7,251
Revision microdiscectomy .....	£9,253
Spinal decompression .....	£7,203
Cervical discectomy, decompression and fusion .....	£9,541
Cervical disc replacement and intra-spinous devices e.g. X-stop and Wellex for spinal stenosis .....	please ask for bespoke prices

### Urology

Circumcision .....	£1,865
Cystoscopy and biopsy .....	£1,670
Prostate assessment, may include PSA/PCA3 tests and biopsy .....	£350-£1,900
Endoscopic resection of prostate (TURP) .....	£5,830
Laser prostatectomy for benign prostate disease .....	£5,618
Laparoscopic prostatectomy .....	bespoke prices
HIFU for prostate cancer .....	bespoke prices
Vasectomy, including sperm count .....	£975
Vasectomy reversal .....	£2,869

### Cosmetic surgery

Abdominoplasty .....	from £5,345
Liposuction .....	from £2,615
Breast augmentation including implants .....	from £4,599
Breast reduction .....	from £5,670
Eyelid reduction .....	from £2,900
Facelift .....	from £6,500
Pinnaplasty .....	from £2,150
Rhinoplasty .....	from £4,320

# How to refer your patients

At Spire Hartswood Hospital, we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained team aim to consistently achieve excellent results. For us it's more than just treating patients, it's about looking after people.

## Insured patients

Policy number and pre-authorisation code are required at the time of booking an appointment.

## Emergency admissions

- The hospital does not have an accident and emergency facility. However, we do our best to accommodate urgent admissions, depending on bed and consultant availability.
- If you have a patient who requires urgent admission, please first contact the consultant under whom you would like the patient to be admitted.\*\* If appropriate, the consultant will then make arrangements with us to admit the patient.

Full profiles for each consultant can be found at [www.spirehartswood.com](http://www.spirehartswood.com)

Spire's patient terms and conditions set out the basis upon which patients are provided with treatment at Spire Hartswood Hospital and should be referred to for full details of what is included and excluded from fixed price treatment. You can find a copy of our terms and conditions at [www.spirehealthcare.com/contact-us/terms-and-conditions](http://www.spirehealthcare.com/contact-us/terms-and-conditions). If you would like us to send a copy of the terms and conditions to you please call us on 01277 232 525.

\*\*For advice on the best way to contact consultants please call the hospital switchboard on 01277 232 525.

To see a consultant at  
Spire Hartswood Hospital:

Call **01277 266 761**  
Fax **01277 214 213**  
Email **[info@spirehartswood.com](mailto:info@spirehartswood.com)**  
Online **[www.spirehealthcare.com/gpconnect](http://www.spirehealthcare.com/gpconnect)**

## Spire Hartswood Hospital – GP how to refer guide

### Self-funding patients

Although a GP letter is always helpful, most consultants are happy to see self-pay patients without a written referral for an initial appointment.

Patient to contact the self-pay team on **01277 266 761** for an appointment with their chosen consultant.

Patient is collected from reception by our Patient Liaison Manager, who delivers them to their consultant.

Patient meets again with the Patient Liaison Manager, and is able to discuss if treatment is required. The Patient Liaison Manager can then provide an all inclusive fixed price\*.

We will keep you informed of your patient's progress.

### Patients with private medical insurance

Patient needs a referral letter from their GP. This can be done via [spirehealthcare.com/gpconnect](http://spirehealthcare.com/gpconnect) or faxed to **01277 214 213**. Alternatively, the patient can take this with them to their first consultation.

Before booking an appointment, the patient must contact their insurance company to gain authorisation to see a consultant. After gaining approval, the patient can then contact the out-patient booking team on **01277 266 766** for an appointment.

If treatment is required, the patient will need to contact their insurance company to gain an authorisation code for any necessary procedures.

### NHS patients

Referral options available

Use e-referral online system to book appointments

or  
Email securely to  
**[spire.hartswood@nhs.net](mailto:spire.hartswood@nhs.net)**

or  
Fax to **01277 266 794**



**Spire**  
Hartswood Hospital

[www.spirehealthcare.com/gpconnect](http://www.spirehealthcare.com/gpconnect) • Primary Care Liaison Executive 01277 266 717 • [info@spirehartswood.com](mailto:info@spirehartswood.com) • [hartswoodevents@spirehealthcare.com](mailto:hartswoodevents@spirehealthcare.com)

Don't know which consultant to refer to? Visit [www.spirehartswood.com](http://www.spirehartswood.com), where all our consultants are listed.

## Primary care liaison team



**Uscher Devkota**

Primary Care Liaison  
Manager

We aim to make it easy for you to contact and refer to Spire Hartswood Hospital. We are your first point of contact for service information, learning opportunities and general enquiries about the hospital.

We offer free consultant-led educational programmes and free CPR training for your practice.

To discuss your practice's educational needs please call our primary care liaison team on **01277 266 717** or email **[hartswoodevents@spirehealthcare.com](mailto:hartswoodevents@spirehealthcare.com)**

We also have a dedicated GP hub, which can be found at: **[www.spirehartswood.com](http://www.spirehartswood.com)**

## Self-pay team



**Carol-Ann Grover**

Self-Pay Sales  
Executive –  
Team Leader



**Jean Fernand**

Self-pay Sales  
Executive



**Patricia Horvers**

Self-pay Sales  
Executive

Our fixed prices cover everything for as long as the patient needs to stay in hospital, including: surgeons' fees, hospital fees (nursing, accommodation, food etc), anaesthetist fee, any necessary prosthesis (implants etc) from our standard range, and physiotherapy.

This doesn't change once the patient leaves the hospital. Our terms and conditions ensure that we continue to care for them, at no additional cost, should they need to return at any time for treatment that's clinically related to their original procedure.

For help in arranging self-pay consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team.

Tel: **01277 266 761**

Email: **[cservice-hw@spirehealthcare.com](mailto:cservice-hw@spirehealthcare.com)**  
**[info@spirehartswood.com](mailto:info@spirehartswood.com)**



## Out-patient services

Appointments: **01277 266 766**  
(Monday to Friday 8am – 6pm)  
Appointments fax: **01277 214 213**  
Out-patient team: **01277 266 777**  
Out-patient fax: **01277 266 745**

Consultant clinic times  
**Monday to Thursday: 8am – 8pm**  
**Friday: 8am – 7.30pm**  
**Saturday: 8am – 4pm**

### Nurse-provided services

- Aesthetic nurse practitioner
- Allergy testing – skin prick testing\*
- Application/removal of plaster casts
- Breast cancer specialist nurse
- Catheterisation
- Cosmetic surgery advice and information
- Dietitian
- Dressings and removal of clips/sutures
- Hearing tests
- Prostate assessment including PSA testing
- Sleep studies
- Speech therapist
- Tissue viability specialist nurse
- Urine flow rates
- Urology specialist nurse
- Weight loss surgery advice and information

\* RAST testing also available, including doctor consultation

### Dietitians

**Mrs Nicole Croft-O'Halloran**  
NHS Trust base: Bank/Locum  
Dietitian at Broomfield Hospital  
Clinic times: As required

**Ms Judith Harding**  
NHS Trust base: Non-consultant practitioner  
Clinic times: Wed eve/Sat am

**Ms Gail Pinnock**  
Dietetic support for bariatric patients  
NHS Trust base: Non-consultant practitioner  
Clinic times: As required

### Speech Therapists

**Ms Nisha Patel**  
Voice disorders in adults and children, swallowing disorders in adults  
NHS Trust base: Barking, Havering and Redbridge  
Clinic times: As required

### Non Surgical Aesthetics

**Nikki Cambo RGN**  
Laser hair removal  
Micro-needling/Dermaroller  
Skin rejuvenation  
Skin peels  
Thread vein removal  
Dermal fillers

## Cardiology tests

- 24-hour BP monitoring
- 24-72 hour ECG (Holter) monitoring
- Cardiac CT scan and CT calcium scoring
- ECG
- Echocardiology
- Exercise ECG
- Cardiac MRI

## Gynaecology

- Cervical smear tests
- Colposcopy/loop diathermy/vulvoscopy
- HPV (human papilloma virus) vaccination
- Urodynamic tests

## General surgery/ dermatology

- Minor excision of cyst/mole/skin tag
- Mole checks
- Other minor dermatological procedures
- Scar revision
- Toe nail avulsion

## Ophthalmology

- Injections for treatment of (wet) age related macular degeneration
- Optical coherence tomography (OCT) – early detection and monitoring of degenerative eye disorders, glaucoma and age-related macular degeneration
- Post-cataract YAG laser capsulotomy
- Removal of eye lesions
- Retinal ARGON laser treatment
- Visual acuity testing
- Visual field analysis



# Diagnostic and Imaging Service

At Spire Hartswood Hospital, we offer diagnostic and imaging services to your patients at a time that is convenient for them. We are open 6 days a week and are usually able to offer appointments within 48 hours.

