

Spire Fylde Coast Hospital Orthopaedic Centre


















Spire
Fylde Coast Hospital

Looking after you.

Why Spire Fylde Coast Hospital?

Why wait? More people are choosing to pay for their own treatment, either because waiting lists are too long, or their treatment may have been restricted on the NHS and is no longer available. For some, they will be in pain or unable to work or have a health problem that effects their quality of life; while others simply want to get back to what they love doing. More patients each year are opting to have their treatment in a safe, clean and comfortable hospital at a time that suits them at an affordable price

 36 beds including 25 single en suite rooms and 11 day care beds	 3 theatres	 BUPA Health Assessment Centre on site	 Over 145 consultants from 30 different specialities	 Full disabled access
 On site MRI scanner, CT scanner, Mammography, X-ray and Ultrasound scans	 Appointments available within 48 hours of initial enquiry	 Free on site car parking	 Services available to everyone whether you are insured or self-pay. We also offer services on behalf of the NHS	 On site pharmacy department
 10 consulting rooms	 On site physiotherapy department	 0 cases of MRSA or C.difficile	 24 hour care including on site doctor (RMO)	 Free tea and coffee for our patients and visitors

Our bones and joints are vital to how we move and every action we make. But conditions such as arthritis and injury can make our bones – particularly the joints – painful and reduce our mobility or dexterity.

There have been great advances in bone and joint medical practices. At Spire Fylde Coast Hospital, many of our orthopaedic consultants have national and international reputations. We have a regular programme of local education for medical, nursing, theatre and allied health staff in orthopaedic surgery to make sure we keep at the forefront of modern medical practices.

We provide superior treatment and services in this field. Our facilities include some of the latest generation scanners and operating theatres with ultra-clean air, an essential requirement for orthopaedic surgery to help minimise the risk of infection. We can also offer cutting edge technology to our patients.

At Spire Fylde Coast Hospital, we'll see you as an individual and tailor treatment and ongoing support around you. We provide a range of information to help you understand the choice of procedures, what they involve and the associated risks and benefits, so you feel in control of your care.

Whether you use private medical insurance or you're paying for treatment yourself, Spire Fylde Coast Hospital provides expert medical care for everyone with very little waiting time.

While the NHS offers excellent orthopaedic care, some local NHS commissioners are limiting procedures such as carpal tunnel, trigger finger and some knee and hip joint surgeries and waiting times are increasing.



Our Patient Adviser team provide a specialist, personalised service with quick and easy access to orthopaedic advice and treatment. They can arrange an appointment with a consultant within 48 hours.

Spire Fylde Coast Hospital's Orthopaedic service provides expert diagnosis and high quality care for musculoskeletal conditions and injuries.

Whether this be a bone or soft tissue injury or a long standing problem such as back or neck pain, we want to help you progress from treatment to rehabilitation quickly and smoothly.

We work with highly experienced consultant physicians, surgeons and radiologists, each specialising in a particular area of musculoskeletal disease or injury. They are supported by a team of specialist physiotherapists, radiographers and nurses.

Individual and personal patient care

Our aim is to ensure that patients are seen promptly, treated appropriately and are truly satisfied with the care they receive.

Our Patient Advisers will be on hand to help you book daytime or evening appointments to suit your lifestyle. The first consultation can usually be arranged within 48 hours of initial contact. You can be assured to be seen by the same consultant throughout your treatment.

A clean and comfortable environment

At Spire Fylde Coast Hospital we offer:

- a private room with en-suite facilities for all surgical patients
- operating theatres with ultra-clean air
- all surgical instruments sterilised on-site
- 24 hour resident medical officer
- consultant led care



Services



Back and neck

- Spinal surgery, disc replacement, disc fusion, spinal implants and surgery for vertebral compression fractures
- Pain management injections including nerve root blocks
- Revision disc surgery where a previous operation has failed or a patient has suffered further degeneration



Foot and ankle

- Complex foot and ankle surgery to treat injury and arthritis, including ankle fusion
- Minimally invasive bunion surgery and surgery for Morton's neuroma
- Sports injuries



Shoulder and elbow

- Arthroscopic shoulder surgery
- Rotator cuff repair
- Frozen shoulder
- Injection treatment to reduce pain and inflammation
- Shoulder joint replacement
- Elbow injury and dislocations
- Tendonitis, golfers and tennis elbow
- Cubital tunnel release
- Sports injuries



Hand and wrist

- Carpal tunnel release
- Dupuytren's Contracture
- Trigger finger/thumb release
- Ganglions
- Wrist pain and injury



