



**Spire**

Sussex Hospital



**Spire**

Sussex Hospital

**2017**

**Consultant Directory**

**01424 757 400**

[www.spireussex.com](http://www.spireussex.com)



**At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results. For us it's more than just treating patients, it's about looking after people.**

**To see a consultant at Spire Sussex Hospital:**

**Call: 01424 757 454**

**Fax: 01424 757 424**

A GP referral letter is required before any insured patient can be seen by a consultant. In certain circumstances, self-funding and cosmetic patients can self-refer.

### **Insured patients**

Scheme/policy details are required at the time of booking so that we can obtain pre-authorisation for their treatment.

### **Self-funding patients**

We can provide a tailored fixed price\* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures.

For information call **01424 757 455**.

### **NHS patients**

Spire Sussex Hospital is accredited to provide elective surgical services to NHS patients across a range of specialties. Our aim is to make the referral process as quick and easy as possible. You can use the NHS e-Referral system [www.ebs.ncrs.nhs.uk](http://www.ebs.ncrs.nhs.uk) to refer your patients to us or alternatively, you can refer by letter or fax (please state that the referral is NHS and provide recent relevant medical history).

### **Emergency admissions**

Call **01424 757 456** and ask for the nurse in charge. We'll aim to call you back within 20 minutes to update you on the progress of the admission. The hospital does not have an accident and emergency facility.

Full profiles for each consultant can be found at [www.spireSussex.com](http://www.spireSussex.com)

\*Please see a copy of Spire's patient terms and conditions for full detail. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.



## Main contacts

### GP Helpline

Tel: 01424 757 456  
Fax: 01424 757 424

### GP Liaison Executive

Liz Clarke  
Tel: 01424 757 405  
Fax: 01424 757 424  
Email: elizabeth.clarke@spirehealthcare.com

### NHS Co-ordinators

Kelly Constable, Teresa Frame  
Tel: 01424 757 493 or 01424 757 407  
Fax: 01424 757 424  
Email: spiresussexnhs@spiresussex.com

### Head of Clinical Services

Penny Masters  
Tel: 01424 757 409  
Fax: 01424 757 424  
Email: penny.masters@spirehealthcare.com

### Out-patient Appointments

Nicola Prevett  
Tel: 01424 757 454  
Fax: 01424 757 453  
Email: sussexhospappointments@spirehealthcare.com

### Radiology Appointments

Zoe Waghorne, Sam Smith  
Tel: 01424 757 427 or 01424 757 401  
Fax: 01424 757 424  
Email: zoe.waghorne@spirehealthcare.com  
Email: sam.smith@spirehealthcare.com

### Physiotherapy Appointments

Ruth Russell, Tina Brady  
Tel: 01424 757 491  
Fax: 01424 757 424  
Email: ruth.russell@spirehealthcare.com  
Email: tina.brady@spirehealthcare.com

### Emergency Admissions

Tel: 01424 757 456  
Fax: 01424 757 424

### Hospital Switchboard

Tel: 0845 604 7400  
Fax: 01424 757 424

### PA to Hospital Director

Cath Goodsell  
Tel: 01424 757 411  
Fax: 01424 757 424  
Email: catherine.goodsell@spirehealthcare.com

### Self-pay Advisor

Hannah Smith  
Tel: 01424 757455  
Fax: 01424 757 424  
Email: info@spiresussex.com

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## B

### Breast surgery

#### Miss E F Shah

Oncoplastic breast

NHS Trust base: East Sussex Healthcare NHS Trust

#### Mr A Subramanian

Oncoplastic breast, breast reconstruction, cosmetic breast surgery

NHS Trust base: East Sussex Healthcare NHS Trust

## C

### Cardiology

#### Dr R Gerber

Interventional cardiology, transthoracic and transoesophageal echocardiography, coronary angiography, coronary angioplasty