For you to refer your patients for diagnostics and imaging, please complete the attached form, which can be found at the back of this directory, and send to: [hwrrayadmin@spirehealthcare.com](mailto:hwrrayadmin@spirehealthcare.com) or fax to 01277 266 706.

We will send the scan report back to you within 5 days of the appointment.

## Services provided

Abdominal/pelvic imaging including prostate
Arthrography
Barium studies
Breast scanning
Cardiac Magnetic Resonance (CMR) Scan
CT scanning (including cardiac CT and CT calcium scoring)
Cystography
DEXA
Facet block painkilling procedures
Fluoroscopy
General radiography
Intravenous urography
Mammography
MR cholangiography
MR enterography
MRI scan all body areas including breast
Musculo-skeletal ultrasound and guided joint injections
Neurological imaging
Sinography
Ultrasound (general)
Ultrasound guided biopsy
Ultrasound with Doppler facility
Urethrography
Urodynamic studies
Vascular studies
Venography

## Prices

Simple X-ray of single joint, limb, chest, pelvis	from £117
Ultrasound of one area e.g. shoulder, abdomen, pelvis	from £281
Mammography	from £153
Breast ultrasound	from £286
MRI or CT scan (1-5 areas) without contrast	from £515 - £1,560
Barium meal/swallow/enema	from £337
Urodynamics	from £460 - £675

### MRI and CT scanning appointments

Tel: 01277 266 775  
 Fax: 01277 266 706  
[hwrrayadmin@spirehealthcare.com](mailto:hwrrayadmin@spirehealthcare.com)

### X-ray and ultrasound appointments

Tel: 01277 266 775  
 Fax: 01277 266 706  
[hwrrayadmin@spirehealthcare.com](mailto:hwrrayadmin@spirehealthcare.com)

### Imaging services opening times

Monday – Friday	8am – 8pm
Saturday	8.30am – 1pm

## Consultant radiologists and imaging practitioners

	Clinical interests	CT	General radiology	Interventional radiology	MRI	Musculo-skeletal imaging	Neuroradiology	Ultrasound	Ultrasound guided biopsy and injections
<b>Dr Mohamed Alsewan</b> <b>Special clinical interests:</b> Mammography (in conjunction with general/breast surgeons), barium studies NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Mon pm, eve/Thu eve (Breast Clinics)</b>		•	•					•	•
<b>Dr Faisal Alyas</b> NHS Trust base: The Royal National Orthopaedic Hospital <b>Clinic times: Mon eve/Thu pm</b>		•	•	•	•	•		•	•
<b>Dr Adikesavalu Anilkumar</b> <b>Special clinical interests:</b> Gynaecological imaging, nuclear medicine NHS Trust base: Basildon and Thurrock <b>Clinic times: Tue eve</b>		•	•		•	•		•	
<b>Dr Sam Banyikidde</b> <b>Special clinical interests:</b> Uroradiology NHS Trust base: Private only <b>Clinic times: Reporting only</b>			•						
<b>Dr Tom Chan</b> <b>Special clinical interests:</b> Cross sectional imaging (US, CT and MRI) with special interests in musculoskeletal and interventional radiology NHS Trust base: Basildon and Thurrock <b>Clinic times: Tue am/Fri am</b>		•	•	•	•	•	•	•	•
<b>Dr Sanjiv Chawda</b> <b>Special clinical interests:</b> Head and neck, videofluoroscopy NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Tue pm</b>		•			•		•		
<b>Ms Jo Eastman</b> <b>Special clinical interests:</b> Sonographer: gynaecological imaging, aortic aneurysm screening NHS Trust base: Private only <b>Clinic times: Thu am/Sat am</b>								•	
<b>Dr Mohammed Elsayad</b> <b>Special clinical interests:</b> Musculo-skeletal including injections, gastrointestinal, gynaecology and paediatrics NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Fri eve</b>		•	•	•	•	•		•	•
<b>Ms Louisa Griffiths</b> <b>Special clinical interests:</b> Sonographer: Vascular ultrasound NHS Trust base: Private only <b>Clinic times: Tue pm</b>								•	



## Consultant radiologists and imaging practitioners

## Continued

	Clinical interests	CT	General radiology	Interventional radiology	MRI	Musculo-skeletal imaging	Neuroradiology	Ultrasound	Ultrasound guided biopsy and injections
<b>Dr Jacques Gutmann</b> <b>Special clinical interests:</b> GIT imaging, oncology <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Wed am,eve/Fri am		•	•		•		•	•	
<b>Alex Clayton-Jolly</b> <b>Special clinical interests:</b> Breast <b>NHS Trust base:</b> Barking, Havering and Redbridge		•	•		•			•	
<b>Dr Rumana Hossain</b> <b>Special clinical interests:</b> Ultrasound and CT guided injections <b>NHS Trust base:</b> Basildon and Thurrock <b>Clinic times:</b> Mon am		•	•	•		•		•	•
<b>Dr Sami Khan</b> <b>Special clinical interests:</b> Cross-sectional imaging <b>NHS Trust base:</b> Basildon and Thurrock <b>Clinic times:</b> Mon pm		•	•		•		•	•	
<b>Dr Sidath Liyanage</b> <b>Special clinical interests:</b> Gynaecology, oncology, urology <b>NHS Trust base:</b> Southend <b>Clinic times:</b> On request		•	•		•			•	
<b>Dr Qaiser Malik</b> <b>Special clinical interests:</b> Cardiac CT and MRI <b>NHS Trust base:</b> Basildon and Thurrock <b>Clinic times:</b> Tue am		•	•	•	•	•		•	
<b>Dr Thaj Rehman</b> <b>Special clinical interests:</b> Mammography (in conjunction with general/breast surgeons) <b>NHS Trust base:</b> Basildon and Thurrock <b>Clinic times:</b> Tues eve/Weds eve		•	•	•	•			•	•

## Pathology

**Monday – Friday: 8.30am – 5.30pm**  
**Saturday: 8.30am – 1pm**

On call emergency service at other times.

Patients do not need to book appointments for blood tests or to provide specimens.

Telephone: **01277 266 740/741**  
 Fax number: **01277 232 842**  
 Email: [hwpath@spirehealthcare.com](mailto:hwpath@spirehealthcare.com)

- Biochemistry
- Blood transfusion
- Endocrinology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Tumour assays

*Clinical interests*  
*Breast pathology*  
*Gynaecological pathology*  
*Head and neck pathology*  
*Gastrointestinal pathology*  
*Cytopathology*

### Consultant Histopathologists

#### Dr Dhafir Al-Okati

**Special clinical interests:** Fine needle aspiration, urological pathology  
 NHS Trust base: Barking, Havering and Redbridge

#### Dr Dia Kamel

**Special clinical interests:** Skin lesions, lymphoreticular and urological pathology  
 NHS Trust base: Mid Essex

#### Dr Ibtisam Saeed

**Special clinical interests:** Urological pathology  
 NHS Trust base: Barking, Havering and Redbridge

•	•	•		•
•	•	•	•	•
	•	•	•	•



**Spire**

Hartswood Hospital

## Physiotherapy services

We assess and treat a number of conditions including:

- arthritis and rheumatism
- back pain
- continence problems
- dizziness and balance disorders
- joint and muscular pain
- muscle, ligament and tendon injuries and repairs
- pelvic floor conditions
- respiratory conditions
- sports injuries
- whiplash
- work related injuries



**01277 266 780**



**[info@spirehartswood.com](mailto:info@spirehartswood.com)**



**[www.spirehartswood.com](http://www.spirehartswood.com)**

*Looking after you.*

## Physiotherapy

Appointments: 01277 266 780

Fax number: 01277 266 758

[hwphysio@spirehealthcare.com](mailto:hwphysio@spirehealthcare.com)

Monday - Thursday: 7.30am - 9pm

Friday: 7.30am - 5.30pm

Saturday 8am - 12.30pm

### Treatment modalities:

- Acupuncture
- Biomechanical assessment including gait analysis
- Electrotherapy
- Gymnasium exercises/exercise prescription
- Hand therapy and splinting
- Hydrotherapy
- Incontinence programmes (men and women) including PTNS
- Massage
- Muscle energy techniques
- Neurological/stroke rehabilitation
- Orthopaedic rehabilitation classes
- Orthotic prescription
- Personalised exercise programmes
- Pilates
- Post-operative rehabilitation
- Spinal and peripheral mobilisations
- Vestibular rehabilitation
- Watsu (water-based therapy)

### Conditions treated

- Arthritis
- Back and neck problems
- Biomechanical dysfunctions
- Continence problems (men and women)
- Dizziness
- Muscle imbalance
- Musculo-skeletal function
- Neurological disorders including stroke
- Post-operative orthopaedics
- Rheumatological conditions
- Sports injury
- Women's health



## Fast track diagnosis

We can offer you a fast track appointment with a consultant in every specialty. Please call **01277 266 766** to enquire.

