



Spire

Wellesley Hospital

2024 Consultant directory

Expert healthcare for your patients

Looking after you.

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Contacts

Hospital contacts

Main hospital

Phone: 01702 462 944

NHS referrals

Email: spirewellesleyoutpatientbookings@spirehealthcare.com
Phone: 01702 447 921

Outpatient department

Phone: 01702 462 944

Self-pay patient enquiries and bookings

Phone: 01702 447 926

Diagnostic imaging

Email: spirewellesleydiagnosticimaging@spirehealthcare.com
Phone: 01702 447 907

Key contacts

Hospital Director

Richard Coggings
Email: richard.coggings@spirehealthcare.com

Director of Clinical Services

Sandra Harrington-Brain
Email: sandra.harrington-brain@spirehealthcare.com

Appointments

Email: spirewellesleyoutpatientbookings@spirehealthcare.com
Phone: 01702 447 921

Pharmacy

Phone: 01702 447 906

Physiotherapy

Email: PhysioDeptWellesley@spirehealthcare.com
Phone: 01702 447 904

Ward

Phone: 01702 447 917

Sales and Business Development Director

Hollie Davies
Email: hollie.davies@spirehealthcare.com

Hub Children's and Young Person Lead

Jack Saunders
Email: jack.saunders@spirehealthcare.com

How to refer your patients

At Spire Wellesley we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

Self-funding patients

- 1 Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **01702 447 926**.
- 2 Use Spire Connect to upload the referral letter. Call **07706 316 983** if you have any queries.
- 3 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 4 We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **01702 462 921** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

NHS referrals

Spire Wellesley Hospital provides a range of elective surgical services on behalf of the NHS.

Full details of the services provided can be found on, and referrals must be made via, the NHS eReferral system (<https://www.ebs.ncrs.nhs.uk/>).

Referral letters

Referral letters for private patients can be submitted online at <https://spireconnect.spirehealthcare.com/>

Self-funded treatment

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-funding team on:

Phone: **01702 447 926**

Email: **customer-service2-wellesley@spirehealthcare.com**

Our fixed price packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery
- Varicose vein treatment
- Weight loss surgery

*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.



GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

NHS referrals

You may refer patients to Spire Wellesley Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service (<https://www.ebs.ncrs.nhs.uk/>).

Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics etc, select one of these from under 'Allied Health Professionals' in the specialty list.

Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

For more information on Spire Connect, contact Katie Lee, Hub Primary Healthcare Relationship Manager on **07706 316 983** or at katie.lee@spirehealthcare.com

GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events:](#)

Call our Hub Primary Healthcare Relationship Manager on **07706 316 983**

Email: leeducationevents@spirehealthcare.com

GP support

Spire Wellesley's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

Primary Healthcare Relationship Manager

Our Primary Healthcare Relationship Manager is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants, and to make it as easy as possible for your patients to be seen and treated at Spire Wellesley Hospital.

[Call our Hub Primary Healthcare Relationship Manager on:](#)

Phone: **07706 316 983**

Email: katie.lee@spirehealthcare.com

Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications*

[Patients can contact the team on:](#)

Phone: **01702 447 926**

Email: customer-service2-wellesley@spirehealthcare.com

*Spire Healthcare patient terms and conditions apply.

Clinics and services

Diagnostic imaging

Appointments usually within 24 hours of a referral.
Reports usually within 48 hours.

Radiology services include:

- Abdominal/pelvic imaging including prostate
- Angiography
- Breast scanning
- Calcium scoring
- Coronary angiography
- CT scanning
- General radiography
- Hycosy studies
- Interventional Radiography
- Intravenous urography
- Mammography
- MR cholangiography
- MRI
- MRI mammography
- MRI vascular studies (MRA)
- Musculo-skeletal ultrasound
- Pneumocolonography
- Spine and leg length imaging – plain film
- Theatre image intensifier
- Ultrasound (general)
- Ultrasound guided biopsy
- Ultrasound with Doppler facility for vascular work
- Urethrography
- X-ray

Appointments: **01702 447 907**

Email: spirewellesleydiagnosticimaging@spirehealthcare.com

One-stop breast clinic

Spire Wellesley Hospital provides comprehensive breast care through the one-stop breast clinic. Our team of expert breast consultants and radiologists will provide you with the highest standard of care individually tailored to meet your specific needs. Our breast clinic provides advice, support and treatment for men and women who are concerned with a lump, pain or changes to their breasts.

Our one-stop breast clinic services include:

- An outpatient appointment with one of our consultants to discuss your condition and treatment options
- Breast imaging (ultrasound or Mammogram) if required
- Expert physical examination
- Fine needle aspiration cytology and core biopsy pathology if required
- Follow up consultation with one of our consultants to discuss your results
- Highly experienced breast-care nurse available for support

Appointments: **01702 447 926**

Email: customer-service2-wellesley@spirehealthcare.com

Pathology

Pathology services include:

- Biochemistry
- Blood transfusion
- Cytology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Semen analysis (please call for details)

Appointments: **01702 447 921**

Enquiries: **01702 447 910**

Email: spirewellesleyoutpatientbookings@spirehealthcare.com

Physiotherapy

Physiotherapy can help people regain movement, increase mobility and reduce pain using a variety of techniques. Conditions treated include back and neck pain, sports injuries, joint, ligament, muscle and tendon problems, posture issues, whiplash, upper and lower limb conditions as well as post-surgery rehabilitation.

Physiotherapy services include:

- Arthritis
- Back and neck problems
- Biomechanical assessment
- Hand therapy
- Male/female incontinence problems
- Manipulation and mobilisation
- Muscle imbalance
- Musculo-skeletal function
- Paediatrics
- Personalised exercise programmes
- Post-operative breast care
- Post-operative problems
- Spinal and peripheral mobilisations
- Sports injury
- Ultrasound
- Vertigo and vestibular problems
- Well equipped gymnasium

Phone: **01702 447 904**

Email: **PhysioDeptWellesley@
spirehealthcare.com**



Directory listings

A

Allied Health Professionals

Mrs Anna Allen

Speech and language therapy (adults).

