



Spire

Bristol Hospital
The Glen

First class treatment

At Spire Healthcare we provide the highest standards in everything we do. Our dedicated and highly trained people take pride in excellent results. For us it's more than just treating patients, it's about looking after people.



Looking after you.



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Just as the city of Bristol combines a rich history with exciting new developments, so Spire Bristol Hospital, The Glen brings together the very best facilities and expertise that modern medicine can offer.



Introduction

You can be confident of receiving the highest levels of care and attention from world class consultants and nurses throughout your stay. We care for you in purpose built facilities, bordered by the green space of Durdham Down, yet close to Bristol's cosmopolitan heart. For us, it's more than just treating patients; it's about looking after you.

All the expertise you need

Whether you need a minor procedure or major surgery, you can get the treatment you need at Spire Bristol Hospital, The Glen.

We offer a wide range of operations, treatments and tests, including MRI and CT scans, and laser treatment. We have the expertise to carry out major operations such as hip and knee replacements, prostate removal and spinal surgery, as well as diagnostic procedures and keyhole surgery.

Having your treatment at Spire Bristol Hospital, The Glen means you can take control of when your treatment takes place, so you can focus on getting better, and back to normal life, that much faster.



'I just love the fact that in one direction is the space and fresh air of Durdham Down, and in the other is a fabulous area to shop. We've got it all.'

Treatments

Cardiology

Our range of assessments are designed to help give you peace of mind. Non-invasive cardiology investigations assist your consultant or GP in assessing the health of your heart. Tests include: electrocardiogram (ECG), ECG monitoring, blood pressure monitoring, exercise ECG test, and echocardiogram. These assessments play an important role in the primary prevention of cardiovascular disease. Your consultant or GP may suggest one or more of these investigations, before developing an individual action plan.

Cardiac

As the only private hospital in the South West with an intensive care unit, we are able to offer cardiac surgery. Performing over 100 cardiac procedures each year, six leading cardiac surgeons regularly work at The Glen.

Orthopaedic

The orthopaedic and sport injury clinic offers comprehensive treatment for all related conditions. As well as covering all aspects of general orthopaedics, there are specialists in shoulder, elbow, wrist, hip, knee, ankle and foot disorders. The hospital offers a full range of diagnostic facilities, treatment options and rehabilitation after surgery. We have consultant surgeons who specialise in the latest surgery including hip resurfacing

(allows rapid recovery for younger patients after hip replacement), minimally invasive hip surgery as well as conventional hip replacement.

Weight loss

If you are seriously overweight, losing excess weight can transform your life, improving health problems such as diabetes and high blood pressure leading to heart disease. Weight loss surgery is an increasingly popular choice to lose significant weight. We offer gastric banding surgery, led by consultant surgeons, together with a multi-disciplinary team of consultant physician, nurse counsellor and dietician. The team will carefully assess your suitability and prepare you for the life changes required before and after surgery.

Cosmetic

We can help you achieve the look you've always wanted. Our leading consultant cosmetic surgeons are specialists in their field, offering an extensive range of treatments including skin treatments, facial surgery, liposuction, breast enlargement or reduction and tummy tucks. Your surgeon will be responsible for your care from your first consultation to your last follow-up appointment.

Other Treatments



Specialities

Cardiac surgery
Cardiology
Cosmetic surgery
Dermatology
Ear, nose and throat surgery
Gastroenterology
General medicine
Genito-urinary medicine
Gynaecology
Neurology
Neurosurgery
Obstetrics
Ophthalmology
Oral and maxillofacial surgery
Orthopaedic surgery
Paediatric surgery
Pain management
Pathology
Physiotherapy
Plastic surgery
Psychology
Radiology
Rheumatology
Thoracic surgery
Urology



Specialist Clinics

Ante-natal
Breast care
Dietetics
Fertility
Genito-urinary
Hearing
Impotence
Knee
Menopause
Obesity
One-stop endoscopy
Osteoporosis risk check
Respiratory
Snoring
Sports injury
Upper limb
Vasectomy
Voice

Physiotherapy

Acupuncture
Arthritis and joint pain
Back and neck pain
Biomechanical and ergonomic assessment



Direct access to consultants
Electrotherapy including ultrasound
Fully equipped gymnasium
Hand physiotherapy and splints
Hydrotherapy
Isokinetic cybex assessment and treatment
Muscle energy techniques
Muscle imbalance
Occupational injuries
Personalised exercise programmes
Pilates and core stability training
Post-operative orthopaedic rehabilitation
Pre and post-natal women's health physiotherapy
Respiratory physiotherapy and hyperventilation syndrome
Spinal and peripheral joint manipulation and mobilisation
Sports injury, assessment and rehabilitation
Sports massage
Urinary incontinence
Vertigo and vestibular problems
Whiplash

'I was apprehensive about going into hospital, but from the first consultation and then my stay in hospital, I felt completely safe and well cared for.'



Just as the city of Bristol combines a rich history with exciting new developments, so Spire Bristol Hospital, The Glen brings together the very best facilities and expertise that modern medicine can offer.

Top consultants

Spire Bristol Hospital, The Glen offers you access to some of the country's top surgeons. Every consultant working at Spire Bristol Hospital, The Glen is on the specialist register of the general Medical Council and has met our exacting 'practising privileges' criteria. We know that continuity of care is important, so we'll make sure that you're looked after by the same consultant – from your first appointment, throughout all your treatment and follow-up care.