C

## Cardiology

*Clinical interests*  
*Angina and chest pain*  
*Heart failure*  
*Coronary heart disease*  
*Heart valve problems*  
*Pace maker insertion (not at Hartswood)*  
*Invasive cardiology (not at Hartswood)*

### Dr Javed Akhtar

**Special clinical interests:** Palpitations/black out, transoesophageal echocardiography, breathlessness, uncontrolled hypertension, cardiomyopathy, permanent implantations

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Mon eve/Fri pm

### Dr Andrew Deaner

**Special clinical interests:** Heart disease in pregnancy, echocardiography, angioplasty and stent implantation

NHS Trust base: Barts Health NHS Trust, King George and Brentwood Community hospitals

**Clinic times:** Wed eve

### Dr Jason Dungu

**Special clinical interests:** Echo, stress echo, Cardiac Magnetic Resonance (CMR) scan, transoesophageal echocardiogram

NHS Trust base: Essex Cardiothoracic Centre

**Clinic times:** Fri eve

### Dr Alamgir Kabir

**Special clinical interests:** Management of angina, chest pains, palpitations, transient loss of consciousness, hypertension, dizziness. Investigation of cardiac causes of shortness of breath, cardiovascular risk assessment, coronary angiograms and angioplasty

NHS Trust base: Essex Cardiothoracic Centre

**Clinic times:** Wed eve

### Dr Honer Kadr

**Special clinical interests:** Ischaemic heart disease, cardiac arrhythmias, palpitations, breathlessness, hypertension, dizziness

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed pm/Sat am

### Dr T. W. Koh

**Special clinical interests:** Coronary angiography, coronary angioplasty and stent insertion, coronary artery calcium score, palpitations, breathlessness, arrhythmia, hypertension, high cholesterol, heart murmur, cardiomyopathy, advanced cardiac imaging – 3D echo

NHS Trust base: Barking, Havering and Redbridge/Barts Health NHS Trust

**Clinic times:** Tue pm, eve/Thu eve

## D

## Dermatology

*Clinical interests*  
*General dermatology*  
*Botox for sweating*  
*Dermatological surgery*  
*Skin cancer*  
*Mole removal*

**Dr Ferdinand Carabott****Special clinical interests:** Phototherapy, pigmented lesions

NHS Trust base: Private only

**Clinic times:** Thu am**Dr Charlot Grech****Special clinical interests:** Aesthetic dermatology, mole screening, management of skin cancers

NHS Trust base: Private only

**Clinic times:** Wed eve/Thu am**Dr Namita Jasani****Special clinical interests:** Eczema, psoriasis, acne, mole screening

NHS Trust base: Basildon and Thurrock

**Clinic times:** Mon pm/Thurs am**Dr Mohsen Khorshid****Special clinical interests:** Dermatopathology

NHS Trust base: Basildon and Thurrock

**Clinic times:** Tues am/Wed pm, eve/Fri am**Dr Stephanie Lateo****Special clinical interests:** Mole checks, skin cancer, dermatosurgery

NHS Trust base: Private only

**Clinic times:** Tue pm, eve**Dr Rohaj Mehta****Special clinical interests:** Dermatological lasers, skin cancer, mole surveillance, acne, skin allergies, photodynamic therapy and lasers

NHS Trust base: Basildon and Thurrock

**Clinic times:** Mon am/Sat pm



## E

## Endocrinology

*Clinical interests*  
Thyroid disease  
Diabetes  
Polycystic ovary syndrome  
Endocrinology (hormone and metabolism problems)  
Pituitary disease

**Dr Rehman Khan****Special clinical interests:** Calcium and adrenal disorders.

Note: also available for general medical consultations

NHS Trust base: Basildon and Thurrock

**Clinic times:** Tue eve/Wed eve**Dr Eltayeb Marouf****Special clinical interests:** Parathyroid, diabetes, polycystic ovary syndrome and general medicine.

Note: also available for general medical consultations

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed eve/Fri eve/Sat am**Dr Nemanja Stojanovic****Special clinical interests:** Rare forms of diabetes. Endocrinology: testosterone deficiency and replacement, erectile dysfunction (impotence), endocrine pathology of pregnancy.

Note: also available for general medical consultations

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm

## ENT

*Clinical interests*  
Snoring and sleep  
Allergy/rhinitis  
Endoscopic sinus surgery  
Balloon sinuplasty for chronic rhinosinusitis and nasal polyps  
Voice problems  
Swallowing problems  
Thyroid and salivary gland  
Cosmetic ear pinning and nose reshaping

**Mr Maged Abdelkader****Special clinical interests:** Neck swelling, laser surgery, paediatric otolaryngology

NHS Trust base: Basildon and Thurrock

**Clinic times:** Tue eve/Fri pm**Mr Abir Bhattacharyya****Special clinical interests:** Management of complex otological diseases in adults and children

NHS Trust base: Barts Health NHS Trust

**Clinic times:** Available on request**Mr Paul Chatrath****Special clinical interests:** Sinusitis, titanium Breathe nasal implants, septorhinoplasty, balloon sinuplasty, tonsillitis, glue ear, voice disorders, pinnaplasty

NHS Trust base: Charing Cross Hospital (Imperial Healthcare NHS Trust)

**Clinic times:** Tue pm/Thu eve/Fri eve

## ENT

## Continued

	<i>Clinical interests</i>	<i>Snoring and sleep</i>	<i>Allergy/rhinitis</i>	<i>Endoscopic sinus surgery</i>	<i>Balloon sinuplasty for chronic rhinosinusitis and nasal polyps</i>	<i>Voice problems</i>	<i>Swallowing problems</i>	<i>Thyroid and salivary gland</i>	<i>Cosmetic ear pinning and nose reshaping</i>
<b>Professor Chitta Chowdhury</b> <b>Special clinical interests:</b> Children's ENT, deafness in adults and children, neck lumps, endoscopic sinus surgery, voice disorders, laryngeal and throat disease, middle ear surgery NHS Trust base: Private only <b>Clinic times: Mon eve/Fri pm/Sat pm</b>	•	•	•		•	•	•		
<b>Mr Ahmed Eweiss</b> <b>Special clinical interests:</b> Nose and sinus surgery including corrective surgery for nasal blockage, endoscopic removal of nasal and sinus tumours and surgery of benign neck lumps NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Fri eve</b>	•	•	•		•	•			•
<b>Mr George Fayad</b> <b>Special clinical interests:</b> Laser surgery, Breathe-Implant (titanium implant for nasal valve collapse), otology, incision-free pinnaplasty NHS Trust base: Basildon and Thurrock <b>Clinic times: Tues pm/Wed eve/Sat am</b>	•	•	•	•	•	•	•		
<b>Mr Anurag Jain</b> <b>Special clinical interests:</b> Head and neck, thyroid and salivary gland disease, paediatrics ENT, coblation intracapsular tonsillectomy NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: on request</b>	•	•	•	•	•	•	•	•	•
<b>Mr Hesham Kaddour</b> <b>Special clinical interests:</b> Neck lumps, thyroid and salivary glands surgery, rhino-sinusitis/nasal polyp and endoscopic sinus surgery, general adults and paediatrics ENT NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Thu am</b>	•	•	•		•	•	•	•	•
<b>Mr Gaurav Kumar</b> <b>Special clinical interests:</b> Septoplasty, tympanoplasty, Stapes surgery, ear drum perforation, stapedectomy, laser ear surgery, Meniere's disease NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: on request</b>	•	•	•	•	•	•	•	•	•
<b>Professor Bhik Kotecha</b> <b>Special clinical interests:</b> Swallowing disorders, middle ear surgery, sleep related breathing disorders in children and adults, paediatric ENT disorders, radiofrequency surgery for snoring NHS Trust base: Barking, Havering and Redbridge/Royal National TNE <b>Clinic times: Mon pm/Thu pm, eve/Sat pm</b>	•	•	•		•	•	•	•	•