Hip problems

- Total hip replacement plus enhanced recovery programme
- Hip resurfacing
- Revision hip joint where a previous hip replacement has failed or degenerated



Knee injuries and degenerative problems

- Arthroscopic knee surgery
- Pain relieving injections
- Knee ligament reconstruction
- Partial or full knee replacement
- Personalised knee replacements
- Revision knee replacement where a previous knee replacement has failed or degenerated
- Anterior cruciate ligament repair



Rheumatological conditions

We can offer treatment for the following:

- Metabolic bone disorders
- Osteoporosis
- Rheumatoid and inflammatory disorders
- Rheumatoid arthritis



Pain management

- Injection therapy
- Stimulation techniques
- Medication therapy
- Acupuncture
- Massage

Physiotherapy



The physiotherapy department offers patients a spacious rehabilitation room, with full rehabilitation apparatus. The team work with the orthopaedic consultants offering a full physiotherapy service offering a wide range of treatments to provide you the best opportunity for a prompt recovery.

We offer the following treatments:

- soft tissue techniques
- electrotherapy
- Pilates
- taping of joints and injured tissues
- manipulation, mobilisation and manual traction
- sports massage/sport injury treatment, prevention and advice
- pre-operative exercise prescription/advice
- post-operative exercise rehabilitation
- extracorporeal shockwave therapy (ESWT)
- personalised programmes
- back care education
- postural correction and advice
- acupuncture
- biomechanical assessment
- electrotherapy
- massage techniques
- muscle energy techniques
- complex spinal therapy
- muscle imbalance assessment
- core stability programmes

Enhanced recovery programme

Enhanced recovery is a new way of improving the experience and well-being of patients who need major surgery. It helps you to recover sooner so that life can return to normal as quickly as possible. The programme involves a multidisciplinary team and focuses on making sure you are actively involved in your recovery.

Rapid access clinic for bone and joint at Spire Fylde Coast Hospital

You are able to book an appointment in our Consultant led clinics at Spire Fylde Coast Hospital.

When you require treatment for bone and joint injuries, we can provide rapid access care when it matters most.

The rapid access clinic at Spire Fylde Coast Hospital offers insured and self-paying patients with acute musculoskeletal injuries fast access to Consultant led treatment and medical care.

This service is available for pre-booked appointments only (this is not a walk-in or emergency service) for conditions such as sprains and strains, sports injuries, muscle damage and other musculoskeletal injuries.

For further information or to book an appointment please call us on

01253 308 031



Scans and investigations

Modern technology allows doctors to see inside your body in a way previously only possible through surgery. Alongside more familiar tools such as X-rays and blood tests, advanced equipment such as our MRI and CT scanners can help your doctor identify and monitor a variety of conditions.

MRI Scan

A magnetic resonance imaging (MRI) scan uses magnets and radio waves to produce both two and three dimensional pictures of the inside of your body. It's suitable for every part of the body, including bones, soft tissues (such as blood vessels, ligaments and muscles) and the brain, and so can help to diagnose and monitor many different medical conditions.

Your doctor may recommend a MRI scan for a number of reasons.

- Joints and muscles - An MRI scan is often used to look at tissue around joints and bones, and can help to diagnose injuries to your elbow, hip and knee. It can also detect conditions such as arthritis or tendon tears.
- Heart - MRI scans can capture images of your heart including the valves and blood vessels, helping to diagnose heart defects or disease. They may be used to examine the heart after a heart attack.

- Brain - An MRI scan can be used to help analyse the brain for tumours, possible causes of a headache and abnormal tissue growth. It may also be used to assess any damage to the brain after a stroke.
- Tumours - MRI scans can produce detailed images of soft tissue, which show the difference between normal and diseased tissue such as a tumour. It can also check the progress of a tumour to establish whether it is shrinking or growing.

The magnetic field from an MRI scan affects metals such as iron, nickel and steel, so they're not suitable for everyone. You might not be able to have one if you have a pacemaker, certain implants, artificial joints or metal clips in your body for example. If you have an implant please inform your consultant so that they are able to check your suitability. As a precaution, MRI scans are not usually done on women who are less than 12 weeks pregnant.

CT Scan

A computerised tomography (CT) is a fast and highly effective tool to provide detailed, cross-sectional views of areas of the body that may be hard to reach. Bones, internal organs, soft tissue and the brain can all be viewed in detail on a CT scan to help diagnose inflammation, disease and cancer, and to monitor many other health conditions.

