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Contacts

Hospital contacts

Main hospital

Phone: 01582 763 191

GP hotline

Phone: 01582 714 306

Outpatient department

Phone: 0800 585 112

Self-pay patient enquiries and bookings

Phone: 01582 714 420

Diagnostic imaging

Phone: 01582 714 540

Pathology enquiries

Phone: 01582 714 466

Pharmacy

Phone: 01582 714 437

Physiotherapy

Phone: 01582 714 447

Wards

Ambrose ward: 01582 714 427 Westfield ward: 01582 714 428 Fax: 0800 587 4125

Key contacts

Hospital Director

Julia Salmon: 01582 714 405

GP Relationship Manager

Jacqui Waterfield: 01582 714 307 / 07718 476 146



Mr Harish Parmar, MAC Chairman and Consultant Orthopaedic Surgeon at Spire Harpenden Hospital

About Spire Harpenden Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all of our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results. For us it's more than just treating patients, it's about looking after people.

It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

Our consultants

Every consultant working at Spire Harpenden Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria.

We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

Our nursing staff

All of our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

All the facilities you'd expect and more

 Our 64 private en-suite rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system.

In addition to our private rooms, we offer:

- Extended recovery unit
- 27 consulting rooms
- 5 operating theatres including 4 laminar flow
- An endoscopy suite
- Two outpatient procedure rooms
- Multiple outpatient testing and treatment rooms
- Hydrotherapy pool
- On-site TSSU decontamination and sterilisation department
- Paediatric outpatient services for children from birth to 18 years
- Breast care nurses
- Pharmacy
- Quality assurance
- CQC registered

Emergency admissions

The hospital **does not** have an accident and emergency facility.

How to refer your patients

At Spire Harpenden we are committed to delivering excellent individual care and customer service to all of our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained staff aim to consistently deliver excellent patient care. We work to ensure every patient is treated as if they were our own vulnerable relative.

Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our self-pay team on **01582 714 420**.

- 1 Use Spire Connect to upload the referral letter. Call **01582 714 306** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- **3** We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **0800 585 112** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- **3** Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

NHS patients

Spire Harpenden Hospital provides a range of elective surgical services to NHS patients – full details of the services offered can be found on the NHS e-Referral system **(https://www.ebs.ncrs.nhs.uk)**. Our aim is to make the referral process as quick and easy as possible.

Please use the NHS e-Referral system to refer your patients to us. We are no longer able to accept referral letters from primary care by any other means (eg fax or email).

Referral letters

Referral letters for private patients can be:

- Submitted online at https://spireconnect.spirehealthcare.com
- Faxed to **0800 587 4125**
- Please refer to Spire Connect



Self-funding

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **01582 714 420**Email: **info@spireharpenden.com**

Our inclusive care packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Spine, foot and ankle
- Knee, hip or shoulder surgery
- Varicose vein treatment
- Hernia repair
- CT, MRI and ultrasound scans
- Cosmetic surgery
- Cataract surgery
- Endoscopy procedures
- Urology
- Gynaecology
- Dermatology
- Neurology
- Rheumatology

Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.

^{*}Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.



GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit https://spireconnect.spirehealthcare.com or click on Spire Connect from the GP information and resources tab on our website.

GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

NHS referrals

You may refer patients to Spire Harpenden Hospital using the NHS e-Referral system. You can find full details of the services offered and make your referral via the NHS e-Referral system (https://www.ebs.ncrs.nhs.uk).

Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

For more information on Spire Connect, contact Jacqui Waterfield on **01582 714 306** or at **jacqui.waterfield@spirehealthcare.com**

GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally full day, evening or half-day sessions to provide flexibility to you. They are held on-site at Spire Harpenden Hospital or at a venue local to you.

In addition we can bring consultants to your surgery for one of your practice or cluster education sessions. You can choose the topic and date and we'll bring a lunch. GP registrars, practice nurses and any medical students are welcome too.

How to find out about our events

Search 'Spire Harpenden GP Education'
Call our Business Development Team on
01582 714 306

Email us at harpendenhospgpevents@ spirehealthcare.com

2020 Dates for your diary

Thursday 12 Mar 9am – 3.30pm	Fielder Centre, Hatfield Registration 8.45am
Tuesday 30 Jun	Holiday Inn Luton, South
9am – 3.30pm	Registration 8.45am
Thursday 1 Oct	Hilton Garden Inn, Luton
9am – 3.30pm	Registration 8.45am
Wednesday 25 Nov	Holiday Inn Luton South
9am – 3.30pm	Registration 8.45am

Events held at:

- Hilton Garden Inn, Luton North, Hitchin Road, LU2 8DL
- Holiday Inn Luton South, Markyate, AL3 8HH
- Rothamsted Research Centre, West Common, AL5 2JO
- The Fielder Centre, Hatfield Business Park, AL10 9TP

GP support

Spire Harpenden's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

GP Relationship Manager

Our GP Relationship Manager is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire Harpenden Hospital.

Jacqui can be contacted on:

Phone: **01582 714 306 / 07718 476 146**Email: jacqui.waterfield@spirehealthcare.com

Self-Pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment.
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment.
- Treatment of complications*

Patients can contact the team on:

Phone: **01582 714 420**

Email: info@spireharpenden.com

 $[\]ensuremath{^{*}\mathsf{Spire}}$ Healthcare patient terms and conditions apply.

Clinics and services

Breast Clinic

Opening times

Monday (bi-weekly)

Tuesday afternoon and evening

Wednesday afternoon and evening

Thursday morning

Friday **afternoon**

Appointments: **01582 714 420**

Breast Care Nurse Specialist: 01582 714 407 /

07525 812 361

Bupa Health Assesments

Opening times

Monday to Friday 8am – 5pm

Appointments: **0800 665 577**

Endoscopy

Endoscopy services include:

- Colonoscopy
- Flexible cystoscopy
- Flexible sigmoidoscopy
- Gastroscopy

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Appointments: **01582 714 420**

Imaging

Appointments usually within 24 hours of a referral, depending on the service.

Reports usually within 2 - 3 days.

CT imaging services include:

- Cardiac
- Colonography
- General and Musculoskeletal
- Interventional (biopsies, injections)
- Neurological imaging

MRI imaging services include:

- All MRI (including biliary and small bowel)
- MPMRI (Multiparametric Prostate Imaging)
- Neurological imaging
- Whole body diffusion weighted imaging

Ultrasound imaging services include:

- General & Musculoskeletal
- Interventional including injections/aspirations and biopsies
- Vascular ultrasound (arterial and venous doppler)

Interventional procedures include:

- Arthrogram
- Barium studies
- Cystogram
- Fluoroscopic procedures
- Picc line insertion
- Portacath insertion
- Prostate embolisation
- Sialography
- Sinogram

Appointments: 01582 714 540

Pathology

Opening times

Monday to Friday 9am - 5pm

Routine blood samples undertaken from **9am – 7pm**

Pathology services include:

- Biochemistry
- Blood transfusion
- Endocrinology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Tumour assays

Phone: **01582 714 466**

Physiotherapy

Opening times

Monday to Thursday 8am – 8pm

Friday **8am – 5pm**

Saturday 8am – 12pm

Physiotherapy services include:

- Acupuncture (including oncology related symptoms)
- Back and neck problems
- Biomechanical assessment / gait scan
- Electrotherapy / manual therapy
- Facial palsy rehabilitation
- Hand physiotherapy & custom splints
- Headaches
- Hydrotherapy including self-help
- Men's health
- Muscle imbalance / core stability
- Musculoskeletal dysfunction
- Pelvic floor dysfunction
- Personalised exercise programmes
- Post-operative care and rehabilitation
- Shockwave therapy
- Sports injuries
- Temporomandibular joint assessment & treatment
- Vertigo and vestibular problems
- Women's health

Appointments: **01582 714 447**

Directory listings



Allergy

Prof Richard Powell

Anaphalaxis rhinitis, chronic fatigue/fibromyalgia syndrome, drug reactions/allergy, food reactions including food allergy/intolerances, insect sting allergy, urticaria and angioedema (hives and swelling).

NHS trust base: Private Clinic days: Tues, Wed Phone: 0800 585 112

Audiology

Dr Elizabeth Adesugba

Balance/vestibular assessments, hearing assessments, hearing and fittings, tinnitus management, vestibular rehabilitation, wax management.

NHS trust base: Private Clinic days: Thurs Phone: 0800 585 112

Mrs Fiona Bateson

Audiological assessments and hearing tests for adults and children with suspected hearing loss. Provides advice and support for the hearing impaired and their families, digital hearing aids, hyperacusis retraining, management, tinnitus retraining therapy.

NHS trust base: Private Clinic days: Mon Phone: 0800 585 112

Mrs Alison Hunt

Audiological diagnostic assessments carried out on both adults and children.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues Phone: 0800 585 112



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Breast specialists

Dr Arunmoy Chakravorty

Consultant oncoplastic and reconstructive breast surgeon, breast lump investigation, breast lump removal, breast reconstruction following mastectomy, male breast reduction surgery (gynaecomastia).