## ENT

## Continued

	Clinical interests	Snoring and sleep	Allergy/rhinitis	Endoscopic sinus surgery	Balloon sinuplasty for chronic rhinosinusitis and nasal polyps	Voice problems	Swallowing problems	Thyroid and salivary gland	Cosmetic ear pinning and nose reshaping
<b>Mr Tony Owa</b> <b>Special clinical interests:</b> Ear surgery, balance disease, dizziness <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Tue am		•	•	•		•	•	•	•
<b>Mr Jonathan Philpott</b> <b>Special clinical interests:</b> Head and neck cancer, thyroid surgery <b>NHS Trust base:</b> Southend <b>Clinic times:</b> Wed am		•	•	•	•	•	•	•	

## G

## Gastroenterology, general medicine, renal and respiratory medicine

	Clinical interests	General medicine	Chest medicine	Renal medicine (kidneys)	Gastroscopy, colonoscopy, sigmoidoscopy	Dyspepsia (indigestion)	Inflammatory bowel disease	Irritable bowel syndrome	Liver and pancreas disease	Gastrointestinal cancers
<b>Dr Michael Apps</b> <b>Special clinical interests:</b> Asthma, COPD, cough <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Thu am	•	•								
<b>Dr Waseem Ashraf</b> <b>Special clinical interests:</b> Pancreatic and biliary disease, colitis, IBD, hiatus hernia, reflux and Barrett's management, abnormal liver tests, small bowel disease <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Mon am					•	•	•	•	•	•
<b>Dr Edward Bettany</b> <b>Special clinical interests:</b> Nutritional support including vitamin B12 deficiency <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Thu am	•				•	•	•	•	•	•
<b>Dr William Fickling</b> <b>Special clinical interests:</b> Endoscopic ultrasound <b>NHS Trust base:</b> Barking, Havering and Redbridge <b>Clinic times:</b> Thu pm, eve/Sat am					•	•	•	•	•	•

Gastroenterology, general medicine,  
renal and respiratory medicine

## Continued

	<i>Clinical interests</i>	<i>General medicine</i>	<i>Chest medicine</i>	<i>Renal medicine (kidneys)</i>	<i>Gastroscopy, colonoscopy, sigmoidoscopy</i>	<i>Dyspepsia (indigestion)</i>	<i>Inflammatory bowel disease</i>	<i>Irritable bowel syndrome</i>	<i>Liver and pancreas disease</i>	<i>Gastrointestinal cancers</i>
<b>Dr David Gertner</b> <b>Special clinical interests:</b> Nutritional support, biliary tract disease NHS Trust base: Basildon and Thurrock <b>Clinic times: Fri am</b>					•	•	•	•	•	
<b>Dr Aroon Lal</b> <b>Special clinical interests:</b> Renal medicine: hypertension, urinary abnormalities, chronic kidney disease NHS Trust base: Basildon and Thurrock <b>Clinic times: Thu eve</b>			•							
<b>Dr Zia Mazhar</b> <b>Special clinical interests:</b> Inflammatory bowel disease, irritable bowel syndrome, small bowel disease, capsule endoscopy NHS Trust base: Basildon and Thurrock <b>Clinic times: Wed pm</b>					•	•	•	•		•
<b>Dr Dipak Mukherjee</b> <b>Special clinical interests:</b> COPD, tuberculosis, pleural disease, asthma, lung cancer, bronchoscopy, medical thoracoscopy, EBUS (endobronchial ultrasound) NHS Trust base: Basildon and Thurrock <b>Clinic times: Sat am</b>		•								
<b>Dr Pushpakaran Munuswamy</b> <b>Special clinical interests:</b> Reflux disorders, small bowel disorders, abnormal liver function, nutritional support NHS Trust base: Basildon and Thurrock <b>Clinic times: Fri eve</b>					•	•	•	•	•	
<b>Dr Prem Premchand</b> <b>Special clinical interests:</b> Colonic stents, white cell apheresis for inflammatory bowel disease, enteroscopy NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Tue eve/Fri pm</b>					•	•	•	•	•	
<b>Dr Reshma Rakshit</b> <b>Special clinical interests:</b> Reflux disease, constipation, diarrhoea, abdominal pain, endoscopy, liver, pancreas and gallbladder disorders, Coeliac disease NHS Trust base: Private only <b>Clinic times: Mon pm/Wed pm</b>					•	•	•	•	•	•
<b>Dr Johnson Samuel</b> <b>Special clinical interests:</b> Asthma and allergy, COPD, non-invasive ventilation in acute respiratory failure and sleep disorder, pleural disease, sleep studies, investigation of unexplained breathlessness, cardio-pulmonary exercise testing NHS Trust base: Basildon and Thurrock <b>Clinic times: Mon pm</b>		•								

Gastroenterology, general medicine,  
renal and respiratory medicine

## Continued

*Clinical interests*  
*General medicine*  
*Chest medicine*  
*Renal medicine (kidneys)*  
*Gastroscopy, colonoscopy, sigmoidoscopy*  
*Dyspepsia (indigestion)*  
*Inflammatory bowel disease*  
*Irritable bowel syndrome*  
*Liver and pancreas disease*  
*Gastrointestinal cancers*

**Dr Javaid Subhani**

**Special clinical interests:** Complex endoscopy, EMR (endoscopic removal of bowel growths avoiding surgery), quality and comfort in colonoscopy

NHS Trust base: Basildon and Thurrock

**Clinic times:** Fri am

**Dr Mathias Toth**

**Special clinical interests:** Geriatric care

NHS Trust base: Dartford and Gravesham

**Clinic times:** Mon am

## General, breast and bariatric surgery

*Clinical interests*  
*Breast disease*  
*Hernia and gallbladder*  
*Endoscopy*  
*Upper gastrointestinal*  
*Lower gastrointestinal*  
*Vascular surgery*  
*Endocrine surgery*  
*Bariatric surgery*

**Mr Sanjay Agarwal**

**Special clinical interests:** Obesity surgery, laparoscopic gastric band, gastric sleeve and gastric bypass surgery. Gallstones laparoscopic surgery and laparoscopic hernia surgery

NHS Trust base: Homerton University Hospital

**Clinic times:** Available on request

**Mr Saswata Banerjee**

**Special clinical interests:** Bowel disease, colonoscopy, coloproctology, endoscopy, gastrointestinal cancer, gastrointestinal pathology, gastrointestinal surgery, inflammatory bowel disease, diverticular disease, laparoscopic surgery, minimal access surgery

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue am

**Mr Aman Bhargava**

**Special clinical interests:** Advanced laparoscopic surgery for colorectal cancer, anti-reflux surgery, anal disease, gallbladder disease, laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Mon pm/Wed eve

**Mr Wayne Chicken**

**Special clinical interests:** Onco-reconstructive breast surgery, gynaecomastia, minimal access surgery

NHS Trust base: Basildon and Thurrock

**Clinic times:** Wed eve



## General, breast and bariatric surgery

## Continued

	Clinical interests	Breast disease	Hernia and gallbladder	Endoscopy	Upper gastrointestinal	Lower gastrointestinal	Vascular surgery	Endocrine surgery	Bariatric surgery
<b>Miss Sascha Dua</b> <b>Special clinical interests:</b> Onco-reconstructive breast surgery, breast augmentation, breast reduction, breast implant removal, mastopexy, inverted nipple surgery, gynaecomastia NHS Trust base: Mid Essex <b>Clinic times:</b> Mon eve	•								
<b>Mr Vijay Gadhvi</b> <b>Special clinical interests:</b> Endovascular surgery, carotid disease, diabetic/peripheral vascular disease NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Thu pm		•				•			
<b>Mr Clive Hepworth</b> <b>Special clinical interests:</b> Abdominal and pelvic pain, anaemia NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon am/Fri pm		•	•		•				
<b>Mr Wael Ismail</b> <b>Special clinical interests:</b> Breast cancer NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon eve/Wed pm	•								
<b>Mr Sabu Jacob</b> <b>Special clinical interests:</b> Venefit™ treatment for thread veins including facial veins, carotid surgery, angioplasty and by-pass for lower limb arterial disease, laparoscopic surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Tue am		•				•			
<b>Mr Venkatesh (Naga) Jayanthi</b> <b>Special clinical interests:</b> Keyhole surgery for: gallstones, hernias, heartburn, dysphagia, endoscopy, upper gastrointestinal cancers. Endoscopy: diagnostic and therapeutic (for early cancers and pre-cancerous conditions). Bariatric surgery: laparoscopic gastric band, gastric bypass and sleeve gastrectomy NHS Trust base: Mid Essex <b>Clinic times:</b> Thu eve		•	•	•					•
<b>Mr Taleb Jeddly</b> <b>Special clinical interests:</b> Thyroid and parathyroid surgery, laparoscopic surgery including groin hernia, vascular surgery including varicose veins NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Mon eve/Thurs eve		•				•	•		
<b>Mr Laeeq Khan</b> <b>Special clinical interests:</b> Minimally invasive/laparoscopic surgery for hernias, gall bladder, colorectal cancer, inflammatory bowel and diverticular disease. Specialist treatments for haemorrhoids, anal fistulas, anal fissures and pilonidal sinus disease. Endoscopy including colonoscopy and gastroscopy NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Mon am		•	•		•				