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr D M Walker

Ischaemic heart disease, vascular disease, interventional cardiology, pacing

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr R Veasey

Advanced rhythm management, ablation / electrophysiology / simple and complex pacemakers and defibrillators

NHS Trust base: East Sussex Healthcare NHS Trust

### Cardiovascular medicine

#### Dr H McIntyre

Heart failure, hypertension, cardiovascular risk, older patients

NHS Trust base: East Sussex Healthcare NHS Trust

### Cosmetic surgery

#### Mr J Pereira

Cosmetic surgery, plastic surgery

NHS Trust base: Private only

#### Mr M Pickford

Hand reconstruction, cosmetic surgery, plastic surgery

NHS Trust base: East Sussex Healthcare NHS Trust

## D

### Dermatology

#### Dr J Von der Werth

Skin surgery, skin cancer

NHS Trust base: East Sussex Healthcare NHS Trust

## Dietetics

#### Miss B Campion

IBS, inflammatory bowel disease, coeliac disease

NHS Trust base: Private only

#### Miss V Shorland

Crohn's, Colitis, Constipation, Diarrhoea

NHS Trust base: East Sussex Healthcare NHS Trust

## E

### Ear, nose and throat

#### Mr S B Baer

Endoscopic sinus surgery, ear microsurgery, voice problems

NHS Trust base: Private only

#### Mr P M Kirkland

Thyroid, salivary gland, rhinology

NHS Trust base: East Sussex Healthcare NHS Trust

#### Mr A Meredith

Rhinology, sinus surgery, sleep study

NHS Trust base: East Sussex Healthcare NHS Trust

## G

### Gastroenterology

#### Dr M Whitehead

Nutrition, dyspepsia, peptic ulcer disease

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr M A Zubir

Gastroenterology

NHS Trust base: East Sussex Healthcare NHS Trust

### General medicine

#### Dr U Dashora

Diabetes, endocrinology

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr O Kankam

General medicine, respiratory

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr S Merritt

Respiratory, sleep medicine, Insomnia Clinic

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr P Sathiskumar

Endocrinology, diabetes medicine

NHS Trust base: East Sussex Healthcare NHS Trust

## General surgery

### Miss I Donnellan

Colorectal and laparoscopic

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr M Miller

Colorectal surgery

NHS Trust base: East Sussex Healthcare NHS Trust

### Mrs A Morris

Colorectal surgery, pelvic floor disorders, inflammatory bowel disease

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr A Sandison

Vascular, arterial, venous

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr M Saunders

Colorectal surgery, gastrointestinal surgery

NHS Trust base: East Sussex Healthcare NHS Trust

## Geriatric medicine

### Dr J Dennison

Diabetes, Parkinson's disease

NHS Trust base: East Sussex Healthcare NHS Trust

### Dr E Mucci

Comprehensive assessment of older adults, TIA management

NHS Trust base: East Sussex Healthcare NHS Trust

### Dr M J H Rahmani

Stroke, TIA management

NHS Trust base: East Sussex Healthcare NHS Trust

## Gynaecology and obstetrics

### Mr B Auld

Urogynaecological surgery, pelvic floor surgery, colposcopy, oncology

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr H Elhalwagy

Urogynaecology, hysteroscopy, laparoscopic surgery, menorrhagia, prolapse

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr J Zaidi

Subfertility, IVF, ultrasound, minimal access surgery, pelvic floor surgery

NHS Trust base: East Sussex Healthcare NHS Trust

## H

## Haematology

### Dr J Newman

Haematological oncology, clotting disorder, anticoagulation monitoring

NHS Trust base: East Sussex Healthcare NHS Trust

## Hand surgery

### Mr T Underhill

Soft tissue, rheumatoid hand surgery

NHS Trust base: East Sussex Healthcare NHS Trust

### Mr M Pickford

Soft tissue, rheumatoid hand surgery

NHS Trust base: East Sussex Healthcare NHS Trust

## N

## Neurology

### Dr M Chowdhury

Epilepsy, Parkinson's disease, movement disorders

NHS Trust base: East Sussex Healthcare NHS Trust

## O

## Oncology

### Dr A Robinson

Clinical oncology - urological and upper GI tumour

NHS Trust base: East Sussex Healthcare NHS Trust

### Dr T Sevvitt

Clinical oncology - lung and lower GI tumour

NHS Trust base: East Sussex Healthcare NHS Trust

## Ophthalmology

### Mr P Gouws

Cataract surgery, glaucoma treatment, retinal disease  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr P Gregory

