



Spire
Norwich Hospital

Spire Norwich Hospital Physiotherapists



Jon Geere MSc, MCSP, HPC Physiotherapy Manager - Spinal Specialist

Jon specialises in chronic and acute spinal pain, disc and postural conditions. He works closely with orthopaedic and rheumatology consultants in cases requiring diagnostic imaging and consultant assessment. He received specialist training in both Australia and the UK in manipulation and mobilisation, exercise and postural re-education.



Peter Penny BSc, MCSP, HPC Out-patient Team Leader - Sport Injury and Lower Limb Specialist

Peter specialises in sports physiotherapy, particularly the lower limb. He uses the gait scanner for prescription orthotics, manual therapy and acupuncture. Peter works with Emma Harris (PTO) and orthopaedic consultants to provide a seamless lower limb service. Peter's CV includes working with the All Blacks in New Zealand, Norwich City FC and Norwich's Amateur Swimming Association.



Emma Gampell MCSP, HPC Women's and Men's Health Highly Specialist

Emma treats both male and female continence disorders. Following assessment, Emma devises personal treatment plans which can include: tailored exercises, EMG biofeedback and/or muscle stimulation. Emma works closely with gynaecology and urology consultants operating from Spire Norwich Hospital.



Steve McCoy BSc (Hons), MCSP, HPC Shoulder and Upper Limb Specialist

Steve's special interest is upper limb musculo-skeletal disorders. His assessment leads to tailored treatment, integrating manual therapy, specific exercises and advice. Steve works closely with orthopaedic consultants during patient assessment and in the management of post-surgical cases.



Kathryn Walton BSc (Hons), MCSP, MAACP, HPC Acupuncture and General Musculo-skeletal

Kathryn has a special interest in acupuncture for the treatment of acute and chronic disorders including long-term systemic diseases. Kathryn also treats and assesses musculo-skeletal disorders using a wide range of manual techniques, acupuncture, electrotherapy and home exercise programmes.



Sarah Considine BSc (Hons), MCSP, HPC Spinal Specialist

Sarah specialises in spinal conditions and is integral to the spinal service. She assesses and treats using a wide range of manual techniques, electrotherapy and exercises. Sarah's passion is to improve people's health and quality of life.

Physiotherapy enquiries **01603 255 587**
www.spirehealthcare.com/norwich



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Jan Hodgson Grad Dip Phys, MCSP, HPC
In-patient Team Leader

Jan has over 27 years' extensive experience and specialises in orthopaedics. Jan also treats out-patients with her holistic 'hands-on' approach. Additionally, Jan is experienced in soft tissue massage specifically for the relief of painful musculo-skeletal conditions and leads the team to ensure optimal patient care and high consultant satisfaction.



Katherine Peyrebrune Grad Dip Phys, MCSP, HPC
In-patient Specialist

Katherine works within the in-patient orthopaedic team with a particular interest in spinal surgery. She is focused on further improving discharge planning from the pre-admission phase. Katherine also has specialist training in neurology and neurosurgery.



June Payne BSc (Hons), MCSP HPC
In-patient Specialist

June is a specialist physiotherapist working within the orthopaedic in-patient team. June also treats surgical patients undergoing bowel surgery and medical patients. June has training in thermoplastic hand splints and is a qualified NVQ Assessor.



Emma Harris BSc (Hons), MCSP, HPC
Sport Injury and Lower Limb Specialist

Emma specialises in knee and sports injuries in her out-patient clinics. She works alongside the physiotherapy in-patient team and liaises with consultants to provide post-operative physiotherapy following knee surgery. Emma also provides physiotherapy support for a local amateur rugby club.



Rebecca Heginbotham BSc (Hons), MCSP, HPC
In-patient Physiotherapist

Beki is a junior member of the orthopaedic in-patient team. She has a specialist interest in clinical Pilates and therapeutic massage. Beki is also a physiotherapist for a local semi-professional football and rugby club.



Sandra Perry NVQ level 3
Physiotherapy Assistant

Sandra assists with in-patient therapy sessions and manages an independent caseload in accordance with the NVQ standards.

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