NHS trust base: Southend University Hospital

Ms Laura Coster

Dietician works with; Gastroenterology, pelvic radiation disease, eating disorders, diabetes (insulin dependent or not), PCOS, weight management (including after bariatric surgery).

NHS trust base: Private only

Mrs Gail Pinnock

Bariatrics, obesity and weight management dietitian.

NHS trust base: Private only

Mr Henry Wood

Provides dietary and nutritional support in the areas of bariatrics for weight gain/loss, cancer care, diabetes, IBS and maxillofacial surgery. Nutritional related gastic concerns.

NHS trust base: Southend University Hospital

B

Bariatrics

Mr Venkatesh Jayanthi

Weight loss surgery including gastric band surgery and gastic sleeve surgery (sleeve gastrectomy).

NHS trust base: Mid Essex Hospitals

Mr David Khoo

Weight loss surgery including – gastric band surgery and gastric sleeve surgery (sleeve gastrectomy).

NHS trust base: Barking, Havering and Redbridge

Breast surgery

Ms Emma Gray

Breast surgery, paediatric general surgery, non-colorectal general surgery (gallbladders, hernias and skin lesions).

NHS trust base: Southend University Hospital

Mr Harun Thomas

Specialises exclusively in all aspects of breast diseases – breast cancer, benign breast diseases, one-stop breast clinic, breast surgery and reconstruction, breast screening and family history clinic, breast implant surgery.

NHS trust base: Southend University Hospital

C

Cardiology

Dr John Davies

Coronary angioplasty, stenting, percutaneous coronary intervention (PCI), insertion of single chamber and dual chamber pacemakers, DC cardioversion, drainage of pericardial effusions, transthoracic echocardiography, trans-oesophageal echocardiography, electrocardiography (ECG) and heart rhythm monitoring.

NHS trust base: Southend University Hospital

Dr Thomas Keeble

Cardiac catheterisation, cardioversion, coronary angioplasty, echocardiogram (cardiac ultrasound), exercise ECG.

NHS trust base: Southend University Hospital

Dr Paul Kelly

General adult cardiology with a special interest in complex coronary intervention (stents, rotablation, chronic total occlusion); management of acute coronary syndromes; management of heart failure; permanent pacing.

NHS trust base: Basildon and Thurrock University Hospital

Dr Azhar Khokhar

Non-invasive diagnosis of chest pain, breathlessness and palpitations. Advanced echocardiography, stress echo, nuclear cardiology and CT based non-invasive coronary angiography.

NHS trust base: Southend University Hospital

Dr Thuraia Nageh

Coronary ischaemic heart disease, angina, heart failure, arrhythmia, atrial fibrillation, hypertension, stroke prevention and valvular heart disease.

NHS trust base: Southend University Hospital

D

Dermatology

Dr Charlot Grech

Paediatric and adult dermatology, mole screening, skin cancer surgery.

NHS trust base: Private only

Dr Tahir Iqbal

General dermatology, skin infections and diseases, dermatological surgery, cosmetic dermatology and research activities.

NHS trust base: Basildon and Thurrock University Hospital

Dr Mohsen Khorshid

Dermatopathology, skin cancer diagnosis and management, paediatric dermatology, melanoma screening.

NHS trust base: Basildon and Thurrock University Hospital

E

Ear, nose and throat

Mr Amro Hassaan

Grommets, septoplasty, sinus operation (FESS) tonsillectomy, allergy, balance disorders, head and neck pathology, hearing loss, laryngology, otology, rhinology, sinus surgery, sleep disorders, snoring, strong interest in sleep and snoring surgery.

NHS trust base: Barking, Havering and Redbridge University Hospitals

Mr Jonathan Philpott

Otolaryngology, general ENT, head and neck cancer, rhinology, thyroid lumps.

NHS trust base: Southend University Hospital

Mr Aaron Trinidad

Ear, nose and throat surgery, sinus surgery, nasal obstruction, ear disease, hearing loss, dizziness and balance, snoring surgery, sleep apnoea, tonsil/adenoid problems, paediatric ENT disorders.

NHS trust base: Southend University Hospital

Endocrinology and diabetes

Dr James Ahlquist

Endocrinology, thyroid disease, pituitary disease, diabetes.

NHS trust base: Southend University Hospital

G

Gastroenterology

Dr Zahed Ahmed

Liver disease, irritable bowel syndrome, inflammatory bowel disease, endoscopy, complex endoscopic polypectomy, colonoscopy, bowel disease.

NHS trust base: Southend University Hospital

Dr Gary Bray

Endoscopy, gastroscopy, colonoscopy, liver disease, GI cancers.

NHS trust base: Southend University Hospital

Mr Michael Dworkin

Gastrointestinal, colorectal and laparoscopic surgery, hernia.

NHS trust base: Southend University Hospital

Miss Frances Hughes

General surgery – gastrointestinal and laparoscopic.

NHS trust base: Barts Health Trust

Dr Denis Lindo

Bowel cancer screening, diarrhoea, constipation and rectal bleeding, dyspepsia, heartburn and peptic ulcers, irritable bowel syndrome.

NHS trust base: Basildon and Thurrock University Hospitals

Mr James Wright

General and colorectal surgery including laparoscopy. Surgical management of bowel disorders including cancer, hernia surgery, gallbladder surgery, anorectal disorders and minor ops. The investigation and management of gastro intestinal disorders such as abdominal pain, diarrhoea, severe constipation and defecation/pelvic floor disorders. Endoscopy services include gastroscopy and colonoscopy.

NHS trust base: Southend University Hospital

General medicine

Dr Muhammad Ather

Pain Management; Back pain investigations, chronic pain management, epidural injections, pain management injections for back and facet joint.

