

Spire Fylde Coast Hospital Eye Centre



Spire
Fylde Coast Hospital

Looking after you.

Why Spire Fylde Coast Hospital?



36 beds including 25 single en suite rooms and 11 day care beds



3 theatres



BUPA Health Assessment Centre on site

Over 145 consultants from 30 different specialities



Full disabled access

On site MRI scanner, CT scanner, Mammography, X-ray and Ultrasound scans



Appointments available within 48 hours of initial enquiry



Free on site car parking



Services available to everyone whether you are insured or self-pay. We also offer services on behalf of the NHS



On site pharmacy department



10 consulting rooms



On site physiotherapy department

0

cases of MRSA or C.difficile

24 hour

care including on site doctor (RMO)



Flexible visiting hours



Free tea and coffee for our patients and visitors

Why wait? More people are choosing to pay for their own treatment, either because waiting lists are too long, or their treatment may have been restricted on the NHS and is no longer available. For some, they will be in pain or unable to work or have a health problem that effects their quality of life; while others simply want to get back to what they love doing. More patients each year are opting to have their treatment in a safe, clean and comfortable hospital at a time that suits them at an affordable price

Although only a few conditions rob people of their sight, many – such as cataracts and glaucoma – make it much more difficult for us to read, drive, watch television and enjoy other everyday pleasures. Advances are being made in the treatment of eye diseases all the time. Treatments such as cataract removal can provide long-term and dramatic improvements to your eyesight and boost your enjoyment of life.

We practice some of the latest, advanced medical treatments to treat a wide range of eye conditions delivered through a personalised service. You will be cared for by one of our ophthalmic (eye) surgeons at a time to suit you. Our highly regarded surgeons provide specialist care in all aspects of ophthalmology, tailored to individual needs, with a dedicated examination room. We're continually investing in our facilities to provide our patients with first class care. You'll be in safe hands – we carry out extensive tests and measurements to ensure we meet your needs every step of the way. In fact, we're proud to have been recognised for achieving excellence in patient care, staff training, nursing practice and healthcare outcomes.



While the NHS offers excellent eye care, some local NHS commissioners are limiting surgery for procedures such as eyelid and refractive surgery and waiting lists are increasing.

Our Patient Adviser team provide a specialist, personalised service with quick and easy access to ophthalmic advice and treatment. They can arrange an appointment with a consultant within 48 hours.

Individual and personal patient care

Our aim is to ensure that patients are seen promptly, treated appropriately and are truly satisfied with the care they receive.

Our Patient Advisers will be on hand to help you book daytime or evening appointments to suit your lifestyle. The first consultation can usually be arranged within 48 hours of initial contact. You can be assured to be seen by the same consultant throughout your treatment.

A clean and comfortable environment

At Spire Fylde Coast Hospital we offer:

- a private room with en-suite facilities for all surgical patients
- three operating theatres
- all surgical instruments sterilised on-site
- 24 hour resident medical officer
- consultant led care





Cataract surgery

Cataracts are very common, particularly among older people. It's no surprise, therefore, that surgery to remove them is the most common operation performed in the UK, with more than 300,000 procedures carried out each year according to clinical data.

If you have cataracts you will usually have blurred, cloudy or misty vision. This happens because light cannot pass through the clouded lens to the back of the eye. Or you may see small spots or patches where your vision is less clear. Other symptoms might include double vision or finding it unpleasant to look at bright lights because of the amount of glare.

Our eyesight is fundamental to both our ability to function and for enjoying life's pleasures - such as reading or watching television. It is frustrating to lose the ability to do these activities and have our enjoyment of life curtailed.

Surgery is the only proven effective treatment for cataracts.

According to guidance issued by the Royal College of Ophthalmologists, cataract surgery improves vision and is also associated with improvements in activity, reduced anxiety and depression, improved confidence and quality of life.

One of our highly trained consultant ophthalmologists will be able to offer you an initial consultation within a few days of contacting us. If you decide to book your cataract surgery with us you'll be able to book an operation at a time and place that suits you.

