



Spire
Harpenden Hospital

Lunch and Learn 2018

To book any of these consultants or if you have a request for another topic, please contact us. T: 01582 714 306 E: HarpendenGP@spirehealthcare.com

Acupuncture

- Pins and needles: Live acupuncture
- Dr Michael Curtin

Cardiology

- Syncope- a diagnostic and treatment strategy
 - Cardiovascular risk assessment, prediction and modification of blood lipids for the primary and secondary prevention of cardiovascular disease.
 - Solving your cholesterol conundrums; case studies in lipid management – primary and secondary prevention
- Dr Azad Ghuran

Elderly Medicine

- Clinical approaches in old age medicine
 - Dementias diagnosis and therapy
- Mr Raafat Farag

ENT

- "It's my sinuses Doctor". Non-sinogenic facial pain. Making the correct diagnosis and management.
 - Rhinitis, rhinosinusitis, nasal polyposis and asthma. Commonalities of aetiology and management.
 - Allergic rhinitis. Diagnosis and management
- Mr Nick Clifton

Gastroenterology

- Management of Constipation and IBS
 - How to manage Diarrhoea
- Dr Matthew Johnson

General Surgery

- When to refer for laparoscopic cholecystectomy?
 - Surgical management of Reflux
- Mr Ahmed Bahrani
- Co-morbidity (diabetes, sleep apnoea, heart disease, hypertension) in the overweight patient is surgery the answer?
 - Update on acute Pancreatitis
- Mr Douglas Whitelaw
- Are you sitting comfortably? Haemorrhoid treatments including Rafaelo procedure
 - Hernia—inguinal and incisional
- Mr Alla Amin



Gynaecology

- Ovarian Cysts
 - Fibroid Management
 - Menstrual problems
 - HRT
- Miss Pushpa Maharajan
- Vulval and vaginal problems
- Mr Andrew Hextall

Choose a complex, challenging or unusual case, and Neela will prepare an interactive session with discussion.

Possible topics are as follows:

- Ectopic pregnancy, Molar pregnancy, Fibroids, Hyperemesis gravidarum, Miscarriage, Infertility, Menstrual problems, HRT, Infertility
- Miss Neela Mukhopadhyaya

Neurology

- Two minute neurological examination
 - Blackouts and Epilepsy
- Dr Robert Brenner

Looking after you.

Oncology

- Update on breast cancer surgery
Miss Harleen Deol
- An update in breast surgery techniques and/or family history guidelines
Miss Kath Kirkpatrick

Ophthalmology

- Cataract and Glaucoma treatment
- Macular degeneration
- Red eyes and when to refer
- Eye emergencies for GPs
Mr Venki Sundaram

Upper Limb Orthopaedics

- Common shoulder problems, What to do and when to refer
- Stiff painful shoulder diagnosis, referral and treatment plus Sports Injuries.
Mr Tony Corner

Foot and Ankle Orthopaedics

- Foot & Ankle Problems Made Easy
- Managing Foot & Ankle Injuries in Primary Care
Mr Rupinderbir Singh Deol
- Bunions-how to manage in primary care and an introduction to minimally invasive surgery
- Common foot conditions and their management in primary care
- Foot and ankle examination for general practitioners
Mr David Gordon

Spinal Orthopaedics

- The differential diagnosis of leg pain
- Back pain and red flags
- Neck problems
Mr James Langdon

Paediatrics

- Inflammatory Bowel disease in children
Kavita Chawla

Podiatry

- Common Foot Disorders and Podiatric Surgery
Mr John Bramall

Psychiatry

- Anxiety Disorders.
- Physical Health of Psychiatric patients
- Mood disorders
Dr Sadgun Bhandari

Renal

- AKI and CKD Blurred lines?
Dr Christopher Lawrence

Urogynaecology

- Integrated approach to pelvic floor dysfunction, role of primary care
- Pelvic pain, and endometriosis, what really matters?
Mr Abdalla Fayyad

Urogynaecology cont.

- Case studies of prolapse
- The Hertfordshire incontinence guidelines
- Urogynaecology update
Mr Andrew Hextall

Urology

- Modern pathways for prostate cancer
Mr Jim Adshead
- The hard facts about kidney stones
- Kidney cancer—the silent killer
- An overview on benign/malignant Urological Men's Health issues
- Current and future practice in prostate cancer
Mr Jacques Roux



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