NHS trust base: Barking, Havering and Redbridge University Hospitals

Dr James Ahlquist

Endocrinology, thyroid disease, pituitary disease, diabetes.

NHS trust base: Southend University Hospital

Dr Kandasamy Ganeshalingam

Asthma, COPD and general respiratory medicine.

NHS trust base: Southend University Hospital

Dr Paul Guyler

All aspects of general medicine and geriatric medicine. Stroke medicine and vascular medicine including: TIA (transient ischaemic attacks – minor stroke). Issues around anticoagulation to prevent stroke in patients with atrial fibrillation. Prevention of stroke and atherosclerosis ('furred-up arteries'). Management of high-risk cardiovascular or cerebrovascular disease. Investigation of 'funny turns' or unresponsiveness. Appropriate use of medication, and management of patients on lots of different medicines (Polypharmacy) – holistic approach to patients' medical problems and medication.

NHS trust base: Southend University Hospital

Dr Joble Joseph

All aspects of general and renal medicine. Management of hypertension, chronic renal failure (CKD), acute kidney injury (AKI), diabetic kidney disease, dipstick haematuria and proteinuria.

NHS trust base: Southend University Hospital

Dr Victor Mendis

Pain management, facet joint injections, pain management injections for back, acute myofascial pain, atypical chest pain, chronic headaches. Fibromyalgia, head and neck pain, persistent post surgical pain.

NHS trust base: Mid Essex Hospital

Dr Duncan Powrie

General and respiratory medicine including COPD, asthma, lung cancer and sleep medicine.

NHS trust base: Southend University Hospital



Spire

Wellesley Hospital

World-class experts in diagnostics



At Spire Wellesley Hospital you can see leading diagnostic experts in as little as **48 hours** – so you can get better, faster.

Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

Fast, flexible access to diagnosis and treatment

You can access our services when you need them, with appointment times available Monday to Friday to suit you.*

Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

Comprehensive range of diagnostic services

- CT scanning
- Mammography
- MRI scanning
- Ultrasound
- X-ray services

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*Timings given are indicative, actual timings may vary based on consultant and tests required.
*A referral from your GP or Consultant is required prior to arranging an appointment

Looking after you.

General surgery

Mr Michael Dworkin

Gastrointestinal, colorectal and laparoscopic surgery, hernia surgery, endoscopy/colonoscopy, treatment of haemorrhoids/piles.

NHS trust base: Southend University Hospital

Ms Emma Gray

Breast surgery, paediatric general surgery, non-colorectal general surgery (gallbladders, hernias and skin lesions).

NHS trust base: Southend University Hospital

Miss Frances Hughes

General surgery – gastrointestinal and laparoscopic.

NHS trust base: Barts Health Trust

Mr Matthew Jakeways

Vascular surgery.

NHS trust base: Southend University Hospital

Mr Taleb Jedly

Endocrine surgery: thyroid, parathyroid, vascular and laparoscopic (keyhole) surgery, including laparoscopic hernia repair, laparoscopic gallbladder surgery and vascular surgery including varicose veins.

NHS trust base: Basildon and Thurrock University Hospital

Mr Julian Sturt

Anal fissure surgery, anal fistula surgery, cancer tests, colonoscopy, bowel surgery, flexible sigmoidoscopy, haemorrhoids removal treatment and hernia surgery.

NHS trust base: Mid and South Essex Hospitals

Mr James Wright

General and colorectal surgery including laparoscopy. Surgical management of bowel disorders including cancer, hernia surgery, gallbladder surgery, anorectal disorders and minor ops. The investigation and management of gastro intestinal disorders such as abdominal pain, diarrhoea, severe constipation and defecation/pelvic floor disorders. Endoscopy services include gastroscopy and colonoscopy.

NHS trust base: Southend University Hospital

Geriatric medicine

Dr Paul Guyler

All aspects of general medicine and geriatric medicine. Stroke medicine and vascular medicine including: TIA (transient ischaemic attacks – minor stroke). Issues around anticoagulation to prevent stroke in patients with atrial fibrillation. Prevention of stroke and atherosclerosis ('furred-up arteries'). Management of high-risk cardiovascular or cerebrovascular disease. Investigation of 'funny turns' or unresponsiveness. Appropriate use of medication, and management of patients on lots of different medicines (Polypharmacy) – holistic approach to patients' medical problems and medication.

NHS trust base: Southend University Hospital

Gynaecology

Mr Munawar Hussain

Management of pelvic pain, laparoscopic management of endometriosis, heavy, irregular and painful periods, endometrial ablation, laparoscopic (keyhole) hysterectomy, management of fibroid uterus.

NHS trust base: Southend University Hospital

Mr Jitendra Jadhav

Polycystic ovaries, menstrual disorders (heavy periods), postmenopausal health, endometriosis, ovarian cysts, fibroids, ultrasound scanning. Endometrial ablation, hysteroscopic resection of fibroids, laparoscopy for cysts and pelvic pain, hysterectomies (abdominal, vaginal and laparoscopic subtotal).

NHS trust base: Basildon and Thurrock University Hospital

Dr Deborah Jennings

Specialist in vulval skin disorders, menopause, assessment of prolapse and urinary issues, menstrual disorders, hysteroscopy both outpatient and inpatient as well as ablations, also prolapse regarding pessaries and advice.

NHS trust base: Southend University Hospital

Mr Sanjaya Kalkur

Colposcopy and vulvoscopy, gynaecological cancer, endometriosis, hysteroscopy, laparoscopic surgery, vulval problems, ovarian cysts, polycystic ovaries (PCOS), hysterectomy (abdominal/key hole), fibroids, prolapse, menopause and HRT (BMS accredited menopause specialist), menstrual problems (heavy periods), miscarriage, reproductive health, menstrual disorders, postmenopausal problems, sexual health and chronic pelvic pain, general gynaecology.

