



Spire

Portsmouth Hospital

# NHS Services at Spire Portsmouth Hospital

Shoulder  
Foot and Ankle

Knee arthroscopy

Total knee replacement

Arthroscopy

MRI

Hand & Wrist

Decompression

Spinal

Pain management

CT Discectomy

Laparoscopic cholecystectomy

Total hip replacement

## How to refer

### By the NHS e-referral system

By Fax to: 02392 498124  
By email: [spireportsmouth@nhs.net](mailto:spireportsmouth@nhs.net)  
By letter to: NHS Co-ordinator  
Spire Portsmouth Hospital  
Bartons Road  
Havant • PO9 5NP

## Main Contacts

NHS helpline: 02392 456 131  
GP Liaison Lesley Davies: 02392 456 087  
Hospital Switchboard: 02392 456 000

Specialty	Consultant	DOS Name	Conditions treated
Orthopaedic	Mr Dalton Mr Clarke Mr Cossey Mr Gandhe Mr Langdown Mr Kane Mr Richards Mr Taylor Mr Farr Mr Flynn	Knee Arthroscopy	Trauma to the knee
Orthopaedic	Mr Dalton Mr Clarke Mr Cossey Mr Gandhe Mr Farr Mr Langdown Mr Kane Mr Richards Mr Taylor Mr Flynn	Knee Replacement	Severe knee pain and disability Osteoarthritis of the knee joint Rheumatoid arthritis of the knee Progressive knee deformity and instability
Orthopaedic	Mr Dalton Mr Clarke Mr Gandhe Mr Farr Mr Hussell Mr Kane Mr Langdown Mr Richards Mr Taylor	Hip Replacement	Severe pain from arthritis in the hip Osteoarthritis of the hip Rheumatoid arthritis of the hip Other degenerative disease of the hip
Orthopaedic	Mr Hobbs Mr Sauv�	Hand & Wrist	Carpal Tunnel Dupuytren's Contracture Trigger finger Arthritic joints
Orthopaedic	Mr Harper Mr Watkinson	Shoulder	Frozen shoulder Arthritic joint Torn rotator cuff Unstable shoulder
Orthopaedic	Mr Hodgkinson	Foot & Ankle	Severe ankle pain Arthritis of ankle Joint instability Foot and ankle joint problems Severe foot pain Mortons metatarsalgia Hallux Valgus Congenital abnormalities of feet Hammer toes
Orthopaedic	Mr McLaren	Ortho-spinal	Nerve impingement and disc herniation
General Surgery	Mr Carter	Hepatobilliary/Pancreatic	Gallbladder
General Surgery	Mr Carter Mr Payne	Hernia services	Hernias: Abdominal, Femoral, Inguinal, Umbilical, Ventral

**Procedures performed**

Endoscopic removal of loose body from joint  
 Endoscopic irrigation of joint  
 Therapeutic endoscopic operations on cavity of joint  
 Diagnostic endoscopic examination of the joint  
 Injection into joint

Total prosthetic replacement of the knee joint  
 Unicompartmental

Total prosthetic replacement of hip joint  
 Injection into joint

Decompression carpal tunnel  
 Release Dupuytren's Contracture  
 Release trigger finger  
 Injection into arthritic joint

Arthroscopy  
 Stabilisation  
 Cuff repair  
 Joint repair

Division of plantar fascia  
 Excision of bunion  
 Excision of ganglion of foot  
 Excision of heads of multiple lesser metatarsals  
 Fusion metatarsophalangeal joint  
 Correction congenital deformity of foot  
 Soft tissue correction hallux valgus

Conversion to prosthetic replacement  
 Division of bone of foot  
 Amputation of toe  
 Fusion of joint of toe  
 Osteotomy  
 Arthroplasty  
 Primary resurfacing arthroplasty of joint  
 Separation of tarsal coalition

Nerve impingement and disc herniation

Decompression  
 Discectomy

Gallbladder

Laparoscopic Cholecystectomy

Hernias: Abdominal, Femoral, Inguinal,  
 Umbilical, Ventral

Repair of all hernias as per conditions  
 treated (unilateral & bilateral)  
 Recurrent hernias

**Why choose  
 Spire Portsmouth  
 Hospital?**

- ✓ No waiting lists
- ✓ Consultant-led care
- ✓ Low infection rates\*
- ✓ Electronic discharge summary
- ✓ Post-discharge continuation of care
- ✓ Private en-suite bedrooms
- ✓ Free parking and open visiting hours
- ✓ Personal advice and support



\* We have had no reported cases of hospital acquired MRSA Bacteraemia or C. Difficile at Spire Portsmouth Hospital since we opened in 1984

## Exclusions

- Any person under the age of 18 years old
- The physical status of the Referred NHS Patient is NOT ASA1, ASA2, or ASA3 (stable) where the procedure is to be undertaken with general anaesthetic, where the NHS Patient will not require general anaesthetic, or where clinical judgement suggests it is not in the patient's best interests to treat on clinical grounds.
- Any patient with a BMI greater than 40
- A patient who has a current and significantly unstable psychiatric disorder.
- Women who are over 35 weeks pregnant

## Exclusion criteria explained:

- The ASA system is used by anaesthetists to determine the severity of a patients' underlying disease and the potential for suffering complications from general anaesthesia.
- These exclusions are likely to mean that we can treat more of your patients at Spire Portsmouth Hospital.
- The majority of patients will have an ASA score of 2 or below and will continue to be accepted.

- We will also accept patients who have an ASA score of 3 that are considered stable, undergoing successful treatment and taking regular medication.
- We cannot accept patients who have an ASA score of 3 that are unstable. This would be someone with chronic kidney disease, diabetes or angina where their medication is not effective and is being reviewed.
- A patient, who has a current and significantly unstable psychiatric disorder, is most likely to be someone currently under the care of a psychiatrist, and is not someone who is being treated for depression.

## The following procedure groups are excluded:

- Clinically urgent procedures (being NHS Patients that require surgery within 10 days for a clinical reason).
- Any procedure that is likely to require critical care, unless the appropriate critical care facilities that meet the "Levels of Critical Care for Adult Patients" Standards and Guidelines (Intensive Care Society 2009) are available.

For further assistance please contact Spire Portsmouth Hospital on 02392 456131 to speak to the NHS Co-ordinator.

## How to find us

Spire Portsmouth Hospital is located on the West Sussex/Hampshire border, a 15 minute drive from both Portsmouth and Chichester.

For more detailed information, please visit [www.spireportsmouth.com](http://www.spireportsmouth.com)



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