NHS trust base: The Hillingdon

Clinic days: Thurs Phone: 0800 585 112

Mr Peter Crane

Breast disease, breast lump removal, breast lump investigation, lymph node removal, mastectomy, sentinel lymph node biopsy.

NHS trust base: East and North Hertfordshire

Clinic days: Tues, Fri Phone: 0800 585 112

Miss Harleen Deol

Breast cancer and benign breast problems, breast disease, breast reconstructive surgery, breast augmentation, breast reduction, aesthetic breast surgery, family history breast cancer.

NHS trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

Miss Kath Kirkpatrick

Benign breast problems, breast cancer, breast disease, genetics, plastic surgery, reconstructive surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed Phone: 0800 585 1112

Mr Duraisamy Ravichandran

Consultant General Surgeon with an interest in Breast and Endocrine. Breast lump investigation and removal, mastectomy, lymph node biopsy and removal, hernia surgery, lumps and bumps.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues Phone: 0800 585 112

Mr Simon Thomson

Breast lump removal, breast reconstruction, mastectomy, oncoplastic breast conserving surgery, symptomatic breast conditions and rapid diagnosis breast clinic.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Every 4th week Mon Phone: 0800 585 112



Cardiology

Dr Mike Dubowitz

Angiography, arrhythmias, atrial fibrillation, chest pain, coronary and ischaemic heart disease, dyspnea (shortness of breath), echocardiography, heart failure, hypertensions, preventative cardiology, syncope and valvular heart disease.

NHS trust base: East and North Hertfordshire / Harefield Hospital

Clinic days: Mon, Wed Phone: 0800 585 112

Dr Mark Earley

Catheter ablation of simple and complex arrhythmia, fatigue or breathlessness, heart rhythm disorders causing palpitations, implantable defibrillators, pacing and syncope.

NHS trust base: St Bartholomew's Hospital London

Clinic days: Tues Phone: 0800 585 112

Dr Azad Ghuran

Arrhythmias (palpitations), coronary disease and intervention (angioplasty/stents), hypertensions, heart failure, pacemakers, syncope, valve disease.

NHS trust base: East and North Hertfordshire / Harefield Hospital

Clinic days: Thurs Phone: 0800 585 112

Prof Diana Gorog

Angioplasty (stents), angiography, coronary disease, heart failure, hypertension, pacemakers, palpitations, syncope, valve disease.

NHS trust base: East and North Hertfordshire / Harefield Hospital / Imperial College

Clinic days: Mon Phone: 0800 585 112

Dr Nearchos Hadjiloizou

Angiography and PCI, arrhythmias, chest pain, coronary artery disease, echocardiography, hypertension, heart failure, preventive cardiology, valvular heart disease.

NHS trust base: West Hertfordshire Hospitals and Hammersmith Hospital

Clinic days: Fri **Phone:** 0800 585 112

Dr Piyush Jain

Arrhythmia, breathlessness, cardiac murmurs, chest pain, CT, ECHO, general cardiology, heart failure, imaging, palpitations, syncope, valvular heart disease.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed Phone: 0800 585 112

Dr Masood Khan

Atrial fibrillation, angiography, arrhythmias, chest pain, coronary and ischaemic heart disease, dyspnea (shortness of breath), echocardiography, heart failure, hypertension, preventive cardiology, syncope, vascular and valvular heart disease.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Thurs Phone: 0800 585 112

Dr Paul Kirk

Angina, atrial fibrillation, breathlessness, congenital heart disease, coronary artery disease, dizziness, hypertension, interventional cardiology, palpitations, stroke prevention, syncope.

NHS trust base: East and North Hertfordshire / Royal Brompton Hospital

Clinic days: Thurs Phone: 0800 585 112

Dr Phillip Moore

Arrhythmias, biventricular pacing, coronary disease, ECG interpretation, implantable defibrillators, pacing, palpitations, syncope.

NHS trust base: West Hertfordshire Hospitals / St Mary's Hospital London

Clinic days: Tues, Fri Phone: 0800 585 112

Dr Christoper Travill

Atrial fibrillation, arrhythmia (electrophysiology), heart failure, hypertension, ischaemic heart disease, valvular heart disease.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs Phone: 0800 585 112



Dermatology

Dr Veronique Bataille

Acne, atypical mole syndrome, familial melanoma, general dermatology, melanoma, moles, psoriasis and eczema, skin cancers.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Thurs Phone: 0800 585 112

Dr Verity Blackwell

Acne, eczema, general dermatology, hyperhidrosis, moles, minor surgery, skin cancer, vulval disorders.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed, Thurs, Fri Phone: 0800 585 112

Dr Victoria Brown

Acne, eczema, general dermatology, minor skin surgery, mole screening, psoriasis, skin cancer.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Fri

Phone: 0800 585 112

Dr Sharon Crichlow

Acne, cosmetic dermatology, eczema, general dermatology including skin of colour, minor surgery, psoriasis, skin cancer.

NHS trust base: Private Clinic days: Mon, Tues, Fri Phone: 0800 585 112

Dr Simon Dawe

Acne, contact and allergic dermatitis, hyperhidrosis, minor skin surgery, psoriasis, skin cancer.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Tues, Wed Phone: 0800 585 112

Dr Mohammed Ghazavi

Acne, allergy, aesthetic dermatology, benign and malignant skin lesions, eczema and dermatitis treatment, hair and nail disease, mole, cyst, wart and skin tag removal, photodermatology, psoriasis treatment.

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NHS trust base: Luton and Dunstable University Hospital

Clinic days: Sat Phone: 0800 585 112

Spire Harpenden Hospital Consultant Directory 2020

Dietitian

Miss Ruth Conroy

Cancer and palliative care, coeliac disease, gastroenterology disorders including IBS using the low FODMAP diet, nutritional support including patients with dysphagia, weight management.

NHS trust base: Private Clinic days: Tues Phone: 0800 585 112



Elderly medicine

Dr Raafat Farag

Dementia and cognitive impairment, elderly medicine, general medical admissions, transient ischaemic attacks, Parkinson's disease, stroke medicine.

NHS trust base: Bedford Hospital / West Hertfordshire Hospitals

Clinic days: Mon, Fri Phone: 0800 585 112

Dr Syed Rizvi

Asthma, anaemia, AF, blood pressure, bowel problems, cellulitis, cardio-respiratory diseases, diabetes, falls, heart failure, home visits, patients with multiple and complex medical conditions, Parkinson's disease, pneumonia, stroke rehabilitation, urinary tract infections.

NHS trust base: Watford General

Clinic days: Adhoc Phone: 0800 585 112

Dr Murugiah Seevaratnam

Anaemia, blackouts, dementia, funny turns, general medical admissions, hypertension, infections, memory impairment, Parkinson's disease, transient ischaemic attacks.

NHS trust base: East and North Hertfordshire

Clinic days: Tues, Thurs Phone: 0800 585 112

Dr Soumit Singhai

Blackouts, domiciliary visits and pre and post-operative assessment, dizzy episodes, falls, funny turns, memory problems and dementia, movement disorders, Parkinson's disease, pre and post-operative care of older patients having general / orthopaedic surgery.

NHS trust base: East and North Hertfordshire

Clinic days: Tues Phone: 0800 585 112

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Endocrinology

Dr Ritwik Banerjee

Adolescent diabetes, disorders of growth and maturation (adolescence), electrolyte imbalance, gestational diabetes, hypertension, non-specific symptoms, pregnant diabetes, unexplained tiredness, weight disorders.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs Phone: 0800 585 112

Dr Colin Johnston

Chronic fatigue syndrome / ME, diabetes, pituitary and metabolic abnormalities, obesity, thyroid.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Dr Felicity Kaplan

Adrenal and pituitary disease, diabetes including types 1 and 2 and gestational, lipids, metabolic bone disease/osteoporosis, PCOS, thyroid, obesity.

NHS trust base: East and North Hertfordshire

Clinic days: 1 Wed a month Phone: 0800 585 112

Dr Chantal Kong

Calcium abnormalities, diabetes and endocrinology, hypertension, insulin resistance, increased cardiovascular complications risk in diabetes, lipid disorders, non-specific symptoms, obesity, osteoporosis, PCOS, pituitary and metabolic disorders, thyroid disorders, unexplained tiredness.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

ENT

Mr Peter Andrews

Allergy testing, earwax removal, facial plastic surgery, laryngology, reconstructive surgery, rhinoplasty, tonsillectomy for adults, sinus surgery.

 ${\bf NHS}$ ${\bf trust}$ ${\bf base:}$ Royal National Throat, Nose and Ear Hospital

Clinic days: Mon (alt) Phone: 0800 585 112

Mr Om Chawla

Balance disorders, bat ears, earwax removal, endoscopic sinus surgery, otology, rhinoplasty, tonsillectomy for adults.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed, Thurs, Fri (alt), Sat(alt)

Phone: 0800 585 112

Mr Nick Clifton

Balance, blocked nose, facial pain, glue ear, hearing, nasal allergy, paediatric ENT, rhinoplasty, sinusitis, snoring, swallowing, tonsillitis, voice disorders.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues Phone: 0800 585 112

Mr Adam Frosh

Allergy testing, bat ears, dizziness, epley manoeuvre for BBPV dizziness, glue ear, headache, migraine, rhinoplasty, sinus disorders, voice disorders.