NHS trust base: Southend University Hospital

Mrs Rahat Khan

Biopsy/excision of lesion of vulva, operation on the perineum, vaginal swabs, excision of vagina lesions, replacement/removal of mirena coil, cauterisation of lesions of cervix, total abdominal hysterectomy, D&C, hysteroscopy, oophorectomy and salpingectomy, laparoscopy, ovarian cystectomy, laparoscopic sterilisation.

NHS trust base: Princess Alexandra Hospital

Ms Desiree Kolomainen

Gynaecological cancer, laparoscopic surgery, ovarian cysts, abnormal bleeding, abnormal smear, colposcopy, vulval disease, menopause, well woman healthcheck, general gynaecology.

NHS trust base: Southend University Hospital

Mr Cheng Lee

Vaginal surgery, hysterectomy, bilateral salpingo-oophorectomy with early discharge. Urogynaecology, including genital prolapses and incontinence; colposcopy and general gynaecology.

NHS trust base: Southend University Hospital

Miss Sahar Mohamed

Menstrual disorders, vulval conditions, menopause, fibroids, polycystic ovaries, endometriosis, ovarian cysts, pelvic organ prolapse, hysteroscopic and laparoscopic surgery, early pregnancy problems and pre-conceptual counselling and well women health check.

NHS trust base: Southend University Hospital

Mr Sundararajah Raajkumar

Menstrual disorders, pelvic organ prolapse, benign gynaecological surgery including minimal access surgery. Endometriosis, fibroids, laparoscopy for ovarian cysts/pelvic pain, hysteroscopy procedures.

NHS trust base: Southend University Hospital

Mr Narayanaswamy Venkat Raman

General gynaecology, management of menstrual disorders, gynaecological endocrinology, hysteroscopy, endometrial ablation, hysterectomy (abdominal and vaginal for benign conditions) colposcopy, recurrent miscarriages and pre-pregnancy counselling.

NHS trust base: Southend University Hospital

H

Haematology

Dr Paul Cervi

Haematological oncology, coagulation, lymphoma, myeloma, leukaemias, general anemias.

NHS trust base: Southend University Hospital

Dr Amin Islam

Haematology, haemato-oncology, haematological disorders.

NHS trust base: Southend University Hospital

Dr Christina Zouvelou

Haematology oncology, managing anaemia, clotting problems, haematological malignancies (lymphoma, myeloma, leukaemia), myeloproliferative disorders and coagulation problems.

NHS trust base: Southend University Hospital

Histopathology

Dr Soumadri Sen

Specialist in general histopathology and cytology.

NHS trust base: Mid and South Essex Hospitals

Dr Konrad Wolfe

Specialist in general histopathology and cytology.

NHS trust base: Southend University Hospital

N

Neurology

Dr Giles Elrington

General neurology, headache and migraine (including Botox and greater occipital nerve block treatment), epilepsy, multiple sclerosis, peripheral nerve disease, Parkinson's disease.

NHS trust base: Private only

Professor Christopher Hawkes

General neurology, headaches and dizzy turns, multiple sclerosis, Parkinson's disease, smell and taste disorders.

NHS trust base: Private only

Dr Nizar Muhammed

EMG/nerve conduction studies, Epilepsy, EEG, visual evoked potentials.

NHS trust base: Barking, Havering and Redbridge University Hospitals

O

Oncology

Dr Imitaz Ahmed

Brachytherapy for prostate cancer, intensity modulated radiotherapy for urological and head and neck cancer.

NHS trust base: Southend University Hospital

Dr Hafiz Algurafi

Breast care, breast cancer, oncology, skin cancer and melanoma. Radiotherapy, gynaecological cancer and chemotherapy.

NHS trust base: Southend University Hospital

Dr Mohammad Rafiqul Islam

Chemotherapy, immunotherapy, precision radiotherapy (SBRT/SABR) and targeted therapy.

NHS trust base: Southend University Hospital

Dr Awias Jalil

Breast and urological tumours.

NHS trust base: Southend University Hospital

Mr Sanjaya Kalkur

Gynaecological cancers.

NHS trust base: Southend University Hospital

Ms Desiree Kolomainen

Gynaecological cancer, laparoscopic surgery, ovarian cysts, abnormal bleeding, abnormal smear, colposcopy, vulval disease, menopause, well woman healthcheck, general gynaecology.

NHS trust base: Southend University Hospital

Dr David Tsang

Oesophagus, stomach, pancreas, bile ducts, liver, small bowel, colon, rectum, anus, bladder, prostate.

NHS trust base: Southend University Hospital

Ophthalmology

Mr Vernon Geh

Phacoemulsification cataract surgery, paediatric ocular disorders, adult/paediatric squint management, motility disorders with adjustable suture surgery or botulinum toxin. All general eye complaints.

NHS trust base: Southend University Hospital

Miss Mahboub Hawkes

Oculoplasty (lid operation), cataract with intra ocular lens implant, medico-retinal (AMD due to age diabetes), glaucoma.

NHS trust base: KIMS Hospital and Private only

Mr Niral Karia

Cataract surgery, retinal disease, vitreoretinal surgery, macular degeneration, glaucoma, diabetic eye disease, eyelid problems (inturning, out-turning or droopy lids).

NHS trust base: Southend University Hospital

Oral and maxillofacial surgery

Mr Vyomesh Bhatt

Oral and maxillofacial surgery, head and neck surgery, facial surgery, oral medicine, facial cutaneous malignancy and congenital and acquired facial deformity surgery.

NHS trust base: Southend University Hospital

Mr Kandasamy Ganesan

Oral surgery, oral medicine, surgical orthodontics. Cysts of the jaws, removal of wisdom teeth and other deeply buried teeth, oral medical conditions. Neonatal tongue tie.

NHS trust base: Southend University Hospital

Mr Anish Shah

Oral medical issues such as TJM disorders, lumps and bumps or sores in the mouth, lips or tongue, burning mouth syndrome, ulcers, oral thrush.