General, breast and bariatric surgery										
Continued										
		Clinical interests	Breast disease	Hernia and gallbladder	Endoscopy	Upper gastrointestinal	Lower gastrointestinal	Vascular surgery	Endocrine surgery	Bariatric surgery
<b>Mr Yashwant Koak</b> <b>Special clinical interests:</b> Bariatric surgery: laparoscopic gastric band, laparoscopic sleeve gastrectomy Upper Gastrointestinal Surgery: laparoscopic cholecystectomy, fundoplication, hiatus hernia repair General Surgery: hernia repair NHS Trust base: Homerton University Hospital <b>Clinic times:</b> Tues eve			•	•	•					•
<b>Mr David Khoo</b> <b>Special clinical interests:</b> Minimal access oncological surgery, bariatric surgery: laparoscopic gastric band, gastric bypass and sleeve gastrectomy, colonoscopy, endoscopy, gastrointestinal surgery, laparoscopic hernia repair surgery, minimal access surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Tue pm, eve/Wed am			•	•	•					•
<b>Miss Bryony Lovett</b> <b>Special clinical interests:</b> Rectal bleeding, haemorrhoids, anal fistula, diverticular disease, colon and rectal malignancy, inflammatory bowel disease, endoscopy OGD/ colonoscopy, coloproctology, laparoscopic hernia repair, gallstones/gallbladder NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Tue pm/Fri pm			•	•		•				
<b>Mr Kesava Reddy Mannur</b> <b>Special clinical interests:</b> Bariatric surgery: laparoscopic gastric band, gastric bypass and sleeve gastrectomy. gallstones (laparoscopic cholecystectomy), laparoscopic fundoplication (to resolve heartburn and reflux) NHS Trust base: Homerton University Hospital <b>Clinic times:</b> Sat pm										•
<b>Mr Dip Mukherjee</b> <b>Special clinical interests:</b> Upper gastrointestinal and laparoscopic surgery, gallstones, gastrointestinal cancer, hiatus hernia and antireflux surgery, hernia repair, endoscopy, gastro-oesophageal diseases, colorectal diseases NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Fri am/Sat am			•	•	•	•				
<b>Mr Arikoge Ogedegbe</b> <b>Special clinical interests:</b> Onco-reconstructive breast surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Thu pm		•	•	•		•				
<b>Mr Akin Ojo</b> <b>Special clinical interests:</b> Laparoscopic surgery, endocrine surgery, onco-reconstructive breast surgery, gynaecomastia, breast cancer, hernia, lumps and bumps NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Thu eve		•	•						•	
<b>Mr Antony Pittathankal</b> <b>Special clinical interests:</b> Onco-reconstructive breast surgery, gynaecomastia, breast deformities, nipple reconstruction and tattooing, cosmetic breast surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Fri pm		•	•						•	

## General, breast and bariatric surgery

## Continued

	<i>Clinical interests</i>	<i>Breast disease</i>	<i>Hernia and gallbladder</i>	<i>Endoscopy</i>	<i>Upper gastrointestinal</i>	<i>Lower gastrointestinal</i>	<i>Vascular surgery</i>	<i>Endocrine surgery</i>	<i>Bariatric surgery</i>
<b>Mr Mrinal Saharay</b> <b>Special clinical interests:</b> Laparoscopic surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon eve/Sat am, pm		•	•	•	•			•	
<b>Mr A.K. Salih</b> <b>Special clinical interests:</b> Onco-reconstructive breast surgery, male breast disease, laparoscopic surgery, lumps, bumps and skin lesions, haemorrhoids NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Tue eve/Fri eve	•	•		•	•				
<b>Professor Shukri Shami</b> <b>Special clinical interests:</b> Keyhole surgery, skin lesions, circumcision, thread vein treatment including facial veins, rectal bleeding, haemorrhoids, anal and bowel disorders, excision of cysts and lipomas, lumps and bumps NHS Trust base: Private only <b>Clinic times:</b> Wed pm		•	•	•	•	•			
<b>Mr Shahab Siddiqi</b> <b>Special clinical interests:</b> Pelvic floor treatment and surgery, pelvic pain, vaginal prolapse, rectal prolapse, faecal incontinence, constipation, obstructive defaecation syndrome, gastrointestinal motility disorders, functional gut conditions, irritable bowel syndrome, Pruritis ani, laparoscopic and robotic surgery, diverticular and inflammatory bowel disease NHS Trust base: Mid Essex <b>Clinic times:</b> Mon am		•	•		•				
<b>Mr Annamalai Subramanian</b> <b>Special clinical interests:</b> Minimal access surgery NHS Trust base: Private only <b>Clinic times:</b> Thu pm		•		•	•				
<b>Mr Hugo Taylor</b> All colorectal and pelvic floor conditions, haemorrhoids, constipation, faecal incontinence, IBS, lumps and bumps of the skin NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Wed pm	•	•	•		•				

## Gynaecology

*Clinical interests*  
*Stress incontinence (TVT & TOT)*  
*Early pregnancy concerns*  
*Female sterilisation*  
*Reversal of sterilisation*  
*Vaginal tightening (vaginoplasty)*  
*Labia reduction (labiaplasty)*  
*Colposcopy*

**Miss Seema Bagtharia**

**Special clinical interests:** Minimally-invasive surgery, dysfunctional uterine bleeding, recurrent miscarriage and infertility, peri-menopausal problems including post-menopausal bleeding and menopausal symptoms

NHS Trust base: Basildon and Thurrock

**Clinic times:** Sat pm

**Mr Peter Bolton**

**Special clinical interests:** Minimally-invasive surgery, menstrual disorders, pelvic pain, laparoscopic and hysteroscopic surgery, menopausal problems, colposcopy

NHS Trust base: Private only

**Clinic times:** Tue am/Thu pm

**Mr Yemi Coker**

**Special clinical interests:** Minimally-invasive surgery, endometriosis, pelvic pain, prolapse, laser surgery, hysteroscopy, all aspects of urogynaecology

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm

**Mr Jitendra Jadhav**

**Special clinical interests:** Dysfunctional uterine bleeding, menorrhagia, fibroids, endometriosis, subfertility/infertility, male infertility, reproductive medicine, multiple miscarriages, polycystic ovaries, pelvic pain, prolapse, menopause, sterilisation and laparoscopic and hysteroscopic surgery

NHS Trust Base: Basildon and Thurrock

**Clinic times:** Mon pm/Sat am

**Miss Premila Kollipara**

**Special clinical interests:** Colposcopy, menopause, minimal access surgery, antenatal care, polycystic ovary syndrome

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed eve/Fri am, eve

**Mr Ako Nnochiri**

**Special clinical interests:** Laparoscopic surgery, general gynaecology, fibroids, prolapse repair without the need for hysterectomy, menstrual disorders, hysteroscopy, colposcopy

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Mon pm

**Mr Dale Ojutiku**

**Special clinical interests:** Minimally-invasive surgery, menopause, pelvic floor surgery

NHS Trust base: Basildon and Thurrock

**Clinic times:** Sat am

**Miss Aruna Ramineni**

**Special clinical interests:** Infertility, menstrual problems, pelvic pain, prolapse, endometriosis, menopause, hysteroscopy, laparoscopic surgery