NHS trust base: East and North Hertfordshire

Clinic days: Mon, Thurs (alt) Phone: 0800 585 112

Mr David Johnston

Ear wax removal, FESS, general ENT, laryngoscopy, paediatric, parotid and thyroid surgery, rhinology, rhinoplasty, sleep disorders tonsillectomy for adults, vertigo, voice disorders.

NHS trust base: Luton and Dunstable University Hospital / West Hertfordshire Hospitals

Clinic days: Tues(alt), Wed (alt), Thurs (alt), Fri (alt), Sat(alt)

Phone: 0800 585 112

Mr Prasad Kothari

FESS, general ENT, head and neck oncology, paediatric otolaryngology, snoring, thyroid surgery, voice disorders.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Sat Phone: 0800 585 112

Miss Marie Lyons

Allergy testing, head and neck surgery, laryngology, neurotology, otology, parathyroid disease, paediatric otolaryngology, rhinology, sinus surgery, thyroid disease, voice disorders.

NHS trust base: East and North Hertfordshire

Clinic days: Wed **Phone:** 0800 585 112

Mrs Jaan Panesar

Children's ENT, head and neck cancer, paediatric otolaryngology, parotid and neck lumps, rhinoplasty, sinus surgery, snoring surgery, voice.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs Phone: 0800 585 112

Mr James Quinn

Ear wax removal, FESS, hearing balance, paediatric otolaryngology, rhinoplasty, tonsillectomy for adults, otology.

NHS trust base: East and North Hertfordshire

Clinic days: Ad hoc Mon, Wed Phone: 0800 585 112

Mr Pranay Singh

Allergy, balance disorders, otology, paediatric otolaryngology, rhinology, sinus surgery, sleep disorders / snoring, voice disorders.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Wed, Sat (alt) Phone: 0800 585 112

Mr Chee Toh

General adult and paediatric ENT, nasal allergy, rhinoplasty and otoplasty, salivary gland and thyroid surgery, snoring surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon (alt), Wed Phone: 0800 585 112



Gastroenterology

Dr Mark Fullard

Barrett's oesophagus, colonoscopy, dyspepsia, endoscopy, endoscopic management and prevention of upper GI cancer, gastro-oesophageal reflux disease, irritable bowel syndrome, inflammatory bowel disease, liver disease

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed, Fri Phone: 0800 585 112

Dr Simon Greenfield

Colonoscopy, colitis, dyspepsia/reflux, gastrointestinal conditions including gullet, gastroscopy and all forms of therapeutic endoscopy, inflammatory bowel disease, liver/biliary conditions, stomach and bowel disease.

NHS trust base: East and North Hertfordshire

Clinic days: Tues Phone: 0800 585 112

Dr Matthew Johnson

Coeliac disease, diagnostic and advanced therapeutic procedures, food intolerances, gastrointestinal conditions including reflux, indigestion, inflammatory bowel disease, impedance and oesophageal HRM, malabsorption issues, lower GI colonoscopy, liver disease, pH, upper GI endoscopy, video capsule endoscopy.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Wed Phone: 0800 585 112

Dr Nasser Khan

Bowel cancer screening, diagnostic and advanced therapeutic video capsule endoscopy, inflammatory bowel disease, irritable bowel syndrome, motility, neurogastroenterology, unexplained abdominal symptoms.

NHS trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

Dr Alistair King

Bowel cancer screening, gastrointestinal cancer, hepatology, inflammatory bowel disease, irritable bowel syndrome, therapeutic endoscopy including colonoscopy and ERCP, viral hepatitis.

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NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Fri Phone: 0800 585 112

Spire Harpenden Hospital Consultant Directory 2020



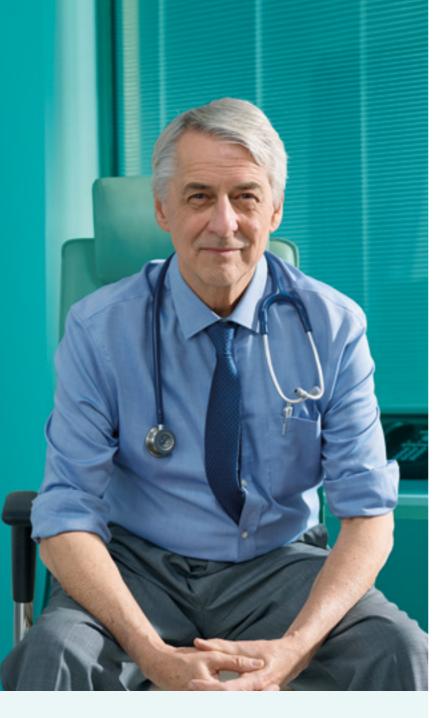
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Spire Connect serves GPs, practice staff and all other healthcare professionals.

Send referrals securely and instantly using our dedicated referral portal today.

Register to find out more

Search 'Spire Connect' Call 01582 714 306



With Spire Connect you can:

- Make secure online referrals for a broad range of treatments and services
- Save time and paper
- Refer patients who have health insurance or who want to pay for themselves
- Receive email confirmations once your referral is submitted and processed
- Access and send information at any time
- Find direct contact information for your local
 Spire Healthcare hospital

Dr Jonathan Landy

Bowel disease, colonoscopy, clostridium difficile, endoscopy, faecal microbiota transplantation, gastroscopy, gastrointestinal cancer and pathology, inflammatory bowel disease, liver disease.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Thurs (alt)

Dr Rob Mead

Bowel cancer screening, colonoscopy, dyspepsia and indigestion, endoscopy, gastrointestinal cancer and pathology, irritable bowel syndrome, inflammatory bowel disease, liver disease.

NHS trust base: East and North Hertfordshire

Clinic days: Thurs Phone: 0800 585 112

Dr Danielle Morris

Barrett's oesophagus, diagnostic and therapeutic gastroscopy and colonoscopy, dyspepsia and reflux, general gastroenterology and hepatology, irritable and inflammatory bowel disease.

NHS trust base: East and North Hertfordshire / University College Hospital, London

Clinic days: Thurs(alt) Phone: 0800 585 112

Dr Elliot Tash

Colonoscopy (including bowel cancer screening), diagnostic and advanced therapeutic gastroscopy, ERCP, gastrointestinal conditions including indigestion and reflux, irritable and inflammatory bowel disease, liver/biliary condition, unexplained gastrointestinal symptoms/pain.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: By appointment only Phone: 0800 585 112

General practice

Dr Jeremy Cohen

General medicine, musculoskeletal and sports medicine, paediatrics, stress management, second opinions.

NHS trust base: Locum / Spire GP **Clinic days:** Mon, Tues, Wed, Thurs, Fri

Phone: 0800 585 112

Dr John Stephens

Diabetes, hypertension, osteoporosis, blood disorders, liver and kidney tests.

NHS trust base: Private patients only, Spire GP

Clinic days: Mon, Wed Phone: 0800 585 112

Dr Wendy Molefi-Youri

Private GP, lifestyle medicine, mental health, menopause care, cervical screening, wellness coaching, mindfulness coaching.

NHS trust base: Locum / Spire GP

Clinic days: Wed Phone: 0800 585 112

General surgery

Mr Ahmed Al-Bahrani

Cholecystectomy, gastrointestinal, hernia surgery, laparoscopic, pancreatic and biliary surgery.

NHS trust base: Watford Hospital / Lister Hospital / Mount Vernon

Clinic days: Wed (alt), Thurs (alt)
Phone: 0800 585 112

Mr Omer Al-Tann

Anti-reflux, gastroenterology, gallbladder, gallstone removal (cholecystectomy), gastroscopy, hernia surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues Phone: 0800 585 112

Mr Atif Alvi

Laparoscopic colorectal surgery, laparoscopic cholecystectomies for gallstones, open and laparoscopic hernia repairs, laproscopic surgery for bowel cancer, inflammatory bowel disease surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Wed Phone: 0800 585 112

Mr Alla Amin

Constipation, cholecystectomy, coloproctology, colorectal surgery, haemorrhoid surgery (RAFAELO), laparoscopic, laparoscopic hernia repair, lower GI endoscopy, paediatrics.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Thurs, Sat Phone: 0800 585 112

Mr Gary Atkin

Cholecystectomy, coloproctology, colorectal surgery, colonoscopy, gastrointestinal surgery, gastroscopy, hernia repair surgery.

NHS trust base: East and North Hertfordshire

Clinic days: Mon, Thurs Phone: 0800 585 112

Mr Tahir Bhatti

Hernia surgery, laparoscopic gallbladder, modern treatment of varicose veins, thread veins, thyroid surgery, vascular surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Sat Phone: 0800 585 112

Dr Partha Das

Colonoscopy, endoscopy, flexible sigmoidoscopy, hernias.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed Phone: 0800 585 112

Looking after you.

