



Menu of treatments



Spire

North Wales Cosmetic Suite
Abergele

Looking after you.

Holistic treatments

Reflexology

45 minutes £30

Relaxing foot massage using a unique technique based on the Chinese roots as acupuncture. Reflexology is an alternative medicine involving application of pressure to the feet with specific thumb, finger and hand techniques. Pressure is applied to reflex points on the feet which relate to specific parts of the body to stimulate healing, and rebalance the body.

Indian head massage

30 minutes £25

Indian head massage helps to restore well-being and rebalance the mind, starting with the upper back, includes arm and hand massage, neck, scalp and face massage. Focusing on pressure points and areas of built-up tension.



Pure relaxing massage

Back, neck & shoulder massage

30 minutes £25

A condensed massage for those who suffer with tension related headaches and neck strain. If you have little time to spare, this deeply soothing back massage is an ideal way to melt away tension and relieve tight muscles. You'll feel revived and invigorated for the day ahead or relaxed and calm for a peaceful night's sleep.

Full body massage

1 hr £35

A massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, lower back pain and sore, tight shoulders.

Lymphatic drainage massage

1 hr £40

Lymphatic drainage massage is the most powerful means of cleansing the lymphatic system and blood stream, includes full body massage along with a head and face lymphatic massage. Headaches and indication of a sluggish lymph system will slowly disappear, as oxygen increases the circulation and detoxes. Its combined force with lymphatic drainage provide unparalleled results.



Elemis spa therapy menu

Available at only the most exclusive spas and salons around the world, Elemis professional spa therapies are world renowned for their efficacy and results, using extensive clinical and scientific studies to ensure every therapy shows real results. Dynamic ingredients, medical grade formulas and dedicated research are all combined to provide a range of therapies that offer the most potent actives available in the world today.

Deep tissue muscle massage Deep rhythmic pressure massage

1 hr £45

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of essential oils are prescribed to target individual needs and reduce specific and muscle tension.

Deep tissue back massage Minimum time, maximum tension-relieving results

30 mins £30

Specifically targeting the back, shoulders and neck areas, where you need it most.

Aroma stone therapy Warm Basalt stones to melt away tension

1 hr £50

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

Aroma stone therapy Back massage, minimum time, maximum tension-relief

30 mins £30

BIOTEC facials

30 mins £40 60 mins £55

Delivered in 30 or 60 minutes, each BIOTEC facial combines a unique high-potency activator and specially designed Elemis Skin Lift Touch. Using the power of hands-on therapy, the Skin Lift Touch softens and prepares the skin. Significantly improving skin function, it enables it to convert energy from each technology and receive the actives more effectively, whilst re-balancing the skin's micro-flora.

Triple-tec anti-wrinkle facial

The ultimate wrinkle-smoothing facial to rejuvenate ageing skin

Face and eyes are targeted with the anti-ageing benefits of the Lines & Wrinkles activator, an intensive complex of Padina Pavonica, African Birch Bark and Tripeptides. Microcurrent pulses lift and firm the skin, boosting collagen production, whilst light therapy and O2 infusion help plump and smooth away visible lines and wrinkles.

Micro firm-a-lift facial

Super-lift facial to help and firm and tighten cheeks, neck and jaw line

Skin is infused and stimulated by the contouring benefits of the Lift Effect Activator, rich in revolutionary plant stem cells, Alaria Esculenta seaweed and Lupin. Galvanic current propels the bio-active formulas deeper into the skin, whilst micro current pulses dramatically lift and firm the sagging jowl area.

Sonic skin resurfacing facial

Revolutionary resurfacing facial to even skin tone, reduce blemish marks and smooth fine lines

Delivers a high-tech double peel with the resurfacing activator infused with concentrated lactic and hyaluronic acid to help boost cell turnover. Ultrasonic peeling, light therapy reveals a skin that is noticeably smoother and a more even tone, whilst minimising the appearance of blemish marks and fine lines.