Dedicated nurses

All our nursing staff are highly qualified and dedicated to caring for our patients in a warm and professional manner.

Superior facilities

Spire Bristol Hospital, The Glen contains an intensive care unit managed by specialist nurses. For ultimate reassurance, we have a fully trained team equipped to deal with medical emergencies 24 hours a day.

Personalised planning

Choosing Spire Bristol means you can take control of when your treatment takes place, so you can make sure it fits in with everything else in your life. We'll help you prepare for your stay, and when you arrive you'll have your own personal treatment plan – we call it a 'care pathway' – which gives a detailed description of all aspects of your care, so you know what to expect and you can see how you are progressing.

Unsurpassed aftercare

You'll be looked after by the same consultant – from your first appointment, throughout all your treatment and follow-up care. When you leave hospital, you'll be given all the advice you need to speed your recovery, so that you can get back to normal life as quickly as possible.



'Everything was so ordered and unrushed. I was treated as if I really mattered and nothing appeared to be too much trouble.'



Excellent track record

To help you make an informed decision about your healthcare, we publish the results of the quality of care we provide. Quality assurance is an ongoing process. Regular clinical audits are carried out to ensure that good practise is maintained and this is reflected in the recognition we have received from leading accreditation bodies, including the Healthcare Commission. All Spire Healthcare Commission inspection reports can be found at www.healthcarecommission.org.uk. We also carry out regular patient satisfaction surveys; for up to date results data, just ask.

Comfortable accommodation

We understand that getting better involves more than just medical treatment. That's why there's always someone on hand to answer your questions, and we make sure that your friends and family are always welcome. All our individual private rooms come with en suite shower or bath, television, telephone and personal nurse-call system. We provide a varied menu to suit a range of dietary requirements, and your visitors are welcome to stay and eat with you.

Convenient location

With a shorter journey time from Heathrow than many London hospitals, direct trains from London Paddington, easy access to the M4, M5 and M32 motorways and extensive free car parking, Spire Bristol Hospital, The Glen offers stress free travelling.

Beautiful surroundings

In scenic surroundings at the foot of Durdham Down, Spire Bristol Hospital, The Glen sits on the site of an old quarry with preserved woodland areas. It adjoins 400 acres of grassland, yet is within one of England's finest cities.



Unrivalled hygiene standards

We take cleanliness very seriously. We make sure all wards, corridors and surfaces are regularly and thoroughly cleaned. We believe this is very important so we employ our own cleaning staff, rather than an outside company. Spire has a national head of infection control and an infection control lead here in Bristol. In line with best practise we screen all patients at risk of MRSA before admitting them, and we have a high proportion of single rooms. Our operating theatres contain laminar air flow, an air filter system, for all major orthopaedic operations.

All staff are trained in exceptional hand hygiene to minimise any risk of cross infection. We have an anti-bacterial solution placed inside and outside rooms to minimise bacteria spreading. To view further performance information, please visit www.spirehealthcare.com/bristol

Paying for your treatment

When you have a health problem, it's only natural to want it resolved quickly with minimal stress and uncertainty. With one-off private self-pay treatment from Spire Healthcare you can do something about it right now, and get on with getting back to normal life. You can choose to have self-pay medical treatment at Spire Bristol Hospital. You'll be seen quickly and receive your treatment at a convenient time.

As a self-pay patient, you don't need private health insurance and we'll give you a single, all-inclusive fixed price for your treatment.

Next Steps

How to arrange treatment at Spire Bristol Hospital, The Glen

- You visit your GP
- Your GP refers you to a specialist
- If you've got medical insurance, you contact your insurer to check if the test or treatment is covered – and to get authorisation
- If you're paying for your own treatment, you call Spire Healthcare on 0117 980 4080 to get a guide price
- Your GP gives you a referral letter
- You see a consultant at Spire Bristol Hospital, who confirms what tests or treatment you need
- You have your treatment
- Your GP is kept informed of your progress
- For overseas patients, a GP referral is not required. Please call +44 117 980 4080 for a guide price.

How to find us

By car from M5

Exit at junction 17 (Bristol West). Follow the A4018 for Bristol West & Bristol Zoo for approximately 4 miles. You will come to a roundabout with the Downs and water tower on your right. Take the left hand turn into Redland Hill and immediately turn left into Spire Bristol Hospital, The Glen.

By car from M4 and M32

Exit at junction 19 on the M4, for the M32 into Bristol. Take the M32 into the city centre and then follow the signs for Clifton and A4018. At the top of Whiteladies Road, bear right for Redland to find the hospital.

By train

Take the inter-city train to either Bristol Parkway or Bristol Temple Meads stations. We are approximately four miles from Bristol Parkway (20-30 minutes by taxi). Temple Meads is close to the city centre and only a 10-15 minute journey by taxi.



'We work within a mile or so of Brunel's great achievement; the Clifton suspension bridge. It inspires me everyday.'



For more information about arranging treatment call:

Out-patients appointments	0117 980 4070
In-patient bookings	0117 980 4040
Private treatment enquiries	0117 980 4080



Spire

**Bristol Hospital
The Glen**

Spire Bristol Hospital
'The Glen'
Redland Hill
Durdham Down
Bristol
BS6 6UT

www.spirehealthcare.com/bristol

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A list of our registered hospitals and clinics is available at www.spirehealthcare.com