Phacoemulsification, cataract surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr K Qureshi

Cataract surgery, diabetic eye disease, AMD  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr M Saldana

Oculoplastic surgery, cataract surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

## Oral and maxillofacial surgery

### Mr M Williams

Head and neck trauma, facial deformity, facial skin lesion, salivary gland disease, oral cancer, dental extraction  
NHS Trust base: East Sussex Healthcare NHS Trust

## Orthopaedic surgery

### Mr H Apthorp

Primary and revision joint replacement surgery, young adult hip disorders, trauma, minimally invasive hip replacement  
NHS Trust base: Private only

### Mr J Buchanan

Shoulder, elbow, shoulder replacement, arthroscopic surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr A Butler-Manuel

Knee arthroscopy, ligament reconstruction, knee replacement  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr M Dunning

Foot surgery, ankle surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr R Goddard

Knee arthroscopy, ligament reconstruction, knee replacement  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr O Keast-Butler

Hip replacement, knee replacement, knee arthroscopy  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr S Pearce

Hip replacement, knee replacement, knee arthroscopy  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr G P F Selmon

Spinal surgery, discectomy, spinal probe, lumbar decompression  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr H Thakral

Shoulder, elbow, joint replacement, arthroscopy  
NHS Trust base: East Sussex Healthcare NHS Trust

### Mr H Willmott

Foot surgery, ankle surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

## Plastic surgery

### Mr J Pereira

Plastic surgery, cosmetic surgery  
NHS Trust base: Private only

### Mr M Pickford

Hand reconstruction, cosmetic surgery, plastic surgery  
NHS Trust base: East Sussex Healthcare NHS Trust

## Psychiatry

### Dr N Clarke

Late-onset depressive illness and dementia, grief and anxiety syndromes, neuropsychiatry of degenerative brain disease including Parkinson's and stroke diseases  
NHS Trust base: Private only

### Dr N Gkampranis

General adult psychiatry, mood disorders including depression, sleep disorders and polysomnography, anxiety disorders  
NHS Trust base: East Sussex Healthcare NHS Trust

### Dr S Malik

General adult psychiatry, resistant depression, somatisation  
NHS Trust base: East Sussex Healthcare NHS Trust

## Psychotherapy

### Mr S Clifford

Cognitive behaviour therapy, depression, anxiety, stress, OCD, phobias, bereavement, trauma, shock, perinatal mental health  
NHS Trust base: Private only

### Dr E Harley

Cognitive behaviour therapy, psychosexual and relationship therapy, systemic work  
NHS Trust base: Private only

### Dr H Milburn

Adult therapy, CBT, psychodynamic, systemic, humanistic  
NHS Trust base: Private only

## R

## Radiology

### Dr L Apthorp

Cross-sectional imaging, mammography, ultrasound  
NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr R Bernal

Breast, musculo-skeletal, ultrasound

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr E Dagiakidi

Ultrasound, cross-sectional imaging, general radiology, carotid imaging

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr M Faris

Vascular and non-vascular interventional radiology, GI, spinal intervention, cross-sectional imaging, rhizolysis, balloon kyphoplasty

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr J Giles

Ultrasound, GI, respiratory, vascular, interventional radiology, cross-sectional imaging

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr R Guy

Oncological, orthopaedic, small parts ultrasound, cross-sectional imaging, mammography