Mr Mike Guest

Arterial and venous disorders, hernia repair, radiofrequency and laser for varicose veins vascular screening, treatment of primary and recurrent varicose veins with surgical and non-surgical techniques (foam sclerotherapy), thread veins.

NHS trust base: East and North Hertfordshire

Clinic days: Mon, Wed Phone: 0800 585 112

Mr Shashank Gurjar

Anal fissure/fistula, coloproctology, colorectal surgery, endoscopy, hernia repair, inflammatory bowel disease, pelvic floor surgery, wart surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Thurs Phone: 0800 585 112

Mr Periyathambi Jambulingam

Anti-reflux surgery, cholecystectomy, hiatus hernia, laparoscopic hernia repair, therapeutic GI endoscopy, upper GI cancer.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon (alt), Wed (alt) and Sat (alt)

Phone: 0800 585 112

Ms Santhini Jeyarajah

Appendectomy, bowel resection (laparoscopic and open), colonoscopy, fistula and fissure treatments and surgery, hernia surgery (laparoscopic and open), haemorrhoid surgery, laparoscopic cholecystectomy, proctology, simple skin lesion removal.

NHS trust base: Lister Hospital **Clinic days:** Thursday

Mr Geriant Lloyd

Phone: 0800 585 112

Colorectal cancer, colonoscopy, general and colorectal surgery, laparoscopic cholecystectomy, open and laparoscopic hernia repair, proctology.

NHS trust base: East and North Hertfordshire Clinic days: Wendesday (alt) and Friday (alt) Phone: 0800 585 112

Mr John Richard Novell

Anal warts, chloescystectomy, coloproctology, fistula, fissure surgery, hernia surgery, haemorrhoid removal treatment, GI surgery and endoscopy, minimally invasive surgery.

NHS trust base: Royal Free Hospital

Clinic days: Mon Phone: 0800 585 112

Mr Farhan Rashid

Anti-reflux surgery, endoscopy, gastroscopy, gallbladder, gallstone removal, hernia surgery, laparoscopic hiatus hernia repair, laparoscopic, open gastrectomy, upper GI cancers.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Fri Phone: 0800 585 112

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Miss Marion Obichere

Coloproctology, gastrointestinal, GI endoscopy, hernia repair, inflammatory bowel disease, laparoscopic surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs Phone: 0800 585 112

Mr Nicholas Reay-Jones

Coloproctology, gastrointestinal, gallbladder surgery, GI endoscopy, hernia repair, inflammatory bowel disease, laparoscopic surgery.

NHS trust base: East and North Hertfordshire

Clinic days: Every 3rd Mon, Fri Phone: 0800 585 112

Mr Jayesh Sagar

Colorectal cancer surgery, general laparoscopic surgery (including hernia), inflammatory bowel disease, transanal microsurgery, laparoscopic colorectal surgery, (including single port surgery).

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs Phone: 0800 585 112

Mr Sadasivam Selvakumar

Endovascular surgery, hernia repair surgery, laparoscopic surgery, vascular medicine and surgery.

NHS trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

Mr Douglas Whitelaw

ERCP, general surgery, laparoscopic biliary surgery, laparoscopic hernia surgery, pancreatic surgery, upper GI endoscopy.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Sat Phone: 0800 585 112

Mr Firas Younis

Anal warts, coloproctology, fissure, fistula surgery, gastrointestinal, GI endoscopy, haemorrhoid removal treatment, inflammatory bowel disease, laparoscopic surgery.

 $\textbf{NHS trust base:} \ \mathsf{Luton} \ \mathsf{and} \ \mathsf{Dunstable} \ \mathsf{University} \ \mathsf{Hospital}$

Clinic days: Thurs Phone: 0800 585 112

Gynaecology

Mrs Shahnaz Akbar

Assisted conception/ same sex couples, adolescent/paediatric gynaecology, complex laparoscopic/hysteroscopic surgeries, early pregnancy, egg donation, endometriosis, fibroids, general gynaecology, hysterectomy, IVF, ICSI, IUI, male and female infertility, menopause, menstrual problems, myomectomy, PCOS, premature menopause, pelvic scans, recurrent miscarriages, rapid access clinic, ultrasound scanning.

NHS trust base: Luton and Dunstable University Hospital **Clinic days:** Mon, Tues (alt), Thurs, Fri and Sat (alt)

Phone: 0800 585 112

Mr Rami Atalla

Assisted conception, complex laparoscopic surgery, endometriosis, pelvic pains, prolapse, recurrent miscarriages, subfertility, TVT tape surgery, urinary incontinence, vaginal and pelvic floor surgery.

NHS trust base: East and North Hertfordshire

Clinic days: Wed, Fri Phone: 0800 585 112

Mr Himanshu Borase

Adolescent gynaecology, assisted conception, endometriosis, hysteroscopy, infertility, laparoscopic surgery, menopause, menorrhagia, menstrual disorders, miscarriage, paediatric gynaecology, post menopausal problems, reproductive health, sexual health, subfertility.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Thurs Phone: 0800 585 112

Mr Stephen Burrell

Endometrial ablation, endometriosis, fibroids, heavy painful periods, laparoscopic/hysteroscopic surgery (including laparoscopic hysterectomy), menopause, pelvic pain, ultrasound scanning.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Tues **Phone:** 0800 585 112

Mr Alasdair Drake

Cancer, endometriosis, endometrial ablation, hysteroscopic and vaginal surgery, LAVH and minimal access laparoscopic, major benign and oncology surgery, menorrhagia, prolapse, PMB and olposcopy, rapid access clinics for pelvic mass.

NHS trust base: East and North Hertfordshire / West

Hertfordshire Hospitals

Clinic days: Tues (alt), Wed, Sat

Phone: 0800 585 112

Mr Abdalla Fayyad

Bladder botox injections, endometriosis, laparoscopic vaginal repair, laparoscopic hysterectomy, recurrent and complex prolapse surgery, menorrhagia, overactive bladder, removal of mesh and tape, urinary incontinence, uterine preserving prolapse surgery, urethral bulking agents, urogynaecology, vaginal mesh prolapse repair.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Thurs, Fri **Phone:** 0800 585 112

Mr Ezzat Hemaya

Endometriosis, miscarriage, menopause, menorrhagia, general gynaecology, prolapse, ovarian cyst removal, ultrasound scanning, urogynaecology, vaginal surgery.

 $\ensuremath{\mathsf{NHS}}$ trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

Mr Andrew Hextall

Cystitis/recurrent urinary tract infections, endometriosis, general gynaecology, heavy/irregular periods, laparoscopic and hysteroscopic surgery, menopause, overactive bladder, PTNS, pelvic pain, prolapse, urogynaecology, urinary incontinence, vaginal surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Thurs, Fri **Phone:** 0800 585 112

Mr Jude Jose

Assisted conception, HyCoSy, male infertility, ovulation induction with follicular tracking, PCOS, reproductive surgery, subfertility.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon Phone: 0800 585 112

Mr CP Lim

Endometrial ablation surgery, hysterectomy, hysteroscopy procedure, hysteroscopic resection of fibroid and endometrium, laparoscopic excision of endometriosis, laparoscopic salpingo-oophorectomy, laparoscopic adhesiolysis, minor perineal procedures, ovarian cyst removal.

NHS trust base: East and North Hertfordshire

Clinic days: Mon Phone: 0800 585 112

Ms Pushpakala Maharajan

Colposcopy, endometriosis, hysteroscopy, fibroids, laparoscopic surgery,menopause, menorrhagia, menstrual disorders, miscarriage, post menopausal problems.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed, Fri Phone: 0800 585 112

Ms Neela Mukhopadhaya

Aesthetic gynaecology, early pregnancy and emergency gynaecology, fertility and reproductive medicine, fibroids, general gynaecology, menopause, PCOS, recurrent miscarriages, subfertility, well-woman clinic.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs, Sat Phone: 0800 585 112

Mr Ade Sanusi

Colposcopy, general gynaecology, menstrual disorders, pelvic pain including endometriosis, prolapse with urogynaecology.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed Phone: 0800 585 112

Miss Nanda Shetty

Endometriosis and ectopic pregnancy, endometrial ablation, fibroids, hysteroscopy, insertion of coils, menstruation, menopause, pelvic and abdominal pain, polycystic ovaries.

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NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed Phone: 0800 585 112



Haematology

Dr Judith Hanslip

Chronic myeloproliferative disorders including essential thrombocythaemia, coagulation disorders including thrombophilia screening, haemochromatosis, haematological oncology including lymphomas and chronic lymphocytic leukaemia, low blood counts including anaemia, plasma cell disorders including MGUS and myeloma, polycythaemia and thrombocytosis, thrombocytopenia and leucopenia.

