

FOCUS ON HIP CARE



Mr Marcellino Maheson is a specialist orthopaedic surgeon, based at the Orthopaedic Centre of Excellence at

Spire Cardiff Hospital. He qualified initially in 1983 from Sheffield University and has since completed his surgical training in Nottingham and Cardiff, obtaining three postgraduate qualifications.

When undergoing a significant orthopaedic operation to replace a joint or revise an earlier procedure, it's vital that patients are able to make an informed choice of the surgeon performing the operation, with knowledge of his or her specialist areas and background.

Mr Marcellino Maheson is part of a team of 16 elite, specialist surgeons at the Orthopaedic Centre of Excellence at Spire Cardiff Hospital. His work is required to meet rigorous standards in three key aspects: clinical quality, education and research. His NHS practice is based at the university teaching hospitals in Cardiff, and provides not only a local service, but also a tertiary referral service for Wales and the West of England.

Mr Maheson has prolific background in teaching and research; his areas of interest include computer-guided hip resurfacing and hip replacement surgery, minimally invasive hip surgery, micro hip replacement surgery and hip arthroscopy.

He is a member of the British Hip Society, The Royal College of Surgeons, the European Hip Society, and a past president of the British Society for Computer Aided Orthopaedic Surgery.

SCOPE OF SPECIALITY

Mr Maheson is a leading specialist in orthopaedic surgery, focusing on joint replacement and revision surgery, which includes:

- Knee Replacement: A surgical procedure that aims to remove damaged or diseased

parts of the patient's knee joint and replace them with new, artificial parts.

- Hip Replacement: A surgical procedure to replace the diseased cartilage and bone of the hip joint with artificial materials.

- Hip Resurfacing: A surgical procedure where damaged surfaces of the hip joint are removed and replaced with metal parts.

- Revision Hip Surgery: This involves the repair of an artificial hip joint that has been damaged or loosened over a period of time, or as the result of an infection.

- Hip Arthroscopy: A minimally invasive surgical procedure in which an examination and sometimes treatment of damage to the interior of a joint, is performed using an arthroscope (a surgical instrument used for keyhole surgery), that is inserted into the joint through a small incision.

- Micro Hip Replacement: An innovative, new procedure that replaces the hip joint. It is less invasive and allows a quick recovery.

GROUNDBREAKING NEW TREATMENT

Mr Maheson's reputation in orthopaedic surgery is world-renowned, having also trained extensively overseas with surgeons in America, Germany and Canada. It was this reputation that led to him being chosen as the only UK representative to take part in clinical trials for a groundbreaking new hip replacement procedure, the Silent Hip.

The new procedure, developed by DePuy International Ltd, has been ten years in research and testing. Silent Hip will aim to offer patients needing a hip replacement a more natural feel after surgery, and should also make any necessary revision process in the future far easier, as far less bone is taken away during the operation than a traditional procedure.

Mr Maheson was selected as the UK representative to trial the new Silent Hip implant alongside other countries, and took part in a series of controlled clinical research trials on patients in Cardiff last year. From April, the new Silent Hip procedure is widely available from Mr Maheson at the new Orthopaedic Centre of Excellence at Spire Cardiff Hospital.

Nicola Amery, hospital director at Spire Cardiff Hospital, says 'Mr Maheson is a surgeon with the kind of calibre and specialist background that allowed us to be certified as an Orthopaedic Centre of Excellence. His impressive credentials mean that patients have access to the best possible service when they come to us for orthopaedic care.'

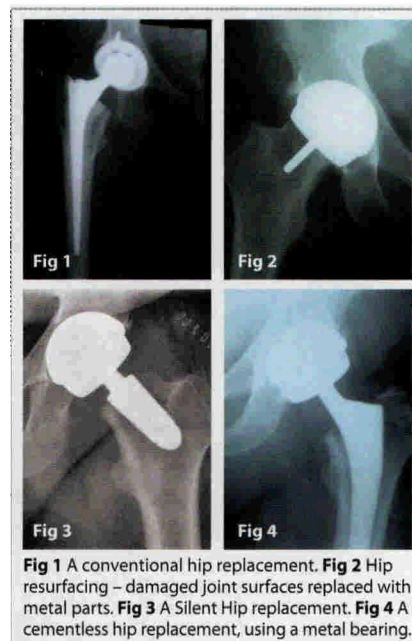
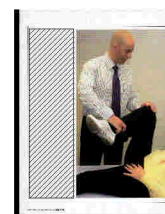


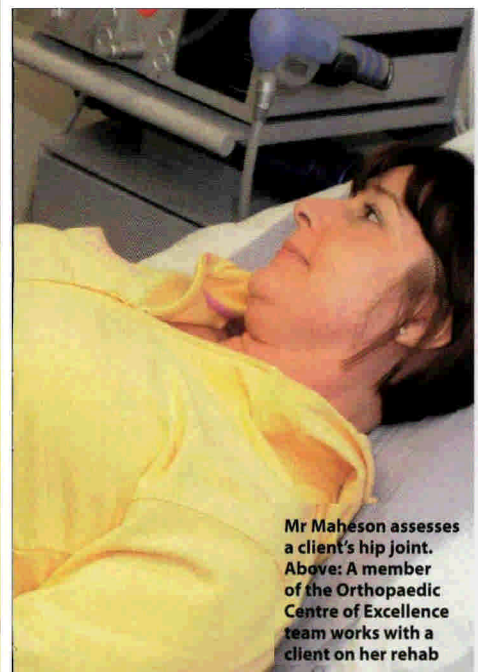
Fig 1 A conventional hip replacement. Fig 2 Hip resurfacing – damaged joint surfaces replaced with metal parts. Fig 3 A Silent Hip replacement. Fig 4 A cementless hip replacement, using a metal bearing.



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Mr Maheson assesses a client's hip joint. Above: A member of the Orthopaedic Centre of Excellence team works with a client on her rehab