

For Men

In an ideal world of safe sex nobody would be concerned about the possibility of sexually transmitted infections (STI). However, many men will need advice and investigation either for anxiety over possible exposure to a STI following unprotected sex or because of symptoms they may be experiencing.

We can assure you of a discreet and confidential service without being judgemental. We do not need a referral from your GP and we do not contact your GP unless you want us to do so.

Only appropriate tests will be recommended and discomfort during any tests is very rare (this is true as the most of the tests are done on a sample of urine). The tests for Gonorrhoea, Chlamydia are done on the first catch urine; hence ideally we want men not to pass urine at least for 2 hours.

Once you come to Gatwick Park Hospital you will be seen by a consultant who will discuss any concerns and advise on appropriate tests (and if necessary prescribe treatment). Most men will have tests from one of the appropriate packages, but further tests are available if needed.

“Higher risk” patients would usually include those who are or have had unprotected sex with individuals in the following groups: gay or bisexual men or their partners, intravenous drug abusers, people from sub-Saharan Africa, South East Asia or sex workers. When needed other tests for Hepatitis A/B/C, Herpes, LGV (Lympho Granuloma Venereum) can be done.

Please note that we do not offer tests without consultation, since we believe that anyone at risk should be fully counselled about the advantages and limitations of the currently available tests, as well as provided with professional support and advice.

Test performed may be negative in the very early stages of some diseases (such as HIV) and a single negative test does not necessarily guarantee disease-free status. Therefore, a second test may be recommended few weeks or months after high-risk sexual activity to cover the "window period".

Genital warts are treated in both men and women using Cryotherapy (Freezing) and other modalities of treatment depending on the clinical findings. Preventative vaccines against Hepatitis A and B can be given where necessary. Results of the screening tests are normally available within 48 hours of the test. Many of our patients prefer these results to be given over the phone, but if you wish to receive the result in a follow up appointment this can be arranged at no extra cost. HIV test results are usually available in 24 hours of the test.