NHS trust base: East and North Hertfordshire

Clinic days: Tues, Wed Phone: 0800 585 112



Lymphatic drainage

Ms Debbie Priest

Lipodema and lymphodema specialist.

NHS trust base: Private

Clinic days: By appointment only

Phone: 0800 585 112

Ms Veronica Priest

Lipodema and lymphodema specialist.

NHS trust base: Private

Clinic days: By appointment only

Phone: 0800 585 112



Nephrology

Dr Christopher Lawrence

Acute kidney injury, chronic kidney disease, diabetic nephropathy, FSGS, glomerulonephritis, haematuria, lg A nephropathy, immunosuppression, kidney disease, kidney biopsy, lupus, membranous, minimal change disease, nephrotic syndrome, proteinuria, renovascular disease, renal stones, transplantation, UTI.

NHS trust base: East and North Hertfordshire

Clinic days: Mon Phone: 0800 585 112

Neurology

Dr Robert Brenner

Blackouts, dizziness, epilepsy, general neurology, headache, MS, Parkinson's disease, stroke.

 $\textbf{NHS trust base:} \ \mathsf{West Hertfordshire Hospitals / Royal}$

Free Hospital

Clinic days: Mon, Thurs Phone: 0800 585 112

Dr Dominic Mort

Blackouts, dizziness, epilepsy, forgetfulness, general neurology, headache, neuro-ophthalmology, multiple sclerosis, peripheral nerve disease, strokes, tingling.

NHS trust base: Private Clinic days: Tues, Fri Phone: 0800 585 112

Prof Dipankar Nandi

Back and neck pain, brain tumours, carpal tunnel, stereotactic neurosurgery for Parkinson's disease and tremor, spinal degenerative disease, ulnar nerve compression.

NHS trust base: St Mary's Hospital / Charing Cross Hospital

Clinic days: Mon Phone: 0800 585 112

Dr Richard Orrell

Epilepsy, general neurology, headache, motor neurone disease, nerve and muscle disorders, multiple sclerosis, Parkinson's disease, stroke.

NHS trust base: East and North Hertfordshire / Royal Free Hospital

Clinic days: Mon Phone: 0800 585 112

Dr Paul Watts

Balance disorders / vertigo, general neurology, headache, Parkinson's Disease.

NHS trust base: Luton and Dunstable University Hospital / Royal Free Hospital

Clinic days: Wed, Thurs Phone: 0800 585 112

Neurophysiology

Dr Simon Freilich

Diagnostic neurophysiology from simple entrapment neuropathy (carpal tunnel and cubital tunnel tests) and peripheral neuropathy to radiculopathy assessment. Other modalities for specialist referrals are possible by arrangement.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs (alt) Phone: 0800 585 112

Dr Gorande Kanabar

Back / neck pain, degenerative spine, EMG, nerve conduction studies, lumbar spine disorders, pain management.

 $\ensuremath{\mathsf{NHS}}$ trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

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Oncology

Dr Neel Bhuva

Chemotherapy, radiotherapy, stereotactic body radiotherapy, targeted biological therapy.

NHS trust base: Mount Vernon Cancer Centre, East &

North Hertfordshire

Clinic days: By appointment only Phone: 0800 585 112

Dr Mark Harrison

Bowel cancer, chemotherapy, treatment of upper and lower gastro-intestinal cancers.

NHS trust base: Mount Vernon Hospital Clinic days: By appointment only Phone: 0800 585 112

Dr Robert Hughes

Gastrointestinal and colorectal cancers using radiotherapy, cyberknife and chemotherapy and urological, in particular prostate and bladder cancers.

NHS trust base: Mount Vernon Hospital / Lister Hospital

Clinic days: Wed Phone: 0800 585 112

Dr Andreas Polychronis

Billiary cancers, cancer of unknown primary, cancer of the oesophagus/stomach, colorectal (bowel) cancer, lung cancer, mesothelioma, pancreatic cancer.

NHS trust base: Mount Vernon Hospital **Clinic days:** By appointment only

Phone: 0800 585 112

Dr Nihal Shah

Breast cancer, chemotherapy, cancer of unknown, head and neck oncology, lung cancer, stereotactic radiotherapy.

 $\textbf{NHS trust base:} \ \mathsf{Mount Vernon \ Hospital}$

Clinic days: Wed Phone: 0800 585 112

Dr Ignacio Vazquez

Medical oncologist with interest in breast and gynaecological malignancies.

NHS trust base: East and North Hertfordshire

Clinic days: Tues Phone: 0800 585 112

Dr Anup Vinayan

Breast cancer, neuro oncology, malignancy and oncology scans.

NHS trust base: East and North Hertfordshire

Clinic days: Wed Phone: 0800 585 112

Opthalmology

Miss Faye Barampouti

Eyelid cyst surgery, eyelid ptosis surgery, glaucoma treatment, paediatric, small incision cataract surgery under topical anaesthesia, strabismus, squint surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed (alt) Phone: 0800 585 112

Mr John Bolger

Cataract and special implants, general eye complaints, glaucoma and glaucoma surgery, intraocular refractive surgery.

NHS trust base: Private Clinic days: Fri Phone: 0800 585 112

Mr Stephen Campbell

Eyelid cyst surgery, glaucoma, small incision cataract surgery, squint.

NHS trust base: East and North Hertfordshire

Clinic days: By appointment only Phone: 0800 585 112

Miss Lydia Chang

Blepharitis, blurred vision, cataract, conjunctivitis, dry eyes, general ophthalmology, glaucoma, painful eyes.

NHS trust base: Hinchingbrooke Hospital **Clinic days:** By appointment only

Phone: 0800 585 112

Mr J Dominic Health

Cataract, neuro-ophthalmology, paediatric, squint.

NHS trust base: Brighton and Sussex University Hospital

Clinic days: Thurs Phone: 0800 585 112

Mr Andre Ismail

Blepharoplasty, cataract surgery, eyelid cyst surgery, lacrimal surgery, oculoplastic surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon Phone: 0800 585 112

Mr Kayhosrov Manuchehri

Age-related macular degeneration, cataract surgery, epiretinal membrane and retinal vein occlusion surgery, macular hole surgery, retina reattachment surgery, vitreo-retinal surgery.

NHS trust base: Buckinghamshire Healthcare

Clinic days: Tues, Wed (alt) Phone: 0800 585 112

Mr Adrian Parnaby-Price

Cataracts, eyelid cysts, warts and chalazion, general ophthalmology, glaucoma, YAG laser treatments.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon (alt) Phone: 0800 585 112

Mr George Saleh

Blepharitis, cataract surgery, chalazion, cosmetic eye surgery, eyelid, brow and oculofacial rejuvenation, eyelid tumours, eyelid cysts, refractive procedures, general ophthalmology, lacrimal surgery, lasers, lid malpositions, paediatric eyes, watery eyes.

NHS trust base: Moorfields Eye Hospital / Moorfields at Bedford

Clinic days: Wed (alt), Thurs (alt)

Phone: 0800 585 112

Ms Ranjit Sandhu

Cataract surgery including refractive correction, diabetic retinopathy, general eye complaints, glaucoma, macular degeneration, retinal disease, uveitis.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Sat (alt) **Phone:** 0800 585 112

Ms Susan Sarangapani

Cosmetic eye surgery, eyelid malpositions, eyelid tumours, non-surgical facial rejuvenation (botox, fillers, chemical peels), orbital surgery, oculoplastic surgery, watery eyes.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon (alt) Phone: 0800 585 112

Ms Mala Subash

Cataract surgery, diabetic eye disease, general ophthalmology, retinal and macular disease.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon

Phone: 0800 585 112

Mr Venki Sundaram

Cataract surgery, diabetic eye disease, general ophthalmology, glaucoma treatment, macular degeneration, retinal disease.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Wed (alt) Phone: 0800 585 112

Oral and maxillofacial

Mr Chi-Hwa Chan

Head and neck, jaw cyst removal, oral surgery, reconstruction, salivary gland disease, wisdom teeth.

 $\textbf{NHS trust base:} \ \mathsf{Luton} \ \mathsf{and} \ \mathsf{Dunstable} \ \mathsf{University} \ \mathsf{Hospital}$

Clinic days: Wed Phone: 0800 585 112

Mr Kostas Karavidas

Dental rehabilitation with implants, facial reconstruction, head and neck/skin cancer, salivary gland surgery (including sialendoscopy), wisdom teeth.

NHS trust base: Luton and Dunstable University Hospital / QEII Hospital

Clinic days: Mon (alt) Phone: 0800 585 112

Mr Alan Parbhoo

Arthromyalgia, arthrocentesis (joint washout), arthroscopy (joint camera surgery), blepharoplasty (eyelid surgery), dental implants, extraction or surgical removal of teeth, facial implants, facial pain, genioplasty (chin surgery), lichen planus, otoplasty (ear reshaping), oral ulceration, removal of jaw cysts, removal of oral lumps/lesions, TMJ arthroplasty, white patches.