BIOTEC facials

30 mins £40 60 mins £55

Sonic skin-radiance facial

Radiance-boosting, bio-electric facial to energise tired, dull and stressed skin

Target tired face and eyes with the brightening Radiance Activator, rich in anti-oxidants, hyaluronic acid and peptides. Ultrasonic vibrations draw impurities to the surface and exfoliate, whilst galvanic current with elderberry and orange flower extract, re-energise and restore vital moisture. Skin appears more radiant and luminous, whilst helping reduce dark circles around the eyes.

L.E.D blemish control facial

Deep cleansing, light therapy facial to visibly clear and re-balance oily, blemish prone skin

Reduce breakouts and clear pores. Anti-Blemish Activator rich in anti-oxidants rosalina, lavender and sweet marjoram with a powerful combination of ultrasonic peeling, galvanic current and steam deeply cleanse exfoliate and re-balance an oily, congested skin. Clinically proven light therapy helps repair and reduce inflammation. Pore size is visibly reduced and the complexion clear.



30 mins £40 60 mins £55

O2 sensitive skin soothing facial

De-sensitising anti-redness facial, to sooth and calm delicate skin

Sensitivity and high colour are reduced with the extra-soothing properties of the Sensitive Activator. Rich in allantoin, willow herb and frankincense it works in harmony with oxygen infusion and light therapy to deliver essential nutrients to the skin. Restoring balance and vital moisture levels, redness is visibly reduced and skin immediately comforted.

Super-charge facial for men

High performance facial for men to de-grease, de-age and calm a stressed, dehydrated skin

Energise the skin with a complex formulation to firm, de-age and hydrate the skin, rich in kalpariane allantoin, and salicornia. Whilst a powerful trio of steam, ultrasonic peeling and galvanic current deep clean, exfoliate and power-up the high-potency plant actives to help reduce all visible signs of ageingthe skin. Restoring balance and vital moisture levels, redness is visibly reduced and skin immediately comforted.



Dermalogica skin treatment range

Face mapping skin analysis

Our face mapping skin analysis takes all the guesswork out of getting results. Your Dermalogica skin therapist will diagnose your skin concerns and prescribe a no-nonsense homecare and treatment regimen to deliver your optimum skin health. A professional consultation that reveals your skin's past, present.... and healthiest future.

Dermalogica prescriptive facial

1 hr £45

This prescriptive facial will be your own precise and personalised targeted programme, customised for your skin's specific needs. Includes the face mapping skin analysis through 14 different zones of the face, providing a deeper look into your skins health, making it one treatment that's different every time. Totally designed to meet your needs, each treatment includes double deep cleanse, exfoliation and extractions (as needed).

Teenage treatment

45 mins £30

Fantastic for younger skin, spring cleans and helps draw out deep seated blockages, ideal for boys and girls.

High strength exfoliant treatment

30 mins £40

This is a two-part exfoliation system comprised of an enzyme powder and a liquid hydroxy acid. Gives visible results after one treatment but is gentle enough for frequent use. Ideal for skin with excess oil production and skin prone to breakouts.

Specialist clinical range – Mesoesthetic

Energy C

1 hr £55

Treatment for the face and neck designed to fight against stage I ageing signs. It combines highly brightening and antioxidant products with an exclusive energising massage technique. It prevents and corrects expression lines and fine wrinkles.

Collagen 360

1 hr £60

Treatment for the face and neck designed to fight against stage II ageing signs. It combines highly redensifying and tightening products with an exclusive firming massage technique. It reactivates collagen synthesis, returns firmness and fights wrinkles.

Stem cell

1 hr £65

Treatment for the face and neck designed to fight against stage III ageing signs. It combines highly renewing and repairing products with an exclusive regenerating massage technique. Its high concentration in plant stem cell extracts reactivates cell renewal processes and fights deep wrinkles.

Radiance DNA

1 hr £70

Treatment for the face and neck designed to fight against stage IV ageing signs. It combines highly replenishing, global anti-ageing action products with the exclusive massage technique of Japanese origin, KOBIDO by Mesoesthetic.

Medical range chemical peels

Mesopeel by Mesoestetic offer a range of high quality chemical peels. A chemical peel is a dermo-cosmetic procedure that consists of provoking accelerated skin regeneration in a controlled manner. The peeling action causes the elimination of the external layers of the skin with the objective of stimulating collagen elastin production.

