

Publications related to shoulder and elbow

1. A multi-specialty surgical course for residents transitioning from early to intermediate training
Accepted April 2016 International Journal of Medical Education (IJME)
2. Fewer anchors achieves successful arthroscopic shoulder stabilization surgery: 114 patients with 4 years of follow-up *J Shoulder and Elbow Surg* 2014 Mar;23(3):382-7
3. The use of shoulder scoring systems and outcome measures in the UK. *Ann R Coll Surg Engl*. 2014 Nov;96(8):590-2
4. Intramedullary fixation for fractures of the proximal humerus. *Orthopaedics and Trauma June 2013*(Vol. 27 | No. 3 | Pages 144-148)
5. Brachial plexus injury following using of LARS suture passer during an open Weaver-Dunn procedure *J Shoulder and Elbow surg* 2013 May;22(5):
6. Isolated rupture of the separate insertion of the short head of biceps on the radial tuberosity: ultrasound and magnetic resonance imaging diagnosis with successful surgical treatment. *Shoulder & Elbow*.: 25 APR 2013
7. Treatment of Proximal Humerus Fractures with Stryker T2 Proximal Humeral Nail: A study of 61 cases. *Shoulder & Elbow Jan 2013 vol 5 Issue 1: 48 – 55*
8. Titanium Elastic Stable Intramedullary nailing of Displaced Midshaft Clavicular Fractures: A review of 38 Cases. *International Journal of Shoulder Surgery Jul-Sep 2012 / Vol 6 / Issue 3 12*
9. Intramedullary nailing for displaced proximal humeral fractures.
J orthop surgery. 2010 Dec;18(3):324-7
10. Healing of Greater tuberosity in acute Shoulder hemiarthroplasty using an Accelerated Rehabilitation regime : *Shoulder and Elbow Vol 2 (2) April 2010; 131-5*.
11. Atraumatic osteonecrosis of the Humeral head associated with pregnancy. *Shouder & Elbow July 2010 vol 2 Issue 3 188 – 19*
12. Fixation of Displaced Proximal Humerus fracture with an Intramedullary Proximal humerus Locking Nail. *Invited Article. Journal of orthopaedic Surgery and Reasearch 2010*
13. Mid term Clinical and Sonographic outcome in arthroscopic repair of the Rotator Cuff.
Journal of Bone and Joint Surg Br 2008 October; 90(10);1341-7
14. Arthroscopic capsular release for posttraumatic shoulder stiffness.*J Shoulder Elbow Surg*. 2008 May-Jun;17(3):410-4..
15. In vivo rotator cuff blood flow measurement using laser doppler flowmetry
Journal of Bone Joint Surg Br. 2008 Jul;90(7):893-8
16. Peripheral paresthesia in patients with subacromial impingement syndrome.
Arch Orthop Trauma Surg. 2007 Sep;127(7):609-12. 2007 Jul 25.
17. Age – related outcome in carpal Tunnel Surgery.
Journal of Bone and Joint Surgery (B) July 2002. 84B; 5: 688-91
18. Early Experience with the PlantTan Fixator plate for 2 and 3 part fractures of the proximal humerus.
Injury (36) 2005: 1190 -1196

19. Surgical Management of Proximal Humeral Fractures

Invited Chapter in *Current orthopaedics* May 2008

Book chapters as a fellow at Reading Shoulder Unit

- *Management of infections after Shoulder arthroplasty.*
Chapter The Brazilian Orthopaedic Association's Shoulder Arthroplasty 2004
- *Surgical Approaches for instability Surgery of the shoulder*
Chapter in 'Current Orthopaedics' on Instability of the Shoulder, 2004.
- *Resurfacing arthroplasty of the Shoulder*
Chapter for the book on "Shoulder Replacement in Osteoarthritis" from Centro Chirurgia, by Porcellini, Campi and Paladini, Bologna Publishing House, Italy.

Presentations

- A Comparison of Shoulder Hemiarthroplasty with Reverse Shoulder Arthroplasty for Proximal Humeral Fractures BESS 2017 Coventry
- Subacromial spacer VS Partial Rotator cuff Repair: A single surgeon cohort study [BESS 2016](#)
- An investigation to determine the association between grip strength and shoulder dysfunction in the male pathological shoulder [BESS 2016 Dublin](#)
- Arthroscopic Plication for Multidirectional Instability; a review of 50 patients with a 2- 5 year follow up [BESS 2015](#)
- Learning curve on an arthroscopic shoulder simulator [BESS 2015](#)
- Improving Trainees' confidence with a novel multi disciplinary simulated surgical course SPIH conference 2014 Nov Nottingham
- Biceps tendon repairs at the elbow BESS 2014
- Revision arthroscopic shoulder surgery for Rotator Cuff disorders: Analysis of causes and results - British Elbow and Shoulder Society (BESS) meeting 2013 BESS meeting 2013. www.bess.org.uk
- The use of scoring systems and outcome measures following shoulder surgery in England - British Elbow and Shoulder Society (BESS) meeting 2013
- Correlation between Oxford Shoulder score and Euroqol Quality of life score - British chapter of the Indian Orthopaedic Society meeting June 2013
- Results of resurfacing arthroplasty of the shoulder: Review of 39 cases - British Chapter of IOS meeting June 2013
- Treatment of Proximal Humeral Fractures with Stryker T2 Proximal Humeral Nail - a study of 61 Cases _ British Shoulder and Elbow meeting - BESS 2011
- Good Surgical technique more important than number of Anchors _ Results of Arthroscopic Shoulder Stabilisation- British Shoulder and Elbow Meeting - BESS 2011
- The results of Arthroscopic Stabilisation of unstable shoulders BESS 2010 Oxford
- The reliability of Office Ultrasound in diagnosis of Rotator Cuff pathology BESS 2009 London