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Thu am

## Gynaecology

## Continued

*Clinical interests*

*Stress incontinence (TVT & TOT)*

*Early pregnancy concerns*

*Female sterilisation*

*Reversal of sterilisation*

*Vaginal tightening (vaginoplasty)*

*Labia reduction (labiaplasty)*

*Colposcopy*

**Miss Asha Sharma**

**Special clinical interests:** Menstrual problems, prolapse surgery, endometriosis, menopause, infertility, hysteroscopy, urogynaecology, minimally invasive surgery

NHS Trust base: Mid Essex

**Clinic times:** Thu eve

**Miss Helen Tebbutt**

**Special clinical interests:** Laparoscopic surgery, menstrual disorders, endometriosis, prolapse surgery, general gynaecology

NHS Trust base: Private only

**Clinic times:** Tue eve/Thu am, Thu pm/Fri eve

**Mrs Vidya Thakur**

**Special clinical interests:** Foetal growth ultrasound, laparoscopy, hysteroscopy, prolapse surgery

NHS Trust base: Mid Essex

**Clinic times:** Thu pm/Fri am

**Mr Yatin Thakur**

**Special clinical interests:** Minimally-invasive surgery, colposcopy, hysteroscopy, laparoscopic surgery, urogynaecology, infertility

NHS Trust base: Basildon and Thurrock

**Clinic times:** Tue am/Wed pm, eve

**Mr Rajiv Varma**

**Special clinical interests:** Prolapse surgery, menstrual disorders, pelvic pain, gynaecological cancer, colposcopy, urogynaecology

NHS Trust base: Private only

**Clinic times:** Tue eve/Fri pm



## H

## Haematology

*Clinical interests*

Anaemia

Coagulation

Haematological oncology

Lymphoma

Leukaemia

**Dr Parag Jasani**

**Special clinical interests:** Fast track diagnosis for myeloma, myelodysplastic syndromes (MDS), thrombosis, lymphoma, Leukaemia

NHS Trust base: Royal Free London

**Clinic times:** Tue am

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## N

## Neurology

*Clinical interests*

Back and neck pain

Headache; Botox treatment for chronic migraine

Trigeminal neuralgia facial pain (also see Pain section)

**Dr Rudy Capildeo**

**Special clinical interests:** Headache/migraine, Parkinson's disease, spinal disorders, multiple sclerosis, stroke medicine, epilepsy, Alzheimer's disease

NHS Trust base: Private only

**Clinic times:** Wed am, pm, eve

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**Dr Rajith de Silva**

**Special clinical interests:** General neurology, neurodegeneration (including ataxia), neurogenetics, neuro-obstetrics

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Thu am, pm, eve

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**Dr Andrea Malaspina**

**Special clinical interests:** Neuromuscular disorders, multiple sclerosis, movement disorders, neurogenetics, head and neck trauma

NHS Trust base: Basildon and Thurrock, Barts Health NHS Trust

**Clinic times:** Tue eve

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**Dr Farooq Maniyar**

**Special clinical interests:** Headache, migraine, neck pain, facial pain, epilepsy, faints and falls, dizziness and vertigo, tremor and Parkinson's disease and general neurology including stroke

NHS Trust base: Basildon and Thurrock

**Clinic times:** Tue eve

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## Neurophysiology

### Dr Nizar Muhammed

**Special clinical interests:** Epilepsy, EMG and nerve conduction studies, EEG, visual, auditory and sensory evoked potentials. Consultant referrals only

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Sat am

## Neurosurgery

*Clinical interests*  
*Back and neck pain*  
*Back and neck surgery (see also Ortho section)*  
*Balloon kyphoplasty and vertebroplasty*  
*Carpal tunnel (also see Ortho hand surgery)*  
*Trigeminal neuralgia/facial pain (also see Pain section)*

### Mr Jonathan Benjamin

**Special clinical interests:** Spinal disorders, sciatica, brachialgia (arm pain), brain and pituitary disorders, peripheral nerve entrapment

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed am, pm

### Mr Karoly David

**Special clinical interests:** Sciatica, brachialgia, simple and complex spine surgery, kyphoplasty peripheral nerve entrapment, neuroendoscopy

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm

### Mr Habib Ellamushi

**Special clinical interests:** Brain tumours, degenerative spine, lumbar spine disorders, pain management, key hole and minimal access spinal surgery

NHS Trust base: Barts Health NHS Trust, Royal London Hospital

**Clinic times:** Fri am

### Mr Jonathan Pollock

**Special clinical interests:** Brain tumours, pituitary gland surgery, skull base surgery, cervical and lumbar spine problems, ulnar nerve disorders

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm/Fri am

### Mr Raghu Vindlacheruvu

**Special clinical interests:** Sciatica, spondylosis, degenerative disease, brain disease: vascular, trauma, tumours, hydrocephalus

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed pm

O

## Oncology

*Clinical interests*

Breast cancer

Gastrointestinal and bowel cancer

Kidney, bladder, prostate, testicular and urological cancer

Gynaecological cancer e.g. ovarian, cervical, uterine

Brain tumours

**Dr Hafiz Algurafi**

**Body site specialties:** Breast, gynaecology, skin  
NHS Trust base: Southend

**Clinic times:** Available on request

**Dr Sherif Raouf**

**Body site specialties:** Gynaecology, urology, lower and upper GI, colorectal  
NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Mon am

**Dr Naveed Sarwar**

**Body site specialties:** Breast, prostate, urology, colorectal  
NHS Trust base: Imperial College Healthcare

**Clinic times:** Thur eve

**Dr Eliot Sims**

**Body site specialties:** Breast  
NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed am

**Dr David Tsang**

**Body site specialties:** Prostate, urology, upper and lower GI  
NHS Trust base: Southend

**Clinic times:** Mon eve



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## Ophthalmology

*Clinical interests*

Retinal disease and macular degeneration

Glaucoma

Cataract surgery with multi-focal (IOL) lens to correct vision

Laser treatment – not eyesight correction

Squints

Oculoplastic surgery

Cosmetic eye surgery

Cosmetic non-surgical for eye area

### Mr Jag Chawla

**Special clinical interests:** Small incision cataract surgery, lacrimal disorders, eyelid cancer and reconstruction, corneal and external eye disease

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed am/Sat am, pm

### Professor Charles Claoue

**Special clinical interests:** Corneal surgery, viral eye disease, refractive surgery for myopia, hypermetropia, astigmatism and presbyopia

NHS Trust base: Private only

**Clinic times:** Thu pm, eve/Fri pm

### Mr Gervase Dawidek

**Special clinical interests:** Small incision cataract surgery, paediatric ophthalmology and ocular motility disorders

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Thu pm/Sat am, pm

### Mr Niaz Islam

**Special clinical interests:** Cataract surgery including multifocal lenses, retina and macular diseases, laser and intravitreal injections

NHS Trust base: Moorfields Eye Hospital

**Clinic times:** Mon pm

### Mr Russell V Pearson

**Special clinical interests:** Cataract surgery (including small incision cataract surgery, multifocal, toric and monofocal lens implants, spectacle free lens and cataract surgery), presbyopia correction, glaucoma treatment including laser and surgery, retina (including macular degeneration and diabetic retinopathy), refractive lens surgery, general ophthalmology

NHS Trust base: Private only

**Clinic times:** Mon eve/Tue pm, eve/Wed pm, eve/Fri am, eve

### Mr Simon Ruben

**Special clinical interests:** All aspects of cataract surgery, complex cataract, multifocal and toric lens implants, glaucoma management and surgery including advanced surgical techniques including tubes and minimally invasive glaucoma surgery (MIGS)

NHS Trust base: Southend University Hospital

**Clinic times:** Mon am

### Mrs Sabrina Shah-Desai

**Special clinical interests:** Periocular cancer reconstruction, thyroid eye disease, facial palsy, blepharospasm, external eye disease, eyelid surgery including ptosis, ectropion, entropion, eye socket reconstruction, lacrimal surgery (management of watery eye) and blepharitis, cosmetic eyelid and brow surgery, non-surgical facial cosmetic treatment, fillers and anti-wrinkle injections

NHS Trust base: Private only

**Clinic times:** Fri am



## Orthopaedics

Clinical interests  
Hip surgery  
Knee surgery  
Foot and ankle surgery  
Shoulder surgery  
Upper limb and hand surgery  
Spinal surgery

### Mr Ashok Acharya

**Special clinical interests:** Minimally-invasive foot and ankle surgery, keyhole bunion corrective surgery, forefoot surgery, ankle arthroscopy and surgery, paediatric orthopaedics