NHS trust base: Southend University Hospital

Orthopaedics

Mr Maheswara Akula

Back surgery (spinal surgery), carpal tunnel syndrome surgery, cervical disectomy with fusion/disc replacement, epidural injections, joint manipulation treatment, lumbar fusion (PLIF or TILF), lumbar microdiscectomy for disc prolapse, neuralgia (nerve pain) treatment, pain management, spinal decompression for spinal stenosis, vertebroplasty for osteoporotic fractures.

NHS trust base: Basildon and Thurrock University Hospital

Mr Mohit Bansal

Hip arthroscopy and replacement, knee arthroscopy replacement and ligament surgery, joint manipulation treatment, joint injections.

NHS trust base: Kings College Hospital

Mr Amit Bhargava

Orthopaedics – ankle and foot, bunion removal and treatment, joint manipulation treatment, joint pain treatment (joint injections). Achilles tendon injuries, ankle sprain treatment, ankle surgery, arthritis of the foot and ankle, bunion surgery, deformity correction (eg. flat foot and high arch foot), sports injuries, paediatric foot problems.

NHS trust base: Basildon and Thurrock University Hospital

Mr Hans Bhinda

Knee replacement, hip replacement, minimally invasive hip replacement, arthroscopic/keyhole ACL/cruciate reconstruction, knee ligament reconstruction, knee arthroscopy, meniscal repair, cartilage repair, knee injections, hip injections, revision hip replacement, revision knee replacement, patient specific knee replacement, custom knee replacement, rapid recovery hip and knee replacement, sports injuries.

NHS trust base: Southend University Hospital

Mr Zaher Dannawi

Spinal surgery, degenerative conditions of the cervical and lumbar spine, spinal deformity trauma, infection and tumours of the spine.

NHS trust base: Southend University Hospital



Spire

Wellesley Hospital

Expert care every step of the way



The specialists at Spire Wellesley Hospital are leading medical experts, who always put your safety first. When you make an appointment with us, you can be sure that you will receive expert care in a secure environment.

Services include:

- Bones and joints
- Cancer investigations and treatments
- Cosmetic surgery
- Diagnostic imaging
- Ear, nose and throat
- Men's and women's health
- Pathology
- Physiotherapy



We offer **hundreds of tests and treatments**, some of which you can only have privately.



We offer **rapid access** to MRI scans, X-rays and further tests, if you need them.



You can be treated by a specialist of your choice **when it's right for you**.

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Looking after you.

Mr John Edwin

Arthroscopic shoulder decompression/rotator cuff repair, arthroscopic/open shoulder instability surgery, arthroscopic capsular release for frozen shoulder, acromioclavicular joint reconstruction for instability, anatomic/reverse shoulder replacement for arthritis, elbow release for stiffness, biceps tendon repair, nerve release of the upper limb for compressive neuropathy, carpal decompression, Dupuytren's contracture surgery, trigger finger release, ganglion excision, trapeziectomy for thumb arthritis, wrist arthroscopy, corrective surgery for wrist malunion, removal of lumps and bumps, trauma surgery, tendon and ligament reconstructive surgery of the shoulder, elbow, wrist and hand.

NHS trust base: Basildon and Thurrock University Hospital

Mr David Elliot

Dupuytren's fasciectomy, injection into cord for Dupuytren's contracture, excision plantar fibroma, excision of ganglion, excision of bursa, transfer of tendon (not otherwise specified), tendon sheath injection, tendon graft, primary repair of flexor of hand, secondary repair of tendon, trigger finger, soft tissue procedures on joints of hand including synovectomy, total excision of trapezium and ligament reconstruction, carpal tunnel release, cubital tunnel release.

NHS trust base: NHS only

Mr Achal Goyal

Foot and ankle, general and complex foot and ankle trauma, hindfoot, midfoot and forefoot surgery, hindfoot fusion both open and arthroscopic, flatfoot, cavovarus corrective surgery, midfoot fusions and forefoot fusion and corrective surgery, acute and chronic cases with diabetic foot problems like acute diabetic foot attack and Charcot joint reconstructive surgery.

NHS trust base: Mid and South Essex Hospitals

Mr Antony Greer

Robotic knee surgery, hip/knee surgery, sports medicine, trauma, fracture fixation, knee arthroscopy and ligament reconstruction, hip and knee replacement; hip arthroscopy, young adult hip disorders, rapid recovery joint replacement, customised knee replacements (patient specific).

NHS trust base: Southend University Hospital

Miss Rupinder Grewal

Hand and wrist including carpal tunnel and nerve problems affecting hands, trigger fingers and thumb, Dupuytren's, arthritis injections, joint replacements, deformities, wrist instability and pain. Ganglion/lumps and bumps, tendon problems/tendonitis, fractures and soft tissue injuries and sports injuries. Arthroscopy wrist and hand joints (key hole surgery). Elbow – tennis elbow, golfer's elbow, cubital tunnel compression/ulner nerve problems, injections for arthritis, Olecranon bursa and injuries. Shoulder – assessment and non-operative treatment including injections. Feet – ingrowing toenails, Morton's neuroma, injections for arthritis and injections for plantar fasciitis.

NHS trust base: Basildon and Thurrock University Hospital

Mr Aazer Khan

Bunion surgery, foot and ankle pain, foot and ankle fusions, hip and knee replacements, knee arthroscopies and injections in hip, knee, foot and ankle, general orthopaedics.

NHS trust base: Southend University Hospital

Mr Rabi Khazim

Spinal surgery, cervical and lumbar degenerative conditions, spinal trauma, tumours, deformities, low back and neck pain, sciatica.

NHS trust base: Private only

Mr Patrick Lusty

Minimally invasive hip replacement, hip revision surgery, trochanteric bursitis. Knee surgery, revision knee surgery, computer guided knee replacement, patient specific/customised knee replacement, rapid recovery joint replacement. Sports medicine, sports injury, arthroscopic surgery, trauma. Ligament reconstruction, keyhole ACL reconstruction, meniscus surgery, patella stabilisation, minimally invasive hip replacement.