- Accelerated Rehabilitation in healing of tuberosities after hemiarthroplasty for shoulder fractures BESS 2009 London
- In vivo rotator cuff blood flow measurement using laser doppler flowmetry BESS 2008 Liverpool
- Correlation between Constant Score and Euroqol scores in patient with impingement BESS 2007
- Pitfalls in arthroscopic treatment of Acromioclavicular joint dislocations with the tightrope BESS 2007
- Clavicular fracture fixation with intramedullary nail BESS 2007
- EQ5D – Correlation of Quality of life score with Constant score SECEC European meet Athens 2006
- Arthroscopic Rotator Cuff Repair– Mid - long term Results (2 - 6 YEARS FU) – retear rate and comparison with clinical outcome International Conference on Shoulder Surgery 2007 Brazil
- Proximal Humeral fractures treated with nail SECEC European meet Athens 2006. www.secec.org
- Comparison of arthroscopic decompression alone with cuff repair in small tears SECEC European meet Athens 2006, BESS 2006 Edinburgh
- Arthroscopic Tightrope fixation of ACJ dislocations BTS 2006 , BESS 2007
- DHS and gamma nail In intertrochanteric Fractures BTS 2006 Leeds
- Remanipulation rates After Reduction of Distal Radius Fractures Under Haematoma Block in the Emergency Department. BTS 2005 London
- Assessment of the prevalence of neurological symptoms in impingement syndrome of the shoulder AOA 2005 Perth Australia, AAOS 2006 Seattle USA www.aaos.org
- Results of Arthroscopic Rotator Cuff Repairs at an average of 2 years follow up BESS July 2005
- Assessment of Blood flow in the Rotator cuff by Laser Doppler Flowmetry BESS 2004 , SECEC Rome 2005
- Arthroscopic Capsular Release for post-traumatic Shoulder Stiffness Study of 20 patients at 3-5 years follow up. International congress on Surgery of the Shoulder, Washington, 2004
- Arthroscopic Bankart repair in recurrent shoulder instability: A comparison of different techniques at an average of 3 years follow up. International Congress on Surgery of the Shoulder, Washington, 2004
- Variables affecting Constant score. International Congress on Surgery of the Shoulder, Washington, 2004
- Validation of a new Simple Quantitative Test for Assessment of Subscapularis Strength. International Congress on Surgery of the Shoulder, Washington, 2004
- Remanipulation rates After Reduction of Distal Radius Fractures Under Haematoma Block in the Emergency Department. Accepted for a podium presentation at the BTS meeting 2004 www.bts-org.co.uk
- Comparisons of Quality of life outcomes following hemiarthroplasty: Is there a difference between cemented Thompson's and uncemented Austin Moore replacements.. British Trauma Society Meeting, London, October 2003 www.bts-org.co.uk
- The implications of sagittal malpositioning of the stem in cemented Charnley total hip replacements. EFORT congress, Helsinki, Finland 2003
- An easy Preoperative method to determine Tibial Intramedullary nail Length. Combined Meeting in Sydney 2004, The European Trauma Congress at Vienna May 2002, The British Trauma Society meeting October 2001. The Holdsworth meeting, Wakefield Nov 2, 2002 www.bts-org.co.uk
- Distal femoral Fractures in the Elderly : One year follow up of Noiles hinged knee replacements in comparison with other modalities of treatment. British Trauma Society Meeting 2002. www.bts-org.co.uk

- Age and Outcome in Carpal Tunnel decompression surgery. British Orthopaedic Association's Annual Congress 2001 www.boa.ac.uk
- Acute Compartment Syndrome – Early and Late presentation. Regional conference of the Tamil Nadu Orthopaedic Association, Madras, India, February 1996
- A.O. Dynamic Condylar Screw in Proximal and Distal Femoral Fractures. The South Zone Orthopaedic conference of the Indian Orthopaedic Association, Madras, 1995.
- Surgical management of a Difficult Supra-Articular Pilon Fracture. Conference of the Asian Association for Dynamic Osteosynthesis, Hong Kong, September 1994.