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr J Harris

Interventional radiology, ultrasound, cross-sectional imaging

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr J Holt

General radiology, chest, body and cardiac imaging

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr R Joarder

Chest, gastrointestinal imaging, ultrasound

NHS Trust base: East Sussex Healthcare NHS Trust

#### Dr J Topple

Head and neck imaging, fine needle aspiration

NHS Trust base: East Sussex Healthcare NHS Trust

### Rheumatology

#### Dr Andrew Pool

Inflammatory arthritis, osteoporosis, fibromyalgia, gout

NHS Trust base: East Sussex Healthcare NHS Trust

### U

### Urology

#### Mr S Ahmed

Urological cancer, female incontinence, male erectile dysfunction, benign prostate diseases, Bladder / kidney stone disease, bladder cancer, erectile dysfunction, incontinence, kidney cancer, prostate cancer, urinary tract infections

NHS Trust base: East Sussex Healthcare NHS Trust

#### Mr S Garnett

Urological cancer, bladder/kidney stone disease, urinary tract infections, benign prostate diseases, bladder cancer, prostate cancer, erectile dysfunction, incontinence, urodynamics

NHS Trust base: East Sussex Healthcare NHS Trust

#### Mr F Kapasi

Diagnostic urology

NHS Trust base: East Sussex Healthcare NHS Trust

#### Mr R O Plail

Urological cancer, female incontinence, male erectile dysfunction

NHS Trust base: East Sussex Healthcare NHS Trust



## Why choose Spire Sussex Hospital for your treatment?

### We can offer you:

- Prompt access to treatment with the consultant of your choice, from start to finish
- Located on NHS hospital site with easy access to emergency services
- Single private rooms, all en-suite
- One-to-one tailored physiotherapy care
- Flexible visiting hours
- Free parking

You don't need to have private medical insurance to access Spire Sussex Hospital - we offer fixed package prices agreed in advance.\*

To find out more call us on

**01424 757455**

Email us [info@spireussex.com](mailto:info@spireussex.com)

Visit us [www.spireussex.com](http://www.spireussex.com)

\*Terms and conditions apply

*Looking after you.*



## Radiology

Appointments: **01424 757 427 or 01424 757 401**  
Monday – Friday: **9am – 4.30pm**

Appointments usually within 24 hours of a referral being received. Reports usually within 48 hours

Abdominal/pelvic imaging
Arthrography
Barium studies
Breast scanning
Calcium scoring
CT scanning
Cystography
Dacryocystography
Facet block painkilling procedures
General radiography
Hysterosalpingography
Intravenous urography
Mammography
MRCP
MRI
Musculo-skeletal ultrasound
Neurological imaging
Pelvic embolisation
Rhyzolysis
Sialography
Sinography
Ultrasound (general)
Ultrasound guided biopsy
Ultrasound with Doppler facility for vascular work
Urethrography
Vascular studies
Venography

## Physiotherapy

Appointments: **01424 757 491**  
Monday and Wednesday: **8am – 9pm**  
Tuesday, Thursday and Friday: **8am – 5.30pm**

Acupuncture
Arthritis
Back and neck problems
Biomechanical assessment
Electrotherapy
Ergonomic advice
Gait rehabilitation (gait scanning)
Gym rehabilitation classes
Gynaecological problems (including continence care)
Hydrotherapy
Manipulation and mobilisation
Muscle energy techniques
Muscle imbalance and stretches
Musculo-skeletal problems
Neurological rehabilitation
Personalised exercise programmes
Post-operative conditions
Post-surgical breast care Spinal and peripheral mobilisations
Sports injury (including taping and strapping)
Upper limb related disorders (eg RSI)
Vestibular rehabilitation and balance disorders
Whiplash associated disorders
Work related injuries



Clinics	Telephone
Cervical smear testing	01424 757455
Clean Ear Clinic	01424 757 455
Healthy Heart Clinic	01424 757 455
Insomnia Clinic	01424 757 455
Mole Clinic	01424 757 455
Nasal Allergy Clinic	01424 757 455



**We bring the consultant  
and lunch to you**

If you would like to book a consultant talk to be held at your surgery regarding any of the specialties listed below or if there is a specific topic you would like to know more about please email Liz at [elizabeth.clarke@spirehealthcare.com](mailto:elizabeth.clarke@spirehealthcare.com) or call **01424 757 405**.