NHS trust base: Luton and Dunstable University Hospital / Bedford Hospital

Clinic days: By appointment only

Phone: 0800 585 112

Mr Bhavin Visavadia

Bone grafts, cosmetic facial surgery, dental implants, eyelid surgery, head and neck and skin cancer, salivary gland surgery, wisdom teeth.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Wed Phone: 0800 585 112

Orthopaedic surgery, lower limb

Prof Tim Briggs

Arthroscopies and steroid injections.

NHS trust base: Royal National Orthopaedic Hospital

Clinic days: Tues, Wed Phone: 0800 585 112

Mr Simon Burtt

Achilles tendinosis, foot and ankle surgery, orthopaedic surgery, trauma surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Sat Phone: 0800 585 112

Mr Rod Coull

Foot and ankle surgery including trauma, arthroscopic ankle surgery and minimally invasive foot surgery.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Thurs Phone: 0800 585 112

Mr Neil Davies

Arthroscopy and ACL reconstruction, hip and knee replacement, lumbar spine disorders, osteoarthritis, sports injuries, trauma.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Wed (alt), Fri Phone: 0800 585 112

Mr Rupe Deol

Ankle surgery, extracorporeal shock wave therapy, foot surgery, ingrown toenail surgery, morton's neuroma treatment, sports injury.

NHS trust base: East and North Hertfordshire

Clinic days: Fri Phone: 0800 585 112 Specialist children's services

When a child is unwell, everyone wants them to get better quickly.

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- Orthopaedics

- Orthotics
- Paediatric general surgey (outpatient service only)
- Phlebotomy from 10, if under a consultant
- Urology

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Looking after you.

Mr Subhajit Ghosh

Arthritis, cartilage problems, hip replacement surgery, hip pain, hip and knee pain in young adults, knee replacement, knee arthroscopy surgery, knee ligament reconstruction, knee pain, knee arthritis, patella (knee cap problems), meniscus repair, revision, sports injuries.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues (alt) Phone: 0800 585 112

Mr David Gordon

Achilles tendon problems and plantar fasciitis including shockwave therapy, foot and ankle surgery specialising in minimally invasive surgery in particular bunions and toe deformity corrections, arthroscopy surgery for sports injuries and arthritis, ligament reconstruction, ankle and toe joint replacements, Morton's neuroma, lower limb trauma.

NHS trust base: Private Clinic days: Tues Phone: 0800 585 112

Mr Yega Kalairajah

Achilles tendinitis/tendiopathy and plantar fasciitis, ACL and other ligament surgery, chondral surgery, chronic and acute sports injuries, complex and revision hip and knee replacement surgery and osteotomies, hip, knee and ankle surgery, hip and knee arthroscopy, joint and soft tissue injections, joint pain, lower limb disorders, meniscal repairs, paediatric orthopaedics, primary, trauma, young adult hip and knee surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Tues, Fri, Sat Phone: 0800 585 112

Mr Harish Parmar

Arthroscopy, joint replacement and revision, knee, hip and foot trauma, young adult/adult hip disease.

NHS trust base: Private

Clinic days: Mon, Tues, Wed, Thurs, Fri, Sat

Phone: 0800 585 112

Mr Tarique Parwez

ACL reconstruction, arthroscopic chondral repair of the knee joint, knee reconstruction, meniscal repair, sports knee injuries, total knee replacement, unicompartmental knee replacement.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon (alt), Thurs Phone: 0800 585 112

Mr Jay Sarkar

Bunion removal and treatment, extracorporeal shock wave therapy, foot and ankle surgery, joint replacement, knee surgery, lower limb sports injuries, Morton's neuroma treatment.

 $\textbf{NHS trust base:} \ \mathsf{Luton} \ \mathsf{and} \ \mathsf{Dunstable} \ \mathsf{University} \ \mathsf{Hospital}$

Clinic days: Mon, Wed (alt) Phone: 0800 585 112

Mr Paul Whittingham-Jones

ACL reconstruction, hip replacement, knee arthroscopy, knee replacement, osteoarthritis, revision hip replacement, revision knee replacement, sports medicine, sports injury, young adult hip pain.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Wed (alt), Thurs

Phone: 0800 585 112

Orthopaedic surgery, upper limb

Miss Tressa Amir

Carpal tunnel syndrome surgery, Dupuytren's contracture, frozen shoulder treatment, ganglion removal surgery, joint manipulation treatment, joint injections, rotator cuff repair tennis and golfer's elbow, shoulder arthroscopy, shoulder replacement surgery, shoulder stabilisation, ulnar nerve surgery, upper limb sports injuries and upper limb fractures.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Thurs Phone: 0800 585 112

Mr Tony Corner

Arthroscopic surgery and joint replacement, arthritis, carpal tunnel syndrome, Duputren's contracture, extracorporeal shock wave therapy, ganglion removal surgery, joint injections, shoulder, elbow and upper limb surgery, shoulder impingement, rotator cuff tears, dislocations, sports injuries, trauma.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Wed, Thurs, Fri

Mr Joby George-Malal

Phone: 0800 585 112

Arthroscopic shoulder and elbow surgery, including reverse polarity shoulder replacements, shoulder impingement syndromes, acromio clavicular joint pathology, recurrent shoulder dislocations, rotator cuff disorders, frozen shoulder, sports injuries of shoulder and elbow, complex upper limb fractures, tendonitis and nerve entrapment syndromes of upper limb, Dupuytrens contracture, trigger finder and hand and wrist arthritis.

NHS trust base: Bedford Hospital

Clinic days: Wed Phone: 0800 585 112

Mr Andrew Irwin

Arthroscopic surgery, carpal tunnel surgery, Dupuytren's contracture, golfer's/tennis elbow, joint replacement surgery, rotator cuff tears, shoulder, elbow and upper limb surgery, sports injuries.

NHS trust base: West Hertfordshire Hospitals **Clinic days:** Tues (alt), Thurs (alt), Fri, Sat (alt)

Phone: 0800 585 112

Mr Daoud Makki

Shoulder arthroscopy for tendon repair, biceps tenodesis, shoulder replacement, shoulder arthroscopic superior capsular reconstruction, shoulder arthroscopic stabilisation for instability, treatment of general elbow, hand and wrist conditions.

 $\textbf{NHS trust base:} \ \mathsf{West Hertfordshire Hospitals}$

Clinic days: Mon Phone: 0800 585 112

Mr Ravi Pandit

Arthroscopy, shoulder, elbow, sports injury, soft tissue surgery, upper limb surgery, wrist surgery.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon (alt), Tues, Wed Phone: 0800 585 112

Mr Jeremy Read

Common nerve compressions, Dupuytren's (including percutaneous needle fasciotomy), hand and wrist arthritic conditions, Kienböck's disease, trauma reconstruction, the athletes wrist.

NHS trust base: West Hertfordshire Hospitals **Clinic days:** Wed (alt), Thurs (alt), Fri (alt)

Phone: 0800 585 112

Mr Adam Rumian

Arthroscopic surgery, fractures and dislocations, joint replacement, rotator cuff repair, shoulder and elbow surgery, sports injuries.

NHS trust base: East and North Hertfordshire

Clinic days: Mon Phone: 0800 585 112

Orthopaedic surgery, spinal

Mr Johnathan Kitson

Back pain and sciatica, disc prolapse and spinal stenosis, general orthopaedics, spinal surgery and injections.

NHS trust base: East and North Hertfordshire

Clinic days: Tues Phone: 0800 585 112

Mr James Langdon

Anterior cervical fusions, back pain, kyphoplasty, micro-discectomy, minimally invasive spinal fusions, neck pain, sciatica, spinal surgery (lower back and neck), spinal decompression, spinal injections, stenosis.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon (alt), Tues, Wed, Fri

Phone: 0800 585 112

Mr Sajjad Mushtaq

Back and neck pain with disk prolapse, balloon kyphoplasty, cervical surgery, decompression surgery, lumbar discectomy, spinal fracture fixation.

NHS trust base: East and North Hertfordshire

Clinic days: Wed (alt), Thurs (alt)
Phone: 0800 585 112

Mr Nana Osei

Cervical, coccyx, decompressions, dynamic MRI, injections, lumbar, micro discectomy, motion preservation, minimally invasive fusion, thoracic spine disorders: pain, stenosis, prolapses, whiplash, vertebroplasty.

NHS trust base: Private

Clinic days: Tues, Thurs (alt), Fri (alt), Sat (alt)

Phone: 0800 585 112

Mr George Verghese

Spinal surgery including decompression, discectomy, fusion, dynamic stabilisation, kyphoplasty, injections. Surgery for the aging spine, sacro-lliac joint pain and degenerative disc disease (DDD).

NHS trust base: Barnet Hospital

Clinic days: Thurs Phone: 0800 585 112

Orthoptics

Ms Janine Gray

Convergence weakness, double vision (diplopia), DVLA assessments, paediatric and adult orthoptics including: squints, lazy eyes (amblyopia), occlusion therapy (patching), vision screening, visual fields for glaucoma patients.