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm

### Mr Hasan Ahmed

**Special clinical interests:** Shoulder stabilisation, rotator cuff repair, elbow surgery, shoulder replacement, nerve compression

NHS Trust base: Barts Health NHS Trust

**Clinic times:** Fri eve

### Mr Ahmad Ali

**Special clinical interests:** Arthroscopy, keyhole surgery and minimally invasive partial and total knee replacement, computer navigated knee replacement, ACL reconstruction, ligaments and soft tissue repair

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue am/pm/Fri pm/Sat am

### Mr Ali Al-Sabti

**Special clinical interests:** Shoulder arthroscopy, shoulder replacement and resurfacing, arthroscopic subacromial decompression, arthroscopic rotator cuff repair, arthroscopic stabilisation and arthroscopic treatment of frozen shoulder, hand and elbow conditions

NHS Trust base: Private only

**Clinic times:** Mon pm,eve/Tue pm,eve/Thu am,pm

### Mr Homayoun Banan

**Special clinical interests:** Hip and knee surgery

NHS Trust base: Private only

**Clinic times:** Mon am

### Mr Robert Carew

**Special clinical interests:** Medical management and surgery for neck and back pain and spinal disorders, including lumbar stabilisation, disc replacement and fusion

NHS Trust base: Private only

**Clinic times:** Mon am, pm/Thu pm/Fri am/Sat am

### Mr Marc George

**Special clinical interests:** Young adult hip disease, hip arthroscopy, hip replacement and hip revision replacement

NHS Trust base: Guy's and St Thomas'

**Clinic times:** Fri pm

### Mr Aria Ghassemi

**Special clinical interests:** Trauma, complex foot and ankle

NHS Trust base: University College London

**Clinic times:** Fri eve

## Orthopaedics

## Continued

	Clinical interests	Hip surgery	Knee surgery	Foot and ankle surgery	Shoulder surgery	Upper limb and hand surgery	Spinal surgery
<b>Mr Sunil Kumar</b> <b>Special clinical interests:</b> All knee surgery including minimally invasive unicondylar, personalised total knee replacement, patient specific knee implants and sports injuries NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon eve/Wed pm, eve/Sat am			•				
<b>Mr Brian Levack</b> <b>Special clinical interests:</b> Lower back pain, hip and knee surgery NHS Trust base: Private only <b>Clinic times:</b> Tue pm	•	•	Forefoot	•	•	•	
<b>Mr Sean Masterson</b> <b>Special clinical interests:</b> Minimally invasive hip and unicondylar knee replacement, early hip and knee arthritis, sports injury, knee ligament reconstruction (ACL), bespoke and patient-specific implant total knee replacements, keyhole surgery of hip and knee, carpal tunnel, forefoot bunion surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Available on request	•	•	Forefoot				
<b>Mr Philip Mathew</b> <b>Special clinical interests:</b> Carpal tunnel, trigger finger, wrist arthroscopy, TFCC repair, Dupuytren's, wrist pain and instability NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Wed am/Thu eve					•		
<b>Mr Harbhajan Plaha</b> <b>Special clinical interests:</b> Hip and knee replacement, lower limb reconstructive surgery NHS Trust base: Private only <b>Clinic times:</b> Tue am/Fri am	•	•	Forefoot		•		
<b>Mr Ravindran Kuzhupilly Ranjith</b> <b>Special clinical interests:</b> Knee replacement surgery including revisions, partial knee replacements, personalised knee replacements, primary hip replacement, ACL reconstruction, arthroscopic surgery and bunion surgery NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Tue eve/Thu am	•	•	•				
<b>Mr Kandiah Ratnakumar</b> <b>Special clinical interests:</b> Lower limb reconstructive surgery, computer navigated knee replacement, minimally invasive unicondylar knee replacement, corrective osteotomy for early osteoarthritis of knee, hip replacement including 'Mini Hip' NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon pm/Tue pm	•	•					

## Orthopaedics

## Continued

	Clinical interests	Hip surgery	Knee surgery	Foot and ankle surgery	Shoulder surgery	Upper limb and hand surgery	Spinal surgery
<b>Mr Ravi Ray</b> <b>Special clinical interests:</b> Hand, wrist, elbow and shoulder surgery. Sports injury and medicine. Peripheral nerve disease. Carpal tunnel, trigger finger and Dupuytren's treatment. Specialist upper limb arthroscopic keyhole surgery. Trauma surgery including fracture fixation. Frozen shoulder and cuff repairs. Shoulder replacement NHS Trust base: Basildon and Thurrock <b>Clinic times: Sat am</b>					•	•	
<b>Professor Gareth Scott</b> <b>Special clinical interests:</b> Knee osteotomy and arthroscopy, knee and hip joint replacement and revision surgery, surgery for bunions NHS Trust base: Royal London Hospital, Barts Health NHS Trust <b>Clinic times: Mon am</b>	•	•	•				
<b>Mr Mohammad Shoaib</b> <b>Special clinical interests:</b> Complex hip and knee replacement and revision surgery, hip and knee surgery for young adults, uni-compartmental knee replacement, ACL reconstruction NHS Trust base: Basildon and Thurrock <b>Clinic times: Tue eve/Thu pm/Sat am</b>	•	•	•				
<b>Mr Alagappan Sivaraman</b> <b>Special clinical interests:</b> Spinal disorders and interventional pain management, coccyx pain NHS Trust base: Private only <b>Clinic times: Mon pm,eve/Fri eve</b>							Pain management
<b>Mr John Targett</b> <b>Special clinical interests:</b> Revision knee surgery, personalised total knee replacement, ACL reconstruction, arthroscopic knee surgery NHS Trust base: Basildon and Thurrock <b>Clinic times: Fri am</b>	•	•					•
<b>Mr Krishna Vemulapalli</b> <b>Special clinical interests:</b> Trauma surgery, complex foot and ankle surgery, paediatric orthopaedics NHS Trust base: Barking, Havering and Redbridge <b>Clinic times: Mon eve/Thu pm, eve/Sat am</b>			•				

P

## Paediatrics

*Clinical interests*

Chest medicine

Neonatology

Allergies

Gastrointestinal problems

## Dr Debi Ray

**Special clinical interests:** General paediatrics covering any children's health concern: allergies, ADHD, asthma, autism, behavioural problems, child development, disability, dyspraxia, funny turns, gastroenterology (constipation, reflux, poor weight gain, abdominal pain), headaches, learning disabilities and difficulties

NHS Trust base: North East London

**Clinic times:** Wed am/Fri am/Sat am, pm

## Dr Geeta Subramanian

**Special clinical interests:** General Paediatrician covering most paediatric areas, including: epilepsy and urinary problems

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue pm/Sat pm

## Pain management

*Clinical interests*

Back and neck pain

Pain injections  
e.g. facet joint injections

Nerve blocks

Epidural injections

All other types of pain

## Dr Muhammad Ather

**Special clinical interests:** Sacro-iliac joint cool radiofrequency denervation, radiofrequency lesioning, disc biacuplasty

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Tue eve

## Dr Victor Mendis

**Special clinical interests:** Acute myofascial pain, chronic abdominal pain and pelvic pain, complex regional pain syndrome, fibromyalgia, neuropathic pain, atypical chest pain, chronic headaches, persistent post-surgical pain, facial pain

NHS Trust base: Mid Essex

**Clinic times:** Wed am

## Psychiatry

*Clinical interests*

Depression

Anxiety

Substance misuse

Obsessional compulsive disorders

Psychotic illness

Emotional disorders

## Dr Jason Taylor

**Special clinical interests:** General psychiatry, treatment of anxiety and depression, eating disorders, addictive disorders, emotional disorders, alcohol dependency