Look out for our  
**Clinical  
educational  
evenings**  
at Spire Sussex  
Hospital

- |                      |                                |                           |
|----------------------|--------------------------------|---------------------------|
| • Cardiology         | • Haematology                  | <b>Alternative Topics</b> |
| • ENT                | • Orthopaedics                 |                           |
| • General Medicine   | • Ophthalmology                |                           |
| • General Surgery    | • Psychiatry/<br>Psychotherapy |                           |
| • Geriatric Medicine | • Urology                      |                           |
| • Gynaecology        |                                |                           |
|                      |                                | • Clean Ear Clinic        |
|                      |                                | • Nasal Allergy Clinic    |
|                      |                                | • Insomnia Clinic         |

**Don't forget we also hold GP talks throughout the year at Spire Sussex Hospital – for more information email [elizabeth.clarke@spirehealthcare.com](mailto:elizabeth.clarke@spirehealthcare.com)**

**Spire Sussex Hospital**  
The Ridge, St Leonards-on-Sea, TN37 7RE

[www.spirehealthcare.com/sussex](http://www.spirehealthcare.com/sussex)

*Looking after you.*

# When is it appropriate to tell your patients about private self-funded treatment?

There are occasions when it is perfectly acceptable to inform or recommend to your patients the option of one-off, self-funded treatment.

### When a patient wants to be seen and treated quickly.

#### Arranging fast private treatment

Your patient is guaranteed fast access to some of the latest facilities and diagnostic services – usually within a week of referral. If subsequent treatment is required this can usually be completed within a few weeks.

### When a patient is concerned about cleanliness and clinical outcomes.

#### Low infection risk

Spire Healthcare was the first private hospital provider to publish clinical performance and patient reported outcomes together on their website, including information on rates of MRSA bacteraemia and Clostridium Difficile infection.

##### MRSA bacteraemia rates

Cases of MRSA bacteraemia per 10,000 bed days

Spire Sussex Hospital  
(April 2015 – March 2016)

0.00

NHS  
(April 2015 – March 2016)

0.09

### When a patient does not meet the criteria for NHS treatment.

#### No referral criteria thresholds

Referral into the NHS isn't always possible. At Spire Healthcare we don't have referral thresholds – so your patient can quickly access consultant appointments and diagnostic facilities including MRI and CT scans.

Visit [www.spirehealthcare.com](http://www.spirehealthcare.com) for more information.

### When you and your patient want to choose the consultant they see.

#### Choose your patient's consultant

Demand the best for your patients and choose the consultant you want them to see. Your patient will see the same consultant at every appointment and they will be in full charge of their care with the support of our 24-hour resident doctor and experienced nursing team.

#### Fixed price treatment

We'll quote an inclusive, fixed price\* for all treatment. So there are no surprises once treatment is complete. We also offer two finance schemes, including access to an interest-free option (**0% APR representative**).

#### Comfortable surroundings

At Spire Sussex Hospital patients have their own private room with en-suite shower. We offer a range of appetising meals, all prepared by our on-site chef, and delivered to their room. Visitors are welcome whenever your patient wishes.

\* Please see a copy of Spire's patient terms and conditions for full detail. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

# Prompt and expert care to get you moving again

- bone and soft tissue injuries
- knee injuries and hip problems
- back and neck pain
- shoulder and elbow injuries
- hand and wrist complaints
- foot and ankle problems

**01424 757 455**

[info@spiresussex.com](mailto:info@spiresussex.com)

[www.spiresussex.com](http://www.spiresussex.com)



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