Mesopeel £65

Treating superficial spots, acne, deep wrinkles.

Mesopeel glycolic £65

For ageing skin; reduces expression lines and wrinkles.

Mesopeel lactic £65

High-tolerance peel, skin moisturising effect for sensitive, dry, fine and/or dull skin types.

Mesopeel salicylic £65

Oil control regulating effect, for greasy, acne-prone skin, reduces pore size and evens skin tone.

Mesopeel mandelic £65

Used for pigmentation, reduces pore size, helps even out skin tone.

Mesopeel TCA £65

Skin ageing/acne scarring and deep pigmentation.

Mesopeel melanostop £65

Hyperpigmentation and photo ageing.

Mesopeel azelan £65

Antifungal and acne.

Mesopeel modified jessner £65

Dark spots, irregular skin tone, ageing.

These chemical peels will be chosen and designed for your skin's specific needs at consultation. Additional ampules and masks from our Specialist Clinical Facial Range can be added and chosen from £50.

Microdermabrasion (includes a mask) £40

£10 extra for a new generation peel-off algae mask

Microdermabrasion is a safe, controlled treatment that intensely exfoliates and resurfaces the skin, for complete skin rejuvenation. A jet of abrasive crystals gently removes dead skin cells layer by layer and a vacuum action lifts away the debris, stimulating the blood flow and encouraging collagen and elastin formation that results in firmer and revitalised and youthful looking skin. Wrinkles disappear, acne scarring is reduced and dull and tired skin is banished. It helps with open pores, black heads and pigmentation. Effects are usually seen after the first treatment, with ongoing improvements seen week after week during a course of treatments.

Laser

Skin rejuvenation

Intense Pulsed Light Skin Rejuvenation offers a solution for all the visible signs of ageing caused by sun damage, such as brown spots (pigmentation), redness (thread veins) and uneven skin texture (collagen).

Acne

Acne can be effectively treated with Intense Pulsed Light alone or in combination with other clinical treatments. Intense Pulsed Light treatments greatly reduce the number and severity of active lesions, lessening the inflammation and frequency of break-outs.

Pigment removal

Pigmented lesions such as age spots or freckles can be successfully lightened or removed with Intense Pulsed Light. Birth marks and other deeper, larger areas of pigmentation can be successfully treated. Suitable for both the face and body and will result in a more even skin tone.

Red veins

Intense Pulsed Light can provide a long term solution to facial problems such as red flushing (rosacea), thread veins and red spots as well as unsightly leg veins, with minimal downtime.

Permanent hair reduction

Intense Pulsed Light systems offer a safe, long-term solution to unwanted, excess hair for both men and women. Treatment is suitable for the face and body.

Laser prices start from as little as £50. More information can be found on our separate IPL laser brochures, also discussed at consultation.

Hair removal

Female clients

Area	Single treatment	Six treatments
Upper lip	£50	£260
Chin	£50	£260
Chin & neck	£75	£420
Eyebrow (in between the eyes)	£40	£200
Under arms	£65	£345
Breasts	£40	£240
Abdomen	£50	£260
Bikini line	£65	£345
Lower legs	£150	£845
Full legs	£300	£1400
Buttocks	£65	£345
Forearm	£95	£500

Male clients

Area	Single treatment	Six treatments
Full beard	£95	£500
Shoulders	£150	£800
Full back	£250	£1200
Chest upper	£110	£600
Abdomen	£110	£600
Chest & abdomen	£200	£950
Nose hair	£40	£200

Any other areas, please do not hesitate to book a consultation to discuss the treatment and cost (Prices based per individual treatment).

Aesthetic procedures

Dermal fillers

Generally used to improve the appearance of expression lines and plumping out lines and wrinkles.

Anti-wrinkle injectables

Muscle relaxant injections temporarily weaken the muscles to help prevent wrinkles becoming established.

Private consultation is required to discuss your individual requirements and prices.



Finishing touches

PHD waxing system

Here at Spire we only use the Professional Hygienic Disposable waxing system. The wax system we use has no cross contamination as each client will have their own tube of wax and wax applicator.