NHS trust base: East and North Hertfordshire

Clinic days: Mon Phone: 0800 585 112



Paediatrics

Dr Kavita Chawla

Allergy, nutrition, paediatric rheumatology, paediatric gastroenterology, precocious puberty, respiratory medicine.

NHS trust base: East and North Hertfordshire

Clinic days: Thurs Phone: 0800 585 112

Dr Anthony Cohn

Constipation, chronic fatigue syndrome, crying babies, enuresis, general paediatrics, soiling.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Dr Hany El-Naggar

Allergy, infantile medicine, respiratory, growth, urinary.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Dr Vijay Kandala

Epilepsy, general paediatric problems, neonatal medical, neurology, faints, neurodevelopment, renal.

NHS trust base: East and North Hertfordshire

Clinic days: Sat Phone: 0800 585 112

Dr Sophia Mooncey

Neurodevelopment, behavioural disorders e.g autism, Asperger's syndrome, ADHD, epilepsy, sleep difficulties, feeding difficulties eg obesity and nutrition.

NHS trust base: Luton children's services
Clinic days: By appointment only
Phone: 0800 585 112

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Pain management

Dr Anup Bagade

Musculoskeletal pain including lower back pain, sciatica, neck pain, shoulder pain, neuropathic pain conditions, pelvic pain, chronic widespread pain.

NHS trust base: Lister Hospital

Clinic days: Fri, Sat Phone: 0800 585 112

Dr Paul Hart

Complex regional pain syndrome (CRPS), low back pain and sciatica, myofascial pain/ fibromyalgia, neck, shoulder and arm pain, neuralgia and neuropathic pain, post-operative pain.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Pallative medicine

Dr Humaira Jamal

Pallative care.

NHS trust base: East and North Hertfordshire

Clinic days: By appointment only

Phone: 0800 585 112

Plastic surgery

Mr Miles Dickson

Aesthetic breast surgery, abdominoplasty, breast reconstruction, inverted nipple surgery, pinnaplasty, rhinoplasty, skin cancers

NHS trust base: East and North Hertfordshire.

Clinic days: Mon, Wed Phone: 0800 585 112

Mr Shadi Ghali

Abdominoplasty, body contouring, cosmetic breast surgery, cosmetic facial and eyelid surgery, pinnaplasty, skin cancer.

NHS trust base: Royal Free Hospital / St Albans City Hospital

Clinic days: Mon Phone: 0800 585 112

Mr Nicholas James

Aesthetic breast surgery, body contouring, breast reconstruction, eyelid surgery, facial surgery, rhinoplasty, skin cancers.

 $\textbf{NHS trust base:} \ \mathsf{East and North \ Hertfordshire}$

Clinic days: Wed, Thurs, Sat Phone: 0800 585 112

Mr Hyder Ridha

Aesthetic breast surgery, breast reconstruction, body contouring, cosmetic eyelid surgery, facial cosmetic surgery, rhinoplasty, reconstructive surgery, skin cancer.

NHS trust base: East and North Hertfordshire

Clinic days: Mon, Wed Phone: 0800 585 112

Mr Fredrick Schreuder

Aesthetic surgery, cosmetic, hand, wrist and skin cancer, reconstruction.

NHS trust base: East and North Hertfordshire

Clinic days: Mon, Tues Phone: 0800 585 112

Mr Paul Smith

Breast enlargement, breast reduction, breast implant removal, breast uplift (mastopexy), benign and malignant skin lesions, carpal tunnel syndrome surgery, Dupuytren's contracture.

NHS trust base: Great Ormond Street Hospital

Clinic days: Wed Phone: 0800 585 112

Mr Nilesh Sojitra

Abdominoplasty, body contouring, cosmetic breast surgery, cosmetic facial and eyelid surgery, earFold, rhinoplasty, skin cancer.

NHS trust base: Royal Free Hospital / Luton and Dunstable University Hospital / Mount Vernon Hospital

Clinic days: Tues, Thurs (alt)
Phone: 0800 585 112

Podiatry

Mr John Bramall

Foot disorders, foot surgery under general and local anaesthetic, hallux valgus, ingrowning toenails, regional block.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Wed, Fri **Phone:** 0800 585 112

Mr Julian Livingstone

Foot and ankle disorders, gait analysis, ingrowing toenails, paediatric foot disorders, podiatric biomechanics.

NHS trust base: Royal Free Hospital

Clinic days: Wed Phone: 0800 585 112

Ms Jyoti Patel

Biomechanics, gait analysis, ingrowing toenails, orthotics, surgical footwear, sports injuries, verruca excisions.

NHS trust base: Private Clinic days: Mon Phone: 0800 585 112

Psychiatry

Dr Sagdun Bhandri

General adult psychiatry, mood disorders.

NHS trust base: Herts Partnership University NHS Trust

Clinic days: Mon, Thurs Phone: 0800 585 112

Dr Jerome Hart

Alcohol related issues, bipolar disorder, mood disorders, paranoid conditions, PTSD.

NHS trust base: Private Clinic days: Thurs Phone: 0800 585 112

Dr Rafik Refaat

Autism spectrum disorder, ADHD, adolescent psychiatry including self-harm, depression, anxiety, eating disorder, school refusal, PTSD, chronic physically unexplained physical disorders. OCD, Tourette's syndrome.

NHS trust base: East London **Clinic days:** By appointment only

Phone: 0800 585 112

Psychology

Ms Annie Beresford

Anxiety disorders, depression, eating disorders, insomnia, low self-esteem, stress, phobias, psychological effects of health problems, psychological aspects of IBS, weight management.

NHS trust base: Private Clinic days: Sat Phone: 0800 585 112

Ms Miriam Charalambous

Anxiety disorders, anger management, depression, eating disorders, OCD, panic, perfectionism, post-natal depression, PTSD, self-harm, stress management.

NHS trust base: Priory Healthcare

Clinic days: Mon, Thurs Phone: 0800 585 112



Radiology

Dr Simon Allen

Breast, CT, general ultrasound, MRI.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Alok Arya

Autologous blood and platelet rich plasma therapy/injections, bone and soft-tissue tumour biopsies, bone and joint injections, CT and radiographs, fluoroscopy, joint and bursal injections, MR/CT arthrograms, nerve root and facet-joint injections, orthopaedic MRI, rheumatology, sports injury imaging, ultrasound spine imaging.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Sue Barter

Breast, CT, gynaecological imaging in infertility and oncology, MRI.

NHS trust base: Addenbrookes Hospital, Cambridge

Phone: 0800 585 112

Dr Nicholas Bassett

Cardiac and thoracic imaging, general ultrasound.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Ashish Bhagat

Autologous blood and platelet rich plasma therapy/ injections, chest and neuro imaging, musculo-skeletal, sports injuries, ultrasound.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Sue Buckingham

Chest imaging, gynaecological imaging (including MRI and CT), head and neck imaging, head and neck ultrasound, thyroid.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Sebastian Chang

Genitourinary, gastrointestinal, general radiology, cross-sectional including body MRI.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Anthony Divers

CT, general and paediatric radiology including hip and spinal ultrasound, MRI, screening, ultrasound.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Andrew Gogbashian

General and oncological radiology.

NHS trust base: East and North Hertfordshire / Mount Vernon

Cancer Centre
Phone: 0800 585 112

Dr Dominic Grimer

Breast imaging, general ultrasound and fluoroscopy, general CT and MRI, testicular ultrasound.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Thayahlan lyngkaran

Head and neck GI imaging (ultrasound, CT and MRI), thoracic and abdominal imaging including fluoroscopy and general imaging.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Smita Kamat

All CT and ultrasound scanning of neck, testes and abdomen, colorectal imaging, head and neck imaging, neuroradiology.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Shahid Khan

Cross-sectional imaging including musculoskeletal, Gl, genitourinary, CT portacath insertion.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Babak Langroudi

MRI (including body MR), ultrasound (including abdominal, thyroid and Doppler carotid), whole body CT (including CT colonography).

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Kai Low

Consultant in cardiothoracic imaging, nuclear medicine, uroradiology.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Vivek Malhotra

Autologous blood and platelet rich plasma therapy/injections general, gynaecological, MSK, ultrasound.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Asha Nair

Breast radiology.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Sonia Narula

Biopsy and stereo-tactic procedures, breast, CT, fine needle aspiration, gynaecological and urological imaging / ultrasound, MRI, oncological imaging.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Keng Leong Ng

Autologous blood and platelet rich plasma therapy/injections, CT, MRI image-guided injection, musculo-skeletal, oncology imaging, sports injuries, ultrasound.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Amit Patel

General ultrasound/CT/MRI with interest in urology, GI, haematology and oncology imaging. Interventional radiology: image guided biopsy/drainage, portacath and PICC line insertion.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Maneesh Patel

Neuro imaging for MRI.

NHS trust base: Imperial College London

Phone: 0800 585 112

Dr Preena Patel

Autologous blood and platelet rich plasma therapy/injections, general and MSK including injections, CT, MRI.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Shilpan Patel

Biopsys, cystogram, CT scan (whole body), Doppler, DVT aorta, video swallows.