NHS trust base: Southend University Hospital

Mr Arijit Mallick

Trauma, complex foot and ankle surgery, reconstructive foot and ankle surgery, deformity corrects, sports foot and ankle surgery, total ankle replacement, 1st MTP joint replacement, minimally invasive foot surgery, ankle arthroscopic surgery.

NHS trust base: Basildon and Thurrock University Hospital

Professor Ben Miranda

Hand Surgery: All aspects of trauma and elective hand surgery, including fractures, rheumatoid arthritis, osteoarthritis, joint replacement, joint fusion, nerve decompression / repair, complex tendon reconstruction, Dupuytren's disease, trigger finger, ganglion excision, benign lesions.

NHS trust base: St Andrews Centre for Plastic Surgery and Burns

Mr Gregory Packer

Upper limb surgery, acute and chronic shoulder problems, arthroscopic shoulder surgery, shoulder replacement, acute and chronic elbow problems, elbow replacement, acute wrist problems, open reduction and internal fixation, chronic wrist problems including arthroscopy, acute and chronic ligament reconstruction, partial and total wrist replacement, small joint replacement of the hand, Dupuytren's and carpal tunnel surgery.

NHS trust base: Southend University Hospital

Mr Anil Prasanna

Bunion removal and treatment, carpal tunnel syndrome surgery, Dupuytren's contracture, ganglion removal surgery, ingrown toenail surgery, joint pain treatment (joint injections) and trigger finger release.

NHS trust base: Private only

Mr Ravindran Ranjith

Hip and knee surgery, primary, partial and revision knee replacement, robotic knee replacement, sports injury, arthroscopy, soft tissue knee surgery, ligament reconstruction, cartilage regeneration, foot and ankle surgery.

NHS trust base: Basildon and Thurrock University Hospital

Mr Ravi Ray

Hand wrist, elbow and shoulder surgery, sports injury and medicine, peripheral nerve disease, carpal tunnel syndrome, arthritis, trigger finger, trigger thumb and Dupuytren's treatment, lumps and trauma cases, specialist upper limb arthroscopic keyhole surgery, trauma surgery including fracture fixation, frozen shoulder and cuff repairs, shoulder replacement, tennis elbow and golfer's elbow.

NHS trust base: Basildon and Thurrock University Hospital

Mr Syed Raza

Lower limb and hip surgery, paediatric orthopaedics.

NHS trust base: Southend University Hospital

Mr Sandip Sarkar

Shoulder surgery.

NHS trust base: Southend University Hospital

Mr Shahrier F Sarker

Hand and wrist surgery: Dupuytren's surgery, Open/endoscopic carpal tunnel surgery, wrist fractures, wrist osteotomies, wrist fusion, wrist/thumb base/finger joint arthroscopy, scaphoid fractures, scaphoid non union, wrist arthroscopy and arthroscopic procedures, sport injuries, tendon injuries.

NHS trust base: Mid and South Essex Hospitals

Mr Adam Sierakowski

Arthritis, carpal tunnel syndrome, joint pain treatment (joint injections) ganglion removal surgery, trigger finger release, Dupuytren's disease, trapped nerve syndromes, trauma, tendonitis.

NHS trust base: Mid Essex Hospital Services

Mr Sean Symons

Adult sports knee injuries including; ligament reconstruction, meniscus surgery – suture, artificial implants, articular cartilage surgery – primary total knee replacement. Children; malalignment of limbs, flat feet, club feet, knee problems, developmental dysplasia of the hips, neuromuscular conditions eg Cerebral Palsy.

NHS trust base: Basildon and Thurrock University Hospital

Mr Saket Tibrewal

All aspects of knee surgery including partial and total knee replacement, knee osteotomy/realignment, knee preservation surgery, arthroscopic knee surgery, sports injuries, knee ligament reconstruction, patellofemoral instability and pain, orthopaedic trauma, non-operative management of osteoarthritis.

NHS trust base: Mid Essex Hospital Services

Mr Alan White

Hip/knee surgery, sports injuries, knee arthroscopy. Hip and knee replacements with rapid recovery techniques. Revision hip and knee replacements.

NHS trust base: Southend University Hospital

Miss Claire Zweifel

Hand surgery including Dupuytren's disease, arthritis (incl. finger joint replacement), carpal tunnel syndrome, trigger finger.

NHS trust base: Mid Essex Hospital Services

P

Paediatric medicine

Dr James Ahlquist

Endocrinology, diabetes and general medicine. 16–18 only.

NHS trust base: Southend University Hospital

Dr Uditha Bopitiya

Chronic pain management. Over 3 only.

NHS trust base: Southend University Hospital

Professor Christopher Hawkes

General neurology. Over 16 only.

NHS trust base: Private only

Dr Nizar Muhammed

Consultant neurologist.

NHS trust base: Barking, Havering and Redbridge University Hospitals

Dr Mohammed Rahman

General paediatrics, paediatric cardiology, neuro-disability, immunisation, neonatology.

NHS trust base: Southend University Hospital

Mr Anish Shah

Oral medical issues such as TMJ disorders, lumps and bumps or sores in the mouth lips or tongue, burning mouth syndrome, ulcers, oral thrush etc. Over 16 only.

NHS trust base: Southend University Hospital

Pain clinic

Dr Uditha Bopitiya

Chronic pain management.

NHS trust base: Southend University Hospital

Plastic surgery

Mr Fateh Ahmad

Arm reduction and arm lift, breast enlargement, breast implant removal, breast reduction, breast uplift (mastopexy), brow lift surgery, chin implant, chin reduction, ear pinning (pinnaplasty), eyelid surgery or eye bag removal (blepharoplasty), eyelid cyst surgery, excessive sweating (hyperhidrosis), facelift, inverted nipple surgery, liposuction, liposculpture to treat lines and wrinkles, male breast reduction surgery (gynaecomastia), treatment for malignant skin cancer. Mole, cyst, wart and skin tag removal, neck lift, scar revision, thigh and buttock lift, tummy tuck (abdominoplasty), nose job or nose reshaping (rhinoplasty).