Area	Price
Full leg	£25
Full leg & bikini line	£30
Half leg up to knee	£18
Bikini line	£12
Underarm	£10
Lip & chin	£14
Upper lip	£7
Chin wax	from £8
Full arm wax	£16
Gents back wax	from £28
Gents chest & stomach	from £25

Eyes

Area	Price
Eyebrow shape	£8
Eyebrow tint	£8
Eyebrow shape & tint	£14
Eyelash tint	£10
Eyelash and brow tint	£16

*Skin patch test is required 24 hours prior to treatment.

Brow by Mii

Brow by Mii, defined by you

£25

For the perfect set of brows to beautifully frame your face, this bespoke eyebrow treatment begins with an in-depth consultation, followed by tinting, waxing, shaping and finishing. Whether your eyebrows are in need of nurturing, refining or just a little TLC, Brow by Mii is the perfect treatment for you. Results will last 4-6 weeks. Patch test required before treatment.

Perfect fingers & toes

Jessica manicures & pedicures

The Jessica half hour manicure

30 mins £15

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat, completed by Jessica polish.

Jessica prescriptive manicure

45 mins £22

Nails are analysed and treated for their specific type. Jessica prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with Jessica polish.

ZenSpa pedicure

1 hr £27

Choose between energising ginger, calming green tea or revitalising citrus for this luxury foot and leg treatment. Hard skin will be removed, using the Jessica skin removal machine, feet and legs will be massaged with deep conditioning creams leaving them softer and smoother. Your cuticles will be groomed and your toenails will be shaped and completed with Jessica polish.

GEleration gel nail shape & polish

45 mins £20

Nails are filed and shaped and finished with Jessica's gel polish.

GEleration gel overlay manicure

1 hr £30

Includes hand exfoliation, massage, and cuticle care & nail shape, finished with Jessica's gel polish.

ZenSPA pedicure with GEleration

1 hr 15 mins £36

Removal of Geleration only

£10

Gel removal before a new set: add 15 minutes on the time, there is no charge for this removal. Please note we do not remove any other brand of Gel.



Arrival time

Please allow sufficient time to your appointment to complete consultation forms or health questionnaire. Please be advised that late arrivals will result in a reduction of treatment time.

Medical conditions

Some of the treatments that are offered are not suitable for clients with certain medical ailments and conditions. We request that you draw to our attention any of the following conditions at the time of booking: epilepsy, allergies, heart condition, high/low blood pressure, scar tissue, varicose veins, skin conditions, diabetes, cancer, pregnancy, recent operations.

Cancellation policy

Please note that we require 24 hours notice to cancel or re-schedule appointments or full cancellation charge will apply.

Gift vouchers

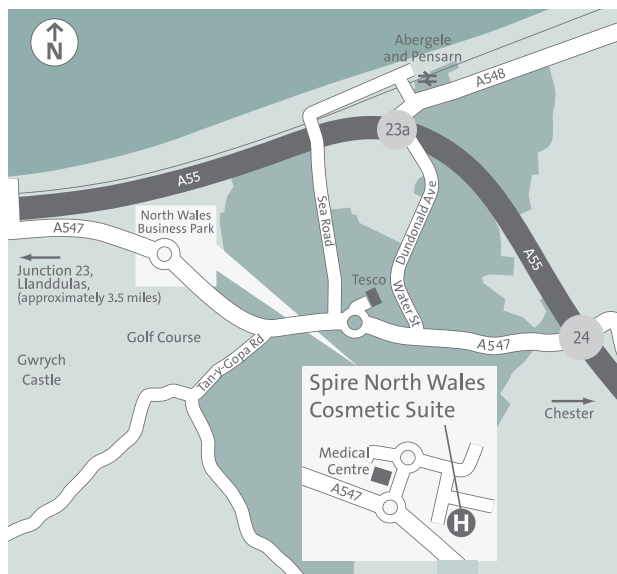
Gift vouchers are available. They cannot be extended and are non-refundable. All retail items cannot be exchanged or returned.





Spire

North Wales Cosmetic Suite Abergele



Opening times

Monday	10.00-17.00
Tuesday	Closed
Wednesday	10.00-19.00
Thursday	10.00-19.00
Friday	10.00-17.00
Saturday	09.30-13.00



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Looking after you.