This will usually involve a 20-45 minute procedure carried out after you have had anaesthetic eye drops to numb the eye surface. Your surgeon will remove the cataract and implant a new lens in your eye.



Age-related Macular Degeneration (AMD)

Age-related macular degeneration (AMD) is a common condition affecting older people. About one in 100 people aged 65-75, and about one in eight people aged over 85 have AMD that is severe enough to cause serious visual loss.

Although we accept that our vision deteriorates as we grow older, a diagnosis of AMD might leave you feeling anxious about your future sight.

AMD affects the macula, a small area at the centre of the retina which allows you to see what is straight in front of you. If you have AMD, you might be experiencing:

- blurred or distorted vision
- difficulty in seeing fine detail for reading or writing
- a blank patch or dark spot in the centre of your sight
- difficulty distinguishing between colours.

Having AMD might have a severe impact on your daily life. You might not feel comfortable or safe driving anymore, potentially making you more dependent on others and limiting your independence. You probably also have trouble reading and watching TV and it may affect the quality of time with your family.

Specialists always recommend treatment for AMD where it is available as the alternative is inevitable loss of central vision.

Wet AMD

‘Wet’ macular degeneration is caused by the growth of abnormal blood vessels within the retina, leading to a build-up of fluid, bleeding and scarring. Wet AMD can cause serious visual loss, sometimes within a few months. It’s the less common of the two types of AMD – with only 10% of sufferers being affected by wet AMD.

To treat wet AMD, our consultants offer anti-VEGF (vascular endothelial growth factor). It is not a cure but it can prevent further AMD-related vision loss. Some people who started treatment early regain some lost central vision. As it is carried out under a local anaesthetic and only takes a few minutes, you can go home the same day.

A close-up photograph of a woman's face as she undergoes eye surgery. She is wearing a surgical mask and a head-mounted microscope. The image is partially obscured by a teal banner at the top and a teal box at the bottom left containing the number 6.

Lens exchange

Lens exchange, also known as clear lens exchange or refractive lens exchange can remove the need for glasses, contact lenses and cataract surgery later in life. The procedure is essentially the same as cataract removal and involves exchanging the natural lens in your eye and replacing it with an artificial intraocular lens (IOL) to restore vision. It can effectively eliminate the need for glasses or contact lenses for distance and near vision. This type of lens exchange is generally most suitable for people over 50 years of age whose prescription is outside the treatable range of laser eye surgery.

Intraocular lenses are considered premium when they offer benefits that are unavailable in conventional IOLs. These benefits may include correction of vision at multiple distances or correction for existing astigmatism (a minor and common condition that causes blurred vision).

Oculoplasty



Oculoplastic surgery is the cosmetic, corrective, and reconstructive surgery of the eye. It manages and repairs problems primarily related to the tissues or structures surrounding the eye, rather than the eyeball itself. These structures include the eyelids, the tear ducts, and the orbit (bony socket surrounding the eye). Ophthalmic plastic surgeons are ophthalmologists who have completed several years of additional, highly specialized training.

Blepharoplasty

For most people, the skin around the eyes is the first to show signs of ageing. As you get older, your eyelids can become droopy or 'bags' might develop under your eyes. Excess skin or fat on the upper eyelid can also impair your vision. Some people's genes can mean they develop bags under the eyes from a very early age too.

Eyelid surgery aims to smooth these out to give you a more alert and youthful appearance. People who have had this procedure done with us have said they feel more confident and relaxed about their appearance afterwards.

Some people with the genetic tendency towards early development of bags under the eyes might decide to have surgery in their 20s.

During eyelid surgery, one of our expert consultants will remove skin and fat from around your eyes. This could mean treating either the upper or lower eyelid or both.

This surgery can't however remove crow's feet or change the colour of dark shadows under the eyes. If you are worried about the appearance of crow's feet and other wrinkles around the eye socket, you should speak with one of our skilled cosmetic surgeons. They might recommend another procedure - such as anti-wrinkle treatment by injection or brow lift - which can be done at the same time as eyelid surgery.