NHS trust base: Mid Essex Hospital Services

Mr Garrick Georgeu

Aesthetic plastic surgeon, full range of cosmetic surgery – breast and body contouring, face. Special interests include breast (augmentation, revision and reduction), abdomen (Brazilian tummy tuck, no drains), mummy make-overs, facelift and neck lift including the Ellevate technique.

NHS trust base: Private only

Professor Ben Miranda

Abdominoplasty, brachioplasty, breast augmentation, breast reduction (female and male), breast uplift/mastopexy, breast implant replacement, blepharoplasty, gynaecomastia, liposuction/lipotransfer, pinnaplasty, thigh lift.

NHS trust base: St Andrews Centre for Plastic Surgery and Burns

Miss Mary Morgan

Breast asymmetry correction, breast enlargement, breast uplift and breast reduction, abdominoplasty (tummy-tuck), arm reduction, gynaecomastia correction, liposuction, post weight loss body contouring, prominent ear correction, upper blepharoplasty, dermal fillers and antiwrinkle injections.

NHS trust base: Mid Essex Hospital Services

Mr Venkat Ramakrishnan

Cosmetic breast surgery, cosmetic facial surgery, liposculpture, liposuction, reconstructive breast surgery.

NHS trust base: Mid Essex Hospital Services

Mr Adam Sierakowski

Breast enlargement, breast uplift (mastopexy), breast reduction, body contouring; tummy tuck (abdominoplasty), arm reduction and arm lift, thigh lift, liposuction, mole removal, ear pinning (pinnaplasty), eyelid surgery or eye bag removal (blepharoplasty), skin cancer surgery, gynaecomastia surgery, dermal fillers and anti-wrinkle injections.

NHS trust base: Mid Essex Hospital Services

Miss Claire Zweifel

Cosmetic surgery for eyes, ears, breast, body, non surgical procedures, skin cancer and minor lesion surgery, dermatological surgery, reconstructive surgery.

NHS trust base: Mid Essex Hospital Services

R

Radiology

Dr Khursheed Ahmad

CT, MRI, musculo-skeletal radiology, neuroradiology/spinal, neuro-onco radiology.

NHS trust base: Southend University Hospital

Dr Zaid Aldin

CT guided nerve root injections.

NHS trust base: Princess Alexandra Hospital

Dr Mohammad Aslam

Ultrasound, CT, MRI, musculo-skeletal, neuroradiology, ENT, paediatrics.

NHS trust base: Southend University Hospital

Dr Sanjiv Chawda

Reporting only – Neurology.

NHS trust base: Barking, Havering and Redbridge University Hospitals

Dr Asha Eleti

Ultrasound, CT, MRI, breast imaging, gynaecological.

NHS trust base: Southend University Hospital

Dr Rumana Hossain

Achilles stripping, barbotage, interventional radiology, musculoskeletal imaging protein rich plasma (PRP), ultrasound guided injections including joints, bursa, tendon, hydrodistension, dry needling, arthrograms.

NHS trust base: Basildon and Thurrock University Hospital

Dr Shaifali Jain

Ultrasound, CT, MRI, GI imaging, nuclear medicine, onco cross sectional radiologist, PET/CT radiologist.

NHS trust base: Southend University Hospital

Dr Namita Kamath

General ultrasound, soft tissue scanning, head and neck specialist, paediatric, FNA + aspiration, CT, MRI and plain film reporting.

NHS trust base: Southend University Hospital

Dr Adhikesavalu Anil Kumar

Reporting only.

NHS trust base: Basildon and Thurrock University Hospital

Dr Thomas Latham

Ultrasound, CT, MRI, urology, some musculo-skeletal (shoulders).

NHS trust base: Southend University Hospital

Dr Sidath Liyanage

Ultrasound, CT, MRI, X-ray, bariums, biopsies/drains. Oncology, urology, gynaecology, MSK, neuro, ENT.

NHS trust base: Southend University Hospital

Dr Qaiser Malik

Radiology reporting.

NHS trust base: Basildon and Thurrock University Hospital

Dr Jonathan Mo

CT, MRI, X-ray.

NHS trust base: Southend University Hospital

Dr Saman Perera

Ultrasound, gynaecological, paediatric, MRI, CT.

NHS trust base: Southend University Hospital

Dr Kumar Venu Madhav Ramavathu

CT (brain, spine, musculoskeletal, chest, abdomen, pelvis, oncology and urinary tract imaging). MRI (brain, spine, musculoskeletal knee, MRCP, MRI kidneys, urethra bladder, scrotum, penis and prostate). Ultrasound (abdomen including urinary tract, scrotum, neck including thyroid and soft tissue swellings). Plain radiographs (chest, abdomen, skeletal radiographs).

NHS trust base: Southend University Hospital

Dr Matthew Tam

Ultrasound, CT, MRI, musculoskeletal imaging, vascular and interventional radiology including biopsy.

NHS trust base: Southend University Hospital

Dr Alan Tan

Musculo-skeletal specialist, ultrasound including injections, nerve root injections under CT guidance, general radiology reporting, urology imaging, paediatric imaging, head and neck imaging, intervention and plain film reporting.

NHS trust base: Southend University Hospital

Dr Taghreed Toma

Breast imaging (mammography, ultrasound, MRI, breast biopsies, GW and marker insertion), CT and MRI (excluding general and neuro-vascular), gynaecological, vascular and general ultrasound, nuclear medicine (including thyroid and parathyroid scans, renal scans, DAT SCANS to assess essential tremor versus Parkinson disease/Syndrome, SeHCAT for Bile acid malabsorption, HIDA scan for biliary problems/ dysfunction, bone scan including spect CT, 3 phase bone scans with spect/ct for assessment of loosening of joint prosthesis, spect/ct spine for back pain and facet joint disease). General and gynaecology ultrasound, plain film reporting.