**Clinic times:** Sat pm

## Plastic surgery

Plastic surgery	Clinical interests	Cosmetic breast and body re-shaping inc breast recon	DIEP flap reconstruction	Facelift	Eyelids	Ear pinning and rhinoplasty	Hand surgery	Skin: moles, cancer, scars	Surgical tattoo removal	Non-surgical aesthetics	Nipple reconstruction	Fat transfer breast aug
<b>Mr Miles Banwell</b> <b>Special clinical interests:</b> All breast surgery, both cosmetic and reconstruction, abdominal surgery, rhinoplasty and facial surgery NHS Trust base: St Andrew’s Centre for Plastic Surgery, Broomfield Hospital <b>Clinic times: Mon eve (Cosmetic Surgery only), Fri am</b>	•	•	•	•	•		•		•	•		
<b>Mr Mark Gittos</b> <b>Special clinical interests:</b> Breast reconstruction following breast cancer, skin cancer surgery, breast cancer reconstruction NHS Trust base: Private only <b>Clinic times: Daytime and evening clinics vary from week to week</b>	•		•	•	•	•	•	•	•	•	•	
<b>Mr Mat Griffiths</b> <b>Special clinical interests:</b> All breast surgery both cosmetic and reconstruction, abdominal surgery, and lymphoedema NHS Trust base: St Andrew’s Centre for Plastic Surgery, Broomfield Hospital <b>Clinic times: Thu eve</b>	•	•			Ear pinning only		•			•	•	
<b>Mr Manu Sood</b> <b>Special clinical interests:</b> Hand and nerve surgery including joint replacement and reconstruction after injury and congenital abnormalities/carpal tunnel syndrome/Dupuytren’s disease NHS Trust base: St Andrew’s Centre for Plastic Surgery, Broomfield Hospital/Barking, Havering and Redbridge <b>Clinic times: Tue am, pm, eve/Wed pm, eve/Sat am/pm</b>	•		•	•	•	•	•	•	•	•		
<b>Mr Mak Tare</b> <b>Special clinical interests:</b> Full range of cosmetic surgery: upper eyelids, face lift, rhinoplasty, breast augmentation/reduction/lift, tummy tuck, liposuction and body contouring, botulinum toxin injections and fillers. Skin cancer surgery: moles, lumps and bumps. Hand surgery including Carpal tunnel syndrome, Dupuytren’s disease, arthritis, hand trauma. NHS Trust base: St Andrew’s Centre for Plastic Surgery, Broomfield Hospital <b>Clinic times: Mon eve</b>	•		•	•	•	•	•		•		•	

R

## Rheumatology

*Clinical interests*  
*Osteoporosis*  
*Rheumatoid arthritis*  
*Polymyalgia*  
*Fibromyalgia*  
*ESWT shock wave therapy for soft tissue injuries*

**Dr Anurag Bharadwaj**

**Special clinical interests:** Connective tissue diseases, vasculitis, regional pain syndromes, e.g. shoulder, back and foot pain

NHS Trust base: Basildon and Thurrock

**Clinic times:** Thu eve

**Professor Kuntal Chakravarty**

**Special clinical interests:** Vasculitis, Paget's disease, inflammatory disorders, connective tissue diseases, auto-immune diseases, metabolic bone disorders, soft tissue rheumatism, back pain, Raynaud's phenomenon, scleroderma

NHS Trust base: Royal Free

**Clinic times:** Mon am/Tue am/Fri am/Sat am

**Dr Geoffrey Clarke**

**Special clinical interests:** Inflammatory arthritis, spinal pain, osteoporosis, soft tissue rheumatism

NHS Trust base: Private only

**Clinic times:** Mon am/pm/Sat am

**Dr Nagui Gendi**

**Special clinical interests:** Connective tissue and other multisystem rheumatic diseases, work related upper limb disorders, foot disorders and musculoskeletal ultrasound

NHS Trust base: Basildon and Thurrock

**Clinic times:** Wed eve, Fri pm

**Dr Christopher Kelsey**

**Special clinical interests:** Inflammatory arthritis, gout, systemic lupus erythematosus, Paget's disease, shoulder disorders, repetitive strain injury, hypermobility, soft tissue rheumatism, spinal disorders, paediatric rheumatology

NHS Trust base: Private only

**Clinic times:** Wed am

**Dr Euthalia Roussou**

**Special clinical interests:** Back pain, spondyloarthropathies, rheumatoid arthritis, connective tissue diseases, arthritis in pregnancy

NHS Trust base: Barking, Havering and Redbridge

**Clinic times:** Wed eve





**Spire**

Hartswood Hospital

*Insurance stuff*

## Are your patients with PMI using it?

Approximately 86,216 people in the Chelmsford area are eligible to be sent privately rather than to the NHS. Imagine the impact this could have on waiting lists.

**We encourage patients to tell their GP if they have PMI, but why not ask them too?**



**01277 266 766**



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## U

## Urology

	Clinical interests	Circumcision	Vasectomy reversal	Stones in kidney bladder and ureter	Laser prostatectomy	Laparoscopic prostatectomy (Cancer)	Botox for urge incontinence (women)	TURP
<b>Mr Pete Acher</b> <b>Special clinical interests:</b> PSA, diagnosis, biopsy, urological cancers, prostate disease, urinary tract infections, sexual dysfunction, prostate cancer diagnostics including MRI-guided transperineal prostate biopsy, prostate brachytherapy, kidney stones, HoLEP, cystoscopy, UroLift and management of male urinary symptoms NHS Trust base: Southend <b>Clinic times:</b> Thu am	•			•	•	•		•
<b>Mr Andrew Ballaro</b> <b>Special clinical interests:</b> Supine percutaneous nephrolithotomy (PCNL), endourology, laparoscopy for kidney problems, minimally invasive surgery NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon eve/Tues eve/Fri am, pm	•			•	•		•	•
<b>Professor Jayanta Barua</b> <b>Special clinical interests:</b> Bladder dysfunction, incontinence, urodynamics, oncology, male infertility, sexual dysfunction, prostate cancer including HIFU treatment, paediatric urology NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Thu eve/Sat am, pm	•	•						•
<b>Mr Shiv Bhanot</b> <b>Special clinical interests:</b> Erectile dysfunction, incontinence, female urology, men's health, benign and malignant prostatic disorders, PCA3 testing for prostate cancer, laparoscopic groin hernia repair NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Wed eve	•	•	•			•	•	•
<b>Mr Sandy Gujral</b> <b>Special clinical interests:</b> Uro-oncology, minimal access surgery, female urology, urodynamics, kidney cancer, prostate cancer NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Mon eve/Thu eve	•	•	•			•	•	•
<b>Mr Anand Kelkar</b> <b>Special clinical interests:</b> Robotic arm assisted laparoscopic prostatectomy and nephrectomy, prostate and kidney cancer, haematuria, benign prostate disease, female urology, incontinence NHS Trust base: Barking, Havering and Redbridge <b>Clinic times:</b> Wed am	•	•	•			•	•	•
<b>Mr Peter Pietrzak</b> <b>Special clinical interests:</b> Female urology, incontinence, urodynamics, men's health problems, bladder infections, haematuria, benign prostate disease, scrotal swelling, and bladder pain NHS Trust base: Southend <b>Clinic times:</b> Mon pm	•			•	•		•	•

	Clinical interests	Circumcision	Vasectomy reversal	Stones in kidney, bladder and ureter	Laser prostatectomy	Laparoscopic prostatectomy (Cancer)	Botox for urge incontinence (women)	TURP
<b>Urology</b> <b>Continued</b>								
<b>Mr Ramachandran Ravi</b> <b>Special clinical interests:</b> Urological cancers and laparoscopy NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Wed pm	•			•	•	•		•
<b>Mr Anil Vohra</b> <b>Special clinical interests:</b> Holmium laser prostatectomy, men's health problems, female urology, endoscopy, minimal access surgery for kidney stones and laparoscopic surgery NHS Trust base: Basildon and Thurrock <b>Clinic times:</b> Thu eve	•	•	•	•			•	•



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Consultations in 48 hours for:

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- Grommet insertion
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- Joint replacement
- Pain management
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## Long waiting lists for scans?

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# Out-patient referral form



**Spire**

Hartswood Hospital

I wish to refer the following patient for: (please mark with X)

Consultation ☐ X-ray/scan ☐ Physiotherapy ☐ Pathology ☐ Endoscopy ☐

## Patient details

Patient name: .....

Address: .....

Postcode: .....

Date of birth: .....

Telephone: (day) ..... (evening) .....

Is the patient insured? Yes ☐ No ☐

## GP details

GP name: .....

Practice address: .....

Postcode: .....

GP signature if you are faxing this form: .....

Date .....

## Referral details to be completed by GP

Please specify specialty and consultant (if applicable): .....

If consultant is not known, the hospital will book patient for the next available appointment with an appropriate consultant.

Relevant clinical information:

.....  
.....  
.....

Please fax this form to Spire Hartswood Hospital on 01277 214 213 or email the form to [hwappts@spirehealthcare.com](mailto:hwappts@spirehealthcare.com)

If you have any queries please call the out-patient appointments team 01277 266 766



**Spire**

Hartswood Hospital



01277 232 525



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Eagle Way, Brentwood, Essex CM13 3LE