 $\textbf{NHS trust base:} \ \mathsf{West Hertfordshire Hospitals}$

Phone: 0800 585 112

Dr Francesca Peters

Breast Radiology.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Somasundaram Ramkumar

CT, general and testicular ultrasound, MRI.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Kausar Raza

Breast, CT, MRI, general and ultrasound.

NHS trust base: Hillingdon Hospital

Phone: 0800 585 112

Dr Oran Roche

Autologous blood and platelet rich plasma therapy/injections, musculoskeletal imaging, musculoskeletal intervention including nerve root blocks, urology.

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Permjit Rangit

Neurology MRI/CT.

NHS trust base: Royal Free Hospital

Dr Kevin Rosenfield

General MRI and CT, general ultrasound, MRI and CT for oncology, vascular and cardiac CT.

NHS trust base: West Hertfordshire Hospitals

Phone: 0800 585 112

Dr Rachana Shukla

CT, head/neck, MRI, MSK, thorax and abdominal imaging

NHS trust base: Luton and Dunstable University Hospital

Phone: 0800 585 112

Dr Thomas Solbach

Neurology MRI/CT.

NHS trust base: Royal Free Hospital

Phone: 0800 585 112

Dr William Topping

Cardiac CT (calcium scoring and coronary angiogram), cancer CT imaging with a special interest in lung cancer, general CT imaging with a special interest in respiratory imaging, general MRI, interventional ultrasound including biopsy, X-ray, and ultrasound.

NHS trust base: East and North Hertfordshire

Phone: 0800 585 112

Dr Thomas Wilhelm

Neurology MRI/CT.

NHS trust base: Royal Free Hospital

Phone: 0800 585 112



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Respiratory physician

Dr Julis Cairn

Asthma, bronchiectasis, COPD, cough, lung cancer, respiratory medicine, respiratory infection, sleep apnoea.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues, Sat Phone: 0800 585 112

Dr Timothy Chapman

Asthma, allergy, bronchiectasis, chest medicine, cough, interstitial lung disease, lung cancer, lung disease, pleural disease, respiratory infection, sleep disorder.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed Phone: 0800 585 112

Dr David Evans

Asthma, allergy, bronchiectasis, chronic cough, COPD, general medicine, infection, lung cancer, pleural disease, respiratory infection, sleep disorders.

NHS trust base: West Hertfordshire Hospitals / Royal Brompton and Harefield

Clinic days: Thurs Phone: 0800 585 112

Dr Abigail Jackson

Asthma, allergy, bronchoscopy, bronchoscopy asthma treatment, chronic cough, COPD, lung function, sleep apnoea test, smoking cessation.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Dr James Ramsay

Airways disease including asthma and COPD, cough, intestinal lung disease, lung cancer, pleural disease, sleep apnoea.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues, Sat Phone: 0800 585 112

Rheumatology

Dr Jeremy Axon

Acute and chronic spinal pain, fibromyalgia, inflammatory arthropathies, osteoporosis, soft tissue injuries, soft tissue injections, sports medicine.

NHS trust base: East and North Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Dr Sundeept Bhalara

Connective tissue disease, inflammatory arthritis, musculoskeletal disorders.

NHS trust base: West Hertfordshire Hospitals / Charing Cross Hospital / Kennedy Institute of Rheymatology

Clinic days: Thurs Phone: 0800 585 112

Dr Daniel Fishman

Adult inflammatory and degenerative arthritis, chronic pain and fibromyalgia, connective tissue diseases, paediatric rheumatology.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed Phone: 0800 585 112

Dr Muhammad Nisar

Connective tissue diseases including complex disorders overlap with interstitial lung diseases, inflammatory arthritides including rheumatoid arthritis, psoriatic arthritis and spondyloarthropathy, metabolic bone diseases including osteoporosis, soft tissue disorders including back pain.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon, Fri Phone: 0800 585 112



Sexual health

Dr Faryal Mahar

Contraception provision including procedures as coil and implanon fittings, management of vaginal discharges, STI testing, vulvodynia: painful genital management, vaginismus: female painful sexual problem management.

NHS trust base: West Hertfordshire Hospitals

Clinic days: By appointment only

Phone: 0800 585 112

Speech and language

Ms Jenny Hunt

Advanced specialist in voice/ENT and head and neck oncology, chronic cough, globus and reflux related problems, voice and swallowing disorders.

 $\pmb{\mathsf{NHS}}$ $\pmb{\mathsf{trust}}$ $\pmb{\mathsf{base:}}$ Luton and Dunstable University Hospital

Clinic days: Sat

Phone: 0800 585 112



Urology

Mr Jim Adshead

Laser treatment of stones, prostate disorders, UTIs, renal cancer, testicular problems, vasectomy and microscopic vasectomy reversal. MRI guided precision point transperineal prostate biopsy under local anaesthetic with or without sedation. Robotic neuroSAFE prostatectomy and robotic partial and total nephrectomy.

NHS trust base: East and North Hertfordshire Hospitals

Clinic days: Mon, Thurs Phone: 0800 585 112

Mr Asher Alam

Circumcision, female urology, laparoscopic surgery, oncology, prostate issues, vasectomy.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Wed, Fri, Sat **Phone:** 0800 585 112

Mr Henry Andrews

Endoscopic laser, laparoscopic urologic surgery, prostate cancer and bladder disorders, percutaneous surgery for complex kidney stones.

NHS trust base: Milton Keynes NHS Trust

Clinic days: Thurs Phone: 0800 585 112

Miss Charlotte Foley

Haematuria, female urology, male and female incontinence, painful bladder, prostate disease, recurrent urinary infections, stones, voiding disorders.

NHS trust base: East and North Hertfordshire Hospitals

Clinic days: Fri Phone: 0800 585 112

Mr Farooq Khan

Diagnostic urology including scrotal lumps, erectile dysfunction, laser prostate surgery (HoLEP), prostate and bladder cancer, stone disease, urinary infections and prostatitis, voiding dysfunction.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Thurs, Sat Phone: 0800 585 112

Mr Tim Lane

Benign prostatic hypertrophy, bladder and testicular cancer, erectile dysfunction, incontinence, infertility and vasectomy reversals, kidney stones and laser treatment, prostate, robotic surgery, urinary tract infections and cystitis.

NHS trust base: East and North Hertfordshire Hospitals

Clinic days: Tues, Thurs **Phone:** 0800 585 112

Prof Thomas McNicholas

Bladder cancer, cystitis and infections, laser stone surgery, male and female voiding dysfunction, male infertility, micro-surgical vasectomy reversal, prostate cancer, urinary symptoms, Urolift procedure.

NHS trust base: East and North Hertfordshire Hospitals

Clinic days: Tues Phone: 0800 585 112

Mr Aza Mohammed

Circumcision, epididymal cysts removal, hydrocele surgery, kidney stones treatment, prostatectomy, UroLift, vasectomy.

 $\textbf{NHS trust base:} \ \mathsf{Luton} \ \mathsf{and} \ \mathsf{Dunstable} \ \mathsf{University} \ \mathsf{Hospital}$

Clinic days: Wed, Fri, Sat Phone: 0800 585 112

Mr Jacques Roux

Male and female voiding dysfunction, prevention and treatment of kidney stones, prostate cancer, sexual dysfunction, urological cancer diagnostics and treatment, urological pathology.

NHS trust base: West Hertfordshire Hospitals

Clinic days: Mon, Tues Phone: 0800 585 112

Mr Asad Saleemi

Erectile dysfunction, diagnostic urology, infections, laser prostate surgery for BPH, prostate and bladder cancer, overactive bladder symptoms, prostate disease, urinary stone disease and complex kidney stones using minimally invasive techniques, voiding dysfunction.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Tues
Phone: 0800 585 112

Mr Sanjeev Taneja

Cancers of kidney, bladder and prostate, erectile dysfunction, laparoscopic surgery, laser stone treatment, prostatic disease, UTI.

NHS trust base: Luton and Dunstable University Hospital

Clinic days: Mon Phone: 0800 585 112

Mr Ramesh Thurairaja

Bladder cancer treatment including robotic surgery, chronic pelvic pain, lower urinary tract symptoms, prostate diagnosis and prostate surgery, radiation cystitis, reconstructive surgery, recurrent urinary tract symptoms, scrotal surgery, vasectomy.

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NHS trust base: Guys and St Thomas Hospital **Clinic days:** Wed

Phone: 0800 585 112

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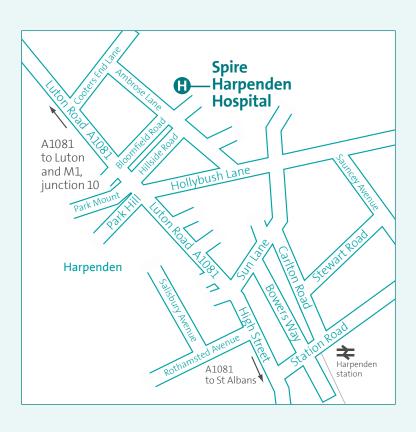
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