NHS trust base: Southend University Hospital

Dr Nithya Vidyaprakash

Breast (reporting mammograms, ultrasound breast, axilla, interventional breast, breast MRI – staging and implants). General radiology reporting – plain film, CT (brain, orbit, neck, spine, chest, abdomen, pelvis), MRI (head, IAM, spine and knee).

NHS trust base: Southend University Hospital

Respiratory medicine

Dr Dora Amran

Asthma, breathlessness, chronic cough, COPD, Emphysema, lung cancer, pleural disease, post Covid-19 lung disease, sleep apnoea, tuberculosis.

NHS trust base: Southend University Hospital

Dr Kandasamy Ganeshalingam

Asthma, COPD, cough, asbestos exposure related lung diseases, bronchiectasis and interstitial lung disease.

NHS trust base: Southend University Hospital

Dr Duncan Powrie

General and respiratory medicine including COPD, asthma, lung cancer and sleep medicine.

NHS trust base: Southend University Hospital

Rheumatology

Dr Anurag Bharadwaj

Soft tissue rheumatism, pain management, osteoporosis, osteoarthritis, inflammatory rheumatic disorders, connective tissue disease, back pain.

NHS trust base: Basildon and Thurrock University Hospital

Professor Bhaskar Dasgupta

Giant cell arteritis, rheumatoid arthritis, osteoporosis, polymyalgia rheumatica, Paget's disease, vasculitis, Lupus (SLE), connective tissue disease, chronic pain, vascular and MSK ultrasound.

NHS trust base: Mid Essex Hospital Services

U

Urology

Mr Peter Acher

General urology, prostate disease, laser surgery (HoLEP), bladder, kidney stone, erectile dysfunction, urinary tract infections, penile and scrotal issues.

NHS trust base: Southend University Hospital

Mr Mohamed Abd-Alazez

Prostate and bladder cancer investigations including prostate and bladder biopsies, robotic prostatectomy, removal of bladder lesions/tumours, inguinoscrotal surgery including circumcision, hydrocele repair and epididymal cysts.

NHS trust base: Southend University Hospital

Mr Matteo Massanova

Circumcision, epididymal cysts removal, Hydrocele surgery, kidney stones treatment, laparoscopy investigation and treatment, prostate surgery and laser prostate surgery, prostatectomy and vasectomy.

NHS trust base: Mid & South Essex Hospitals



Spire

Wellesley Hospital

Mr Santbir Mehta

General urology, erectile dysfunction, kidney stones, renal surgery, urological cancers.

NHS trust base: Southend University Hospital

Mr Peter Pietrzak

Bladder/kidney stone disease, female urology, urodynamics, incontinence.

NHS trust base: Southend University Hospital

Mr Anil Vohra

Lasers for benign prostate diseases – holmium laser enucleation of prostate (HoLEP), endourology and stones, laparoscopic surgery, urogynaecology and incontinence.

NHS trust base: Basildon and Thurrock University Hospital

V

Vascular medicine

Dr Paul Guyler

Stroke medicine and Vascular medicine including TIA (transient ischaemic attacks – minor stroke). Issues around anticoagulation to prevent stroke in patients with atrial fibrillation. Prevention of stroke and atherosclerosis ('furred up arteries'). Carotid artery disease. Management of complicated high-risk cardiovascular or cerebrovascular disease. Investigation of 'funny turns' or unresponsiveness. Appropriate use of medication and management of patients on lots of different medicines (Polypharmacy). Holistic approach to patients' medical problems and medication.

NHS trust base: Southend University Hospital

Vascular surgery

Mr Matthew Jakeways

Vascular surgery including varicose veins.

NHS trust base: Southend University Hospital

Mr Taleb Jedly

Vascular surgery including varicose veins.

NHS trust base: Basildon and Thurrock University Hospital

Are your patients with medical insurance using it?

Approximately 10% of UK population have a private medical insurance policy – but not everyone uses it*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI. Why not ask them too?

*Healthcare Cover UK Market Report (Fifteenth Edition), Laing Buisson



Looking after you.

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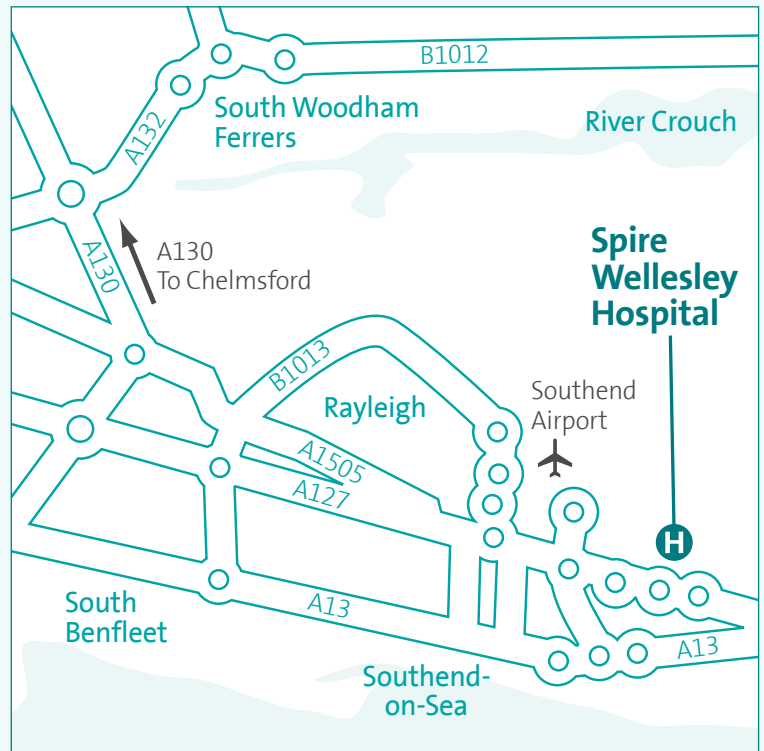
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