Whereas a standard X-ray only sends out one beam to capture an image, during a CT scan several beams of X-ray are sent out at different angles. This creates a much more detailed picture in two or three dimensions.

Your doctor may recommend you have a CT scan to examine your chest and abdomen. A CT scan can provide clear images of different types of tissue,

such as the liver, intestine and kidneys, so can help to identify a range of conditions including pneumonia and kidney tears.

CT scans are used to identify abnormal tissue in areas such as the pancreas, liver and blood vessels, which can help to diagnose different types of cancer and to check for bleeding, blood clots and suspected tumours in the brain. They are also able to take pictures of bones and the surrounding muscles and blood vessels, which is useful when looking at the condition of blood vessels and bone disease such as osteoporosis.



Our Consultant Orthopaedic Surgeons

Our patients are at the heart of what we do and we want you to be in control of your care. To us, that means you can choose the consultant you want to see, and when you want. They'll be with you every step of the way.

All of our consultants are of the highest calibre and benefit from working in our modern, well-equipped hospital.

Our consultants have high standards to meet, often holding specialist NHS posts and delivering expertise in complex sub-speciality surgeries. Many of our consultants have international reputations for their research in their specialised field.

Spinal consultants



Mr Manoj Khatri



Prof Charles Davis

Lower limb consultants



Mr Anthony Helm



Mr George McLauchlan



Mr Ramankutty Sreekumar



Mr Arshad Javed



Mr Kuntal Patel



Mr Tony McEvoy



Mr Amit Shah

Upper limb consultants



Mr Rahul Kakkar



Mr Vish Shetty



Mr Vijay Kamath



Mr Daniel
Redfern



Mr Amit Kapoor



Mr Michael
Woodruff

Upper and lower limb consultants



Mr Paul David
Dunkow



Mr Stephen
Mannion



Mr Stephen
McLoughlin

“ Amazing staff, amazing hospital.
I felt so well looked after by
every single person I came into
contact with ”

Prices

Here at Spire Fylde Coast Hospital we understand that your health is a priority, so we offer fast, effective treatment that you can pay for independently. We understand you may not have paid for private healthcare before, so please see the guidance below that may help you with your journey with us.

Out-patient consultation

When you book your initial consultation, we'll let you know the consultation fee for your chosen consultant. As a guide, you should expect to pay between £160-£250, which is normally paid to the surgeon directly. At the time of booking, we will take your credit or debit card details from you to cover any tests or diagnostic investigations that may be required prior to surgery. You will receive an invoice from us after your consultation with any related cost to date, which you can pay over the phone or if you're happy to pay by the original card supplied to us you need not do anything further. Payment will automatically be taken seven days following from the date of your invoice. There is no additional charge for using a credit card.



  @Spire_Fylde

St Walburgas Road, Blackpool, Lancashire FY3 8BP

In-patient treatment

Once your consultant has discussed any treatment that you may require, you will be given a fixed price by our Patient Advisers. This price includes your hospital, consultant and anaesthetist fee plus one follow up consultation and aftercare; this is described in the Patient Terms and Conditions Booklet Part B.

The terms and conditions can be found on our website www.spirefyldecoast.com or are available upon request. You can pay for your surgery with cash, credit or debit card or by bank transfer, and we ask that the funds are cleared at least five days prior to your surgery date. Please note that we require payment details in full, even if you are using the same card you have previously used for your out-patient treatment.

Alternatively, we work with a company called Zebra Finance that can offer 0% finance over 10 months. They are an external company and work alongside all of our Spire hospitals. Call Zebra Finance today on 0845 618 5375 for further information.

If you have any questions regarding paying for your treatment, please do not hesitate to contact our Patient Advisers on 01253 308 031.

Initial consultation fee	from £150
Hip replacement	from £11,200
Hip arthroscopy	from £8,815
Knee replacement	from £11,950
Knee arthroscopy	from £2,735
Ankle replacement	from £9,425
Shoulder replacement	from £9,790
Elbow replacement	from £12,765
CT scan	from £482
MRI scan	from £420
Ultrasound	from £295
X-ray	from £140
Injection of joint	from £54
Physiotherapy sessions	from £37

This is not an exhaustive list of the orthopaedic procedures we offer and prices are a guide and may vary depending on the treatment or consultant involved in your care. Fixed self-pay prices can be confirmed by calling our Patient Advisers on 01253 308031.



01253 308 031



info@spirefyldecoast.com



www.spirefyldecoast.com

Looking after you.