Lumps and bumps

There are many different conditions that cause lumps and bumps on the skin around the eye and on the eyelids and we hold regular clinics with consultants who specialise in the treatment and removal of cysts and other lesions. If you are worried about an unsightly mole, please call us to get this checked-out by a specialist to make sure it is not something more serious, for example skin cancer.



Our Consultant Eye Surgeons

Our patients are at the heart of what we do and we want you to be in control of your care. To us, that means you can choose the consultant you want to see, when you want. They'll be with you every step of the way.

All of our consultants are of the highest calibre and benefit from working in our modern, well-equipped hospital.

Our consultants have high standards to meet, often holding specialist NHS posts and delivering expertise in complex sub-speciality surgeries. Many of our consultants have international reputations for their research in their specialised field.

“Amazing staff, amazing hospital. I felt so well looked after by every single person I came into contact with

”



Mr Ahmad Khalil



Mr Ges Naylor



Mr Imran Rahman



Mr Simon Morgan



Mr William Pollock



Mr Shreyas Raj



Mr Shadrokh Nabili



Mr Ray Radford



Mr Tarek Saleh



Eye treatment list

Advice and treatments are provided by Consultants specialising in:

- Removal of lumps and bumps on the eyelids or around the eyes
- Treatment for ingrowing lashes
- Blepharospasm (eyelid twitching)
- Eyelid reconstruction
- Correction of eyelid malposition (ectropian and entropian)
- Droopy eyelid repair (ptosis)
- Watery eye treatments including dacryocystorhinostomy (DCR)
- Squint surgery
- Dry eyes
- Treatment for “floaters” (vitrectomy)
- Retinal disease (including diabetes eye disease)
- Corneal disease
- Keratoconus including cross linking
- Glaucoma management

Paying for your treatment

Here at Spire Fylde Coast Hospital we understand that your health is a priority, so we offer fast, effective treatment that you can pay for independently. We understand you may not have paid for private healthcare before, so please see the guidance below that may help you with your journey with us.

Out-patient consultation

When you book your initial consultation, we'll let you know the consultation fee for your chosen consultant. As a guide, you should expect to pay between £160-£250, which is normally paid to the surgeon directly. At the time of booking, we will take your credit or debit card details from you to cover any tests or diagnostic investigations that may be required prior to surgery. You will receive an invoice from us after your consultation with any related cost to date, which you can pay over the phone or if you're happy to pay by the original card supplied to us you need not do anything further. Payment will automatically be taken seven days following from the date of your invoice. There is no additional charge for using a credit card.

In-patient treatment

Once your consultant has discussed any treatment that you may require, you will be given a fixed price by our Patient Advisers. This price includes your hospital, consultant and anaesthetist fee plus one follow up consultation and aftercare; this is described in the Patient Terms and Conditions Booklet Part B.

The terms and conditions can be found on our website www.spirefyldecoast.com or are available upon request. You can pay for your surgery with cash, credit or debit card or by bank transfer, and we ask that the funds are cleared at least five days prior to your surgery date. Please note that we require payment details in full, even if you are using the same card you have previously used for your out-patient treatment.

Alternatively, we work with a company called Zebra Finance that can offer 0% finance over 10 months. They are an external company and work alongside all of our Spire hospitals. Call Zebra Finance today on 0845 618 5375 for further information.

If you have any questions regarding paying for your treatment, please do not hesitate to contact our Patient Advisers on 01253 308 031.

Prices

Initial consultation fee **from £160**

Cataract treatment **from £2,225**

Age-related Macular Degeneration **from £1,228**

Lens Exchange **from £3,510**

Blepharoplasty (cosmetic eye surgery) **from £2,515**

This is not an exhaustive list of the eye procedures we offer and prices are a guide and may vary depending on the treatment or consultant involved in your care. Fixed self-pay prices can be confirmed by calling our Patient Advisers on 01253 308031.



Spire

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01253 308 031



info@spirefyldecoast.com



www.spirefyldecoast.com



@Spire_Fylde

St Walburgas Road, Blackpool, Lancashire FY3 8BP

Looking after you.